

TRUTH CENTERED TRANSFORMATION

MODULE



UMSHADO NOMNDENI UMHLAHLANDLELA KATHISHA

Uguquko Olugxile Kweqiniso-Imojuli: Umshado Nomndeni v4. Copyright ©2020Reconciled World, Phoenix, Arizona, United States of America. www.reconciledworld.org.

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Okungezona ezohwebo - Awukwazi ukusebenzisa lo msebenzi ngezinjongo zokuthengisa.



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Ngaphambi kokuthi Uqale

Inothi Lomsizi Elikhethekile Lemojuli Yomshado Nomndeni

Lezi zifundo zingamahora ama-2 ngasinye – hhayi amahora ayi-1.5 ajwayelekile. Cela ababambiqhaza ukuthi bameme abalingani babo ukuba beze ekuqeqeshweni. Yenza izinguquko ezithile zezingxoxo zabashadikazi. Khuthaza wonke umuntu ukuba ahlangelele kulokhu kuqeqeshwa ngisho noma bengashadile noma bengenazo izingane. Lezi zihloko zibalulekile ukuze wonke umuntu afunde ukuthuthukisa ubudlelwano obunempilo kuyo yonke imiphakathi.

Zonke izinsiza kufunda zingemuva kweNcwadi kaThisha. Uma ungaphrinti Umhlahlandlela Womfundi wababambiqhaza, yenzela umuntu ngamunye ikhophi eyodwa ethi Qaphela Umehluko Wethu Esifundweni 2. Ibandla ngalinye lingafuna ukukhokhela ikhophi yoMhlahlandlela woMfundi ukuze ukhumbule imiqondo esemqoka yale mojula.

Ukulungiselela Ukufundisa Isifundo

1. Funda **Umhlahlandlela Kathisha** ngokucophelela, izikhathi eziningana uma kungenzeka. Gqamisa noma bhala amaphuzu ezinhlangathini zamakhasi ukuze uzikhumbuze ngamaphuzu abalulekile.
2. Bhaka **imiqondo emiqoka** yesifundo ngasinye ukuze wazi ukuthi yini okufanele abafundi bayifunde esifundweni.
3. Funda zonke iziqephu **zemibhalo** ngaphambili.
4. Hlola ukuze ubone ukuthi yiziphi **izinto** ezidingekayo esifundweni ngasinye futhi uqiniseke ukuthi wenza amakhophi Umhlahlandlela womfundi (ubanikeze) bese wenza izinsiza-kubona ezisetshenziswa esifundweni.
5. Qiniseka ukuthi ujoyelene **nomsebenzi** ngamunye esifundweni (indima-ndima, imidlalo, izinsiza-kubuka). Ungakwazi ukuzijwayeza nomndeni wakho noma abangani.
6. Zinike isikhathi **sokuthandazela** ukuthi uNkulunkulu alungiselele abafundi, abafundi bezwe lokho uNkulunkulu afuna bakuzwe, futhi akusize ekufundiseni izincwadi. Khumbula ukuthi kungamandla kaNkulunkulu kuphela lapho sizobona khona abantu beshintsha.

Usetshenziswa Kanjani Lo mhlahlandlela Kathisha

1. **Imibono Ebalulekile Nezinto Ezisetshenziswayo: Isifundo ngasinye siqala ngale ngxenye.**
 - a. **Imibono Emiqoka** – Miningi imiqondo emihle esifundweni ngasinye, kodwa ababambiqhaza kufanele baqonde ngokucacile le mibono esemqoka ekupheleni kwesifundo ngasinye. Kuhle ukuzibuza ukuthi ingabe ucabanga ukuthi ababambiqhaza bangakhumbula le mibono esemqoka ngemva kokuhola isifundo. Zinike isikhathi sokubukeza imiqondo eyinhloko njalo ukuze ubasize bakhumbule.
 - b. **Izinto Zokusebenza** – Izinto ezidingekayo zibalwe esifundweni ngasinye, okuhlanganisa nezinsiza-kubona kanye nama-Handouts oMfundi. Lo Mhlahlandlela Wothisha uzokhombisa ukuthi zisetshenziswa nini.
 - **UMHLAHLANDLELA WOMFUNDI** – izobhalwa kanje.
 - **INSIZA KUFUNDISA** - izobhalwa kanje.

2. **Iziyalezo Zomgqugquzeli:** Kuneziqondiso ezikhethekile esifundweni ezingakusiza ukuhola ukuqeqeshwa kahle. Lezi akhloselwe ukwabiwa nabafundi. Funda lezi kusengaphambili ukuze ulungele ukuhola izingxoxo nemisebenzi. Eminye imibuzo izoba nezimpendulo ezimalukeke ukuze ikusize njengomsizi wazi ukuthi imiphi imibono okufanele uyigcizelele nabafundi. Lezi akuzona kuphela izimpendulo ezinhle, ezinye izimpendulo ezinhle.

Isifundo 1: Izindima Emshadweni

Imbono Emiqoka

1. Amadoda anezindima ezimbili emshadweni. Kumelwe babe umholi womkhaya futhi bathande omkabo ngendlela uKristu athanda ngayo iBandla nangendlela efanayo nabazithanda ngayo futhi bazinakekela ngayo.
2. Abesifazane banezindima ezimbili emshadweni. Kumelwe bathande, bahloniphe, futhi bazithobe kubayeni babo ngendlela iBhayibheli elifundisa ngayo futhi babe umsizi ohlonipha uNkulunkulu.

Izinto Zokusebenza

1. Umhlahlandlela Womfundi:
 - a. Izindima Zabayeni Nabafazi

Isingeniso

INGXOXO YEQEMBU ELIKHULU

Ukuphumelela kwemishado yethu kudinga ukuba abesilisa nabesifazane baphile ngokuzwana futhi baxoxe ngendlela uKristu ayehlosile. Esinye sezici ezibalulekile zokwakha umshado wakho ukuqonda izindima ezahlukenene zabashadile.

Izilayezo Zomgqugquzeli: Funda indaba ngayinye bese nixoxa ngemibuzo eseqenjini elikhulu.

Indaba kaLeah

ULeah waququda emnyango ehlanza imifino yokudla kwedina. Njalo nje wayelokhu eqhwebeza umsamo lapho ingane yakhe ilele khona ukuze ilokhu ilokhu inyakaza le nale. Umamezala wakhe wayelele phezu komata woqalo eduze ehona kancane ngenxa yokushisa kwantambama. ULeah wayeseneminyaka emibili kuphela eshadile, futhi ukuphila kwakhe kwase kuhluka kakhulu kunalokho ayekulindlele. Wazizwa emdala futhi ekhathele. Wayebakhumbula abangani bakhe futhi efisa ukuvakashela unina noyise. Kunalokho kwadingeka anakekele ingane futhi agcinele umndeneni womnyeni wakhe indlu.

ULeah wayazi ukuthi umamezala wakhe wayezolindela ukuthi konke kuzolunga ngesidlo sakusihlwa lapho evuka. ULeah welula futhi wahlikihla indawo ebuhlungu ngemuva kwentamo yakhe. Lapho yena noTimeus besanda kushada, ngezinye izikhathi wayefika ekhaya kusesemini evela emsebenzini futhi babehamba ngezinyawo noma bashayele ngesithuthuthu. Manje wayehlala kuze kuhlwe nabangane bakhe. Efika endlini enuka phu utshwala nogwayi engasho nelilodwa izwi ezithulela nje ngaphambi kokulala.

ULeah wayehlangane noTimeus eqenjini lentsha yesonto. Ngaphambi kokuba bashade, wayebonakala ethanda ukuya esontweni. Wayecabanga ukuthi wayezoba umyeni omuhle nobaba oqotho. U-Timeus wayengenalo unya. Akazange amshaye uLeah futhi wayazi ukuthi akahambi nabanye besifazane, kodwa inhliziyi yakhe yayihlale ikude. NangeSonto ntambama uma esekhaya, ubebonakala ekude. Akaze adlale nengane noma akhulume noLeah. Wayelala noma ebukela umabonakude kuphela. Uma ingane ikhala noma unina ekhononda ngoLeah, uTimeus wayexabana noLeah futhi emthethisa. ULeah waqala ukufisa sengathi akakaze ashade. Wayengakaze acabange ukuthi impilo ingaba nzima kangaka.

Indaba kaTimeus

Kamuva ngalobo busuku uTimeus wayehlezi ephuza ikhofi nabangane bakhe. UBaara wayexoxa ihlaya ngabesifazane elabenza bahleka bonke. UTimeus wacabanga ngoLeah waqhaqhazela. Wayazi ukuthi uzomlinda uma efika ekhaya futhi uzobe ecasukile. Wayengajabule neze. Wayehlale ekhononda ngomama kaTimeus nangawo wonke umsebenzi okwakumelwe awenze endlini. U-Timeus wayazi ukuthi umama wakhe wayenolaka, kodwa wafisa sengathi uLeah

angambekezelela. Unina wayesebenze kanzima impilo yakhe yonke futhi wayefanele ukuphumula njengoba wayesekhulile. ULeah kufanele akuqonde lokho.

UTimeus wayeseqalile ukuzihlalela nabangane futhi ethola izaba zokungabibikho ekhaya ngoba engafuni ukulalela zonke izingxabano phakathi kukaLeah nonina. Wayekhathelele ukukhononda kukaLeah ngomsebenzi wakhe kanye nengane. Wayebonakala ethukuthele njalo. Wayengaqondi ukuthi bekasebenza usuku lonke futhi wayedinga nje ukuthula futhi aphumule kusihlwa?

Wagwema nokuya esontweni noLeah. Wayekuzonda ukuzenza sengathi konke kuhamba kahle phakathi kwabo. Njalo uma beya ezinkonzweni zasekuseni ngeSonto u-Leah wayegqokisa ingane futhi a-ayine ihembe elingcono kakhulu lika-Timeus. Kwaba sengathi ufuna wonke umuntu akholelwe ukuthi bacebile futhi bajabule. Iqiniso laliwukuthi babethwala kanzima ukuze bathole imali eyanele futhi babengajabule neze ekhaya. UTimeus wayeseqalile ukuzibuza ukuthi ngabe ukhona yini ngempela owayejabule ngendlela ababezenza ngayo. Wazizwa edangele kangangokuthi wayengasafuni nokuya esontweni. Wayengenaso isiqiniseko sokuthi yayikhona incazelo yalo. Wayengakaze acabange ukuthi impilo ingase ibe yindida kanje.

- Kwenzekani kulezi zindaba ezimbili?
- Lokhu kuqhathaniswa kanjani nemindeni emphakathini wethu?

INGXOXO YEQEMBU ELINCANE

- Isiphi iseluleko ongasinikeza uLeah? Cabanga ngalokho okudingwa yi-Timeus; yini ayengayenza ukuze anakekele u-Timeus kangcono?
- Isiphi iseluleko ongasinikeza u-Timeus? Cabanga ngalokho okudingwa nguLeah; yini ayengayenza ukuze anakekele uLeah kangcono?

Kulesi sifundo, sizohlola indima yendoda nomfazi emshadweni. UNkulunkulu usinike izimiso ezisiqondisayo ukuze siphumelele emishadweni.

Iqhaza Lomyeni

INGXOXO YEQEMBU ELIKHULU

- Ungayichaza kanjani indima yendoda emshadweni?

Funda Kwabase-Efesu 5:23, 25, 28-29.

- Athini la mavesi ngendima yendoda?
 - *Indoda iyinhloko yomfazi.*
 - *Indoda kufanele ithande umkayo njengoba noKristu alithanda ibandla.*
 - *Indoda kufanele ithande umkayo njengoba ithanda futhi inakekela umzimba wayo.*
- Indoda kufanele ibe yinhloko yomfazi njengoba noKristu eyinhloko yebandla. UKristu wenza kanjani njengenhloko yebandla? Indoda kufanele yenze kanjani njengenhloko yomfazi? Yiziphi izibonelo ezingokoqobo?
 - *Umyeni ungumholi.*
 - *UJesu wadela ukuphila kwakhe kanye namalungelo akhe njengoNkulunkulu ukuze abe uMsindisi wethu ngakho umyeni kufanele azidele ukuze anakekele, avikele, futhi ondle umkakhe hhayi nje ukuzenzela okungcono kakhulu.*
 - *Ayimphoqelesi umkakhe ukuthi azithobe kodwa iyamthanda ngaphandle kwemibandela. (UKristu akalokothi aliphoke ibandla ukuba lizithobe.)*
 - *Lapho indoda yenza izinqumo, kufanele ixoxe nomkayo futhi icabangele ukuthi yini elungele umkayo, hhayi nje ukuthi yini elungele yona.*

- Njengoba indoda kufanele ithande umkayo ngendlela uKristu alithanda ngayo iBandla Lakhe, ungaluchaza kanjani uthando lukaNkulunkulu?

INGXOXO YEQEMBU ELINCANE

Sebenzisa **UMHLAHLANDLELA WOMFUNDI**: Iqhaza Labayeni Namakhosikazi.

Funda eyoku-1 kwabaseKorinte 13:4-8 nakwabaseFilipi 2:1-8 bese uphendula imibuzo elandelayo:

- Ivesi ngalinye kulawa liluchaza kanjani uthando lukaNkulunkulu?
 - 1 KwabaseKorinte: 13:4-8 – *uyabekezela, unomusa, akanamhawu, alizigqamisi, alizikhukhumezi, alizihloniphi, alizifuneli lona, alisheshi ukuthukuthela, alinanzondo. alithokozi ngokubi kepha ngeqiniso. Ivikela, ithembe, inethemba futhi ibekezele. Uthando aluhluleki.*
 - KwabaseFilipi 2:1-8 – *thobekile, nibheka izithakazelo zabanye kuqala, nikhonze futhi nizinikele.*
- Indoda ingalubonisa kanjani uthando ngomkayo ngalezi zindlela? Emaqenjini enu vezani izinto ezingokoqobo eziyi-10 indoda engayenza ukuze ibonise lolu hlobo lothando kumkayo.
 - *Thethelela umkakhe lapho bengaboni ngaso linye*
 - *Lalela imibono yomkakhe lapho benza isinqumo*
 - *Siza ukunakekela ingane – geza ingane*
 - *Cela umkakhe amanzi*
 - *Thembeka kumkakhe*
 - *Nakekela izingane ukuze umkakhe abe nesikhathi sokuvakashela abanye*
 - *Cabangela izidingo zomkakhe siqu ngaphambi kwezidingo zakhe*
 - *Yiba yisibonelo esihle somoya – qiniseka ukuthi umndeneni uya esontweni masonto onke*
 - *Thandazela umkakhe*
 - *Funani imibono yakhe futhi nixoxe ngezinqumo ezibalulekile ndawonye*
- Uma indoda iphatha umkayo ngendlela iBhayibheli elifundisa ngayo, ucabanga ukuthi kungaba namuphi umphumela emshadweni?

UMBIKO – *Buyekeza imibuzo engenhla.*

INGXOXO YEQEMBU ELIKHULU

UNkulunkulu unikeze amadoda izindima ezimbili Uyinhloko emshadweni—ukuba Yinhloko yomfazi futhi athande omkawo njengoba bezithanda bona, njengoba nje noKristu enza ebandleni. UJesu wabonisa isimo sengqondo senceku, egeza izinyawo zabafundi Bakhe futhi enikela ngokuphila Kwakhe njengomhlatshelelo wensindiso yethu. UJesu wayekhathalela futhi enomusa, wadela amalungelo akhe njengoNkulunkulu, futhi wayengabusi.

Kubalulekile ukuthi siqonde ukuthi uJesu wayilingisa kanjani le ndima futhi singalandeli enye yalezi zindima ezimbili bese sikhohlwa enye. Uma sibheka ukuphila kuka-Abrahama, siyabona ngezinye izikhathi wayegcizelela enye phezu kwenye futhi isikhathi ngasinye kwaphumela ezinkingeni.

1. **Ukesebenza njengenhloko, kodwa ungenalo uthando (Genesis 12:10-16):** U-Abrahama wathatha umkakhe waya eGibhithe ukuze abalekele indlala. Watshela umkakhe ukuthi atshele wonke umuntu ukuthi ungudadewabo ukuze angalimali. Nokho, lokhu kwakusho ukuthi uSara wayethathwe uFaro ukuze abe omunye wabafazi bakhe. Kule ndaba, singabona ukuthi u-Abrahama wayeyinhloko yekhaya futhi ezama ukuxazulula inkinga yendlala yekhaya lakhe. Nokho, wayengamthandi umkakhe ngokumcela ukuba aqambe amanga futhi abe ngumfazi wenye indoda. Kwadingeka uNkulunkulu angenele futhi asindise uSara kuleso simo.
2. **othando, kodwa engenzi njengenhloko yekhaya (Genesis 16:1-4):** USara wacela u-Abrahama ukuba alale noHagari ukuze athole umntwana ngaye, kwathi lapho kuphakama izinkinga, wacela u-Abrahama ukuba athole umntwana. amsuse uHagari. U-Abrahama wahambisana nezifiso zikaSara

ngaphandle kokuthandazela nokuthi kwakuyisinqumo esifanele yini. Wayemthanda uSara kodwa, njengenhloko yomkakhe, kwakufanele akhumbuze uSara ngemiyalo kaNkulunkulu yokuthi ubulili kube kwabashadile futhi angavumanga ukuhambisana nezinhlelo zakhe.

Kuzo zombili izimo u-Abrahama wayengeyena umyeni olungile. Uma indoda izoba yindoda elungile, kufanele kokubili ibe yinhloko yomkayo FUTHI ithande umkayo ngendlela uJesu alithanda ngayo iBandla. Okunye ngaphandle kokunye kuyolimaza umshado.

Iqhaza loMfazi

INGXOXO YEQEMBU ELIKHLU

- Endaweni yakini, iyiphi indima evamile yomfazi?

Funda NgokukaGenesise 2:18, 20.

- UNkulunkulu umchaza kanjani owesifazane? (*Umsizi*)
- Ungamchaza kanjani umsizi? Eziphi izinto ezivamile umsizi azenzayo?

Funda NgokukaDeteronomi 33:29 kanye NaMahubo 121:1-2.

- Ngubani umsizi wethu kulamavesi?
- Ungamchaza kanjani umsizi kulamavesi?

NgesiHebheru (ulimi lokuqala) igama elifanayo elisho 'umsizi' lisetshenziswe kulelo nalelo vesi. Lapho uNkulunkulu echaza abesifazane njengabasizi, wasebenzisa igama elifanayo nalelo azichaza ngalo. USathane uye waqamba amanga kithi futhi wasinika ukuqonda okungalungile 'ngomsizi.' Akuwona umqondo ofanayo wokuba inceku noma isigqila. Incazelo yangempela yegama elithi 'umsizi' uNkulunkulu ayisebenzisa kowesifazane isho 'umuntu onamandla oza ukuzosekela nokusiza umuntu oswele.' Leli gama elifanayo lisetshenziswa izikhathi ezingu-16 libhekisela ezicini zobuntu bukaNkulunkulu: Uyizikhwepha zethu, umhlengi wethu, umvikeli wethu, nosizo lwethu! UNkulunkulu wadala u-Eva ukuze anikeze u-Adamu amandla ayigugu nosizo.

- Ukuqonda umqondo weBhayibheli 'womsizi' kushintsha kanjani ukuqonda kwethu indima yomfazi?

Funda KwabaseEfesu 5:22,24, 33; Kanye 1 NgokukaPetro 3:5.

- Athini lamavesi ngendima yowesifazane?
 - *Owesifazane athobele indoda yakhe njengaseNkosini.*
 - *Owesifazane amphathe ngenhlonipho.*

Unkulunkulu unikezile abesifazane izindima ezimbili ezibalulekile emshadweni. Eyokuqala ukuthanda, Inhlonipho, nokuzithobela umyeni wakhe njengomholi emndenini. Eyesibili iwukuba umsizi kaNkulunkulu onamandla futhi onekhono.

INGXOXO YEQEMBUELINCANE

Sebenzisa UMHLAHLANDLELA WOMFUNDI: Iqhaza Labayeni Namakhosikazi ukuphendula imibuzo elandelayo:

- Yiziphi ezinye zezindlela zokuba 'umsizi' nokubonisa ukuzithoba kokwesaba uNkulunkulu nenhlonipho kubayeni? Emaqenjini zama ukucabanga ngezibonelo eziyi-10.
 - *Lungisa ukudla, indlu ehlanzekile, njll.*
 - *Qiniseka ukuthi umndenini unezingubo ezihlanzekile*
 - *Msekele emsebenzini wakhe*
 - *Yakha ikhaya elithokozile*
 - *Sigququzele abayeni bethu*
 - *Sabelane ngemibono nemiqondo nabayeni bethu*
 - *Sikhulekele abayeni bethu*

- *Silalele abayeni bethu*
- *Sikhulume kahle ngabayeni bethu*
- Ingawuthinta kanjani umshado uma unkosikazi enza lezi zinto?

UMBIKO – *Iqembu ngalinye alabelane ngezimpundulo zabo.*

Umshado kaNkulunkulu

INGXOXO YEQEMBU ELIKHULU

Funda Izaga 31:10-31.

- Lamavesi ayebhalwe ngobani? (*ngomfazi ohloniphekile*)
- Ayebhalelwe bani lamavesi? (*vs. 2 – amadoda*)
- Bhala ukuthi yiziphi izinto ezenziwa yilo nkosikazi
 - *Usebenza ngezandla zakhe enza izinto – izingubo nezinto zasendlini*
 - *Ulungisela umndeni wakhe ukudla okumnandi*
 - *Uthenga umhlaba*
 - *Utshala isivini*
 - *Uthenga futhi adayise ngempumelelo ezimakethe*
 - *Usebenza kanzima*
 - *Unakekela abampofu nabaswelayo*
 - *Unakekela ikhaya lakhe*
- Yiziphi izinto ezivame ukwenziwa ngabesifazane endaweni yangakini? Yikuphi okungajwayelekile ukuthi abantu besifazane bakwenze endaweni yangakini?
- Indoda iphatha kanjani umkayo (ivesi 28-31)? (*Uyamncoma, uyamhlonipha, bese amuphe isithelo sezandla zakhe*)
- Evesini 30 kungani indoda idumisa umkayo futhi imbize ngokuthi muhle kakhulu? (Ngokuba uyamesaba uJehova)
- Umhlonipha kanjani umfazi wakho?

