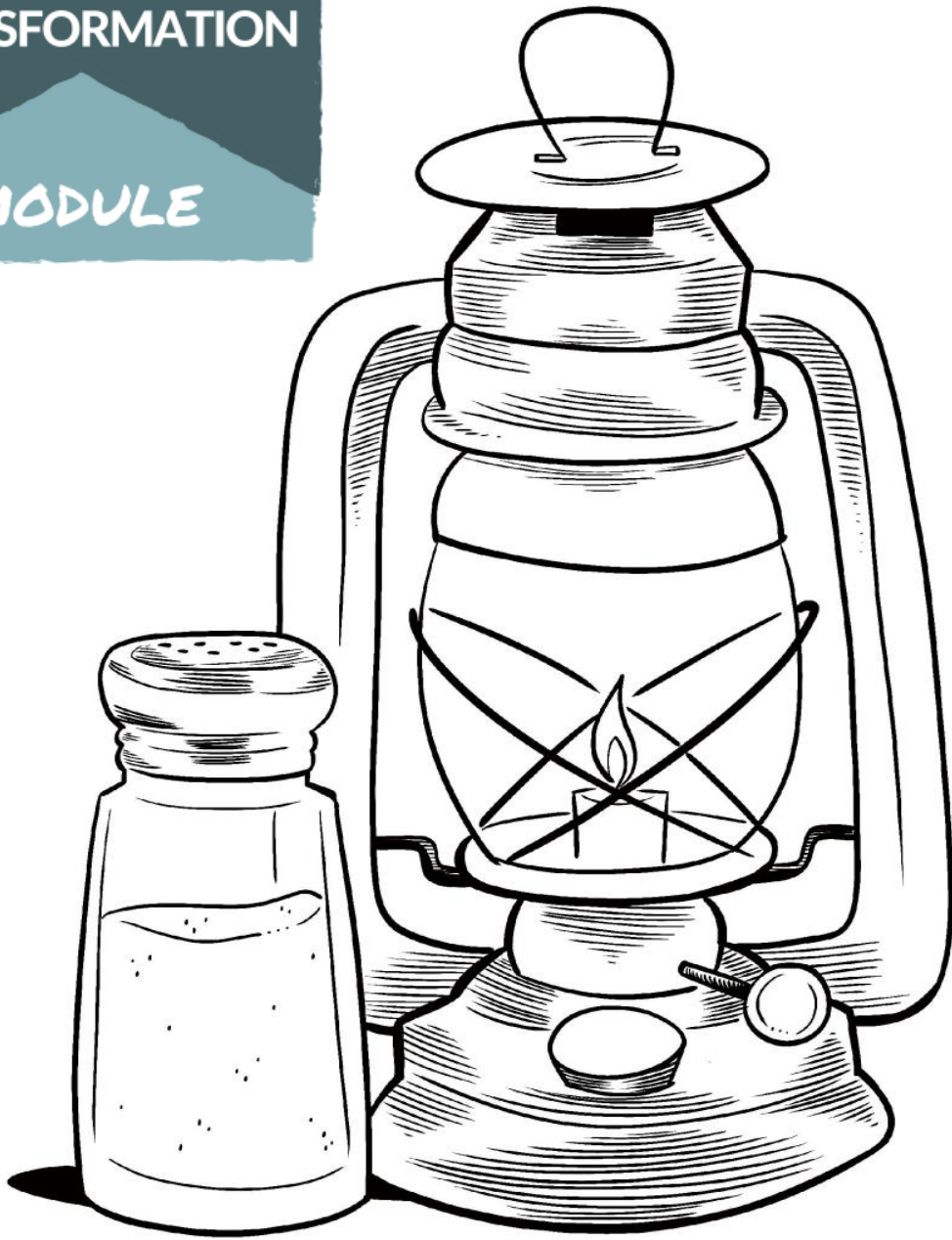


**TRUTH  
CENTERED  
TRANSFORMATION**

**MODULE**



**ITSWAYI LOKUKHANYA  
INSIZA EZIBONWA  
NGAMEHLO**

# Okumunyethweyo

## Isifundo sakuqala: Itswayi Lokukhanya

- Angizenelisi inombolo! umdlalo obhaliweyo – printa amaphepha amathathu
- Indatshana ezintathu\* – printa eyodwa ube usuyiquma

## Isifundo sesithathu: UmKristu Weqiniso

- Imidlalo emithathu – printa ube usuquma

## Isifundo sesine: Ukukhipha Isono Lokuguqula Ingcondo Zethu

- Umdlalo wechatha elimnyama – printa kumbe wenze amakhadi anele umuntu wonke ukuthi omunye lomunye athole elilodwa – quma umzila wakuqala kuyisibonelo eqenjini ube usuquma ukhipha amachatha amnyama uwafake ku envelophu kumbe esikhwameni
- Inyathelo zokunqoba isono (inyathelo 1-5)

## Isifundo sesihlanu: Ukufaka Okuhle Endaweni Yokubi

- Inyathelo zokunqoba isono (inyathelo 6-9)
- Ukunqoba isono: iphepha elingabhalwanga lutho\* – printa unikeze umfundi munye ngamunye elilodwa

## Isifundo sesitshiyagalolunye: Ukuhlenganisa Abantu Abazimiseleyo

- Indlela eziyisikhombisa zokukhuthaza ukusebenza \* – nikeza iqembu elincane iphepha elilodwa

**\*Lezi nsiza ezibonwa ngamehlo zikhona egwalweni lwezifundi ongakhetha ukulisebenzisa. Uma usebenzisa ugwalo lwezifundi, ungaprinti insiza ezibonwa ngamehlo ezilo phawu lolu (\*).**

# Isifundo sakuqala: Angizenelisi inombolo! umdlalo obhaliweyo

Okwenzakalayo: Othengisayo uthengisa itswayi esitolweni sakhe. Othengayo uyabuya ukuzothenga itswayi.

Othengayo wakuqala uyangena esitolo acele ukuthenga itswayi abe esebuza intengo yetswayi. Othengisayo uyamnikeza itswayi, othengayo wakuqala uyabhadala othengisayo unikeza othengayo wakuqala itshintshi.

Othengayo wakuqala uthe esehamba, ubala itshintshi yakhe abe esenanzelela ukuthi othengisayo umnikeze itshintshi ENENGI KAKHULU. Othengayo wakuqala uyahleka abesesithi, ***“Lolu lusuku lwami lwenhlanhla! Othengisayo unginikeze itshintshi enengi kakhulu. Ngumuntu ongafundanga njani; akakwazi lokuhlenganisa inombolo. HAHA!!”*** Othengayo wakuqala uyahamba.

Othengayo wesibili uyangena esitolo abe esethenga itswayi laye njalo anikezwe itshintshi enengi ngumathengisa.