Lesi siqephu sabhalwa ngunina weNkosi ukuze simsize aqonde ukuthi umfazi ohlonipha uNkulunkulu unjani nokuthi ubaluleke kangakanani futhi unamandla kangakanani owesifazane onjalo (bheka ivesi 10) Akukona ukunikeza uhlu lwezinto okufanele umfazi azenze noma isizathu sokuphatha unkosikazi njengesigqila. Ayikhuthazi ubuvila endodeni kodwa kunalokho ibiza indoda ukuba imphathe kahle umkayo.

Uthando neNhlonipho

INGXOXO YEQEMBU ELIKHULU

Funda KwabaseEfesu 5:33.

- Leli vesi lisibonisani ngezindima zamadoda nabafazi emshadweni wokuhlonipha uNkulunkulu?

Sinikwa imiyalo emibili elula, owomyeni nowomfazi. Madoda, THANDANI abafazi benu. Bafazi, HLONIPHENI abayeni benu. Kungani ucabanga ukuthi kuhlukile? Kungani abafazi betshelwa ukuthi bahloniphe futhi amadoda atshelwe ukuthi athande? Ngoba uNkulunkulu uyasazi; Wazi kahle ukuthi yini esiyidingayo. Uyazi ukuthi amadoda adinga ukuhlonishwa futhi abesifazane badinga uthando. Amadoda asathanda ukuthandwa futhi abesifazane bahlonishwe, kodwa amadoda akhetha ukuhlonishwa futhi abesifazane bathande.

Lokhu ungakubona empilweni evamile. Emasosheni, indawo ephethwe abesilisa, inhlonipho nodumo kubalulekile. Abesilisa bafisa ukukhuphuka emazingeni ukuze bathole ukuhlonishwa. Ukuziphatha okungenanhlonipho akubekezelelwa. Ukungathandi umkhuzi wakho akuyona inkinga. Abakhuzi abafisi ukuthandwa; bafisa ukuhlonishwa. Abesifazane, ngakolunye uhlangathi, bakha izindawo zokunakekela izingane—bafuna ukuthandwa; abakhathazeke kangako ngokuhlonishwa.

Okuvame ukwenzeka ukuthi abesifazane bangabahloniphi abayeni babo, amadoda awabonisi uthando kumakhosikazi awo. Ngenxa yokuthi bazizwa bengathandwa, abesifazane ababonisi inhlonipho, futhi amadoda azizwa engahlonishwa awalubonisi uthando. Iba umjikelezo. Kungase kuqale endodeni noma enkosikazini, kodwa uma sekuqalile kuvele kuqhubeke njalo—umjikelezo wokungahloniphi nokuntula uthando.

Lalela le ndaba futhi ubone ukuthi izwakala njengesimo esijwayelekile yini.

Bekuyisonto elinzima ngisebenza emasimini. Ilanga lalibonakala lishisa kakhulu futhi nokushisa kwakungabezezeleleki ngaphandle emasimini lapho kwakungekho khona ukukhululeka okuncane. UMathewu wayejabule ngokuthi uzofika ekhaya maduze azobona umkakhe. Wayesehambile izinsuku eziyishumi; kwaze kwanzima ukuba kude nomndeni. Njengoba eshayela ekhuphuka ngomgwaqo, wayenethemba lokuthi naye wayezokujabulela ukumbona njengoba ayezombona.

UMariya wayeseekhaya; ukhathele ukunakekela izingane ngaphandle kosizo olutheni, edinwa ukuthi aziziphethe kahle. Wayebheke ngabomvu ukuthi umyeni wakhe abuyele ekhaya. Wayemshayele ucingo ekuseni ngalolo suku emkhumbuzi ukuthi alethe irayisi ekhaya. Ubengakwazanga ukuphuma ngoba kwakunzima ukuhamba nezingane ezincane. Wayenethemba lokuthi uzosheshe abuye—izingane zase zilambile futhi engenalutho lokuzondla.

“Ngisekhaya,” kumemeza uMathewu.

“Ekugcineni!” Kusho uMary. “Likuphi irayisi?”

“O,” kuphendula uMathewu, “ngikhohliwe—kuningi obokufanele ngikukhumbule namuhla.”

“Ungakwenza kanjani lokho?” UMary wezwa izwi lakhe likhuphuka. “Zizodlani izingane?”

“Awunalo nhlobo irayisi?”

“CHA! Yingakho ngikucele ukuthi ulilethe. Kwesinye isikhathi ngicabanga ukuthi ukhathalela kakhulu abangani bakho kunomndeni. Awukhohlwa ukuyophuza ikhofi nabo.”

“Kulungile, ngizolithola!” Kumemeza uMathewu ephuma ngesango. Injabulo ababenayo bobabili ngokubonana yayisivele yashabalala, yathathelwa indawo intukuthelo nobuhlungu.

- Kwenzakaleni kulendaba?
- Itheni impendulo kaMary kuMathewu?
 - *uMary ubekhathazekile ukuthi ukhohlwe irayisi*
- Itheni impendulo laMathewu kuMary?
 - *Wathukuthela*
- Kwenzakalani ekugcineni?
 - *uMathewu waphuma wahamba*

Iziyalezo Zomgqugquzeli: Khumbuza ikilasi – le mpikiswano AKUKHO mayelana nerayisi. Kumayelana noMariya ezwa sengathi umyeni wakhe umkhohliwe ngoba ukhohlwe into eyodwa ayeyicelile. Kumayelana noMathewu ezizwa engathandwa ngoba umkakhe wayengakubongi konke ayekwenzile kodwa kunalokho wamthethisa.

Bantu besifazane, ngezinye izikhathi lokhu (ukuphuma) kuyinto enhle. Kwesinye isikhathi (y)abayeni bethu bayahlanya (y)ngokuphawula kwethu kangokuthi badinga isikhathi sokwehlisa umoya, ukuze bangaphenduli ngendlela engalungile, njengokushaya noma ukusebenzisa ulimi olulimazayo.

Nokho, ucabanga ukuthi abesifazane bacabangani lapho amadoda ephuma? AKANGITHANDI. Akangithandi nakancane ukuba axazulule inkinga!

Madoda, kufanele nikhumbule ukukhuluma ngokucacile njengoba niphuma. “Ngithukuthele kakhulu njengamanje. Ngiyakuthanda futhi ngifuna ukukuphatha ngendlela edumisa uNkulunkulu, kodwa ngidinga isikhathi ukuze ngehlise umoya.”

Le ndaba beyingahluka kanjani?

- Yini uMariya ayengayisho ngendlela ehlukele?
“Ngibonga kakhulu ngakho konke okwenzile ukuze unakekele umndeni, wonke umsebenzi wakho nemizamo yakho. Nokho, siyalidinga ilayisi—ungenza into eyodwa futhi uthole?”
- Yini uMathewu ayengase ayisho ngendlela ehlukele?
“Bengimatasa ngicabanga ngendlela engijabule ngayo ukukubona; nokuthi ngikuthanda kangakanani futhi ngikwazisa kangakanani ukuthi irayisi ngiye ngalikhohlwa. Ake ngihambe ngiyolanda manje; kuzongithatha umzuzu nje.”

Kuzo zonke izimo umuntu kufanele ayeke umjikelezo futhi abonise uthando noma inhlonipho. Ngisho nalapho singafuni, kudingeka sikhumbule—siyaliwe! IBhayibheli alisho ukuthi, ‘Lapho umyeni wakho ethandeka, mhloniphe. Lapho umkakho ebonisa umusa, mthande.’ UKristu akazange alinde kwaze kwaba yilapho sesilunge ukuze asithande. Kumelwe sikhumbule, ngisho noma singafuni, ngenxa yothando lwethu ngoNkulunkulu, kudingeka sithandane futhi sihloniphane.

INGXOXO YEQEMBU ELINCANE

Khumbula indaba kaTimeus noLeah.

- Ucabanga ukuthi inkinga yothando nenhlonipho ibonakala kanjani kule ndaba?
- Isiphi iseluleko ongasinikeza u-Timeus?
- Isiphi iseluleko ongasinikeza uLeah?

NOZAKWETHU

1. Yenza uhlu lwezinto umyeni noma umkakho azenzayo ukuze akusize. (Kubantu abangashadile, ubaba nomama wakho benzani ukuze bakusize?)
2. Bheka phezu kohlu, thandaza futhi ubonge uNkulunkulu ngomyeni noma umkakho (noma abazali).

UKUZINDLA KOMUNTU

Yini ongayenza ngemva kwalokhu kuqeqeshwa ukuze uthuthukise ubudlelwano bakho nowakwakho noma umndeni wakho?

1. Ngosuku olulandelayo:
 - **Madoda:** Tshela umkakho ukuthi uyambonga ngalokho akwenzayo ukuze anakekele umndeni wakho. Mbuze ukuthi kukhona yini ongakwenza ukuze impilo yakhe ingabi nzima. Khumbula ukuthi ufuna ukwazi ukuthi uyamthanda.
 - **Amakhosikazi:** Tshela umyeni wakho ukuthi uyambonga futhi uyakwazisa ukuzikhandla kwakhe ukuze anakekele umndeni wakho. Mbuze ukuthi kukhona yini ongakwenza ukuze impilo yakhe ingabi nzima. Khumbula ukuthi ufuna ukwazi ukuthi uyamhlonipha.x`
 - **Abangashadile:** Tshela abazali bakho ukuthi uyababonga nangakho konke abakwenzela umndeni wakho. Babuze ukuthi kukhona yini ongakwenza ukuze wenze ukuphila kwabo kungabi nzima.
2. Khona-ke, usuku ngalunye ngemva kwalokho, zama ukwenza okungenani into eyodwa ukuze ubonise umyeni wakho noma umkakho (noma abazali) ukuthi uyamthanda noma uyamhlonipha.
3. Zinike isikhathi manje ukuze ubhale phansi imibono yakho embalwa yalokho ongakwenza usuku ngalunye kuleli sonto. Thandaza ucele uNkulunkulu akusize wenze lezi zinto

Lezi zinyathelo zingase zizwakale zinzima kakhulu. Uma ungakakulungeli ukukhuluma nomyeni wakho noma

umkakho (noma abazali), qala ngokumthandazela nsuku zonke. Thandaza njalo lapho uzizwa udabukile noma uthukuthele. Bonga uNkulunkulu ngomyeni wakho noma umkakho futhi ucele uNkulunkulu akusize emshadweni wakho.

Isifundo 2: Ushado Ojabulisayo

Imibono Emiqoka

Singaba nemishado ejabulisayo ngokuqaphela ukungezwani esinakho nabashade naye noma ilungu lomndeni eliseduze.

1. Kudingeka sifunde izindlela ezinempilo nezingokweBhayibheli zokulungisa ukungezwani kwethu nokuxazulula izingxabano.

Izinto Zokusebenza

1. Umhlahlandlela Womfundi:
 - a. Qaphela Ukuhluka Kwethu (Ikhophi engu-1 umuntu ngamunye enokwengeziwe kwabaganene)
 - b. Ukuxazulula Ukungaboni ngaso linye

Umshado Ojabulile

Okunye ukungqubuzana kuzohlala kwenzeka ngisho nasemshadweni onempilo.

- Yiziphi izinto abashadile abavame ukungavumelani ngazo?

INGXOXO YEQEMBU ELINCANE

Funda amavesi alandelayo—yini esingayiqonda kulawa mavesi esisiza ukuba siqonde indlela yokubhekana kangcono nokungqubuzana?

- 1 KwabaseKorinte 15:41 & 1KwabaseKorinte 12:4-7 – *UNkulunkulu wenze ngamunye wethu wahluka; sinezikhathi ezechukene futhi sinikezwe amathalente ahlukene. Kudingeka siqonde umehluko futhi sizimisele ukwamukela indlela uNkulunkulu enze ngayo ngamunye wethu ahluke.*

UMBIKO

INGXOXO YEQEMBU ELIKHULU

UNkulunkulu wenze ngamunye wethu wahluka. Njengoba sibonile kweyoku-1 Korinte, sineziphiwo, amakhono namandla ahlukahlukene. Lokhu akwenzi umuntu oyedwa abe ngcono kunomunye. Siyilowo nalowo njengoba uNkulunkulu asenza. UNkulunkulu akazange asenze sifane. Wasenza sahluka. Esenzweni esilandelayo, sizobona ezinye zezindlela uNkulunkulu asenze sahluka ngazo. Khumbula iphuzu ngalinye kulawa, akukhona ukuthi umuntu oyedwa ungcono kunomunye, kuwukubonakaliswa kwendlela uNkulunkulu asenze ngayo.

UMSEBENZI WOMUNTU NGAMUNYENYE NOMLINGANE

Iziyalezo Zomgqugquzeli: Umuntu ngamunye uzodinga ikhophi **UMHLAHLANDLELA WOMFUNDI** – Ukubona Umehluko Wethu. Kubalulekile ukunikeza imiyalelo ecacile yalo msebenzi! Ungaphinda ube namadoda ngakolunye uhlangothi lwegumbi nabesifazane ngakolunye. Uma abantu bengakwazi ukufunda, noma uma bengaziqondi izitatimende, ungafunda isihloko ngasinye bese ubamaka emgqeni. Yenzani eyokuqala ndawonye.

Umuntu ngamunye udinga ikhophi **UMHLAHLANDLELA WOMFUNDI** – Ukubona Umehluko Wethu. Sizobheka esinikezwe khona izikhathi ezimbili:

1. Ngokokuqala ngqa – funda isihloko ngasinye bese umaka emgqeni ngo-“X” lokho okuthandayo.
 - Masenze esokuqala ndawonye. Abantu - ungathanda ukuchitha isikhathi nabantu noma ukuba wedwa? Uma uthanda ukuba phakathi kwabantu, beka u-“X” ngasekugcineni

kwesokudla komugqa. Uma uthanda kokubili ungabeka u-“X” eduze naphakathi komugqa. Uma uthanda ukuba wedwa beka u-“X” ekugcineni komugqa. (Khombisa ebhodini)

- Dlulisa ikhasi lonke bese umaka ukuthi yini oyithandayo esimweni ngasinye.
2. Okwesibili – funda isihloko ngasinye bese umaka emgqeni ngo-“O” lokho ocabanga ukuthi **umngane wakho womshado noma ilungu lomndeni** eliseduze angakuthanda. Ungaxoxi nowakwakho ngalokhu.
3. Uma wena nowakwakho seniqedile ngo-1 no-2 bese nibonisana iphepha lenu. Xoxani ngesihloko ngasinye kanye nemibuzo engemuva **UMHLAHLANDLELA WOMFUNDI**.
- Ingabe uye wakuqonda kahle lokho okuthandwa ngomunye umuntu? Ingabe umangazwe yilutho?
 - Ingabe wena nowakwakho (noma ilungu lomndeni eliseduze) benihlale ninezimpendulo ezifanayo esihlokweni ngasinye?
 - Iziphi izindawo enifana kuzo kakhulu futhi ukuthola kulula ukuvumelana?
 - Iziphi izindawo enihluke kuzo kakhulu?
 - Yiziphi izihloko ezidala ukungezwani emshadweni noma ebuhlotsheni bakho?
 - Xoxani ngokuthi ningazisingatha kanjani lezi zici zokungezwani kwenu.
 - Ungawasebenzisa kanjani amandla omuntu ngamunye ukuze wakhe umshado noma ubuhlobo bakho?
4. **Bhalani uhlelo ndawonye:** Yenzani uhlelo lokubhekana nezindawo enihluke kakhulu kuzo. Khetha izindawo ezi-2 zomehluko bese ubhala phansi uhlelo lwakho lokuthi uzoxazulula kanjani. Izibonelo zifakiwe **UMHLAHLANDLELA WOMFUNDI**.

UMBIKO

Iziyalezo Zomgqugquzeli: Cela umbhangqwana oyedwa noma ababili ukuthi babelane ngohlelo lwabo lomehluko owodwa.

Ukungezwani kwethu kungadala ukungqubuzana uma singaxoxi ngakho bese senza uhlelo oluzosebenza kubo bobabili abantu.

Ukuxazulula Ukungaboni Ngaso Linye

Kuyohlale kukhona ukungaboni ngaso linye, kodwa kudingeka sifunde ukukuxazulula ngendlela enempilo. Asikwazi ukuvumela ukungqubuzana kwakheke. Kudingeka sizame ukuxazulula ngokushesha noma yikuphi ukungqubuzana ngaphambi kokuba kube nesikhathi sokukhula.

INGXOXO YEQEMBU ELINCANE

Bheka amavesi alandelayo. Yini esingayifunda evesini ngalinye mayelana nokuxazulula ukungqubuzana?

- Kwabase-Efesu 4:32 – *Kudingeka sibe nomusa nesihawu futhi sizimisele ukuthethelela, sikhumbula ukuthi nathi asiphelele.*
- 1 NgokukaPetru 3:9 & NgokukaMathewu 5:23-24 – *Kudingeka sikulungele ukuxolisa. Ngisho noma omunye umuntu eqale izinkinga, kudingeka sikulungele ukulungisa izinto.*
- KwabaseFilipi 2:3-4 – *Kudingeka sicabange omunye nomunye njengababaluleke kakhulu kunathi.*
- Kwabase-Efesu 4:26 – *Akufanele sivumele ilanga lishone sisathukuthele. Lesi isikhumbuzo esihle sokuqaphela ukuxazulula ukungezwani ngokushesha futhi ungavumeli izinsuku zidlule. Lokhu kubaluleke kakhulu emishadweni yethu, kodwa nakubo bonke ubudlelwano bethu.*
- NgokukaMathewu 7:3-5 – *Qiniseka ukuthi uyawabona amaphutha akho kuqala—ungasheshi ukuveza amaphutha abanye.*
- NgokukaMathewu 18:15 – *Xoxa ngezindaba ngasese, hhayi phambi kwabanye, ikakhulukazi izingane.*

- IzAga 15:1 – *Xoxani ngokungezwani ngomoya ophansi. Khetha isikhathi lapho nobabili nizolile. Uma ucasukile, hlehlisa ingxoxo.*
- KwabaseKolose 4:6 – *Yisho amaphuzu akho ngomusa ngaphandle kokuhlaselana.*

UKUZINDLA KOMUNTU

- Iyiphi kulezi zimiso okulula kakhulu ukuyenza phakathi nokungaboni ngaso linye?
- Isiphi kulezi zimiso okunzima kakhulu ukuba usenze lapho ningaboni ngaso linye?
- Isiphi isimiso esisodwa noma ezimbili ongathanda ukuqala ukusisebenzisa ekuphileni kwakho?

UMSEBENZI WEQEMBU ELINCANE

Dala umdlalo wokulingisa. Khetha ukungezwani okuvamile emishadweni futhi ubonise indlela yokuxazulula ukungezwani usebenzisa zonke lezi zimiso.

Iziyalezo Zomgqugquzeli: Cela iqembu ngalinye elincane ukuthi lenze indima yalo yeqembu lonke.

UKUBUYEKEZWA KWEQEMBU ELIKHULU

Kulesi sifundo, sifunde ukubona umehluko ebudlelwaneni bethu, ukwenza icebo lokubhekana nokungezwani kwethu, nokuxazulula ukungezwani kwethu ngendlela yeBhayibheli.

- Isiphi isimiso esibalulekile sokuxazulula ukungezwani ovame ukusikohlwa phakathi nokungaboni ngaso linye?
- Yimiphi eminye imibono yezindlela zokukhumbula leli qiniso ngokuzayo lapho ninokungavumelani?

Khumbula, lezi zimiso akuzona nje ezabantu abashadile ukuba bazisebenzise nabashade nabo kuphela. Singasebenzisa lezi zimiso kubo bonke ubudlelwano bethu noma nini lapho sinengxabano.

Iziyalezo Zomgqugquzeli: Phetha ngokuthandazela ukuba uNkulunkulu asize ngamunye wabo ukuba angavumelani ngendlela enemphilo, yokuhlonipha uNkulunkulu futhi aqinisekise ukuthi ukungezwani kwabo kungabi yizingxabano nokulwa.

Isifundo 3: Ukubhekana Nezinhlungu

Imibono Emiqoka

1. Kumele siqaphele futhi sibhekane nendlela esilimazana ngayo ngoba ubuhlungu obungaxazululeki bungayibhidliza imishado.
2. Ukuxolisa okuqotho kulabo esibazwise ubuhlungu kuzosiza ekubuyiseleni ubuhlobo bethu.
3. Sithethelela abanye ngenxa yokubonga kuNkulunkulu osithethelele.
4. Ukuthethelela kuwuhlelo okufanele siqhubeke sihamba kulo ukuze sihlanze izinhlungu ebudlelwaneni bethu.

Izinto Zokusebenza

1. Insiza Kufundisa (itholakala engxenyeni ethi Insiza kufundisa ekugcineni kweNcwadi kaThisha)
 - a. Isithombe somndeni (ikhophi eyodwa eqenjini ngalinye – sihlukanisiwe)
2. Umhlahlandlela Womfundi:
 - a. Ukubona Izinhlungu (ikhophi eyodwa ngomuntu ngamunye)
 - b. Izinyathelo Zokuxolisa (ikhophi eyodwa ngomuntu ngamunye)
 - c. Izinyathelo Zokuthethelela
3. Iteyiphu (yanele ukuze iqembu ngalinye liyisebenzise ukuhlanganisa isithombe somndeni)

Ukubuyekeza Nesingeniso

INGXOXO YEQEMBU ELIKHULU

Iziyalezo Zomgqugquzeli: Buza iqembu ukuthi kukhona yini abakukhumbulayo ezifundweni ezedlule. Bukeza amavesi ukuze ukhumbuze iqembu ngamaphuzu ayinhloko.

- Yiziphi ezinye zezimiso ozifundile zendlela esingaxoxa ngayo futhi sixazulule ukungezwani kwethu?

Ngisho nasemishadweni engcono kunezikhathi lapho indoda noma inkosikazi noma bobabili belimazana. Ngezinye izikhathi ubuhlungu kwakungamabomu; ngezinye izikhathi kwakungahlosiwe.

UMSEBENZI WEQEMBU ELIKHULU

*Iziyalezo Zomgqugquzeli: Nikeza iqembu ngalinye ikhophi edatshulwe **INSIZA KUFUNDISA** - isithombe somndeni (okungenani izingcezu ezi-4-6) kanye nekhasethi. Bacele ukuthi baphinde banamathisele isithombe ndawonye. (Isithombe sitholakala ngemuva kweNcwadi kaThisha)*



Ngaphandle kwetheyiphu, bekungeke kwenzeke ukuhlanganisa lesi sithombe. Ukuthethelela 'kuyitheyiphu' ebudlelwaneni, ikakhulukazi umshado. Ibamba izingcezu ndawonye ngisho nalapho sekulimale futhi kuphukile ubudlelwano.

Ubuhlungu bubhidliza imishado. Kwenza abantu bangasondelani futhi bangabe besasekelana.

Kulesi sifundo, sizobheka indlela yokubuyisela umshado owonakele ngenxa yokulimala.

Okokuqala – Thola Okubuhlungu

INGXOXO YEQEMBU ELIKHULU

*Iziyalezo Zomgqugquzeli: Dlulani **UMHLAHLANDLELA WOMFUNDI** – Ukuhlonza Izinhlungu ndawonye.*

Funda uMathewu 5:23-24.

- Ngokwaleli vesi ucabanga ukuthi kubaluleke kangakanani ukubuyisana ubuhlungu noma ukungqubuzana?
- Lisho ukuthini leli vesi lapho lithi 'ukuba nokuthile ngawe'?
- Yini okufanele siyenze uma kukhona ukulimala emishadweni yethu?

IBhayibheli likwenza kucace ukuthi kufanele sibuyisane. UNkulunkulu ucabanga ukuthi kubaluleke kakhulu ukuthi asitshele ukuthi siphume enkonzweni sihambe siyokwenza lokho. Uma sibuyisana ngokushesha nobudlelwano ubuhlungu obuncane bungakhula. Ngemva kwezinyanga ezimbalwa, lokho okwaqala njengokulimaza kancane kungase kukhule kalula kube inkinga enkulu.

Leli vesi lisikhumbuza ukuthi, uma sicasula othile, kufanele sihambe siyocela intethelelo. Evesini elilandelayo, sibona ukuthi uma othile esicasula, sisenomthwalo wemfanelo wokuba nguye ohambayo.

UKUZINDLA KOMUNTU

Sizothatha imizuzu embalwa ukucela ngesizotha kuNkulunkulu ukuthi asibonise uma zikhona izindlela esilimaze ngazo abalingani bethu. Uma ungashadile, cabanga ngomngane oseduze noma ilungu lomndeni esikhundleni salokho. Cabanga ngalezi zindawo ezilandelayo bese ubhala phansi imicabango yakho:

- Ingabe kukhona ohlulekile ukukwenza okufanele ngabe uyakwenza?
- Ingabe kukhona okwenzile (noma okwenzile) okungafanele ukwenze?
- Ingabe wehlulekile ukwenza okuthile owaziyo ukuthi oshade naye ufuna ukwenze?
- Ingabe kukhona okuzwile okubuhlungu?
- Ingabe wehlulekile ukubonisa uthando nesikhuthazo?

INGXOXO YEQEMBU ELIKHULU

Funda uMathewu 18:15.

Akudingekile kuphela ukuthi siqaphele izindlela esizwise abalingani bethu ubuhlungu futhi silimaze imishado yethu, kodwa futhi kudingeka sizilungiselele ukutshela abalingani bethu uma silimele. Kwesinye isikhathi abalingani bethu abahlosile ukusilimaza, kodwa sisalimala. Bangase bangaqapheli abakwenzile. Uma ungabatshele lokho kusho ukuthi ubuhlungu bungabangela ukudabuka emshadweni wakho. Umlingani wakho ngeke azi ukuthi yini engalungile ngakho-ke ngeke akwazi ukulungisa izinyembezi.

UKUZINDLA KOMUNTU

Manje thatha isikhashana ucabange ngezindlela oye walinyazwa ngazo. Kungenzeka noma kungabi yinto umlingani wakho abona ukuthi iyakulimaza.

- Ingabe zikhona izindlela oye walinyazwa ngazo umngane wakho womshado?
- Thandaza uzibophezele ukuqala ukuxoxa ngalezi zinto nowakwakho kuleli sonto.

Akekho kithi ophelele. Sonke siye salimaza abanye, futhi sonke siye salimala. Engxenyeni esele yalesi sifundo sizofunda kabanzi mayelana nokuthi singabuyisana kanjani nobudlelwano bethu kulokhu kulimala. Kuleli sonto kufanele ukhumbule izinto obuzicabangile manje futhi uxoxe ngazo nophathina wakho—uxolise futhi umxolele uma kufanele.

Funda uLuka 15:11-22.

- Yiziphi izithiyo indodana encane eyabhekana nazo?
- Yini okwakudingeka yenziwe indodana encane ukuze ibuyisele ubuhlobo bayo noyise?
- Yini esingayifunda kule ndaba yokuxolisa?
- Wasabela kanjani ubaba? (*Wathethelela.*)

- Yini esingayifunda kule ndaba yokuthethelela?

Izinyathelo ezimbili ezilandelayo zokubuyisela ubudlelwano ukuxolisa nokuthethelela.

Okwesibili – Xolisa Lapho Ulimaze Abanye

INGXOXO YEQEMBU ELIKHULU

Yiziphi ezinye izithiyo esibhekana nazo lapho sixolisa futhi sicele abanye ukuba basithethelele?

- Ukuziqhenya
- Amahloni
- Ukuthola isikhathi
- Ukwesaba

Iziyalezo Zomgqugquzeli: Bhala lezi zinyathelo ebhodini elimhlophe njengoba ufunda isinyathelo ngasinye **UMHLAHLANDLELA WOMFUNDI** – Izinyathelo Zokuxolisa.

Kukhona Izinyathelo Eziyi-6 Zokuxolisa ukuze ubuyisele ubudlelwano lapho uhlukumeze abanye:

Izinyathelo Zokuxolisa

1. **Vuma kuNkulunkulu** – Uma silimaza abalingani bethu, nathi asimlaleli uNkulunkulu. Sidinga ukuya kuNkulunkulu sicele intethelo yakhe ngalokho esikonile. Ukwamukela intethelo kaNkulunkulu kuyosinika inhliziyi ethobekile yokuvuma izono futhi sixolise komunye umuntu.
2. **Vuma izono komunye umuntu ngaphandle kokubeka izaba** – Ngokuvamile lapho sivuma, sifuna ukuchaza ukuthi kungani senze lokho esikwenzile. Nokho, lokhu kungenza kube nzima ngomunye umuntu ukuba asithethelele.

Isibonelo 1:

Ukusola: Ngiyazi bengikugxeka phambi kwabangani bakho izolo, kodwa bengenke ngikwenze ukube awuzange usenze siphuze nehora elilodwa.

Okufanelekile: Ngikuzwise ubuhlungu ngokukugxeka phambi kwabangane bakho; kwakungenamusa kimi.

Isibonelo sesi-2:

Ukusola: Ngiyazi bengikuphethe kabi izolo ebusuku, kodwa bekumele ukhumbule ukuthi umama wakho ubengigxeka kakhulu muva nje futhi ngikhathele wumsebenzi wonke.

Okuhle: Bekuwubugovu nokunganaki ukuthi ngibe luhlaza futhi nginolaka kuwe izolo ebusuku. Ngiyaxolisa ukuthi ngikuzwise ubuhlungu.

Qhathanisa isibonelo ngasinye kwezingenhla. Iyiphi indlela ongathethelela ngayo?

3. **Xolisa** – Qiniseka ukuthi ucacisa ngalokho okuzisola ngakho futhi uveze ukudabuka kwakho ngobuqotho. Yisho into enjengokuthi, 'Ngiyaxolisa kakhulu ngengakwenza' noma 'Ngiphatheke kabi ngempela ngendlela engikuphathe ngayo.'
4. **Cela intethelo** – Sidinga ukuqaphela ukuthi sidinga intethelo. Kungenzeka ukuthi umlingani wakho akakakulungeli ukusixolela ngokushesha, ngakho-ke kungase kudingeke sibekezele. Thandaza ukuthi uNkulunkulu akusize umlingani wakho akuxolele. Akufanele ubaphoqe ukuthi bathi bayakuxolela bengathandi.

5. **Shintsha ukuziphatha kwakho** – Akwanele ukuvuma izono nokuxolisa uma singahlelile ukushintsha futhi uma sihlase ukuqhubeka senza iphutha elifanayo. Ingxenywe yokubuyisela ubudlelwano ukwenza isiqiniseko sokuthi uzimisele futhi uhlose ukushintsha ukuziphatha kwakho. Ngokusemandleni akho kufanele uzame ukungakwenzi futhi.
6. **Yamukela imiphumela** – Umuntu angase adinge isikhathi sokukuthethelela. Kudingeka ubekezele futhi ucele uNkulunkulu ukuba abasize bakuthethelele. Okunye ukulimala kungase kuqede ukwethembana ebudlelwani. Kumele uqaphele ukuthi umngane wakho womshado angase angakwethembi kalula njengoba ayekwenza ngaphambili. Lokhu kuwumphumela wesenzo sakho. Ukuxolisa akukwenzi konke kube kusha ngokuzenzakalelayo. Kwesinye isikhathi kumele uphile nemiphumela yalokho okwenzile. Kuthatha isikhathi ukuthi ubuhlungu obudalile buphele.

UMSEBENZI KAZAKWETHU

Cabanga ngesimo esivamile lapho othile kungadingeka acele intethelelo kumlingani noma kwelinye ilungu lomndeni eliseduze. Shintshanani ngokulingisa indlela obuzoxolisa ngayo futhi ucele intethelelo.

Iziyalezo Zomgqugquzeli: Ungamema labo abangathanda ukudlala indima yabo phambi kweqembu ukuba benze njalo.

Ukwenza

UKUZINDLA KOMUNTU

Cela uNkulunkulu akubonise uma kukhona emshadweni wakho okudingeka uxolise ngakho.

1. Yenza uhlelo lokuthi uzokhuluma nini nomuntu oshade naye. Lapho uxoxa nomngane wakho womshado, xolisa ngobuhlungu obabangele. Zama ukudlula lezi zinyathelo. Uma ungashadile ungasebenzisa lezi zinyathelo ezifanayo ukuxazulula ubuhlungu kunoma ibuphi ubuhlobo okungenzeka unabo—ngokwesibonelo nabazali, izingane zakini, izihlobo, noma abangane.
2. Khetha isikhathi esihle sokuba bobabili abantu bakhulume. Thola isikhathi esingekwe siphazamiseke futhi bobabili abantu abakhathele kakhulu.
3. Thandaza ucele uNkulunkulu ukuba akuphe inhliyo ethobekile futhi akunikeze amazwi afanele ongawasho. Thandaza ukuthi uNkulunkulu alungiselele owakwakho ukuthi akuzwe futhi azimisele ukukuthethelela.
4. Nikela eNkosini ukwenza lokhu. Ingabe ukhona ongakuthandazela futhi akubambe uphendule ngokwenza lokhu?

Xolela Abantu Abakuhlukumezile

INGXOXO YEQEMBU ELIKHULU

Funda amavesi alandelayo bese udinga lokho iBhayibheli elikushoyo ngokuthethelela.

- Luka 23:34 – *UJesu wathethelela, futhi waqaphela ukuthi abanye babengazi ukuthi benzani.*
- NgokukaMathewu 18:21-22 – *UJesu watshela uPetru ukuba athethelele izikhathi ezingu-77 (njalo).*
- KwabaseKolose 3:13 – *Thethelelanani ngendlela uJehova asithethelele ngayo.*

UNkulunkulu usithethelele okuningi. Uyala ukuthi sithethelelane. Ngezinye izikhathi kuba nzima ukuthethelela abanye lapho besiphathe kabi.

- Ngokuhlangenwe nakho kwakho, yimiphi eminye yemiphumela yokungathetheleli emshadweni?
 - *Umunyu – ukukha amanxeba*
 - *Ukuthembana okuphukile*
 - *Ukunganeliseki ngomshado kanye nokungathembeki okungenzeka*
 - *Ukungezwani komndeni – ngisho nezingane zizizwa zingaphephile futhi zesaba*

Ukuthethelela kubalulekile ukuqinisekisa ukuthi umshado uyaqina. EBhayibhelini, siyalwa izikhathi eziningi ukuba sithethelele. Kodwa okokuqala kudingeka siqonde ngokucacile ukuthi ukuthethelela kuyini nokungeyikho.

Iziyalezo Zomgqunguzeli: Dweba amakholomu amabili ebhodini bese ubhala ukuthi “Ukuthethelela OKUNSIKHONA” kanye nokuthi “Ukuthethelela OKUYIKHO” kukholamu ngayinye. Bhala iphuzu ngalinye njengoba ulichaza.

Ukuthethelela OKUNSIKHONA	Ukuthethelela OKUYIKHO
<ol style="list-style-type: none"> 1. Imizwa 2. Ukwamukela ukungabi nabulungisa noma ukubezezelela ukuziphatha okulimazayo noma okuhlukumezayo 3. Ukuphoqa umuntu ukuthi ashintshe ngaphambi kokuba simxolele 4. Ukukhohlwa 5. Ukwenza sengathi akunandaba 	<ol style="list-style-type: none"> 1. Ukhetho esilwenzayo 2. Sibhekene nobubi obenziwe, kodwa sikhetha ukungambaleli umlingani wethu ubuhlungu 3. Ukuthembela kuNkulunkulu ukuthi uzobhekana nomunye umuntu futhi athethelele ngisho nangaphambi kokuba ashintshe 4. Ukudedela umlingani ezandleni zikaNkulunkulu lapho sizizwa sithukuthele noma siphatheke kabi; engafuni ukuziphindiselela 5. Ukwamukela ukufa kukaJesu njengenkohlolo yazo zonke izono

Ukuthethelela OKUNSIKHONA:

- **Imizwa.** Ukuthethelela kuyisinqumo esisikhethayo. Akudingeki silinde kuze kube yilapho sinomuzwa wokuthi sithethelelwe kodwa kunalokho, sinquma ukuthi sizomthethelela othile. Asizibuzi, ‘Ingabe nginomuzwa wokuthethelela?’ kodwa kunalokho simane sinquma ukuthethelela futhi siyeke ukuzidabukela nesifiso sethu sokuziphindiselela.
- **Ukufuna umuntu ukuba ashintshe ngaphambi kokuba simxolele.** Asikwazi ukuphoqa umuntu ukuthi ashintshe. Siyathethelela ngoba uKristu usithethelele futhi uyala ukuba sithethelele abanye, hhayi ngenxa yalokho esikufunayo kumuntu.
- **Ukwamukela ukungabi nabulungisa.** Lapho sithethelela othile, akudingeki sikholelwe ukuthi akwenzile kwakulungile. Singaqaphela ukuthi abakwenzile kwakungalungile, kodwa sizobathethelela noma kunjalo. Ukuthi sithethelela othile akusho ukuthi siyamvumela ukuba aqhubeke esiphatha kabi. Ukuthethelela AKUSHO ukuthi sibekizelela ukuziphatha okulimazayo noma okuhlukumezayo.
- **Ukukhohlwa.** Ngezinye izikhathi njengoba sithethelela, asinakubukhohlwa ngokushesha ubuhlungu esabuzwa. Kudingeka siqhubeke sithethelela umuntu njalo lapho siqala ukucasuka.
- **Ukwenza sengathi akunandaba.** Lapho sithethelela othile, asisho ukuthi akwenzile kwakulungile noma ukuthi akuzange kube nomthethelela kithi. Sithi naphezu kwendlela abasilimaze ngayo kodwa sisazobaxolela. Sithemba ukuthi uNkulunkulu uzophatha omunye umuntu.

Ukuthethelela OKUYIKHO:

- **Ukukhetha esikwenzayo.** Kuyimpendulo entethelweni kaNkulunkulu kithi futhi ihambisana nokulalela Yena.
- **Ukubhekana nokungalungile okwenzekile.** Kudingeka sazi ukuthi othile wenze okuthile okungalungile kithi nokuthi ukuziphatha kwakhe kusilimazile, kodwa sikhetha ukungabambeleli ekulimaleni.
- **Ukuthembela kuNkulunkulu ukuthi uzosebenzelana nabanye.** Sivumela uNkulunkulu alethe ukuqiniseka, futhi siyathethelela ngisho nangaphambi kokuba othile ashintshe.
- **Ukumkhulula ezandleni zikaNkulunkulu.** Njengoba sithethelela, sidela ilungelo lethu lokuziphindiselela noma lokufuna ushintsho. Kunalokho sivumela uNkulunkulu ukuba aqondise noma aguqule umuntu ngendlela athanda ngayo.

- **Ukwamukela ukufa kukaJesu njengenkohlono yazo zonke izono.** Ngemva kokumthethelela umuntu, asikwazi ukuqhubeka simkhumbuza lokho akwenzile futhi sikusebenzise ukuze asenzele izinto.

Ukuthethelela kungase kube nzima, ikakhulukazi uma lowo muntu esiphathe kabi ngempela. IBhayibheli lisikhumbuza ukuthi sithethelela ngoba sibonga lokho uNkulunkulu asenzele khona, hhayi ngoba lowo muntu 'ufanelwe' ukuthethelelwa. Lapho sithethelela, asisho ukuthi abakwenzile kwakulungile, kodwa sithi sizimisele ukuvumela uNkulunkulu abe ngumahluleli futhi anqume ukuthi ufuna ukuphendula kanjani ngezenzo zabo.

UKUZINDLA KOMUNTU

- Yimuphi umbono omusha owufundile mayelana nokuthethelela?
- Ungakusebenzisa kanjani lokho okufundile emshadweni wakho kuleli sonto elizayo?

Izinyathelo Zokuthethelela

Iziyalezo Zomgqugquzeli: Sebenzisa **UMHLAHLANDLELA WOMFUNDI** – Izinyathelo Zokuthethelela ukuze ukhulume ngezinyathelo zokuthethelela. Ngemva kokudlula izinyathelo, bonisa ukuthi u-Adamu endabeni wenza kanjani noma akazange asenze lesi sinyathelo. Bese usiza ukucacisa noma yini abangenasiqiniseko ngayo.

Uma ubuhlungu obuzwile bekukuncane, khona-ke kungase kube lula ukuhamba kulezi zinyathelo. Uma ukulimala bekubaluleke kakhulu, khona-ke le nqubo ingase ithathe isikhathi esengeziwe.

1. Vuma ukuthi okwenziwa kuwe kwakungalungile.
2. Vuma noma iyiphi intukuthelo nesifiso sokulimaza umuntu.
3. Cela uNkulunkulu akusize uxolele omunye umuntu.
4. Khetha ukungaziphindiseli.
5. Yeka isifiso sokulimaza umuntu.
6. Nika uNkulunkulu umthwalo wokwahlulela.
7. Cela uNkulunkulu asuse noma yikuphi ukucasuka nokucasuka
8. Cela uNkulunkulu aphulukise ubuhlungu bakho kanye nayo yonke imiphumela yokungabi nabulungisa empilweni yakho.

NOZAKWETHU (Hhayi umlingani wakho)

- Yiziphi izinyathelo zokuthethelela okunzima kakhulu kuwe?
- Yini engakusiza ekwenzeni lesi sinyathelo sibe lula?
- Iyiphi into eyodwa okudingeka uyithethelele oshade naye?

Uma ungakwazi ukucabanga nganoma yini nomngane wakho womshado, cabanga ngomunye umuntu okungenzeka ukuthi uye wakuphatha ngokungenabulungisa. Uma namanje ungacabangi lutho, vele uthandazele buthule labo abadlula kulolu hlelo.

BUYEKEZA

Iziyalezo Zomgqugquzeli: Funda isinyathelo ngasinye uphimisele njengoba ababambiqhaza bevala amehlo abo. Yima kancane umzuzu owodwa ngemva kokuba isinyathelo ngasinye sesifundiwe ukuze ababambiqhaza babe nesikhathi sokucabanga ngaso ngasinye. Uma usuqedile ukufunda zonke lezi zinyathelo eziyisi-8, thandazela iqembu, ukuthi uNkulunkulu asuse ubuhlungu obubangelwa ukungabi nabulungisa abasanda kukuthethelela.

Vala amehlo akho ulalele futhi ucabange ngokuthethelela owakwakho njengoba isinyathelo ngasinye sifundwa.

Qalani Kabusha Ndawonye

INGXOXO YEQEMBU ELIKHULU

Funda ivesi ngalinye futhi uveze umqondo oyinhloko evesini ngalinye:

- I KwabaseKorinte 13:4-5 – *Uthando alunamibandela futhi alugcini umbhalo wobubi owenziwe.*
- uJakobe 5:16 – *Vuma izono zethu, sithandazelane, futhi niphe umusa komunye nomunye.*
- KwabaseFilipi 3:13 – *Khohlwa okwedlule futhi ugxile esikhathini esizayo.*

Uma sesisebenze ngenqubo yokuhlonza ubuhlungu, ukuxolisa, nokuxolela, lapho-ke sidinga ukuzimisela ukuqala futhi. Kunzima ukudlula kulolu hlelo, ngakho-ke sidinga ukududuzana futhi sithandazelane. Khona-ke, esikhundleni sokukhumbula okwenzeka esikhathini esidlule, kudingeka sigxile esikhathini esizayo.

- Kudingeka uhlanze kangaki indlu yakho?

Njengokuhlanza indlu, kudingeka sihlanze imishado yethu nobunye ubuhlobo njalo. Uma singahlanzi njalo izinhlungu, ziyakha futhi zingadala umonakalo omkhulu ebudlelwaneni bethu! Siza umshado wakho uhlale uqinile ngokuqinisekisa ukuthi uqhubeka nale nqubo.

Isiphetho

Iziyalezo Zomgugquzeli: *Buyekeza ukuthi ukuthethelela KUYINI nokuthi AKUYINI kanye nezinyathelo zokuthethelela. Buyekeza Izinyathelo Ezi-4 Zokubuyisela Ubudlelwano Obonakele. Buza noma yimiphi imibuzo eyengeziwe.*

Ezifundweni ezi-2 zokugcina, sikhulume ngezindlela ezine zokubuyisela ubudlelwano obonakele. Uyakhumbula ukuthi ziyini?

- 1 – Thola Okubuhlungu
- 2 – Xolisa Uma Uhlukumeza Abanye
- 3 – Thethelela Abantu Abakuzwise Kabuhlungu
- 4 – Qala kabusha Ndawonye

Ngemva kokwenza lezi zinto, kudingeka sibheke phambili futhi singaxili ezintweni ezidlule. Kudingeka futhi senze isiqiniseko sokuthi siyayilandela inqubo njalo lapho silimazana. Kudingeka sithembeke kuNkulunkulu ukuba asisize kule nqubo.