Othengayo wesibili, ubala itshintshi abesenanzelela ukuthi othengisayo umnikeze itshintshi ENENGI KAKHULU! Othengayo owesibili ukhanya ekhathazekile abe sekhuluma esithi, ***“Hayibo, othengisayo unginikeze itshintshi enengi. Wenze iphutha njalo uzalahlekelwa yimali kubhizimusi lakhe ngalendlela.”***

Othengayo owesibili uyabuyela kothengisayo, ***akazange*** akhulume ngoNkulunkulu... kodwa ufika achasise ukuthi unikezwe itshintshi enengi abe esebisela imali engasoyakhe.

Othengisayo abe sesithi, “Ngiyabonga kakhulu. Angizange ngaqedisa isikolo njalo inombolo angiziqedisi. Lokhu sokuyinkinga enkulu kubhizimusi lami. Ngiyafisa ukuthi ngabe ngenza ngcono kunombolo.”

Othengayo owesibili uyamzwela avume laye ukuthi le yinkinga enkulu.  
Othengayo owesibili uyazinikela ukufundisa othengisayo inombolo  
eziqondileyo lokunye okuphathelane lamabhizimusi okunganceda ibhizimusi  
lakhe. Othengisayo utshengisa ukubonga OKUKHULU othengayo wesibili  
esaphuma esitolo.

# Isifundo sakuqala: Indatshana Ezintathu

**Isigaba 1** Kwesinye isigaba, kwakusithi umuntu engagula, inyanga yayibuya ibatshele ukuthi banikele isifuyo ukuze bacetshiswe ngemikhuhlane lokuthi banikezwe imithi yokwelapha. Abazalwane bathe sebefunde okweTCT, baqala ukusebenzisa izifundo lezi ukwelapha imikhuhlane ejwayelekileyo emulini zabo lakubomakhelwane. Abantu bonke bakunanzelela ukuthi abantu ababelandela ababekuxwayiswa ngabazalwane babephiliswa bengazange banikele isifuyo. Kathesi abantu abakhele kulesi sigaba sebezama ukuvikela lokwelapha imikhuhlane kulokwenza imihlatshelo. Lokhu kwenza begcine imali zabo njalo behlale belempila kahle! Ukusebenzela uNkulunkulu kwenza impilo zamaKristu zibengcono. Kwenza impilo zabanye zibe ngcono njalo!

- Ibandla layenzani kule indatshana?
- Yiziphi inguquko ezaba khona esigabeni?
- Abantu besigabeni bakuthatha njani lokhu?
- Kathesi sebelikhangela njani ibandla?
- Singenza njani ukuthi sifanane laleli bandla?

**Isigaba 2** Kwesinye isigaba kwakusithi abantu bengayavuna ensimini yomunye kwakumele abaphekele ukudla okunengi abathengele lamanamnede. Kwezinye izikhathi ukwenza ilima leli kwakuthatha imali enengi ukwedlula lokho umuntu ayezakuthola esivunweni lesi! Ngemva kokufunda ngezenzo zothando amakristu akulesisigaba bakhetha ukuncedisa emasimini abantu abazwelayo bengadingi mbadalo. Abantu bamangala ukuthi amaKristu ayengancedisani wona wodwa kodwa ayencedisa labanye abangakhonziyo. Ngemva kwesikhatshana ezinye izakhamizi zakubona lokhu lazo zaqala ukusebenza kungela kudla lamanamnede ezizakunikwa. Kathesi wonke umuntu esigabeni lesi uzimisele ukusebenza emasimini omunye kungela mbadalo azayithola. Omunye lomunye uyabuya lomphako wakhe, basebenze ndawonye ngenxa yalokhu imuli inye ngayinye iyenelisa ukuba lenzuzo ethile. Kathesi abantu sebesilangazelela isikhathi sokuvuna abasazikathazi ngaso, ngalokho abakutholayo bayanelisa ukugcina imuli zabo.

- Ibandla layenzani kule indatshana?
- Yiziphi inguquko ezaba khona esigabeni?
- Abantu besigabeni bakuthatha njani lokhu?
- Kathesi sebelikhangela njani ibandla?
- Singenza njani ukuthi sifanane laleli bandla?

**Isigaba 3** Abantu bakulesisigaba lesi benza izenzo zothando zaba yinxenye yempilo yabo yansukuzonke. Benza izenzo zothando iviki inye ngayinye. Eqinisweni le siyindlela abaphila ngayo, umuntu engabona isidingo, uyayekela akwenzayo bazame ukulungisisa lolohlupho. Uma kulamatshe kumbe ingcekeza emgwaqweni, umuntu uyama akhiphe. Isigaba lesi sasingesinye sezigaba ezingcolileyo, njalo ezingaphuchukanga kuleyo ndawo. Kodwa kathesi singeyinye yezindawo ezihlala zihlanzekile njalo egcinwe kahle. Ngemali abayizuze ekusebenzeni nzima lokuncedisana sebenelise ukwakha ibandla elihle! Induquko le isobala ibonwa yiloba ngubangubani odlula kulesi sigaba, njalo iyezwakala endleleni abantu asebaphathan angayo esigabeni. Abantu bonke kulesi sigaba bayathokoza njalo bagcwele ukubonga ngokuthi abazalwane bebandla babathanda kakhulu baze babatshengisa indlela engcono eyokuphila ngayo.

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- Ibandla layenzani kule indatshana?
- Yiziphi inguquko ezaba khona esigabeni?
- Abantu besigabeni bakuthatha njani lokhu?
- Kathesi sebelikhangela njani ibandla?
- Singenza njani ukuthi sifanane laleli bandla?

# Isifundo sesithathu: Umdlalo

## **Umlingiswa wakuqala:** (Kumele AZIQHENYE)

Kwenza usuthiseke kangani! Namhla ngitshumayeze ixuku labantu edolobheni. Izipika zami zisebenze kakhulu ngoba umuntu wonke uzwile imithandazo yami eqakathekileyo lemithetho yami kamoya. Ngibatshelile bonke ngendlela abamele baphile ngayo, ngiyazi ngibakhombisile, ngoba baphakamise izandla besithi bafuna ukuba ngamaKristu ngemva kwentshumayelo yami. Eqinisweni yimi umvangeli odlula bonke esigabeni lesi – akekho ophumelela njengami. Akumangalisi lokho: ngihlala emthandazweni okwamahola amabili ngibale iBhayibhili okwehola elilodwa nsukuzonke. Ngeviki eyadlulayo ngazila ukudla okwamalanga amathathu, ngacela uNkulunkulu ukuthi kuphenduke abantu abangu150 kulinyanga. Ngethemba engabona indlela engikhuleka ngayo ngizila ukudla uzaphendula umthandazo wami. Kulusizi ngoba abangeni emoyeni njengami. Abakwazi ukuzinikela emsebenzini kaNkulunkulu ngokupheleleyo...O! kanje kulesidakwa sasesigabeni sethu. Kukhanya akasoze akwanise ukuyafika endlini kathesi khona kutshaye ihola lesihlanu! Kumele azwe ezinye intshumayelo zami! Kodwa hayi, angila sikhathi sakhe kathesi – yisikhathi sokukhuleka! (Uyatshitsha esuka.)