UMTHANDAZO WEQEMBU ELINCANE NOMA ABASHADILE (Lokhu kungenziwa nabashade nabo)

Ngamaqembu noma nomngane wakho womshado, thandazelanani. Cela uNkulunkulu akusize uxolele abanye ngendlela akuthethelele ngayo. Cela uNkulunkulu ukuthi aphulukise ubudlelwano bakho ngokuzijwayeza ukuthethelela.

Isifundo 4: Ukuqinisa Umshado Wakho

Imibono Emiqoka

1. Ukuze sibonise uthando kwabashade nabo, kudingeka sazi ukuthi yini eyenza bazizwe bethandwa.
2. Lapho abashadile bethandaza ndawonye, babeka uNkulunkulu kuqala emshadweni wawo.
3. Kumele sibeke oshade naye kuqala kunabanye, ngoba emshadweni abantu ababili baba munye.

Izinto Zokusebenza

1. Umhlahlandlela Womfundi: Izilimi Ezinhlanu Zothando

Isingeniso

LINGXOXO YEQEMBU ELIKHULU

Umshado uyisipho esimangalisayo esivela kuNkulunkulu, futhi lapho amadoda nabafazi benobunye obuqinile emshadweni, bangenza izinto ezimangalisayo ukuze bakhonze futhi bakhazimulise uNkulunkulu. Nokho, ukuze lokhu kwenzeke, imishado yethu kufanele iqine futhi ibe nempilo. Ukwenza umshado uqine futhi uwugcine uqinile ukuphila kwakho konke kudinga ukuzikhandla. Kulesi sifundo, sizobheka izindlela ezahlukeneyo ongawuqinisa ngazo umshado wakho.

Izindlela Ezi-3 Zokuqinisa Umshado Wakho

1. Bonisa uthando lwakho
2. Thandazani ndawonye
3. Beka owakwakho ngaphambi kwabanye

Iziyalezo Zomgquguzeli: Bhala Izindlela Ezi-3 Zokuqinisa Umshado Wakho ebhodini noma wenze iphosta.

Bonisa Uthando Lwakho

INGXOXO YEQEMBU ELIKHULU

Wonke umuntu ufuna ukuzizwa ethandwa. Uma ufunda ukubonisa uthando lwakho koshade naye, kuzowuqinisa umshado wakho.

Iziyalezo Zomgquguzeli: Bhala lezi zimpawu ezilandelayo ebhodini (noma ungaphrinta njenge-Insiza Kufundisa

사랑해

- Ubani owaziyo ukuthi lokhu kusho ukuthini?

Asikwazi ukukufunda lokhu ngoba kubhalwe ngesiKorea. Asisazi isiKorea, ngakho akusho lutho kithi. Ithi, 'Ngiyakuthanda.' Indlela esibonisa ngayo uthando ingafana. Kunezindlela ezahlukeneyo zokubonisa uthando nezindlela ezahlukeneyo abantu abazizwa bethandwa. Uma sisebenzisa ulimi olungalungile, abantu abasiqondi. Kuyadida njengalawa magama asebhodini.

Izilimi Ezinhlanu Ezihlukene Zothando

Encwadini kaGary Chapman ethi IZILIMI EZINHLANU ZOTHANDO, uchaza izindlela ezi-5 ezivamile abantu abazizwa bethandwa. Abantu abafani futhi banezindlela ezihlukene abathola ngazo uthando. Uma sibonisa uthando ngendlela ehlukeneyo kunaleyo umuntu esishade naye azizwa ethandwa ngayo, kunje ngokukhuluma ulimi abangaliqondiyo, bangazizwa bengathandwa. Kungenzeka ukuthi siyakhuluma, kodwa abaqondi. Uma

sifuna ukukhuluma nabalingani bethu, ngakho kufanele sikhulume ulimi lwabo. Kuyafana nangothando—sidinga ukufunda ulimi lothando lomunye umuntu ukuze sikwazi ukubonisa uthando kubo ngendlela abazoyiqonda kangcono. Imfihlo yokugcina uthando lwakho luphila emshadweni wakho ukufunda ukukhombisa uthando lwakho ngendlela ozozizwa ethandwa ngayo.

Iziyalezo Zomgqugquzeli: *Bheka **UMHLAHLANDLELA WOMFUNDI** – Izilimi Ezinhlanu Zothando*

Kunezilimi ezi-5 ezihlukene zothando.

1. **Ukusebenzelana** – Abanye abantu bazizwa bethandwa lapho sibenzela izinto. Lokhu kungase kube izinto ezilula njengokuqoqa endlini, ukuwasha izitsha noma ukudonsa ukhula.
2. **Amazwi Okuqinisekisa** – Abanye abantu bazizwa bethandwa lapho sisho izinto ezinhle kubo. Bangase babe ukutusa okunjengokuthi, 'Upheke kahle kakhulu' noma 'Unezinwele ezinhle' noma 'Ungumama ophumelelayo.' Bangase babe amazwi okubonga noma okwazisa: 'Ngiyabonga ngokupheka ukudla kwakusihlwa.' noma 'Ngiyabonga ngokudla kwakusihlwa.' ngisebenza kanzima ukuze ondle umkhaya.'
3. **Izipho** – Abanye abantu bazizwa bethandwa lapho bethola isipho. Izipho azidingeki ukuba zibize noma zibize imali. Kungase kube lula njengembali oyicoshe lapho uya ekhaya noma inkondlo oyibhalile.
4. **Ukuthintana ngomzimba** – Abanye abantu bazizwa bethandwa ngokuthinta umzimba. Lokhu kuhlanganisa yonke into kusukela ekubambeni izandla, ukugona, noma ukuphulula izinwele zomunye umuntu.
5. **Ukuchitha Isikhathi Esigxilile Ndawonye** – Abanye abantu bazizwa bethandwa lapho sichitha isikhathi esikhethekile nabo. Lokhu akusho ukuthi sisendlini eyodwa kodwa senza izinto ezingafani. Kusho ukuthi sinikezana ukunaka okugxilile. Emakhaya ethu aphithizelayo, kungase kusho ukuthi sihambahamba ndawonye futhi sixoxe ngezinsuku zethu.

Ungase uthole ukuthi oshade naye usabela kahle olimini olulodwa lothando kunezinye. Umuntu ngamunye unokuzikhethela kwakhe. Zama ukuthola ukuthi iyiphi indlela yokubonisa uthando ebaluleke kakhulu koshade naye futhi wenze okwengeziwe kwalolo hlobo.

INGXOXO YEQEMBU ELINCANE

Yiziphi izindlela ezi-2–4 ongakhombisa ngazo ngayinye yalezi zindlela ezahlukeneyo zokukhombisa uthando?

UMBIKO

Iziyalezo Zomgqugquzeli: *Cela iqembu ngalinye ukuthi labelane ngemibono esebenzayo yokubonisa uthando ngolimi ngalunye kwezi-5 zothando.*

Uma sifuna imishado ejabulisayo, sifuna ukwenza isiqiniseko sokuthi abashade nabo bazizwa bethandwa. Ngisho noma abangane bethu bomshado bengenzi mzamo, lapho siqala ukubonisa uthando kubo ngezindlela abazithandayo, bayokwazisa. Futhi bazokhula ngokwemvelo ukuthanda kanye nokuthethelela ngakithi. Uma bengazizwa bethandwa kuzoba nzima ukuhlala nabo futhi basicsukele kalula.

UKUZINDLA KOMUNTU

- Cabanga ngowakwakho – yini abonakala eyithanda noma ayazisa?
- Yiziphi ezinye izindlela ezintsha ongabonisa ngazo uthando koshade naye ngaso leso sikhathi?
- Yiziphi izinto ezinhlanu ozijabulelayo ngomngane wakho womshado? Zama ukucacisa kakhulu. Usuku ngalunye zama ukuveza okuthile okwazisayo ngomngane wakho womshado.
- Zicabangeleni nina. Iziphi izindlela zokukhombisa uthando ozikhethayo? Yiziphi izinto ezenziwa oshade naye ezikwenza uzizwe uthandwa kakhulu?

Uma kunzima ukwazi ukuthi oshade naye uthanda ini, ungazama ukuhlola. Inyanga eyodwa khetha olunye lwezilimi zothando futhi uzijwayeze ukubonisa uthando ngaleyo ndlela. Ithini impendulo? Uma lungekho ushintsho zama ulimi oluhlukile. Qhubeka uzame inyanga nenyanga uze ubone impendulo evela koshade naye.

Thandazani Ndawonye

INGXOXO YEQEMBU ELIKHULU

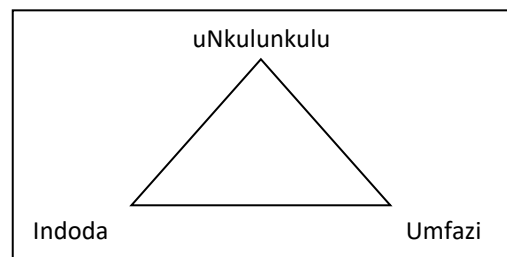
Funda umShumayeli 4:12: 'Intambo enemicu emithathu ayinqamuki kalula.'

Elinye ikhono elibalulekile ekwakheni umshado oqinile ukuthandaza ndawonye. Lapho sithandaza ndawonye, sibeka uNkulunkulu phakathi kwemishado yethu. UNkulunkulu wayengahlosile ukuthi abayeni bethu noma abafazi bethu bahlangabezane nazo zonke izidingo zethu. Lapho silindele ukuba abayeni bethu noma abafazi bethu basiqonde ngokuphelele futhi bahlangabezane nazo zonke izidingo zethu, khona-ke siyehluleka futhi silimazana. Sadalelwa ukuba nobudlelwane noNkulunkulu—Nguye kuphela okwazi ukwanelisa zonke izidingo zethu.

Iziyalezo Zomgqugquzeli: Dweba lesi sithombe ebhodini noma kuphosta.

Umshado kufanele ubukeke njengalesi sithombe:

- Indoda ixhumene ngokuqondile noNkulunkulu.
- Inkosikazi ixhumene ngokuqondile noNkulunkulu.
- Indoda nomkayo baxhumene komunye nomunye.



Enye indlela ebalulekile yokuba uNkulunkulu abe insika yomshado iwukuba azinike isikhathi sokukhuluma Naye ndawonye futhi njengomuntu ngamunye.

Ukuthandaza ndawonye kuyosiza indoda nomkayo ukuba baqinise umshado wabo. Kuyosiza ekuqinisekiseni ukuthi umshado ojabulisayo uhlala ukuphila kwakho konke. Njengoba sithandaza, singafuna intando kaNkulunkulu ngezinqubo esibhekana nazo nezinqumo okudingeka sizenze. Ukuthandaza futhi kususisa ukuba sigxile futhi sincike kuNkulunkulu.

Nazi izeluleko ezisebenzayo zokuthandaza ndawonye:

- Khethani isikhathi esisodwa sokuthandaza ndawonye futhi niqhubeke nisenza. Isibonelo, lapho uqala ukuvuka noma ukulala noma lapho izingane zisanda kuya esikoleni.
- Thandaza nsuku zonke. Kungcono ukuzama ukuthandaza imizuzu emi-5 kuphela ngosuku kunokuba isigamu sehora kanye ngenyanga.
- Qala ngokubonga uNkulunkulu ngomunye nomunye, umshado wakho, umndenani wakho, njll.
- Sebenzisa lesi sikhathi ukuze uthandazele izidingo zomunye nomunye, hhayi izidingo zomhlaba wonke.
- Lalelanani lapho nithandaza.
- Qiniseka ukuthi uthandaza kuNkulunkulu. Ungasebenzisi umkhuleko wakho ukuzama ukushintsha omunye umuntu.

Beka Umlingani Wakho Ngaphambi Kwabanye

INGXOXO YEQEMBU ELIKHULU

Iziyalezo Zomgqugquzeli: Funda noma uxoxe le ndaba.

UTamari wakhungatheka kakhulu ngoKalebi. Akazange akholwe ukuthi usephinde wakwenza. Wayesanda kufika ekhaya ezomemezela ukuthi uzohamba izinsuku ezi-4 ezosiza unina.

Wayechazile ukuthi ingane enezinyanga ezi-4 izelwe yayigula futhi ingalali. Ngakho wayedinga uKalebi ukuba amsize ekhaya nabanye abantwana futhi alungiselele amasimu ukutshala. Kodwa uthe usexoxile nabangani bakhe ngalesi simo bavumelana bonke ngokuthi akavakashele unina.

Ngakho, wayezohamba ekuseni. Ngesikhathi uTamari ehleli engalele epha umntwana wabo ukudla, kwadingeka avume ukuthi wayemkhathalela kangaka unina. Kodwa waba nomona—kungani engabonanga ukuthi wayemdinga ukuze amnakekele ngendlela efanayo? Ubani owayezomsiza?

- Kwenzekani kule ndaba?
- Ingabe lokhu kuke kwenzeke kulo mphakathi?
- Yayiyini inkinga?
- Ucabanga ukuthi ubani owayengalungile? Kungani?

Ngaphambi kokuba indoda nowesifazane bashade, umuntu ngamunye ungowomkhaya wabazali bakhe. Lapho umbhangqwana ushada, uqala umndenini omusha.

NgokukaMarku 10:6-9 uJesu ubhekisela evesini elikuGenesis, elithi indoda kufanele ishiye uyise nonina, futhi laba ababili babe nyamanye; uJesu futhi uthi, 'Ngakho-ke, lokho uNkulunkulu akuhlanganisile makungahlukaniswa muntu.' Lokhu kusifundisa ukubaluleka kwalomshado omusha. Indoda ishintsha izinto eziza kuqala emndenini wayo omdala iye emndenini wayo omusha. Unomthwalo wemfanelo wokuqale anakekele umkakhe nezingane zakhe.

Lokhu akusho ukuthi asiyeke ukuhlonipha abazali bethu noma ukunakekela izihlobo zethu.

Funda eyoku-1 Thimothewu 5:8.

- Lithini kuleli vesi?

Ngoba emshadweni abantu ababili baba munye, kudingeka sibeke oshade naye kuqala kunabanye. Kodwa akufanele singayinaki indoda noma umkhaya wenkosikazi. Ubuhlobo bendoda nomfazi buwumthwalo wemfanelo obaluleke kakhulu uNkulunkulu asinikeze wona. Ngakho-ke, lokhu kusho ukuthi kudingeka sifunde ukubeka oshade naye kuqala kuqala, kodwa singawushayi indiva umndenini wendoda nomkayo.

- Kule ndaba, yiziphi ezinye zezindlela uKalebi abeka ngazo abanye ngaphambi komkakhe?
 - *Wavakashela unina esikhundleni sokuhlala nomkakhe.*
 - *Wavumela abangane bakhe ukuba benze isinqumo mayelana nokuthi kufanele ahambe noma cha kunokuba benze isinqumo esisekelwe ezicelweni zomkakhe.*
 - *Waphuma nabangani bakhe kunokuba ahlale ekhaya asize nengane.*
- Yiziphi ezinye izibonelo zezindlela esenza ngazo abanye babaluleke ngaphezu komngane wethu womshado?
- UKalebi wayengambheka kanjani umkakhe kuqala kodwa aqhubeke ebonisa ukuthi unakekela unina?

Kunezindawo eziningana okudingeka sibeke kuzo oshade naye kuqala ekuphileni kwethu. Namuhla sizobheka izindawo ezimbili kuphela.

1. **Isikhathi** – Lokhu akusho ukuthi sichitha isikhathi esiningi nabo kodwa ukuthi, uma bedinga usizo lwethu, sibabeke ngaphambi kwabanye abantu.

2. **Izinqumo** – Uma umuntu eshadile, kudingeka enze izinqumo zakhe nomngane wakhe womshado noma acabange ngalokho abashade naye njengoba sekushiwo. Izinqumo eziphathelele nendoda nomfazi akufanele zenziwe ngabanye. Inkosikazi kufanele ibe nengxenywe enkulu esinqumweni kunanoma yimuphi omunye umuntu futhi indoda kufanele ihloniphe umkayo kuzo zonke izinqumo zayo. Lena indlela engokoqobo ‘yokuzithoba komunye nomunye ngenxa yokwesaba uKristu,’ njengoba kusho Kwabase-Efesu 5:21. Isinqumo esingcono kakhulu senziwa ngemva kokukhulumisana okuhle, ukuzindla ngokucophelela, nomthandazo kokubili kwendoda nomkayo.
- Lokhu kuqonda kuyoyishintsha kanjani indlela indoda nomkayo ababebeka ngayo abashade nabo kuqala kunabanye?
 - o *Bazokwakha umndenini omusha ababezowubeka phambili futhi bawuhloniphe kuqala.*
 - o *Ngemva kwalokho babenakekela futhi balalele izeluleko zayo yomibili imindenini.*

DLALA INDIMA (Uma isikhathi sikhona)

Yenzani umdlalo okhombisa ukuthi yini evamise ukwenzeka emindenini nokuthi bekuzobukeka kanjani uma sibeka abantu esishade nabo kuqala.

UKUZINDLA KOMUNTU

Zinike isikhathi ucabange ngesibonelo esisodwa empilweni yakho endaweni ngayinye lapho ungenza khona umsebenzi ongcono ngokubeka owakwakho ngaphambi kwabanye. Khona-ke, isibonelo ngasinye, cela uNkulunkulu futhi kamuva owakwakho ukuba akuthethelele. Cela uNkulunkulu akusize ushintshe futhi ukhumbule ukuthi umsebenzi wokuqala akunike wona ngowakwakho.

- Isikhathi – Ingabe zikhona izikhathi lapho wenze khona abangani bakho noma abanye abantu ababaluleke kakhulu kunowakwakho?
- Izinqumo – Ingabe zikhona izinqumo ozenzile ngaphandle kokucabangela imicabango noma imizwa yoshade naye?

Isiphetho

INGXOXO YEQEMBU ELIKHULU

Namuhla sibheke izindlela ezi-3 esingaqinisa ngazo umshado wethu:

1. Ukukhombisa uthando lwakho
2. Ukuthandaza ndawonye
3. Ukubeka owakwakho kuqala

Zama ukuzijwayeza ukwenza lezi zinto ngokushesha ukuze umshado wakho uqine.

Isifundo 5: Abesifazane Babalulekile

Imibono Emiqoka

1. Bobabili abesilisa nabesifazane babalulekile ngokufanayo ngoba benziwe ngomfanekiso kaNkulunkulu futhi bahlangwa kuKristu.
2. Kudingeka sibazise futhi sibaphathe abesifazane ngendlela uJesu enza ngayo, noma ngabe ihluke kakhulu esikweni lethu.

Izinto zokusebenza

1. Umhlahlandlela wabafundi:
 - a. Amasiko Nezindlela Ngesikhathi SikaJesu
 - b. Umphakathi wethu
2. Amakhadi aluhlaza naphuzi
3. Amanzi nokudla okulula okuzonikezwa Emsebenzini Weqembu Elikhulu

Isingeniso

UMSEBENZI WEQEMBU ELIKHULU

Iziyalezo Zomgqugquzeli: Beka isitaki samakhadi aphuzi naluhlaza phezu kwetafula. Cela wonke umuntu ukuthi athathe eyodwa.

Namuhla sizokwenza izinto ngokuhlukile. Umuntu ngamunye unekhadi eliphuzi noma eliluhlaza. Bonke abanamakhadi aluhlaza bazoya ngemuva kwegumbi. Ngicela uhlale uthule ungasiphazamisi abanye. Senza isifundo esibalulekile futhi sifuna nje imibono yabantu abambalwa ababalulekile. Sicela uthule, ungaphazamisi, futhi ungasiphazamisi sonke.

Iziyalezo Zomgqugquzeli: Nikeza wonke umuntu eqenjini eliphuzi uswidi. Hlola ukuthi kukhona yini okunye abangakuthanda. Babuze ukuthi bazizwa bekhululekile futhi bekulungele yini ukuqala isifundo. Baphathe sengathi bayizimenywa ezihloniphekile. Uma kukhona ovela eqenjini eliluhlaza enyakaza noma ekhuluma, bheka phezulu bese umkhumbuza imiyalelo.

Kuzo zonke lezi zititimende ucabanga ukuthi abantu endaweni ohlala kuyo bangavumelana noma bangavumelani ngazo nokuthi kungani.

1. 'Amantombazane awumthwalo emindenini yawo.'
 2. 'Abesifazane akufanele babe nomhlaba noma bangalitholi ifa.'
 3. 'Kulungile ukushaya umfazi ongalaleli.'
 4. 'Abesifazane mababonwe bangezwa.'
- Ingabe zikhona ezinye izinkulumo ezivamile endaweni yangakini ngabesifazane? Yiziphi ezinye izibonelo?

INCAZELO YOMSEBENZI

Iziyalezo Zomgqugquzeli: Cela iqembu eliluhlaza ukuthi libuye lijoyine iqembu eliphuzi. Xoxa ngokubuzwa imibuzo eqenjini ngalinye bese ukhipha iziphetho eqenjini ngokusekelwe kulokhu okuhlangenwe nakho.

Emizuzwini eyi-10 yokugcina, iqembu eliluhlaza alifakwanga engxoxweni.

- **Iqembu eliluhlaza:**
 - Bekuzwakala kunjani ukungafakwa ezingxoxweni nokungavunyelwa ukukhuluma?

- Ubufuna ukubamba iqhaza futhi wabelane ngemibono yakho?
- Wazizwa kanjani lapho ubona iqembu eliphuzi lithola ukudla okulula kodwa ungakutholi?
- Ucabanga ukuthi lokhu kuke kwenzeke emphakathini? Obani abakhishiwe?
- **Iqembu eliphuzi:**
 - Kube mnandi kanjani ukungafaki ingxenye yeqembu emaqenjini amancane nasezingxoxweni?
 - Ubonile yini ukuthi elinye iqembu aliwatholanga amanzi noma ukudla okulula? Ucabangani ngalokho?
 - Uye wazizwa ungakhululekile? Kungani noma kungani kungenjalo?
- **Wonke umuntu:**
 - Yini ebonakale ingalungile ngalokhu?
 - Yimaphi amathuba alahlekile ngokungafaki iqembu eliluhlaza kulo msebenzi?