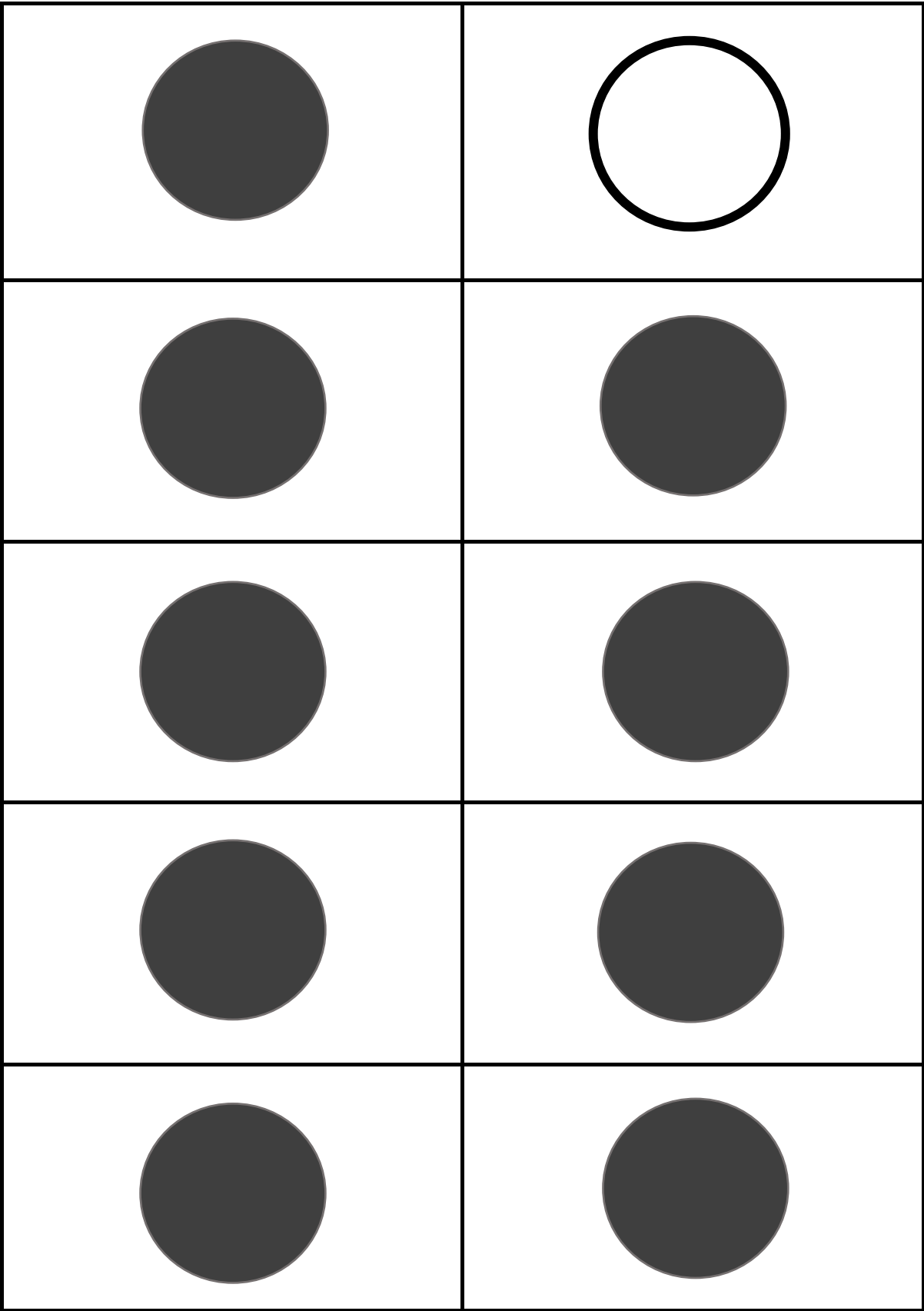
## **Umlingiswa wesibili:** (Yenza njengomuntu okhungathekileyo, ulenhliziyo embi, ophanga ukuzonda uma umuntu ekhuluma)

Yu! Ngidiniwe! Ukuba lilunga lebandla kungiqedela isikhathi sami ESINENGI! Amaviki wonke ngichitha isikhathi sami ngincedisabanye. Yikho umfundisi wathi ngiyisibusiso ebandleni! Namuhla ngivakatshela abantu abagulayo abathathu ngabaphathela ukudla. Ngeviki esanda kudlula kancedisa ekwakheni indlu yomfelokazi... (SEQALA UKUZONDA) Kungayisikho ukuthi ngamzwisisa umama lowana. Kazange watshengisa ukuthokoza ngalokho akwenzelweyo. Ubongile sibili, kodwa ebesenza angathi bekuvele amele enzelwe khonokho. Angibathandi abantu abanjalo. Abazwisisi ukuthi ukubancedisa kuyabe kuyikuzinikela. Phela mina ngile muli yami okumele ngiyigcin. Kodwa yena akabongi ngitsho. Abantu kumele bahloniphe imizamo yami. Isiwula somfelokazi ngabe angizange ngamncedisabanye.

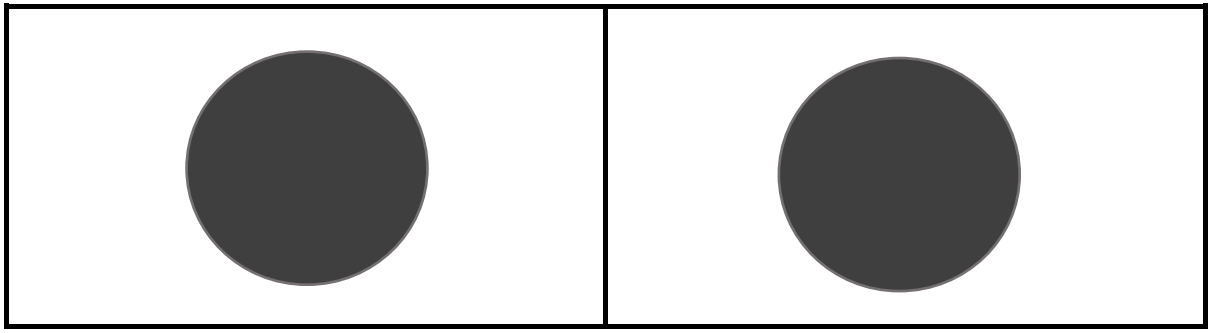
## **Umlingiswa wesithathu:** (Yenza njengomuntu ozithobileyo njalo ophendukileyo)