Lo msebenzi wawumayelana nokucwasa—iqiniso lokuthi ngokuvamile emphakathini asibaqapheli abesifazane namantombazane njengabesilisa nabafana. Kulokhu asibandlululi ngobulili kodwa ngombala wekhadi olikhethile. Nokho, ezindaweni eziningi lokhu akufani kakhulu nohlobo lokucwasa amantombazane nabesifazane ababhekana nakho.

- Ingabe imibono yabesifazane ifunwa emphakathini noma ezindabeni zesonto? Kungani noma kungani kungenjalo?
- Ingabe akhona amalungelo akhethekile anikezwa amadoda kodwa hhayi abesifazane? Ucabanga ukuthi kunjani lokho?

Kulesi sifundo, sizokhuluma ngendlela esicabanga ngayo ngabesifazane namantombazane. Sizophinde sibheke ezinye zezindlela esibaphatha ngazo ezingakhombisi ukuthi siyabazisa.

INGXOXO YEQEMBU ELIKHULU

Funda uGenesis 1:27-28.

La mavesi asibonisa ukuthi abesilisa nabesifazane badalwe ngomfanekiso kaNkulunkulu. Nakuba abanye abantu bephikisana ngokuthi umuntu kuphela wenziwe ngomfanekiso kaNkulunkulu ngoba ezinye izinguqulo zithi ‘umuntu’ futhi ‘yena’. NgesiHebheru uNkulunkulu usebenzisa igama elithi ‘Adamu’, elingase libhekisele kumuntu noma kuso sonke isintu. Kodwa eBhayibhelini noma nini lapho uNkulunkulu ekhuluma ngowesilisa nje, hhayi owesifazane, usebenzisa igama elithi ‘Ish’. Emshweni olandelayo Uyaqhubeka nokucacisa ukuthi ngowesilisa nowesifazane akhuluma ngabo.

Njengoba ukhumbula esifundweni 1, u-Eva wadalwa njengomsizi ka-Adamu. Kungani ucabanga ukuthi akekho omunye umsizi owayengatholakala? Umhlaba wawugcwele izilwane ezimangalisayo, kodwa azikho ezanele ngokwanele. Impendulo ilula, ngoba asikho isilwane esadalwa ngomfanekiso kaNkulunkulu, ngakho asikho isilwane esasingandisa umhlaba njengo-Adamu no-Eva. Ukuze baqhubeke nokufeza umsebenzi uNkulunkulu ayewunikiwe, bobabili kwakufanele benziwe ngomfanekiso kaNkulunkulu.

KuMojula 1, sifunde ukuthi uNkulunkulu wenza kokubili amadoda nabesifazane ngomfanekiso Wakhe. Ngeshwa, imithetho yethu yamasiko kanye nalokho esikulindele akufani nenani uNkulunkulu alinika abesifazane abenziwe ngomfanekiso Wakhe.

- Kwenzekani uma owesifazane engayilandeli imithetho yamasiko nalokho okulindelekile?
- Amalungu omkhaya wakhe ahlukene ayezobabela kanjani (umyeni, abazali, abasekhweni)?

Iqiniso NgabesiFazane

INGXOXO YEQEMBU ELIKHULU

UNKulunkulu wadala kokubili amadoda nabesifazane ngomfanekiso Wakhe benokubaluleka nokubaluleka. Zombili zimelela izici zikaNkulunkulu emhlabeni. UNkulunkulu wabatshela bobabili ukuba bagcwalise umhlaba futhi babuse phezu kwawo ndawonye njengabangane.

Funda uGenesis 3:6.

U-Adamu no-Eva bona ngokungamlaleli uNkulunkulu futhi babhekana nemiphumela yesono sabo. Ubuhlobo babo obuphelele bephukile.

- Yini eyashintsha ebuhlotsheni buka-Adamu no-Eva ngemva kokona ngokungamlaleli uNkulunkulu?
 - Basolana.
 - Inkosikazi yayiyofuna ukubusa phezu kwendoda, kodwa indoda iyobusa phezu komfazi.
 - Isu likaNkulunkulu lobunye nobunye lachithwa.
- Isono kanye nokonakala emhlabeni kube nomthelela kanjani endleleni abantu ababona ngayo abesifazane esikweni lethu?

Funda kwabaseGalathiya 3:26-29.

- Obani ababhekwa njengabangabantwana bakaNkulunkulu ngoKristu Jesu? (*Bonke abanokholo.*)
- Leli vesi lithi akusekho umJuda noma oweZizwe, isigqila noma okhululekile, owesilisa noma owesifazane. Kusho ukuthini lokhu? (*Sonke sinethuba elilinganayo lokuba ngabantwana bakaNkulunkulu.*)

NgoKristu kokubili abesilisa nabesifazane bangaba abantwana bakaNkulunkulu, izindlalifa zokuphila okuphakade, futhi bobabili babuyiselwe ngokugcwele ebuhlotsheni noNkulunkulu.

Funda izEnzo 2:17-18, 21 no-1Ka Petru 4:10-11.

- Leli vesi lithi kuzokwenzekani lapho uMoya kaNkulunkulu uthululwa phezu kwabo bonke abantu?
- Kuyakumangaza yini ukuthi amadodakazi nabesifazane bayabandakanywa ekutholeni izipho zokuphrofetha ezizosetshenziswa ebandleni?
- Lapho wonke umuntu esebenzisa izipho uNkulunkulu amnika zona, uba yini umphumela?
- Bekuzokwenzekani ukube abesifazane namadodakazi bebengazisebenzisi izipho abaziphiwe uNkulunkulu?

UNKulunkulu unikeza abesilisa nabesifazane izipho ukuze basetshenziselwe ukwakha uMbuso kaNkulunkulu futhi balethe udumo nenkazimulo kuNkulunkulu.

- Ungamsiza kanjani umkakho ukuba asebenzise zonke izipho uNkulunkulu amnikeze zona?
- Ungayisiza kanjani indodakazi yakho ukuba ithuthukise futhi isebenzise izipho uNkulunkulu ayiphe yona?
- Ungabakhuthaza kanjani abantu besifazane ebandleni lakini nasemphakathini wakini ukuthi basebenzise izipho uNkulunkulu abaphe zona?

Isiko Ngesikhathi SikaJesu nokuthi Wayebaphatha Kanjani Abesifazane

INGXOXO YEQEMBU ELIKHULU

Namuhla sizobheka indlela abesifazane ababebhekwa ngayo ngesikhathi sikaJesu nendlela uJesu ayephatha ngayo abesifazane. Ungafunda **UMHLAHLANDLELA WOMFUNDI** – Amasiko Nezindlela Zangesikhathi SikaJesu.

Isiko Ngesikhathi SikaJesu

Imithetho namasiko amaJuda namaRoma ayengabasizi ngalutho abesifazane. Abesifazane babebhekwa njengabaphansi (abaphansi nabangabalulekile) kwabesilisa.

- **Abesifazane babephathwa njengempahla.** Babengazimele. Kuphakathi kokuthi babengabendlu kayise noma bendlu yomyeni wabo. Amadoda angamaJuda ayenqatshelwe ngisho nokukhuluma nanoma

yibaphi abesifazane emgwaqweni. Ukuba khona kwabo akuzange kubhalwe phansi noma kuqashelwe ezenzakalweni ezibalulekile.

- **Abesifazane babengavunyelwe ekukhulekeleni kwabo kuNkulunkulu.** Abaholi benkolo babenezele imithetho emisha eyayisho ukuthi abesifazane babevunyelwa kuphela ukuya 'egcekeni labesifazane' ethempelini. (Igceke labesifazane lalingakaze libe semklamweni wokuqala wethempeli). Babengakwazi ukufunda iZwi likaNkulunkulu noma ukuhlanganyela ekukhulekeleni ngaphakathi ethempelini.
- **Abesifazane ngokuvamile babevalelwa ngaphandle ekufundiseni.** Njengoba kwakufundiswa ezikoleni zasesinagogeni, amantombazane ayengakhuthazwa ukuba ahlangele.
- **Abesifazane babengenawo amalungelo angokomthetho.** Babengenakukwazi ukuba nomhlaba, bathole ifa ngaphandle kwalapho bengekho amadoda ohlwini lozalo, noma bahlukanise nabayeni babo. Abesifazane babengavunyelwe ukufakaza enkantolo yomthetho ngaphandle uma owesilisa engaqinisekisa indaba yabo.

Ngokuvamile, esikweni lesikhathi sikaJesu, abesifazane babebhekwa njengabangathembekile, abangahlakaniphile, nabangokomoya abancane kunabesilisa.

Izindlela ZikaJesu

Isimo sengqondo sikaJesu ngabesifazane sasihluke kakhulu kunesiko langaleso sikhathi. Wayephatha amadoda nabesifazane ngenhlonipho nesithunzi esilinganayo. Abesifazane ngaleso sikhathi babengakaze bazi indoda efana noJesu.

- **UJesu wayephatha abesifazane ngenhlonipho nangesizotha esimangalisayo.** Wakhuluma nabesifazane obala. UJesu wakhuluma nowesifazane ongumSamariya 'owayengowesinye isizwe futhi 'oyisano' (NgokukaJohane 4:7). Wakhuluma ngomusa, ngeqiniso, nangomusa kowesifazane owayebanjwe ephinga (NgokukaJohane 8:1-11).
- **UJesu wayekhonzisa abesifazane futhi ephatha ngamunye njengomuntu.** UJesu wafinyelela kwabesifazane njengabantu ababefaneleka ngokulinganayo njengamadoda ukuba baphulukiswe futhi basindiswe. Wayishaya indiva imithetho eyanikezwa uMose eyayithi ungathinti owesifazane oyophayo (NgokukaMarku 5:25-34). Waphulukisa owesifazane owayekhubazekile iminyaka eyishumi nesishiyagalombili ngenxa yomoya wamademoni futhi wambiza ngokuthi 'indodakazi ka-Abrahama' (NgokukaLuka 13:10-17). Waphulukisa indodakazi yowesifazane waseKhanani (NgokukaMathewu 15:22-28)
- **Wafundisa abesifazane.** Wayithatha ngokungathi sína imibuzo nezingxabano zabo. UJesu waphathisa amaqiniso angokomoya abalulekile kokubili abesifazane nabesilisa. UJesu wafundisa uMariya udadewabo kaMarta (Luka 10:38-42). Abesifazane baba ngabokuqala ukubona iNkosi evukile futhi batshelwa ukuthi bayise izindaba ezinkulu kubafundi (Johane 20:1-18). Abesifazane abaningi babehamba noJesu futhi besekela inkonzo Yakhe (Luka 8:1-3) njengoba efundisa abafundi Bakhe nezixuku.

INGXOXO YEQEMBU ELINCANE (Bheka **UMHLAHLANDLELA WOMFUNDI**)

1. Ungayichaza kanjani indlela abesifazane ababephathwa ngayo ngesikhathi uJesu esemhlabeni?
2. Ingabe kukhona ukufana phakathi kwendlela isiko lakho eliphatha ngayo abantu besifazane kanye nendlela isiko lesikhathi sikaJesu elalibaphatha ngayo abesifazane?
3. Imuphi omunye umehluko phakathi kwendlela uJesu aphatha ngayo abesifazane nendlela isiko langaleso sikhathi elaliphatha ngayo abesifazane?
4. Ucabanga ukuthi abesifazane bazizwa kanjani lapho uJesu ebaphatha ngale ndlela?
5. Ingabe amabandla ethu enza njengamasiko ethu noma njengoJesu? Yiziphi ezinye izibonelo?

UMBIKO - Iziyalezo Zomgqugquzeli: Phendula imibuzo engenhlala bese ucela iqembu ngalinye ukuthi libelane ngezimpendulo zalo.

NjengamaKristu, kudingeka silandele isibonelo sikaJesu ngaphambi kwamasiko ethu. UJesu uyisibonelo sethu.

Singenza Umehluko

INGXOXO YEQEMBU ELIKHULU

UJesu wenza umehluko esikweni lakhe, nathi singenza umehluko esikweni lethu.

Funda le ndaba eyiqiniso (amagama ashintshiwe):

USojib wayengakaze acabange ukuthi amadoda nabesifazane badalwa uNkulunkulu ngendlela efanayo. Akazange amcabange nhlobo nhlobo umkakhe. Babeneholo elincane kakhulu futhi babengakwazi ukuthenga ukudla okwanele. Ngakho, njalo ebusuku ngesikhathi sokudla kwakusihlwa kwenzeka into efanayo. USojib wayehlala etafuleni yedwa futhi adle irayisi nokheri ayekufuna. Eseqedile asukume umkakhe adle konke okusele. Ngolunye usuku uSojib waya esifundweni sezimiso zeBhayibheli nomshado. Wafika ekhaya wanquma ukwenza okuthile ukuze abonise ukuthi uyamazisa umkakhe. Ngesikhathi sokudla, wacela umkakhe ukuba ahlale naye etafuleni. Wathatha irayisi ayeliphekile walihlukanisa kabili elilinganayo, elinye walinika yena neline. Wabe esenza okufanayo nangokhari. Umkakhe wamangala! Ubusuku ngabunye uSojib wayeqhubeka enza into efanayo. Wahlala phansi nomkakhe wabelana ngakho konke ngokulinganayo. Njengoba lokhu kuqhubeka, wathola ukuthi ubuhlobo bakhe nomkakhe buyathuthuka. Baba nobunye, futhi abanye emphakathini baqala ukulandela isibonelo sabo esihle somshado onempilo.

- Yikuphi umkhuba wansuku zonke uSojib anquma ukuwushintsha ukuze abonise ukuthi uyamazisa umkakhe?
- Wasabela kanjani umkakhe kulolu shintsho?
- Lolu shintsho lwabathinta kanjani abanye (umkakhe, nabanye emphakathini)?

Amasiko amaningi namuhla awabheki abesifazane namantombazane ngendlela uNkulunkulu ayehlose ngayo. Amasiko ethu aqinile, futhi abantu abaningi bacabanga ukuthi amukelekile. Nokho, ukuphathwa kabi kwanoma yimuphi umuntu odalwe ngomfanekiso kaNkulunkulu akulungile. Kuyamdabukisa uNkulunkulu, futhi kufanele sicele uNkulunkulu ukuba asisize sishintshe izindlela zethu.

Kudingeka sibheke amasiko nemikhuba yethu futhi sifunde okungalungile ngombono kaNkulunkulu. Sizosebenzisa **UMHLAHLANDLELA WOMFUNDI** - Umphakathi wethu ukucabanga ngezinye izindawo emphakathini wethu.

Iziyalezo Zomgqugquzeli: Ngaphambi kokuqala ingxoxo yeqembu elincane, chaza izimo ezine eziseshadini ukuze ubasize bacabange ngezibonelo zendawo. Buza imibuzo bese unikeza izibonelo ezijwayelekile ezingezansi kumongo ngamunye.



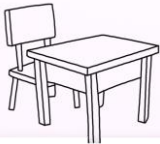

- **Umnideni** – Yiziphi izindlela abesifazane namantombazane abaphathwa ngokuhlukile kunabesilisa nabafana ekhaya? Baphathwa kabi ngaziphi izindlela?
 - Isibonelo – Lapho umqeqeshi ebuza iqembu lodokotela abangamaKristu abangama-20 ukuthi bake babashaya yini abafazi babo, abangu-18 baphakamisa izandla zabo ukukhombisa ukuthi babashaye. Umqeqeshi wabe esebuzwa, bangaki kini abakholelwa ukuthi kungaba kuhle ukushaya umkakho uma enza into ehlazisa kakhulu umnideni—bonke baphakamisa izandla.
- **Isikole** – Yiziphi izindlela amantombazane aphathwa ngokuhlukile kunabafana esikoleni? Yimaphi amathuba abangenawo abafana abangaba nawo?

- Isibonelo – Ezinye izikole aziwavumeli amantombazane ukuthi enze amakilasi athile noma enze imisebenzi ethile efana nokuba udokotela noma umshayeli wendiza noma umakhi.
- **Isonto** – Yiziphi izindlela abesifazane namantombazane abaphathwa ngokuhlukile kunabesilisa nabafana ebandleni? Yimiphi imingcele abanayo kuphela ngenxa yokuthi bangabesifazane?
 - Isibonelo – Izingxenywe ezimbili kwezintathu zamaKristu ngabesifazane-kwenzekani uma bengavunyelwe futhi bekhuthazwa ukusebenzisa izipho zabo?
- **Umphakathi** – Yiziphi izindlela abesifazane namantombazane abaphathwa ngokuhlukile kunabesilisa nabafana emphakathini wethu? Yiziphi izindlela abesifazane namantombazane abaphathwa kabi ngazo emphakathini wethu?
 - Isibonelo – Kwelinye izwe lase-Afrika elikhungethwe yizimpi cishe isigamu sabo bonke abantu besifazane baye badlwengulwa, nakuba izwe libhekwa njengamaKristu. Kwelinye izwe lase-Asia, njalo ngemizuzu engu-8 intombazane iyalahleka futhi idayiswe ebugqilini.

Bobabili abesilisa nabesifazane babaluleke kakhulu. UNkulunkulu ufuna siphathe kokubili ngodumo nangokubaluleka. Sifuna ukubona abesilisa nabesifazane bechuma.

INGXOXO YEQEMBU ELINCANE

Sebenzisa **UMHLAHLANDLELA WOMFUNDI** – Umphakathi Wethu. Xoxani ndawonye ngendawo ngayinye bese nigcwalisa leli shadi. Cabanga ngezinkinga ozibonayo emphakathini wakini ngendlela abantu besifazane namantombazane abaphathwa ngayo bese ucabanga ngemibono engu-1-2 endaweni ngayinye yalokho ongakwenza ukuphatha abantu besifazane namantombazane ngesizotha, inhlonipho, kanye nokubaluleka.

Indawo	Ukuphathwa kabi Nokungalingani Emphakathini Wethu	Esingakwenza (1-2 imibono yendawo ngayinye)
 Umndeni	<i>Nikeza isibonelo esiqondene ngqo nomphakathi wakini (isb., izipho ezikhethekile zinikezwa lapho abafana bezalwa; abafana badla kuqala futhi bakhuthazwa ukuba baye esikoleni).</i>	<i>Gubha lapho bobabili abafana namantombazane bezalwa. Khuthaza ukuphathwa ngokulinganayo kwabafana namantombazane - ukudla, imfundo, ifa, njll.</i>
 Esontweni		
 Isikolo		
 Umphakathi		

- Yiziphi izinto ezimbili ongayenza ngendlela ehlukile emzini wakho ukuze uhloniphe umkakho? Amadodakazi akho?

- Yiziphi izinto ezimbili ongayenza ngendlela ehlukile emphakathini wakini ukuze uhloniphe abesifazane namantombazane?

Yabelanani ngalokho enizibophezela ukukwenza. Nithandazelane futhi nicele uNkulunkulu anisize nizenze lezi zinto.

UMBIKO

Iziyalezo Zomgqugquzeli: *Hlola amaqembu ukuze uqiniseke ukuthi angakwazi ukucabanga ngezibonelo zendawo zezindaba nezindlela ezithile zokuphatha kahle abesifazane namantombazane. Nikeza amaqembu isikhathi esanele sokusebenza kuleli shadi. Uma amaqembu amaningi eseqedile, cela amavolontiya ukuthi abelane ngombono owodwa endaweni ngayinye - umndeni, isonto, isikole kanye nomphakathi. Qinisekisa ukuthi bangacabanga ngezindlela ezimbalwa ezahlukeni zokuhlonipha abesifazane namantombazane. Bakhuthaze ukuthi bacele imibono nokuhlakanipha kukaNkulunkulu.*

Sonke senziwe ngomfanekiso kaNkulunkulu—abesilisa nabesifazane. UNkulunkulu usithanda kakhulu kangangokuba waze wathumela indodana yakhe ukuba izosifela ukuze abesilisa nabesifazane babe abantwana bakhe. Abekho abantu abaphakeme nabaphansi eMbusweni kaNkulunkulu. Udale ngamunye wethu ngokwendlela afuna ngayo, futhi unenjongo ekhethekile ngabo bobabili abesilisa nabesifazane.

Singenza umehluko ngokulingisa abanye indlela yokuphatha abesifazane namantombazane njengoJesu. Lokhu kuyodumisa uNkulunkulu futhi kuzosiza abanye babone ukuthi abesifazane babalulekile. Singaqala ngezinto ezincane ukusiza abantu babone ukuthi abantu besifazane babalulekile. Sifuna kokubili abesifazane nabesilisa baphile ngendlela uNkulunkulu ayihlosile.

UKUZINDLA KOMUNTU noma NOZAKWETHU

UNkulunkulu uyahlonishwa lapho senza esikufundayo. Yini ongazibophezela ukuyenza ngalokho esikufundile?

- Yiziphi izinto ezimbili ozozenza ekhaya lakho ukuze uhloniphe umkakho namadodakazi akho?
- Yiziphi izinto ezimbili ozozenza endaweni yangakini ukuze uhloniphe abesifazane namantombazane?

Yabelanani ngalokho enizibophezela ukukwenza. Nithandazelane futhi nicele uNkulunkulu anisize nizenze lezi zinto.

Isifundo 6: Iqhaza Lomzali

Imibono Emiqoka

1. Abantwana bayisipho esivela kuNkulunkulu.
2. Abazali banomthwalo wemfanelo wokuhlinzeka ngezidingo zezingane zabo futhi baziqondise njengoba zikhula ngokomoya, ngokwengqondo, ngokwenhlalo, nangokwenyama

Izinto Zokusebenza

1. Umhlahlandlela Womfundi: Ukusiza Izingane Zikhule (ikhophi eyodwa yomuntu ngamunye)

Isingeniso

INGXOXO YEQEMBU ELIKHULU

Kulabo abangabazali:

- Ukuphila kwakho kuye kwashintsha kanjani kusukela waba umzali? Yiziphi izinguquko ezazilindelekile? Yiziphi izinguquko ebezingalindelekile?
- Ungayichaza kanjani indima yakho njengomzali?
- Isiphi iseluleko esikunikeze umndeneni owandisiwe mayelana nokuba umzali (iseluleko esihle neseluleko esibi)?

Kunzima ukuba umzali. Ayikho incwadi eneminingwane yemiyalelo engasisiza sazi ukuthi yini okufanele siyenze. Sifuna izingane zethu zijabule futhi ziziphathe kahle, futhi zikhule zikwazi ukunakekela imindeneni yazo futhi zibe amalungu alungile omphakathi namaKristu aqinile. Kodwa sikwenza kanjani lokhu? Ngeshwa, azikho izimpendulo ezilula.

Ngokuvamile, wonke umuntu omdala uzithola enomthwalo wemfanelo wokunakekela nokukhulisa izingane. Namuhla sizoqala sibheke indima yomzali ukusiza izingane zethu zikhule ngokomoya nangokwengqondo. Ezifundweni ezintathu ezilandelayo sizofunda amakhono okuqondisa izingane zethu nokubasiza ukuba baziphathe kahle.

Indima yoMzali

INGXOXO YEQEMBU ELIKHULU

Funda amaHubo 127:3

- Sifundani ngezingane kula mavesi?
 - *Izingane ziyisibusiso esivela kuNkulunkulu*

Njengoba sibheka ivesi 1-2, sikhunjuzwa ukuthi asinakwenza lutho ngaphandle kosizo lukaNkulunkulu. Ukukhulisa izingane akufani. Izingane ziyisipho esivela kuNkulunkulu futhi ukukhulisa izingane ezihlonipha uNkulunkulu kudinga usizo lukaNkulunkulu.

Iziyalezo Zabagugquzeli: *Abantu abaningi bazocabanga ngezidingo zomzimba. Bakhuthaze ukuthi bacabange ngezinye izidingo zengane. Bakhumbuze ngokukaLuka 2:52 nangezindlela ezine uJesu akhula ngazo—ngokomzimba, ngokwenhlalo, ngokomoya nangokuhlakanipha.*

- Yiziphi ezinye zezidingo ingane enazo?
- Ubani onesibopho sokuhlangabezana nalezo zidingo?

Indima yomzali yokondla izingane zabo ingumthwalo omkhulu esizizwa singafaneleki ukuwenza.

INGXOXO YAMAQEMBU AMANCANE

Iziyalezo Zomgqugquzeli: Bhala amavesi amahlanu ebhodini noma emakhadini eqenjini ngalinye.

Emaqenjini enu, bhekani amavesi alandelayo. Athini la mavesi ngendima yomzali?

- iZaga 22:6 – Kufanele siqondise izingane zethu.
- Kwabase-Efesu 6:4 – Kufanele siqeqeshe izingane zethu.
- uDuteronomi 6:6-7 – Kufanele sithuthukise izingane zethu ngokomoya.
- IzAga 1:8 – Kufanele sikhulise izingane zethu ngokwengqondo.
- IzAga 31:15, 21 – Kumelwe sinakekele izidingo ezingokwenyama zezingane zethu.

UMBIKO

Iziyalezo Zomgqugquzeli: Buza amaqembu ukuthi ivesi ngalinye lithini ngendima yomzali bese ugcizelela imiqondo esemqoka ebhalwe ngenhla.

Njengabazali, sinikezwe umthwalo wemfanelo wokuqeqesha noma wokuqondisa izingane zethu. UNkulunkulu usinike umsebenzi wokubasiza bakhule babe amadoda nabesifazane abaqinile bakaNkulunkulu. Lomthwalo wemfanelo unikezwe kokubili indoda nomfazi wokukhulisa izingane zabo. Nakuba umkhaya omkhulu ungase usize, abazali banomthwalo wemfanelo.

IBhayibheli lisitshela ukuthi lo mthwalo wemfanelo ubaluleke kakhulu. Lapho uPawulu enikeza uThimothewu iziyalezo zokukhetha ukuthi ubani okufanele abe ngabholi ebandleni, enye yezimfanelo yayiwukuthi babenabantwana ababeziphethe kahle (1 Thimothewu 3:4-5). Njengabazali, kudingeka sinikeze izingane zethu izidingo ezingokwenyama nezingokwengqondo. IBhayibheli lisitshela nokuthi abazali banomthwalo wemfanelo ngokuyinhloko wokufundisa izingane zabo iBhayibheli, hhayi isonto.

Njengoba nje uJesu akhula ezindaweni ezine zokuphila Kwakhe (Luka 2:52), sifuna ukusiza izingane zethu zikhule kulezo zindawo ezine ezifanayo—ngokomoya, ngokwengqondo (ukuhlakanipha), ngokomzimba, kanye nezenhlalo.

Ukukhula Ngokomoya

INGXOXO YEQEMBU ELINCANE

- Yiziphi ezinye zezindlela ongasiza ngazo izingane zakho ukuba zikhule ngokomoya?
- Ucabanga ukuthi kubaluleke kangakanani ukusiza izingane zikhule ngokomoya?
- Ibuphi obunye bobunzima esibhekana nabo ukuze sisize izingane zethu zikhule ngokomoya?
- Singabunqoba kanjani lobu bunzima?

UMBIKO

*Iziyalezo Zomgqugquzeli: Bheka **UMHLAHLANDLELA WOMFUNDI** - Ukusiza Izingane Zikhule. Uma ikilasi linezinga eliphezulu lokufunda nokubhala, bhala izimpendulo zombuzo wokuqala ebhodini.*

INGXOXO YEQEMBU ELIKHULU

Funda uDuteronomi 6:6-7.

- Lokhu kufundisani ngokubaluleka kokusiza ingane ukuba ikhule ngokomoya?

Izindlela ezi-3 zokusiza ingane ukuthi ikhule ngokomoya:

1. **Ukuzinikela komndeni noma ukufunda iBhayibheli** – Zama ukuzinika isikhathi nsuku zonke sokufunda iBhayibheli noma ukuxoxela izingane zakho izindaba zeBhayibheli. Basize baqonde izindaba. Uma usuyiqedile indima noma indaba, babuze imibuzo enjengokuthi ‘Yini esingayifunda ngoNkulunkulu kule ndaba? Yini esingayifunda ngendlela okufanele siziphathe ngayo?’

- Ukhona kini owake wazama lokhu?

- Ingabe isebenza kahle? Isiphi iseluleko ongasinikeza labo abangakaze bazame?
- 2. Ukuthandaza nezingane zethu** – Kudingeka sibekhele eceleni isikhathi sokuthandaza nezingane zethu. Khetha isikhathi lapho uJwayele ukukhululeka khona. Qiniseka ukuthi lesi sikhathi usichitha nengane yakho ulalela izinto ezimkhathazayo futhi uthandaza nayo. Lapho zisezincane kakhulu, zingakutshela ukuthi yini okumelwe uyithandazele futhi ungenza umthandazo omfushane. Njengoba bekhula, nabo bangaqala ukuthandaza. Basize babone ukuthi uNkulunkulu uyayiphendula nini imithandazo yabo.
- Ingabe ukhona kini owake wazama lokhu?
 - Ingabe isebenza kahle? Isiphi iseluleko ongasinikeza labo abangakaze bazame?
- 3. Ukuchitha isikhathi ndawonye** – Khulumani ngoNkulunkulu ngaso sonke isikhathi lapho nindawonye. Bafundise ngoNkulunkulu. Lapho uphumela ngaphandle futhi ubone isihlahla ungasho indlela uNkulunkulu asithanda ngayo kangangokuthi wasinika izihlahla ukuze zisinike indawo yokuhlala, izinkuni, nokudla, futhi enze izwe lethu libe lihle. Khuluma ngokuthi umhlaba ungokaNkulunkulu kanjani futhi sinikezwe umsebenzi wokuwunakekela. Ngaso sonke isikhathi funa izindlela zokusiza izingane zakho zibone uNkulunkulu.
- Ingabe ukhona kini owake wazama lokhu?
 - Ingabe isebenza kahle? Isiphi iseluleko ongasinikeza labo abangakaze bazame?

UKUZINDLA KOMUNTU

- Kuyo yonke imiqondo enikeziwe, iyiphi into eyodwa noma ezimbili ongaqala ukuzenza ukuze usize ingane yakho ikhule?

Ukukhula Ngomqondo

INGXOXO YEQEMBU ELIKHULU

Kudingeka futhi sisize izingane zethu ukuba zikhule ngokwengqondo.

- Yiziphi ezinye zezindlela esingasiza ngazo izingane zethu ukuba zikhule ngokwengqondo?
 - Lapho besebancane, kudingeka sibafundise ekhaya. Lapho sebekhulile, kudingeka sibayise esikoleni ukuze bafunde okwengeziwe.
 - Izingane ezincane zinemibuzo eminingi. Zama ukuphendula imibuzo eminingi ngangokunokwenzeka.
- Yiziphi ezinye zezinkinga esibhekana nazo lapho sizama ukusiza izingane zethu zikhule ngokwengqondo?
- Singazinqoba kanjani lezi zinselele?

Omunye wemithwalo yethu yemfanelo ukusiza izingane zethu zikhule ngokwengqondo. Uma sibheka kuLuka 2:52 sibona ukuthi uJesu wakhula ekuhlakanipheni. Sifuna nezingane zethu zikhule ekuhlakanipheni. Izindlela ezimbili esingakwenza ngazo lokho zihlanganisa:

1. Fundisa izingane ezincane kakhulu ekhaya.

Zama ukubachazela izinto besebancane futhi benelukuluku lokwazi. Bafundise ama-ABC abo, izinombolo, amagama emibala namajamo (unxantathu, isikwele, indilinga, njll.). Ezinganeni ezincane, zivumele ukuba zikhethe phakathi kwezinto ezimbili ongakhetha kuzo lapho isinqumo singenandaba. Isibonelo, "Ingabe uyafuna ukugqoka ihembe elibomvu noma ihembe eliluhlaza okwesibhakabhaka namuhla?" Zinike isikhathi sokuphendula imibuzo yabo!

2. Thumela izingane esezilungele isikolo esikoleni.

Ngezinye izikhathi kudingeka sizidele ukuze sihambise izingane zethu esikoleni, kodwa lokhu futhi kuyingxenye ebalulekile yokuba umzali. Ngemfundo singanika izingane zethu amathuba esikhathini esizayo. Asiwazi amacebo uNkulunkulu anawo ngezingane zethu, kodwa kudingeka siqiniseke ukuthi

zinethuba lokuhlola izinketho zazo. UNkulunkulu angase akhethe ingane yakho ukuba ilethe ushintsho olukhulu endaweni yakini. Ngokuvamile, badinga imfundo nokuqeqeshwa ukuze benze kanjalo. Ukuzinikela kwakho manje kungase kuvumele ingane yakho ukuthi ikwazi ngisho ukuya enyuvesi futhi isize umndeni wakho esikhathini esizayo.

INGXOXO YEQEMBU ELINCANE

- Wenza kahle kangakanani kulezi zinto ezimbili njengamanje?
- Ibuphi obunye bobunzima obhekana nabo ekwenzeni lokhu?
- Yimiphi eminye imibono yendlela ongasiza ngayo izingane zikhule ekuhlakanipheni?

UMBIKO – *Uma ikilasi linezinga eliphezulu lokufunda bhala izimpendulo zombuzo wokuqala ebhodini.*

UKUZINDLA KOMUNTU

- Kuyo yonke imibono enikeziwe, iyiphi into eyodwa noma ezimbili ongaqala ukuze ukuze usize ingane yakho ikhule?

Ukukhula Ngokwenhlalo

INGXOXO YEQEMBU ELIKHULU

Kudingeka futhi sisize izingane zethu ukuba zikhule ebuhlotsheni bazo nabanye.

- Yiziphi ezinye izibonelo zobuhlobo izingane ezinabo nabanye abantu?
 - *Izelamani*
 - *Abangane (omakhelwane, isonto, isikole)*
 - *Abantu abadala (izihlobo, omakhelwane, othisha, abaholi bomphakathi)*
 - *Abazali*
- Kungani ucabanga ukuthi kubalulekile ukusiza izingane zethu zikhule emphakathini—ukuba nobuhlobo obuhle nabanye?
- Yiziphi ezinye zezinkinga ezivamile izingane ezinazo nabanye abantu?

Umndeni yindawo lapho izingane zifunda ukusebenzelana nabanye. Ngakho-ke, abazali kufanele bachithe isikhathi nezingane zabo futhi balingise amakhono angcono kakhulu okuxhumana nabantu. Sebenzisa

UMHLAHLANDLELA WOMFUNDI – Ukusiza izingane zikhule.

Kunezindlela ezi-3 zokusiza izingane zethu zikhule emphakathini:

1. Fundisa izingane ukuthi uNkulunkulu ufuna zisebenzelane kanjani nabanye.

Funda ivesi ngalinye. Sifundani kula mavesi okubalulekile ukufundisa izingane zethu?

- KwabaseFilipi 2:3 – *Ungabi nobugovu, wazise abanye ngaphezu kwakho.*
- KwabaseKolose 3:13, 15 – *Thethelela abanye lapho bekuzwise ubuhlungu, yenza ukuthula nabanye, futhi uhlale ubonga.*
- NgokukaMathewu 5:44 – *Thanda izitha zakho futhi uthandazela abantu abanishushisayo.*
- 1KwabaseKorinte 13:4-5 – *Uthando luyabekezela futhi lunomusa. Uthando aluzigabisi futhi aluzikhukhumezi. Ayithukutheli kalula, futhi ayigcini umbhalo wamaphutha.*
- NgokukaMathewu 7:12 – *Yenza kwabanye izinto ongathanda ukuba bazenze kuwe kuphela.*

IBhayibheli lisisiza ukuba siqonde ukubaluleka kokuhlalisana ngokuthula nabanye, ukuthanda wonke umuntu, ukubekezela, umusa, ukuthethelela, nokuphatha abanye ngendlela esifuna ukuphathwa ngayo. Kuyadingeka

ukuthi ukhulume ngalokhu lapho izingane zakho zisencane futhi njengoba zikhula nobudlelwano bazo buyashintsha.

2. Yiba isibonelo. Izingane zifunda amakhono okuxhumana nabantu ngokubuka abanye, ikakhulukazi abazali bazo. Indlela osebenzelana ngayo nabanye iyisibonelo sansuku zonke ezinganeni zakho.

Cabangela indlela osebenzelana ngayo nabanye nendlela uNkulunkulu angathanda ngayo ukuba usebenzelane nabo ngokwalokho esikufunda eBhayibhelini.

- Uyisibonelo esihle ngaziphi izindlela ezinganeni zakho?
- Iyiphi indawo ongathanda ukuba yisibonelo esingcono kuyo ngosizo lukaNkulunkulu?

3. Siza izingane zakho ukuthi zibhekane nezinsalela ebudlelaneni bazo lapho ziqhamuka.

Izikhathi eziningi, izingane ngeke zikutshele ngezinkinga ezinazo nabanye abantu, kodwa zingase ziqale ukwenza ngendlela ehlukile. Ungase uqaphele ukwanda kwentukuthelo, udlame olungokomzimba, noma ukuthula ngendlela engavamile nokuhoxa. Lezi yizimpawu zokuthi bangase babe nezinkinga nabanye abantu. Izingane zidinga ukusekelwa nokukhuthazwa ukuze zikhulume ngalezi zindaba futhi zifunde ukuphatha abanye kahle ngisho nalapho belinyazwa, becasukile, noma bephathwa kabi abanye. Bavumele baxoxe ngalokho okwenzekile, indlela abazizwa ngayo, nendlela abaye babhekana ngayo nakho. Loluhlobo lwengxoxo luyisibonelo enganeni yobuhlobo obunothando, obuvumayo, obunomusa. Lokhu kubalulekile ikakhulukazi esemncane ngakho bazokwethemba ukuthi uzobasiza kulezi zimo njengoba bekhula.

INGXOXO YEQEMBU ELINCANE

- Yiziphi ezinye izindlela ongasiza ngazo ingane yakho ifunde ukucabanga kahle ngabanye futhi ibaphathe ngothando nangomusa?

UMBIKO

Iziyalezo Zomgugquzeli: Bhala imibono ebhodini.

Ubudlelwano bethu nabanye bubaluleke kakhulu. Ukuba nobugovu kuwukuziphatha okuvamile ezinganeni, kodwa akumjabulisi uNkulunkulu. Sifuna ukufundisa izingane zethu ukucabanga, ukukhuluma, nokwenza ngomusa kwabanye. Kufanele futhi sibafundise ukubhekana nezingxabano. Lezi zinto zidinga ukufundiswa futhi zifanekiselwe izingane zethu.

UKUZINDLA KOMUNTU

- Kuyo yonke imibono enikeziwe, iyiphi into eyodwa noma ezimbili ongaqala ukuenza ukuze usize yakho ikhule emphakathini?

Ukukhula Ngomzimba

INGXOXO YEQEMBU ELIKHULU

*Iziyalezo Zomgugquzeli: Sebenzisa **UMHLAHLANDLELA WOMFUNDI** - Ukusiza Izingane Zikhule.*

- Yiziphi ezinye zezindlela esingasiza ngazo izingane zethu ukuba zikhule ngokomzimba?
 - Ukudla okunomsoco
 - Lala
 - Indawo yokuhlala, izingubo
 - Ukuzivocavoca (umsebenzi nokudlala)
 - Imikhuba enemphilo
- Yiziphi ezinye izinqubo zempilo ezivamile ozifundisa izingane zakho?
 - Ukugeza izandla
 - Ukusebenzisa indlu yangasese

- *Umgodi kadoti*
- *Amanethi emibhede*
- Abaluleke kangakanani ekuvikeleni impilo yezingane?

NOZAKWETHU

- Iyiphi kule mikhuba enempilo oyenzayo noma ongayenzi? Yini enye ongayenza ukuze unakekele impilo yezingane oziphiwe nguNkulunkulu?

Isiphetho

INGXOXO YEQEMBU ELIKHULU

Indima yomzali iwukuqondisa izingane zethu, ukunikeza izidingo zazo, nokuzisiza zikhule ngokomoya, ngokwengqondo, ngokwenhlalo, nangokwenyama.

Thatha imizuzu embalwa ucabange ngezingane zakho (uma unezingane) nokuthi uzisiza kanjani zikhule kuzo zone lezi zindawo. Ingabe zikhona izindawo ocabanga ukuthi udinga ukugxila kuzo kakhulu? Cela uNkulunkulu akusize ukwazi ukuqondisa izingane zakho, unikeze izidingo zazo, futhi uzisize zikhule kuzo zonke izici zokuphila kwazo.

UKUZINDLA KOMUNTU

- Yiziphi izinto osuzenza kahle kakade ukuze usize izingane zakho zikhule?
- Yiziphi izici ofuna ukugxila kuzo kakhulu?
- Yimiphi imibono emisha onalo kule mfundiso mayelana nokuthi yini ongayenza ukuze usize izingane zakho zikhule?

Isifundo 7: Ukuxoxisana Nezingane

Imibono Emiqoka

1. Izingane azikwazi ukucubungula imizwa enamandla kahle. Ngenxa yalokho, ngokuvamile benza ngendlela engafanele. Esikhundleni sokubathethisa kudingeka sibasize babhekane nemizwa yabo ngokulalela.
2. Amazwi ethu anamandla okwakha noma okulimaza izingane zethu. Ukukhulumisana okuhle namagama akhuthazayo kusiza izingane zibe yilokho uNkulunkulu ahlose ukuba yikho.

Izinto Zokusebenza

1. Izinsiza Ezibonwayo (ezitholakala engxenyeni ethi Insiza Kufundisa ekugcineni koMhlahlandlela kaThisha):
 - a. Ukulalela Izingane Ngokucophelela (Amakhophi ama-2 amavolontiya)
2. Umhlahlandlela wabafundi:
 - a. Izindlela Zokuphendula Ezinganeni
 - b. Izimiso Zokulalela
 - c. Amandla Amagama Ethu

Ukubhekana Nemizwelo Eqinile

UMSEBENZI WEQEMBU OMKHULU – DLALA INDIMA

Ingane ingene igxivize izinyawo. 'Ngiyamzonda umntwana, Ave emubi.' (*Eshaya udonga.*)

- Ingabe lokhu kuke kwenzeka emndenini wakho noma emphakathini?
- Abantu ngokuvamile babesosabela kanjani?

Kunezindlela ezihlukahlukene esivame ukusabela ngazo lapho izingane ziziphatha kabi. Sivame ukwenza okukodwa kokulandelayo:

- **Ukuphika:** Ngeke kube kubi kangako.' 'Ngeke ukuqonde lokho.'
 - **Impendulo enengqondo:** 'Akukho ongakwenza ngakho—yeka ukukhononda.' 'Ungabi isilima! Uyazi ukuthi kufanele uye esikoleni.' 'Uma ufuna umsebenzi omuhle kufanele uye esikoleni.'
 - **Iseluleko:** 'Kuzodingeka usebenze kanzima ukuze ugcine abangane bakho noma uzoba nesizungu kakhulu.' 'Kumelwe ufunde ukuzilwela.'
 - **Ukwahlulela:** 'Yeka ukuthi kubi kangakanani ukukusho!' 'Kumelwe ukuba wenze okuthile kuye.'
 - **Imibuzo:** 'Wenzeni?' 'Kungani usho izinto ezimbi kangaka?'
 - **Ukuzivikela komunye umuntu:** 'Uyintombazane enhle.' 'Ngqiqinisekile ukuthi ubengaqondile.'
- Ingabe ingane ivame ukuzola noma ishintshe ukuziphatha kwayo lapho senza lezi zinto?

Lapho siphendula ngalezi zindlela, asimsizi umntwana ukuba afunde ukuqonda imizwa yakhe futhi enze ngendlela eyakhayo. Kunalokho umntwana uzozizwa edabukile, ehlazekile, ephoxekile, esolwa, noma ngisho nentukuthelo. Kodwa lapho silalela izingane zethu, singazisiza ziqonde imizwa yazo futhi zibhekane nazo ngendlela ezuzisayo.

INGXOXO YEQEMBU ELIKHULU

- Ingabe wake wacasuka ngokuthile wabe wenza kabi noma wazisola?

Ngokuvamile lapho sidabukile noma sithukuthele, singenza izinto esizisola ngazo. Lokhu kuwumphumela wokungakwazi ukuphatha imizwa enamandla. Kunzima nakakhulu ezinganeni.

Izingane zivame ukuba nemizwa emikhulu kodwa azazi ukuthi zingayilawula kanjani. Izikhathi eziningi abakwazi ukusitshela kahle ukuthi bazizwa kanjani—abakuqondi kahle bona ngakho abakwazi ukukukhuluma kwabanye. Ngenxa yalokho, ekukhunganathekeni kwabo, ngokuvamile baziphatha kabi noma basho izinto ezingafaneleki. Uma sifuna ukusiza izingane ziziphathe kahle, kudingeka sizisize ziveze imizwa yazo.