Ngihlala ngithokoziswa ngu(umuntu wakuqala) lo (umuntu wesibili). Ngabantu abathanda ezikamoya njalo benza izinto ezihle ezinengi ebandleni. Kodwa kungathi angisoze ngenelisa ukwenza kühle njengabo. Namhla ngizamile ukuthatha isikhathi ngikhuleka, kodwa ngemva kwemizuzwana indodakazi yami iwile yasikwa edolweni, ngakho ngahle ngama ngaqala ukegezisa isilonda sakhe lokusibhanditsha. Kwahle kwaba yisikhathi sokuhambisa abantwana esikolo. Ngemva kwalokho ngaya ukuyosebenza emasimini. Sengibuyela ekhaya ngidlule ngibona umfelokazi ongumakhelwane. Umama lo oswelayo – ulahlekelwe yindoda emalangenini asanda kudlula, njalo ugcwele intukuthelo. Ngimzwela usizi kakhulu. Sathatha amahola ambalwa sixoxa ngimncedisabanye ukuwatsha, sathandaza ndawonye. Ubeseekhanya ejabulile, kodwa ngiyafisa ukuthi ngabe kukhona okunye engingakwenza ukuthi ngimncedisabanye. Inhliziyo yami iyamdanela. Ngabe bengingokamoya njengabanye, mhlawumbe ngabe ngiyenelisa ukwenza okunengi njengabo. (Ukhothamisa ikhanda) Baba, ngicela ungixolele endleleni engingaphelelanga kuzo. Ngifuna ukuphila impilo ephakamisa wena. Ngitshengise indlela yokusebenzisa isikhathi sami lendlela yokuthanda abanye ngendlela ofisa ngayo. Ngidinga usizo lwakho; ngiyazi angenelisi ngingedwa.

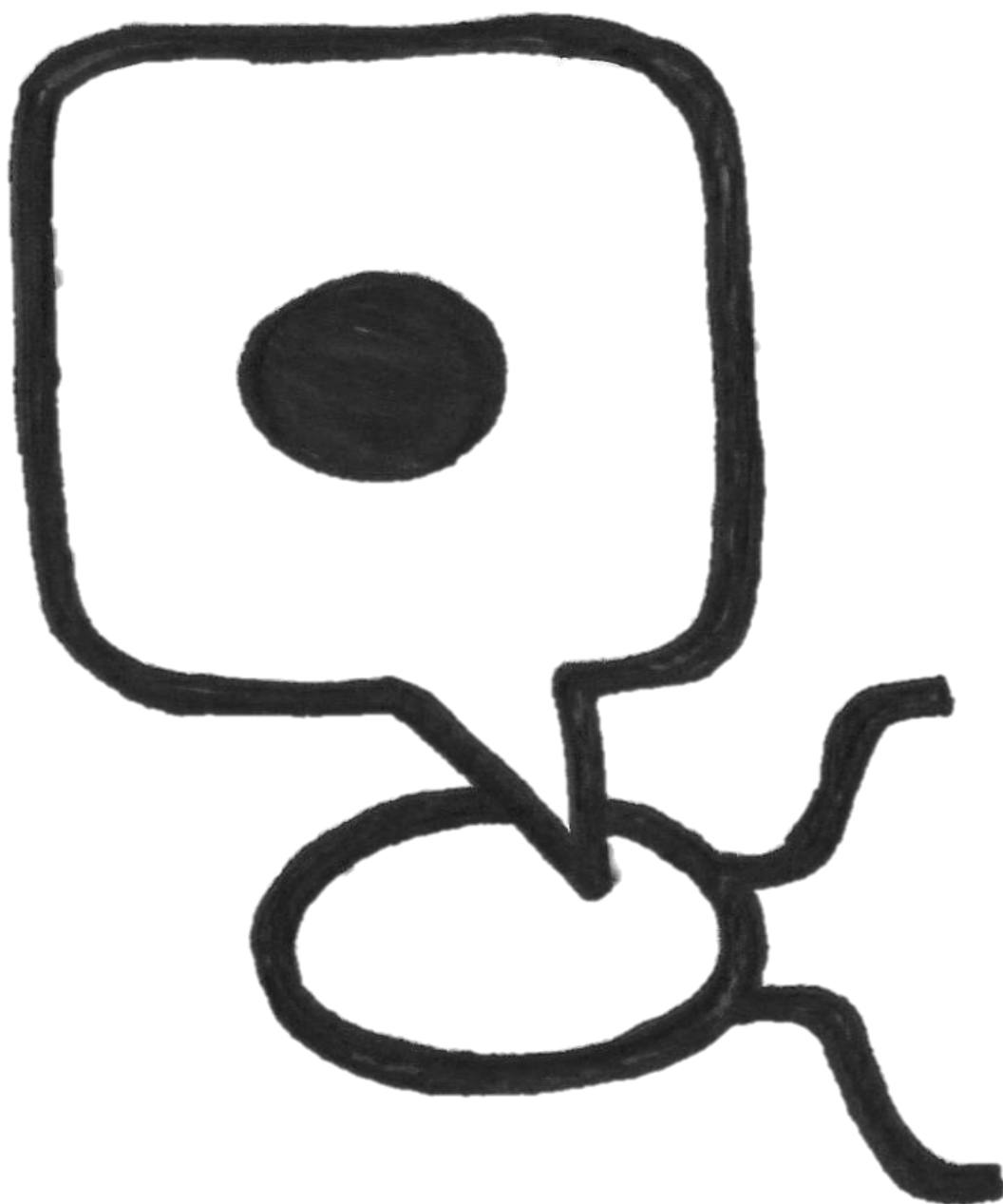
**Isifundo sesine: Umdlalo Wamacatha  
Amnyama**