Ukulalela Kahle

INGXOXO YEQEMBU ELIKHULU

Funda Kwabase Efesu 6:4

- Yiziphi ezinye izindlela obaba abaphatha ngazo izingane zabo ezibenza bakhunganatheke, bathukuthele, noma bathukuthele?

UMSEBENZI WEQEMBU ELIKHULU – DLALA INDIMA

*Iziyalezo Zomgqunguzeli: Cela abantu ababili eqenjini ukuthi bakusize wenze le ndima elandelayo. Nikeza amavolontiya amabili **INSIZA KUFUNDISA** – Ukulalela Ngokucophelela Ezinganeni-Lingisa. Cela amavolontiya ukuthi azilungiselele kusesikhathi ukuze azizwe eqiniseka.*

Ubaba uhlezi ufunda iphephandaba.

Indodana igijimela ekamelweni imemeza, ‘Ngeke ngiphinde ngidlale naye! Ngiyamzonda!’

Ubaba ubeka phansi iphephandaba, aphendukele endodaneni yakhe athi, ‘Ngiyabona ukuthi uthukuthele kakhulu.’

Indodana ithi, ‘Akakufanelekele ukuba nabangane!’

Ubaba uthi, ‘Oh?’

Indodana ithi, ‘Ngidlale kahle kakhulu futhi ngashaya amagoli we-2. Kwathi ekugcineni lapho amaphuzu eselingana, ngameza igoli.’

Ubaba uthi, ‘Mmmm.’

Indodana ithi, ‘Kamuva uMika wathi phambi kwabo bonke abantu ukuthi kwakuyiphutha lami ukuthi asiphumelelanga. Ngakho, ngamthethisa futhi ngahamba.’

Ubaba uthi, ‘Kumelwe ukuba lokho bekubangela amahloni kakhulu.’

Indodana isho ngomoya ophansi, ‘Yebo, bekukubi, kodwa ngifisa sengathi ngabe angimthukuthelele uMika. Ungumngane wami omkhulu.’

Ubaba uthi, ‘Ngiyaqonda.’

Indodana ithi, ‘Ngicabanga ukuthi ngizobuyela ngiyobona ukuthi uMika usekhona yini. Ngicabanga ukuthi ubefuna ngempela ukuthi siwine.’

Ubaba uyamamatheka.

INGXOXO YEQEMBU ELIKHULU

- Yayiyini imizwa yengane ekuqaleni?
- Zashintsha kanjani?
- Yiziphi ezinye zezinto ezihlukahlukene ubaba azenza ukuze asize indodana ibhekane nemizwa yayo?
 - *Beka phansi iphephandaba ukuze ugxile endodaneni yakhe*
 - *Awuzange uphazamise*
 - *Wamukele imizwa yakhe (isb., ‘Oh’, ‘Mmmm’)*
 - *Wasiza indodana yakhe yazi ukuthi izizwa kanjani (isb., ‘Ngiyabona ukuthi uthukuthele kakhulu’; ‘Kumelwe ukuba lokho bekubangela amahloni kakhulu.’)*
- Yini ekumangazile ngomphumela?

Izimiso Zokulalela Imizwa Yezingane

Ukulalela Ngokucophelela

‘uAndrew, ngiyabona ukuthi uphatheke kabi ngempela. Ngitshele ukuthi kwenzekeni.’

Ukulalelisisa ingane kuyisiza ukuba ibhekane nemizwa yayo ngendlela enhle esikhundleni sokuziphatha kabi. Kuyabasiza ukuba bafunde ukuxazulula izinkinga futhi kubanike amakhono abawadingayo ukuze babe abantu abadala abavuthiwe. Kuyabasiza ukuthi bazizwe bengcono ngabo futhi bafunde ukuziphatha kahle. Kungelinye lamakhono abaluleke kakhulu okukhulisa izingane.

Lapho sizama ukukhuthaza ingane ukuba isuse umuzwa omubi, ingane ivame ukucasuka kakhulu. Izingane zingabhekana nemizwa eminingi futhi zithole ezazo izixazululo lapho sizilalela ngokucophelela futhi senza le migomo:

Izimiso Zokulalela Nokuphendula Imizwa Yezingane

*Iziyalezo Zomgqugquzeli: Funda **UMHLAHLANDLELA WOMFUNDI** – Izimiso Zokulalela.*

Ukulalela ngokucophelela izingane zethu, kudingeka senze izinto ezi-3:

1. Lalela ngokucophelela (Isibonelo salo mdlalo: Ubaba ubeka phansi iphephandaba lakhe)

- Kuba lula enganeni uma wenza okuthile ukuze ubonise ukuthi uyinaka ngokugcwele. Isibonelo: ukubeka iphepha lakho phansi bese ubheka ingane, uphendukela enganeni; ephuma ekhishini ehlala phansi.
- Kunzima ngezingane ukubhekana nemizwa enamandla zizodwa. Uma kungekho muntu obasizayo, imizwa iba namandla futhi ivame ukuvezwa ngokuziphatha okubi.

2. Qaphela imizwa yabo: (Isibonelo endimeni yendima: ‘Oh’, ‘Mmm’, ‘Ngityaqonda’)

- Sebenzisa ibinzana noma igama – Oh, mmm, wow, yebo, noma ngityaqonda.
- Sebenzisa izimpawu ezingasho amazwi – ukunqekuzisa ikhanda, ukubheka emehlweni, isimo sobuso.
- Ungabenzi baphatheke kabi ngokuba nalowo muzwa. Nezingane, kudingeka samukele imizwa yazo futhi sizisize zibhekane nemizwa yazo ngaphandle kokuziphatha okubi.

3. Basize bazi ukuthi bazizwa kanjani: (Isibonelo esivela endimeni-ngqangi: ‘Lokho kufanele ukuthi bekubangela amahloni.’)

- Basize ngokusebenzisa amagama azwelayo ukuveza lokho okubonisa ukuziphatha kwabo.
- Izingane ngokuvamile azikwazi ukukutshela indlela ezizizwa ngayo. Uma ubenzela lokhu, banomuzwa wokuthi uyabaqonda futhi uyabamukela. Ngokuvamile bazizwa beduduzekile futhi bazola. Ungakhathazeki uma uthola kabi. Ingane yakho izokutshela uma ungaqondanga.
- Yiziphi izibonelo ezivamile zemizwa izingane ezinazo?
 - Kuyadabukisa
 - Ukhangathekile
 - Ubuhlungu
 - Unamahloni
 - Uthukuthele
 - Ukukhashelwa
 - Ukumangala
 - UkuJabula

UMSEBENZI WEQEMBU ELINCANE (2-3 people)

Buyekeza amanothi **UMHLAHLANDLELA WOMFUNDI** – Izimiso Zokulalela Imizwa Yezingane

Yenza imidlalo-ndima emibili.

1. Endimeni yokuqala, khombisa ukuthi yini ejwayele ukwenzeka emphakathini wakini uma ingane iphatheke kabi nokuthi abazali basabela kanjani.

2. Endimeni yesibili, khombisa amakhono nezimiso zokulalela ozifunde namuhla. Ungasebenzisa ezinye zezimo okukhulunywe ngazo ngaphambili noma ucabange ngesinye isimo esivamile.

Iziyalezo zomgqugquzeli: Nikeza amaqembu imizuzu eyi-10 ukulungiselela imidlalo yawo bese ucela labo abazimisele ukuthi bakhombise imidlalo yabo phambi kweqembu. Ngemva kwendima ngayinye usebenzisa amakhono okulalela, buza iqembu lonke ukuthi yimiphi imigomo esetshenziswe kulo mdlalo. Uma kukhona imigomo engazange ikhonjiswe, bheka ukuthi ukhona yini ongenza indawo yokulingisa esheshayo esebenzisa lawo makhono.

Ukuze sisize izingane zethu ziziphathe kahle, kudingeka sizisize zibhekane nemizwa yazo. Ukuze senze lokhu kudingeka sibalalelise. Ukuze silalele ngokucophelela kudingeka senze izinto ezintathu:

1. Lalela ngokucophelela.
2. Yazi imizwa yabo.
3. Basize bazi ukuthi bazizwa kanjani.

Amandla Amagama Ethu

INGXOXO YEQEMBU ELIKHULU

IBhayibheli linokuningi elingakusho ngamazwi ethu, indlela esisebenzisa ngayo ulimi lwethu namazwi esiwashoyo. Leli vesi elilandelayo liqondiswe kobaba ngoba beyizinhloko zekhaya kodwa bafanele wonke umuntu onakekela izingane.

Iziyalezo Zomgqugquzeli: Sebenzisa **UMHLAHLANDLELA WOMFUNDI** – Amandla Amagama Ethu.

Funda kwabaseKolose 3:21 nabase-Efesu 6:4.

- Yiziphi izinhlobo zokuziphatha nezenzo ezibangela izingane ukuba zicasuke (v 21)?
- Yiziphi izinhlobo zokuziphatha nezenzo ezenza izingane zibe nenzondo futhi zidangale?

Enye yezindlela esicasula ngazo izingane zethu ukungalaleli kahle. Enye indlela ngamazwi esiwasebenzisayo. Kule ngxenye, sizohlola indlela esingawasebenzisa ngayo amazwi ethu ukuze siphathe kabi noma sakhe izingane zethu.

Funda izAga 12:18.

Kuleli vesi, sikhunjuzwa ukuthi amazwi angahlaba njengenkemba noma alethe ukuphulukiswa.

- Yiziphi izinhlobo zamagama ezingahlaba njengenkemba?
 - 'Uyisiphukuphuku'
 - 'Awubalulekile'
- Yiziphi izinhlobo zamagama ezingase zipholise?
 - 'Unekhono kakhulu'
 - 'Ngiyayithanda indlela ophatha ngayo udadewenu ngomusa'
- Ingabe uyayikhumbula noma yini eyashiwo kuwe useyingane—ekuzwisa ubuhlungu noma ephulukisayo? Kungase kuvele kubazali bakho, izingane zakini, uthisha, njll.
- Yaba namuphi umthelela ekuphileni kwakho?

Iziyalezo Zomgqugquzeli: Nikeza iqembu isikhathi esanele sokucabangisisa ngamandla amazwi ethu. Basize babone ukuthi ezinye zezinto ezashiwo kubo beseyingane basazikhumbula. Amazwi abe nomthelela futhi asenawo nanamuhla. Bakhulekele kafushane labo abakhumbula izinto ezimbi ezashiwo kubo.

Masikhulekele uNkulunkulu ukuba asiphulukise enkumbulweni yanoma yimaphi amazwi amabi abanye abawasho ngathi futhi asisize sibathethelele kulawo mazwi. Futhi sizocela uNkulunkulu ukuba asikhumbuze ngezinto ezinhle abantu abazishilo ngathi, futhi okubaluleke kakhulu lokho uNkulunkulu akushoyo ngathi.

Amazwi Abuhlungu

INGXOXO YEQEMBU ELIKHULU

*Iziyalezo Zomgqunguzeli: Sebenzisa **UMHLAHLANDLELA WOMFUNDI** – Amandla Amagama Ethu.*

Amazwi abuhlungu yizinto esizishoyo ezizwisa umuntu ubuhlungu. Ngokuvamile, asihlele ukulimaza umuntu. Eqinisweni, imvamisa lezi zinto kuthiwa zikhuthaza ingane ukuthi ishintshe kodwa umphumela uba ukuthi kuhlukumezeke enganeni.

Amagama abuhlungu kakhulu angena kwesinye salezi zigaba:

- **Amazwi akhulunywa ngentukuthelo nangokukhungatheka**
Ngokuvamile, asisho esikushilo (isib., 'Ngifisa sengathi ngabe awuzange uzalwe!').
- **Amalebula** esiwanikeza izingane
Lapho izingane zenza into esingayithandi, sivame ukusho okuthile ngengane esikhundleni sokuziphatha (isb., Uyisehluleki' noma 'Uyisiphukuphuku').
- **Ukuqhathanisa**
Kulula kakhulu ukuqhathanisa ingane nabafowabo nodadewabo (isb., 'Ngifisa sengathi ngabe ufana nomfowenu' noma 'Akahlakaniphe njengodadewabo').
- **Izibikezelo**
Ngezinye izikhathi sibatshela okuzokwenzeka esikhathini esizayo (isb., 'Ngeke uwuthole umsebenzi' noma 'Uzofana ncamashi nomalume wakho oyivila').
- **Ukukhuluma kabi nabanye**
Ngezinye izikhathi sikhuluma kabi ngezingane zethu kwabanye lapho besizwa (isib., 'Indodana yami yafeyila futhi ukuhlolwa kwayo. Ayizami ngokwanele.' noma 'Indodakazi yami lena. Igangile!').

Ngokuvamile amazwi alimazayo afinyelela okuphambene nalokho esikufunayo ezinganeni zethu. Ngokwesibonelo, sifuna ukubona izingane zethu zisebenza kanzima, kodwa ukuzwa la mazwi kuzenza zikholelwe ukuthi akukho lutho oluzozenza kahle. Ngakho, bayayeka ukuzama. Amazwi alimazayo angenza izingane zingabi yikho konke uNkulunkulu ayezilungiselele ukuba yikho.

UKUZINDLA KOMUNTU noma NOZAKWETHU

Cabanga ngale mibuzo emibili bese uthandaza buthule ucela uNkulunkulu akusize ufunde izindlela ezingcono zokukhuluma nezingane zakho.

- Imaphi amazwi alimazayo owashilo ezinganeni zakho?
- Wake wawasho ngaphansi kwaziphi izimo?

Ukuxhumana Okuhle

INGXOXO YEQEMBU ELIKHULU

Kuyenzeka ukuthi sikhulume kahle nezingane.

Funda izAga 15:1: 'Impendulo ethambileyo ibuyisa ulaka, kepha izwi elilukhuni livusa ulaka.

Izimiso Zokuxhumana Okuhle

1. **Chaza enganeni ukuthi yini eyiqiniso ngokushesha okuphuthumayo** uma ukhulume into engelona iqiniso, ngisho noma okushoyo ubungahlosile. Lokhu kugwema ukungezwani kwesikhathi eside.

2. Xolisa futhi ukhulume kahle ngemva kokusebenzisa amagama abuhlungu kakhulu ngentukuthelo.

Lokhu kunikeza ingane yakho isibonelo sokuxolisa engasilingisa. Kumnika nethuba lokuxolisa uma kufaneleka ngokwenza lokho okucasule. Izingane zizokuhlonipha kakhulu uma uxolisa lapho wenze iphutha, futhi ziyoba nomdlandla wokukujabulisa.

Funda indaba elandelayo:

UChun wayekhohlelwa ukuthi kungcono kakhulu ukuba indodana yakhe eseyintsha ihlale imatasa ngemisebenzi yesonto eyahlukene. Kangingi ngangokunokwenzeka wayemthuma ukuba aye emakamu nezingqungquthela zeBhayibheli, ecabanga ukuthi lokhu kumlungele. Kodwa indodana kaChun ayizange ikujabulele lokho. Wayenamahloni kancane, futhi kwakungakhululekile kuye ukuya kule micimbi. Lapho kumenyezela ingqungquthela yentsha edolobheni elikhulu, uChun nendodana yakhe baxabana kakhulu ngokuthi ahambe. UChun wathukuthela waze wathethisa indodana yakhe wagcizelela ukuthi iye engqungqutheleni.

Indodana yakhe yathatha uhambo olude lokuya engqungqutheleni. Cishe wayengazi muntu futhi wayephatheke kabi. Wayelokhu ecabanga ngezinto ezibuhlungu uyise azisho kuye. Lapho efika ekhaya, wathukuthela waze wenqaba ngisho nokukhuluma noyise.

Ngenkathi indodana yakhe ingasekho, uChun waya ku-TCT Umshado Nokuqeqeshwa Komndeni. Wafunda ngokuxolisa nokucela intethelo ngisho nasendodaneni yakhe lapho ikhuluma amazwi abuhlungu. Ngokuvamile, wayengeke akucabange ukuxolisa endodaneni yakhe. Ngokwesiko lakhe, abantu babekhohlelwa ukuthi abazali nabadala balungile ngaso sonke isikhathi, ngakho sasingekho isidingo sokuxolisa ezinganeni. Kodwa uChun wabona ukuthi wonile indodana yakhe ngokuyithethisa futhi engayilaleli. Wahamba wayoxolisa kuye. Indodana yakhe kwase kuphele amasonto ingakhulumi naye, kodwa kusukela lapho intukuthelo yakhe yaqala ukwehla. Waphinde waqala ukukhuluma noyise futhi kancane kancane ubuhlobo babo baqala ukusimama.

- Kungani uChun ayefuna indodana yakhe iye engqungqutheleni yentsha?
- Kungani indodana yakhe yayingafuni ukuya emisebenzini efana nengqungquthela yentsha?
- Kwenzekani lapho uChun engayilaleli indodana yakhe futhi eqaphela imizwa yayo?
- Yiziphi ezinye zezindlela uChun abengalalela ngazo kangcono indodana yakhe? Lokhu bekuzowushintsha kanjani umphumela walesi simo?
- Lapho uChun ebona ukuthi wayengalaleli kahle, wenzani? Lokho kwasithinta kanjani isimo?
- Isiko lakubo lalikhohlelwani ngokuxolisa ezinganeni zabo?

3. Chaza ukuziphatha okudumazayo noma okukuthukuthelisayo esikhundleni sokulebula ingane.

Ukuthi, 'Kwakuwubuwula kakhulu lokho!' kuphumelela kakhulu futhi akulimazi kakhulu kunokuthi, 'Uyisiwula!'

- 4. Ungalokothi uqhathanise izingane zakho nomunye.** Ukuqhathanisa kwenza izingane zizizwe kabi futhi zidale ukucasuka. Kwenza kube nzima ngezingane zakho ukuzwana kahle.
- 5. Yisho izinto ezinhle kuphela ngengane yakho uma kungenzeka ukuthi ikuzwe.**
- 6. Ungalokothi wethule ingane yakho ngezici ezingezinhle.**

UMSEBENZI WEQEMBU ELINCANE (2-3 people)

Emaqenjini enu, khethani eyodwa yale migomo bese nenza ukulingisa okukhombisa ukuthi ningayisebenzisa kanjani emndenini wakho.

Iziyalezo zomgqugquzeli: Nikeza amaqembu imizuzu emi-5 ukulungiselela umdlalo-ndima wawo bese ucela labo abazimisele ukuthi bakhombise indima yabo phambi kweqembu. Ngemva kwendima ngayinye, buza iqembu lonke ukuthi yimiphi imigomo esetshenziswe emdlalweni-ndima.

UKUZINDLA KOMUNTU

Iziyalezo zabagqugquzeli: Sebenzisa ingxenye ethi Ukunikeza Amagama Akhuthazayo **UMHLAHLANDLELA WOMFUNDI**. Bakhuthaze ukuthi bacacise futhi uqiniseke ukuthi wonke umuntu unesikhathi esiningi sokucabanga ngezinto azijabulelayo ngezingane zabo. Uma bekwazi, bakhuthaze ukuthi bazibhale phansi.

Esikhundleni sokusebenzisa amazwi ahlabayo kudingeka sithole amathuba okukhuthaza izingane zethu.

Thatha imizuzu emi-5 ucabange ngezinto ezi-5 ongazisho ukuze ukhuthaze ingane yakho ngayinye. Uma ucacisa kakhulu ungaba ngcono. Kulabo abangenazo izingane, khetha ukucabanga ngezindlela zokukhuthaza ezinye izingane oxhumene nazo noma amanye amalungu omndeni wakho.

Ngokwesibonelo, 'Ngiyayazisa indlela enivame ukungisiza ngayo ekhishini lapho nibuya esikoleni. Kuhle ukuchitha isikhathi nawe, futhi wenza umsebenzi wami ube lula kakhulu' kungcono kunokuthi "Uyintombazane elungile."

NOZAKWETHU (Nabalingani Uma Kungenzeka)

Xoxani ngokuthi yiziphi izinto enivele nizenza kahle endleleni enikhuluma ngayo nezingane zenu. Yimaphi amagama owasebenzisile okungenzeka ukuthi alimaze izingane zakho? Yabelana nomunye umuntu oyedwa ngezinye zezindlela ohlela ukukhuthaza ngazo izingane zakho noma izingane oxhumene nazo.

Isiphetho

INGXOXO YEQEMBU ELIKHULU

Amazwi ethu angasetshenziswa ukukhuthaza izingane zethu noma ukuzizwisa ubuhlungu. Nakuba singase singahlosile ukubazwisa ubuhlungu ngamazwi ethu, amazwi ethu ahlabayo angavimbela izingane zethu ukuba zibe yilokho uNkulunkulu ahlose ukuba yikho. Singafunda ukusebenzisa amakhono amahle okuxhumana nezingane zethu. Kudinga ukuzijwayeza ukushintsha imikhuba yethu nendlela esikhuluma ngayo nezingane zethu, kodwa iBhayibheli lisitshela ukuthi kubalulekile ukusebenzisa ulimi lwethu ukuze sikhuthaze futhi sakhe abanye.

Zama ukuthola amathuba amaningi ngangokunokwenzeka okukhuthaza izingane zakho ngesonto elizayo. Zama ukugwema ukusho amazwi alimazayo futhi, uma usho okuthile okulimazayo, xolisa ngokushesha futhi uchaze ukuthi ubuqonde ukuthini.

Isifundo 8: Isiyalo Esinothando Nesisebenzayo

Imibono Emiqoka

1. Isiyalo sisho ukubonisa nokuqondisa izingane ukuze zifunde ukwenza izinto ngendlela kaNkulunkulu. Akusho nje ukujeziswa.
2. Isiyalo esiphumelelayo senziwa ngothando futhi asiguquguquki.
3. Ukujeziswa ngokomzimba AKUYONA yodwa indlela noma njalo okuyindlela ephumelela kakhulu yokuyala izingane.

Izinto Zokusebenza

1. Insiza Kufundisa (etholakala esigabeni seNsiza Kufundisa ekupheleni koMhlahlandlela kaThisha):
 - a. Ezinye Izinhlobo ZeDrama Yezigwegwe
2. Umhlahlandlela Womfundi
 - a. Ukuyala Izingane
 - b. Ezinye Izindlela Zokuziphatha

Isingeniso

INGXOXO YEQEMBU ELIKHULU

Funda Izaga 29:17 and 13:24.