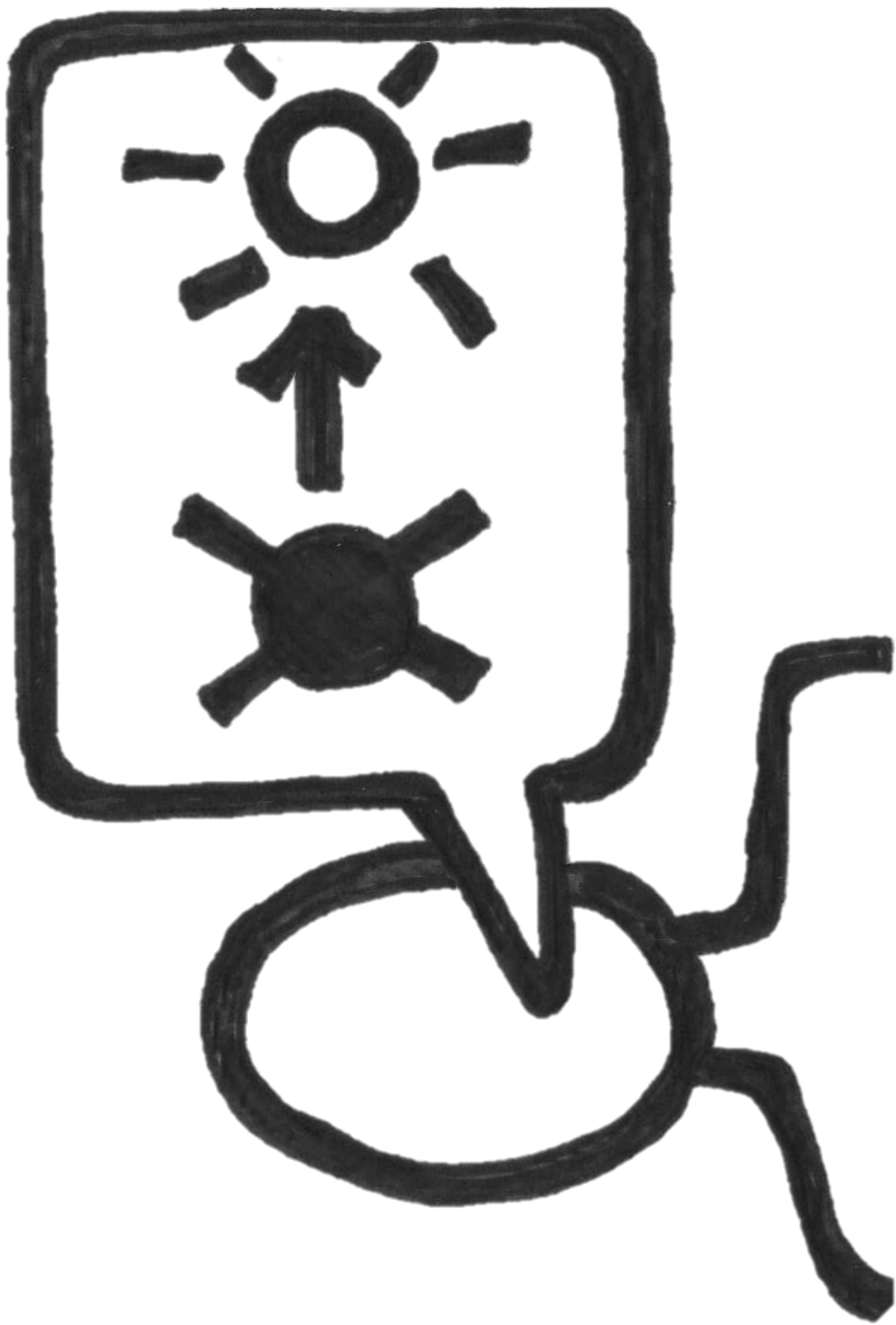




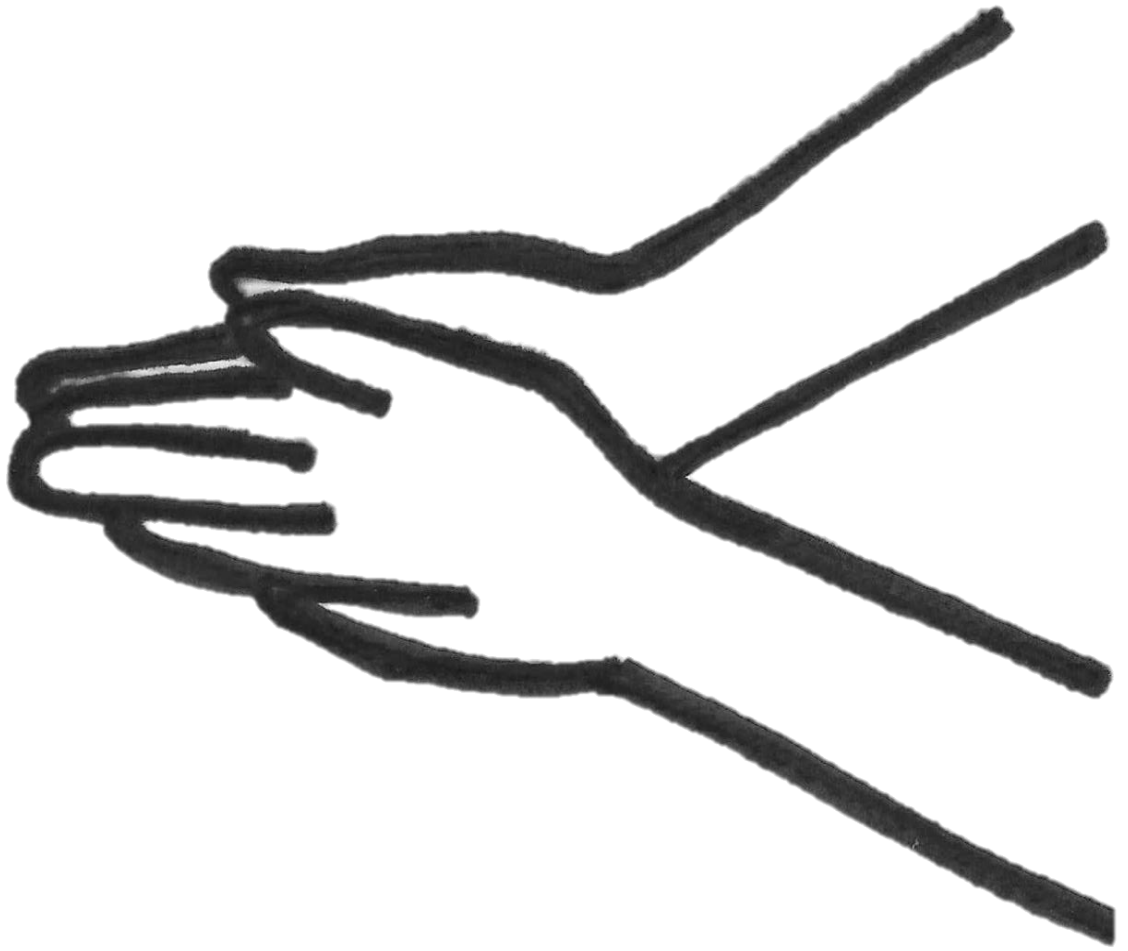




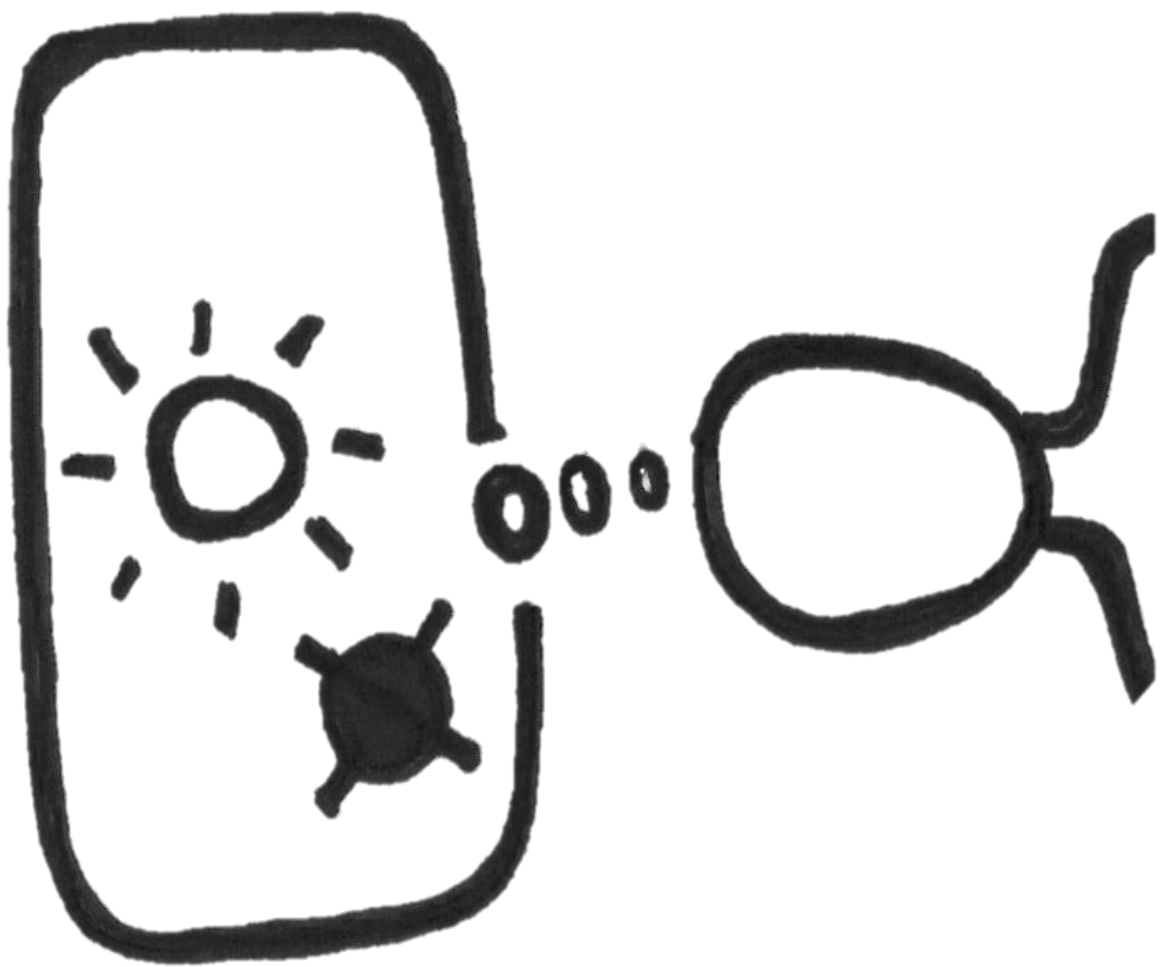


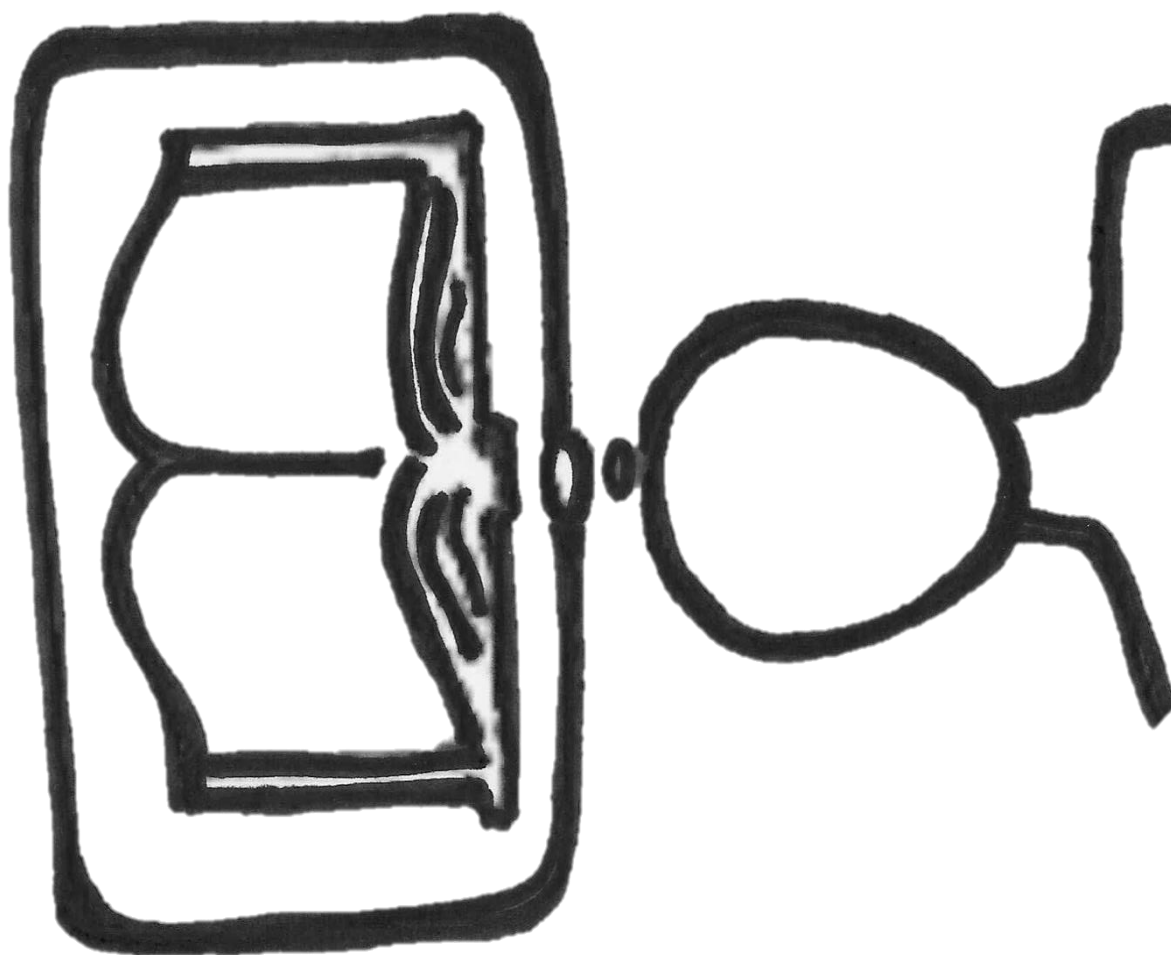


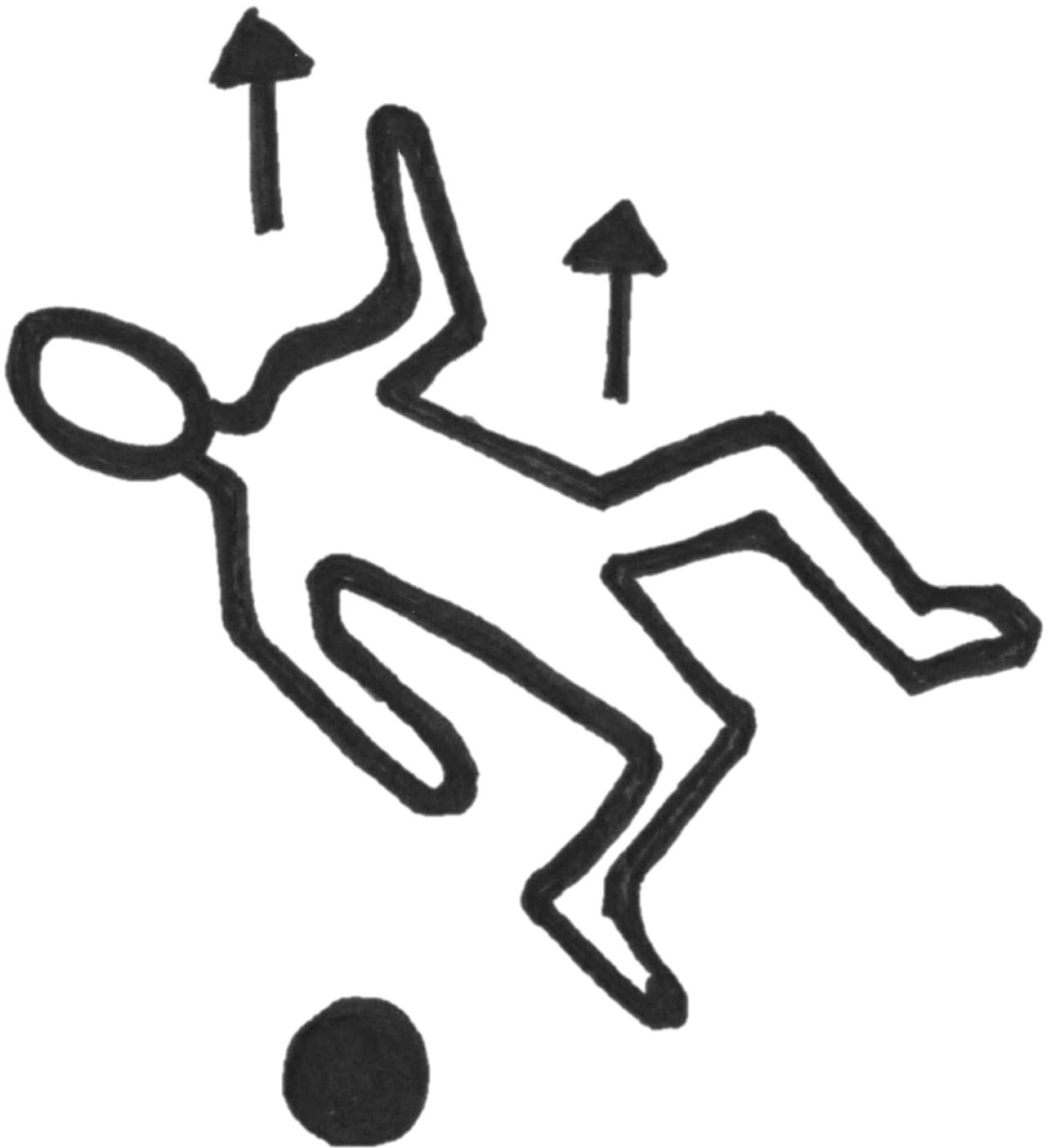
*Isifundo sesine: ukukhipha isono njalo siguqule inqondo zethu*



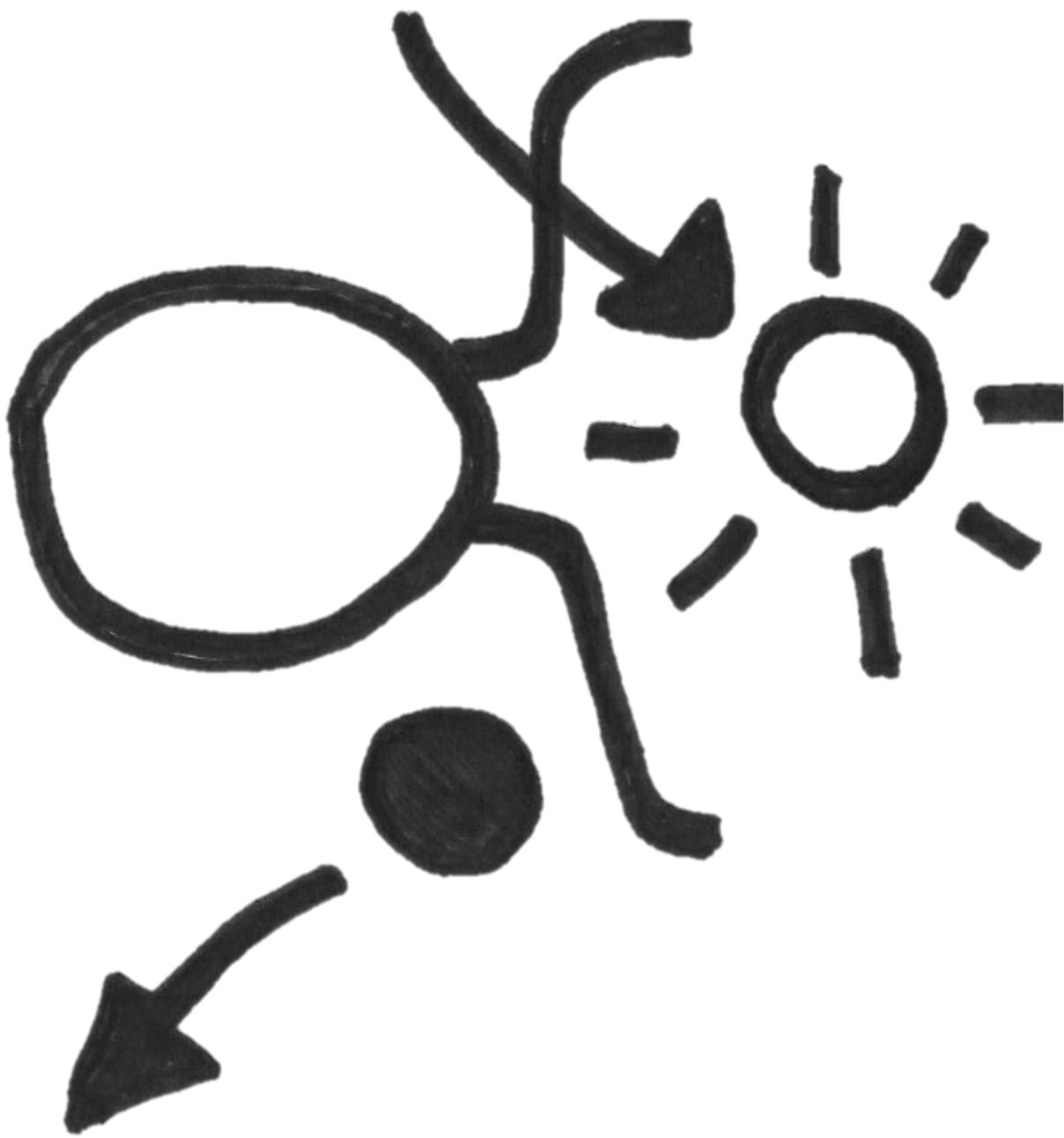
*Isifundo sesine: ukukhipha isono njalo siguqule inqondo zethu*

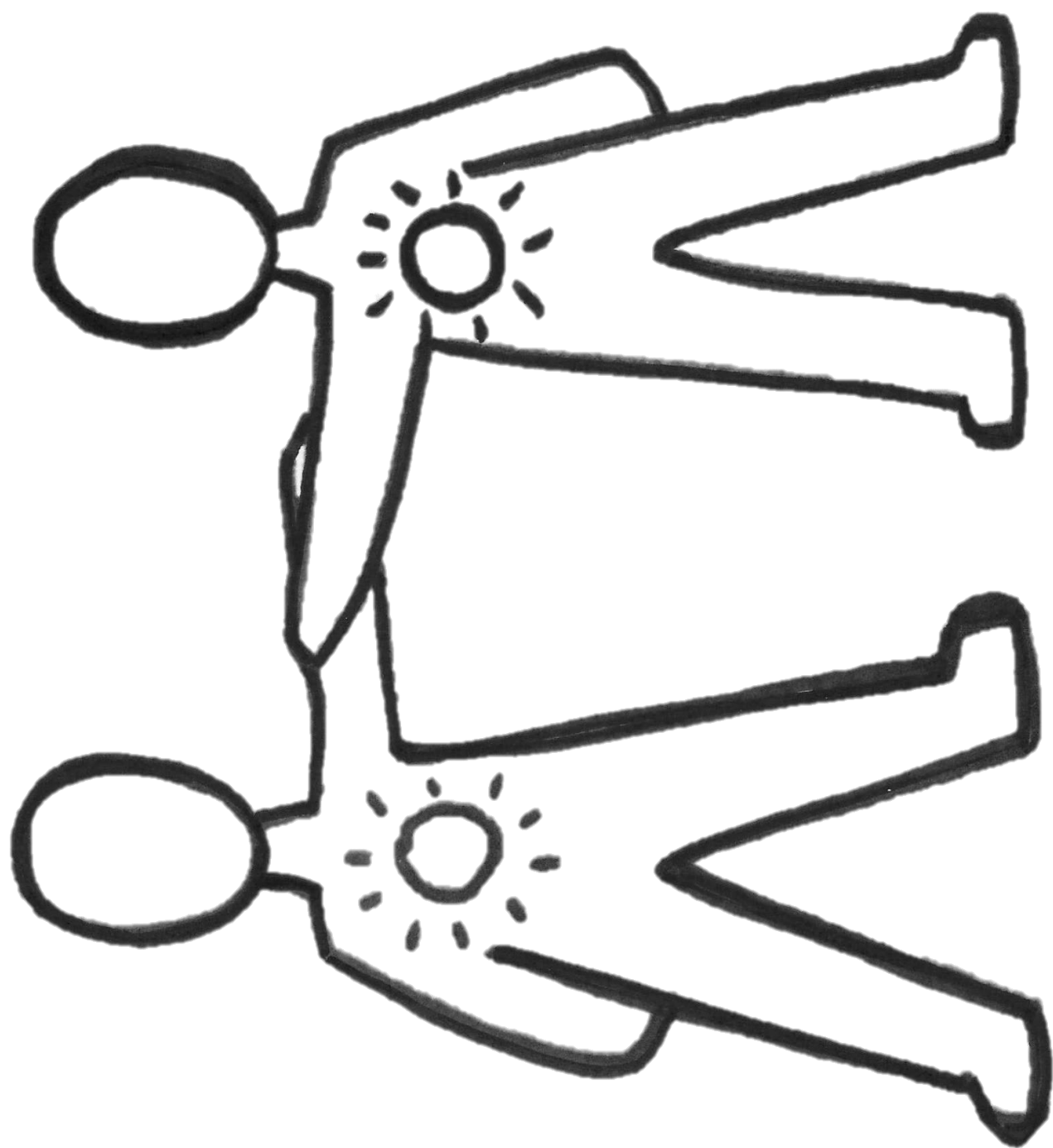





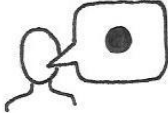



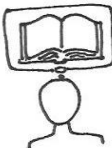


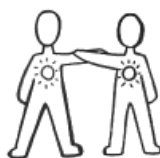








**Isono Esivamileyo:** \_\_\_\_\_

INYATHELO	UMFANEKISO	ISONO
KHIPHA ISONO		
1. Iba sazi isono		
2. Vuma isono uthethelelwe		
3. Phenduka		
UKUGUQULA INGQONDO ZETHU		
4. Thandaza nsukuzonke		
5. Ukulawula imicabango		
6. Ukubamba amavesi ngekhandha		
FAKA OKUHLE ENDAWENI YOKUBI		
7. Balekela isono		
8. Funda imikhuba emitsha		
9. Ukuziphendulela		

# **Isifundo sesitshiyagalolunye: Indlela Eziyisikhombisa Ezokukhuthaza Ukusebenza**

- Selike lazama enye yalezi ndlela na? Yiziphi ezasebenzayo? Yiziphi ezingasebenzanga?
- Yiziphi ezinye indatshana esingazisebenzisa ukufundisa ngokuqakatheka kokusebenza?
- Yiziphi ezinye indlela osuke wazisebenzisa ukuthi unanzelele njalo ubonge abantu? Yiwaphi amanye amacebo ongawazama?
- Ungakwenza njani ukuthi abantu bajabule? Yiziphi indlela zokwenza ukusebenza kujabulise?