- La mavesi asifundisani ngesiyalo?
- Kubaluleke kangakanani ukuba siyale izingane zethu?
- Uma sithanda izingane zethu ingabe kufanele sizijezise?
- Ingabe isiyalo esifanele siyinhle noma siyimbi enganeni?
- Iziphi izindlela ezivamile abantu abazisebenzisayo ukuze bayale izingane zabo?

Funda lezi zindaba ezimbili:

USeth wayenabafowabo nodadewabo abadala abayisithupha. Ngelinye ilanga odadewabo babemgcona, wayesanele. Wadinwa waze wabajikijela ngojeke omkhulu wamanzi. Ujeke washaya odadewabo ababili bakhala. Uyise ebona akwenzile wambiza uyise. Uyise wafika ngokushesha waqala ukuthethisa uSethi. Wonke umuntu wayethukile, ngisho nomakhelwane ababebukele. Washaya ibhande uSeth ka-4 noma ka-5 wamtshela ukuthi kungcono angaphinde akwenze lokho kungenjalo ngeke akwazi ukuhamba ngakusasa. USeth wayebathukuthelele odadewabo. Ngakusasa omunye woadadewabo waqala ukumgcona. Wonke umuntu wahleka. USeth eshaya udadewabo. Kulokhu uyise wavele wahleka nawo wonke umuntu.

UDina wayethanda ukudweba. Wayengathandi ukwenza imisebenzi yakhe yasekhaya. Umama wakhe wayemkhumbuza nsuku zonke ukuthi enze imisebenzi yakhe yasekhaya. Namuhla, utshele uDina ukuthi uma engawenzi umsebenzi wakhe ekupheleni kosuku, wayengeke akwazi ukuchitha isikhathi edweba isonto lonke. Ngemva kokuphuma kwesikole, weza ekhaya waqala ukudweba. Wakhohlwa yimisebenzi yakhe yasekhaya. Ngemva kwesidlo sakusihlwa, unina wambuza ngemisebenzi yakhe yasekhaya. UDina waqaphela ukuthi wayekhohliwe ukuzenza. Unina wambuza ukuthi utheni ekuseni. Wambuza ukuthi uyawukhumbula yini umphumela wokungawenzi umsebenzi wakhe yasekhaya. UDina wakhumbula. Wamtshela ukuthi amphathele izinto zokudweba. Unina wabe esethi uma enze imisebenzi yakhe isonto lonke, angayithola ngesonto elizayo. Nokho, usuku ngalunye ekhohlwa ukwenza imisebenzi yakhe yasekhaya, uzolahlekelwa olunye usuku lokudweba ngesonto elizayo.

- Iyiphi indaba efana kakhulu nomphakathi wakini?
- Yiziphi izindlela ezihlukene abazali ababili abaziya ngazo izingane zabo?

- Uyise kaSeti washaya indodana yakhe ngesinye isikhathi wayihleka futhi unina kaDina wamphuca ilungelo lakhe lokudweba.
- Iyiphi indaba eyabonisa izibonelo ezinhle zesiyalo? Kungani?
 - Unina kaDina wamyala ngothando, waqinisekisa ukuthi uDina uyakuqonda lokho akwenzile okungalungile nokuthi umphumela wawuyini, futhi wayevumelana.

Kulesi sifundo, sizobheka indlela yokuqondisa izingane zethu ngesiyalo sikaNkulunkulu. Sizohlola nezinye izindlela zokusiza izingane ukuba zibambisane ukuze singazijezisi ngokomzimba. Uma sisebenzisa lezi zindlela nezinye esizifundile, akufanele sijeze izingane zethu njalo.

Amathiphu Amahle Wokuyala Ingane

INGXOXO YEQEMBU ELIKHULU

*Iziyalezo Zomgqugquzeli: Bheka **UMHLAHLANDLELA WOMFUNDI** – Ukuyala Izingane.*

Isiyalo sisho ukubonisa nokuqondisa izingane ukuze zifunde ukuziphatha ngendlela kaNkulunkulu. Isiyalo akusho ukujeziswa kuphela. Ziningi izindlela zokujezisa izingane. Isiyalo sihle uma senziwa ngothando futhi senziwa ngokungaguquki.

Siyala abantwabethu ngoba siyabathanda futhi sifuna bafunde ukuphila ngendlela kaNkulunkulu, benze izinqumo ezinhle kanye lokuphatha abanye kuhle. Kwesinye isikhathi indlela esiyala ngayo izingane ayisebenzi kahle ngoba idala ukuhlubuka, umunyu, izinhliziyi ezilukhuni, amahloni, ukwesaba nokungazethembi. Kubaluleke kakhulu ukuqonda ukuthi yini esingayenza ukuze senze isiyalo sethu siphumelele ukuze sisize izingane zethu zikhule zibe nokuvuthwa ebuhlotsheni bazo nabanye noNkulunkulu.

Amathiphu Okuziphatha Okuphumelelayo:

1. Qiniseka ukuthi izingane ziyazi ukuthi siyazithanda ngisho nalapho siziyala.
 - Akufanele neze uyijezise ingane yakho lapho uthukuthele. Lokhu kufundisa nje ingane ukushaya noma ukumemeza uma ithukuthele. Uma ucasukile zama ukwehlisa umoya kuqala bese ucela ingane yakho ihlale ekhoneni uze ulungele.
 - Ngemva kokuyala ingane, kubalulekile ukuyibonisa uthando olungenamibandela. Ungase futhi ukhulume amazwi akhuthazayo enganeni, njengokuthi, 'Ngikholelwa ukuthi ungenza ukukhetha okufanele esikhathini esizayo,' noma 'Ngikholelwa ukuthi ungafunda ukuba nomusa kumfowenu.' Uthando luyisisusa esingcono kunokwesaba. Lokhu kusiza nengane ukuba izizwe ivikelekile yazi ukuthi isathandwa.
2. Ungashintshi isiyalo sakho.
 - Uma sivumela izingane ukuba zenze okuthile ngesikhathi esisodwa bese sizijezisa ngokuzayo, khona-ke izingane zizodideka ngalokho ezingakwenza nezingakwazi ukukwenza. Bazosaba ukuthi bazokwenza iphutha ngephutha. Uma singaguquguquki izingane zizofunda okulungile nokungalungile.
 - Ukusongela ngokujezisa ingane ngokuziphatha okubi kodwa ungaphoqelesi umphumela wayo kuyadida futhi akuphumeleli.
3. Qiniseka ukuthi ingane iyakuqonda ekwenzile okungalungile.
 - Buza ingane ukuthi iyazi yini ukuthi iyenze iphutha. Uma bengazi, chaza ngomoya ophansi.
 - UNGALOKOTHI uyale noma ushaye ingane ungakhulumanga nayo ngalokho ekwenzile okungalungile.
4. Chaza okulindelwe ngokuziphatha okuhle okufunayo.
 - Ngesinye izikhathi izingane azazi ukuthi yini elindelekile. Nikeza izingane imingcele ecacile.
 - Qiniseka ukuthi ingane iyaqonda ukuthi yini ofuna iyenze esikhathini esizayo.

5. Uhlobo lwesiyalo noma isijeziso kufanele lwehluke kuye ngeminyaka yengane
 - Izingane ezincane (2-10) ngokuvamile zingalungiswa ngokuzigqolozela, ngokuzishaya noma ngokuzihlalisa ekhoneni ubude besikhathi obulingana neminyaka yazo (isb., imizuzu engu-10 enganeni eneminyaka engu-10 ubudala.).
 - Izingane ezindadlana (11-18) ziyasabela ekuphucweni amalungelo futhi kudingeke ukuba zizibophezele ngokuziphatha nokukhetha kwazo.
6. Ubunzima besiyalo kufanele bulingane nobubi bobubi obenziwe.
 - Uma ukungaziphathi kahle kubi, khona-ke isiyalo kufanele sibe sína. Uma ukungaziphathi kahle kukuncane, khona-ke isiyalo kufanele sibe lula.
 - Akulungile ukuthatha ilungelo lenyanga eyodwa uma ingane yenze iphutha kanye kuphela. Kungaba okufanelekile kakhulu ukuthatha ilungelo losuku futhi uma ukuziphatha kuqhubeka, bese ukwandisa isikhathi.
7. Uma kungenzeka, sebenzisa uhlobo lwesiyalo oluhlobene ngokuqondile nokuziphatha okubi.
 - Umgomo wale ndlela yokufundisa izigwegwe uwukusiza ingane ukuba ithwale umthwalo wokulungisa ukuziphatha kwayo okungafanele.
 - Ngokwesibonelo, uma uSara ethanda ukusiza unina ekulungiseleleni ukudla, kodwa wathethisa umfowabo owayefuna ukumsiza, umama kaSarah wayemtshela ukuthi ngeke akwazi ukumsiza ekuphekeni kuze kube yilapho evuma ukuvumela umfowabo ukuba naye asize. Noma, uma uPetru eshaya itafula futhi amanzi achitheke, unina angamcela ukuba amsize alihlanze.

INGXOXO YEQEMBU ELINCANE

Sebenzisa **UMHLAHLANDLELA WOMFUNDI** – Ukuyala Izingane.

- Yimaphi kulawa macebiso osuwasebenzisile kakade nezingane zakho?
- Yimaphi kulawa macebiso ongakaze ucabange noma uzwe ngawo?
- Funda futhi indaba kaSeth esethulweni. Dlula esinyathelweni ngasinye futhi ukhulume ngokuthi ubaba kaSeth angenzani ngendlela ehlukile ukuze asebenzise ithiphu kulesi simo.

UKUZINDLA KOMUNTU NOMA NOZAKWETHU

- Yiziphi izinto ezenziwa izingane zakho ezikucasula ngempela? Yiziphi izinto ezingokoqobo ongayenza ukuze wehlise umoya ngaphambi kokuba uyale izingane zakho?
- Yini ongayenza ukuze ubonise izingane zakho ukuthi uziyala ngoba uzithanda?
- Iyiphi into entsha oyoyenza lapho uyala izingane zakho esikhathini esizayo?

Ezinye izindlela zokujeziswa ngokomzimba

INGXOXO YEQEMBU ELIKHULU

Kwesinye isikhathi kuyafaneleka ukushaya ingane encane (iminyaka engu-2-10). Ukushaya kwehlukile kunokushaya ingane. Lapho ushaya ingane, linda kuze kube yilapho uzizwa uthule, uyiyise endaweni ehlukene, uchaze ukuthi kungani uyishaya, bese uyishaya. Ungashayi ingane phambi kwabanye. Lokhu kungaba amahloni futhi kubangele intukuthelo. Ngemva kokushaya, kufanele ubagone futhi ubaqinisekise ngothando lwakho. Ukushaywa kwenzelwa isiyalo futhi **kugqugquzelwa uthando** ukuze kuguqulwe indlela yokuziphatha yesikhathi esizayo. Akufanele ibangele ukulimala ngokomzimba noma ishukunywisa intukuthelo. Uma isetshenziswa ngokuhlakanipha, ingaba indlela ephumelelayo yokuvimbela ukuziphatha okubi futhi ikhuthaze ukulalela nemizwa yokulondeka. Uma ushaya ingane kaningi, inhliziyo yayo ingase ibe lukhuni futhi ibe yihlongandlebe.

INGXOXO YEQEMBU ELINCANE

- Yiziphi ezinye izindlela zokuqondisa izingane zakho ngaphandle kokujezisa?

UMSEBENZI WEQEMBU ELIKHULU

*Iziyalezo Zomgqunguzeli: Sika idrama ngayinye **INSIZA KUFUNDISA** – Ezinye Izindlela Zokuziphatha cela abantu ababili abahlukene ukuba balingise idrama. Ngemva kwedrama ngayinye, phendula imibuzo futhi uchaze enye indlela yesiyalo engase isetshenziswe kuleso simo.*

Ukuqondisa ingane yakho akusho ukuyishaya nje. Ukujeziswa ngokomzimba AKUYONA yodwa indlela yokuqondisa izingane. Nazi ezinye izindlela ezinhle zokujeziswa ngokomzimba ezingasebenza kakhulu:

IDrama 1 – Nikeza umsebenzi owusizo

Ingane ishaya ipuleti phansi futhi ifuna ukudla ngenkani.

Umama uyabiza: 'Yeka ukwenza lowo msindo. Ungasiza ngokusilethela amanzi okudla kwethu.'

INGXOXO YEQEMBU ELIKHULU

- Umzali wayiyala kanjani ingane?
- Lolu hlobo lwesiyalo olufaneleka kakhulu ukulusebenzisa kuneminyaka emingaki yezingane?

1. Nikeza ingane **umsebenzi owusizo** esikhundleni sokuziphatha okungamukelekile. Ikakhulukazi ezinganeni ezincane, ungakwazi ukushintsha ukuziphatha okucasulayo noma okungalungile ngokuphazamisa ingane ngomunye umsebenzi omuhle njengokusiza umzali noma ingane yakini noma ukwenza okuthile owaziyo ukuthi ithanda ukukwenza. Kusafaneleka ukwazisa ingane ukuthi awukuthandi ukuziphatha kwayo.

IDrama 2 – Ukungavunyelwa okuqinile kanye nokucacile okulindelwe

Ingane ikhipha izivalo ezibayeni bese izijikijela.

Umama uthi: 'Leyo akuyona indlela yokuphatha amapeni kadadewenu. Uma uboleka okuthile, ngilindele ukuthi ukunakekele. Vala izivalo ngokushesha futhi uzibuyisele ebhokisini.'

INGXOXO YEQEMBU ELIKHULU

- Umzali wayiyala kanjani ingane?
- Lolu hlobo lwesiyalo olufaneleka kakhulu ukulusebenzisa kuneminyaka emingaki yezingane?

2. Veza **ukungavumeli okunamandla** (ngaphandle kokuhlasela umlingiswa wengane). Isibonelo, ezinganeni ezincane ukubukeka okuqinile noma isitatimende esicacile sokungavumelani nokuziphatha kwazo singasebenza ngoba ingane ifuna ukuthandwa nokwamukelwa. Gxila ekuziphatheni futhi ungasebenzisi amagama anokhahlo noma amabi ngengane. Isho into enjengokuthi, 'Angithandi uma (uchaza indlela yokuziphatha).'

3. Thatha amalungelo.

Isibonelo, ungathatha ithoyizi enganeni isikhathi esithile noma ungayivumeli ukuthi ibukele i-TV isikhathi esithile. Khumbula, ubude besikhathi kufanele buhambisane nokungathi sina kokuziphatha okufanele kushintshwe futhi kufanele kuhambisane neminyaka yabo.

IDrama 3 – Khombisa ukuthi angakwazi kanjani ukuzibophezela ngalokho akwenzile

Ingane esitolo lapho iphula okuthile ngephutha.

Umama uthi ngomoya ophansi: 'Thatha izingcezu siye kumninisitolo futhi kumelwe uxolise. Khona-ke ngizoyikhokhela.'

INGXOXO YEQEMBU ELIKHULU

- Umzali wayiyala kanjani ingane?

- Lolu hlobo lwesiyalo olufaneleka kakhulu ukulusebenzisa kuneminyaka emingaki yezingane?

4. Bonisa ingane ukuthi **ingathatha kanjani umthwalo wemfanelo ngalokho ekwenzile.**

Ngokwesibonelo, uma okuthile kuphukile noma kwenziwa umonakalo (ngisho noma kungase kungabi ngamabomu) ingane icelwa ukuba ilungise noma ihlanze ukungcola. Lokhu kufundisa ingane ukuxazulula izinkinga ezinomthwalo wemfanelo wokuzidala. (Isibonelo: U-Adamu uwisa umfowabo omncane ensimini. Uyise uthi akasize umfowabo avuke, ahlale ukuthi ulimele yini, atshele umfowabo ukuthi uyaxolisa.)

IDrama 4 – Nikeza ukukhetha, phoqelela umphumela, futhi uvumele ingane izisole ngomphumela

Umama ulungiselela ukuya emakethe.

Ingane iyabuza: ‘Ma, ngingahamba nami?’

Umama uthi: ‘Ngesikhathi esidlule uziphathe kabi futhi wamemeza ufuna imoto entsha njengoba sidlula isitolo samathoyizi. Ungase ufike ngalesi sikhathi, kodwa unokukhetha. Uziphathe kahle ngaphandle kokukhala noma ngokuzayo lapho uhlala ekhaya. Uyaqonda?’

Ingane imemeza ifuna imoto entsha esitolo samathoyizi endleleni eya emakethe. Umama uya naye ekhaya ngomoya ophansi.

Ngakusasa **uMama** ulungiselela ukuya emakethe.

Ingane igijima iye kuye ithi: ‘Ngingahamba nawe?’

Umama uthi: ‘Cha—izolo ubunokukhetha: ukuziphatha kahle noma ukuhlala ekhaya ngokuzayo. Uziphathe kabi izolo ngakho kumele uhlale ekhaya namuhla noGogo. Ungase ufike ngolunye usuku uma uziphathe kahle.’

INGXOXO YEQEMBU ELIKHULU

- Umzali wayiyala kanjani ingane?
- Lolu hlobo lwesiyalo olufaneleka kakhulu ukulusebenzisa kuneminyaka emingaki yezingane?

5. **Hlukanisa ingane kwabanye – ‘isikhathi sokuphuma.’**

Isibonelo, ungabeka ingane esihlalweni, ekamelweni noma endaweni yodwa lapho ingacabangela khona lokho akwenzile nokuthi kungani kwakungalungile. Lokhu kuvumela ingane ukuthi yehlise umoya futhi ikwazi ukuzithiba. Bese uthatha imizuzu embalwa ukhuluma nengane ukuze uqiniseke ukuthi iyakuqonda ekwenzile, kungani kwakungalungile, kanye nezinye izinqumo angazenza esikhathini esizayo. Khumbula, lokhu kufanele kwenziwe kuphela inani elifanayo lemisuzu njengeminyaka yengane. Isibonelo, ingane eneminyaka engu-6 ubudala kuzodingeka ihlale ekhoneni imizuzu engu-6.

6. **Nikeza ukukhetha – ukuziphatha okwamukelekayo noma umphumela/umkhawulo.**

Iphuzu liwukunikeza ingane ukukhetha phakathi kokulungile nomphumela wokukhetha okungalungile. Kubalulekile ukuthi umphumela ube oqondile, ongokoqobo, futhi ungabi yingozi, kodwa into ingane engayikhumbula noma engafuni ukuba yenzeke. Isibonelo, uma ingane yakho ingafuni ukuxubha amazinyo ungayinika ukukhetha ukuxubha amazinyo manje noma ukungawadli amaswidi usuku lonke. Lokhu kusebenza kuyo yonke iminyaka.

7. **Vumela ingane ukuthi izisole ngemiphumela yemvelo yokuziphatha kwayo.**

Isibonelo, uma ingane ingazinakekeli izinto zayo, umphumela wemvelo ngeke zihlale isikhathi eside. Noma, uma ingane ingathathi ithoyizi eliyintandokazi, umphumela wemvelo ungase ube ukuthi ulahlekile. Imiphumela engokwemvelo ingafundisa izingane umthwalo wemfanelo. Lokhu kusebenza kakhulu ezinganeni ezindala.

UMSEBENZI WEQEMBU ELINCANE noma NOZAKWETHU

1. Funda **UMHLAHLANDLELA WOMFUNDI** – Ezinye Izindlela Zokuziphatha
2. Cabanga ngezimo lapho izingane zakho ekhaya zingalaleli noma ziziphatha kabi.
3. Khetha isimo esisodwa bese ucabanga ngezinye izindlela ezinhle esikhundleni sokujeziswa ngokomzimba. Lungiselela idrama eyodwa usebenzisa indlela entsha kuleso simo.
4. Lingisa iqembu lonke.

Ukubuyekeza

INGXOXO YEQEMBU ELIKHULU

Iziyalezo Zomgqugquzeli: Zinike isikhathi ukubona ukuthi imiphi imibono kule mojuli abantu abayikhumbulayo nokuthi bahlela ukusebenzisa kanjani abakufundile. Kungase kube nezihloko ezithile ongadinga ukuzibuyekeza futhi. Thatha isikhathi ekupheleni kwesifundo uthandaze ucele uNkulunkulu ukuthi abasize aqondise abantwababo futhi abasize basebenzise isifundo sanamuhla.

Kule mojula, sixoxe ngamasu nezimiso eziningi ezahlukeneyo.

- Iziphi izindlela noma izimiso mayelana nesiyalo ozikhumbulayo?
- Yiziphi eziye zaba usizo kakhulu kuwe?
- Yini ofuna ukuzama ukuyenzisisa? Futhi yini ongasafuni ukuyenza?
- Yiziphi izinguquko ongase uzibone enganeni yakho lapho usebenzisa lezi zindlela?
- Yini engakusiza uthembele kuNkulunkulu ukuba usebenzise lezi zindlela futhi wenze izinguquko ezinhle ezinganeni zakho?

Lapho siyala abantwana bethu, siyababonisa futhi sibaqondise ukuba baphile ukuphila kokuhlonipha uNkulunkulu. Isiyalo sikaNkulunkulu sishukunyiswa uthando. Ukuze isiyalo siphumelele, kufanele singaguquki futhi sihlakaniphe endleleni esiyala ngayo izingane zethu ukuze zingabimunyu noma zicasuke. Izingane ezifunda ukuziphatha ngendlela kaNkulunkulu ziyisibuziso kuNkulunkulu, emphakathini nasemikhayeni yazo.

Insiza Kufundisa

Isithombe somndeni (ikhophi eyodwa eqenjini ngalinye - sidatshuliwe)



Lalela Ngokucophelela Izingane Indima-ndima

Ubaba uhlezi ufunda iphephandaba.

Indodana igijimela ekamelweni imemeza, 'Ngeke ngiphinde ngidlale naye! Ngiyamzonda!'

Ubaba ubeka iphephandaba, aphendukele endodaneni yakhe, athi, 'Ngiyabona ukuthi uthukuthele kakhulu.'

Indodana ithi, 'Akakufanelekele ukuba nabangane!'

Ubaba uthi, 'Oh?'

Indodana ithi, 'Ngidlale kahle kakhulu futhi ngashaya amagoli amabili. Kwathi ekugcineni laphe amaphuzu eselingana, ngeja igoli.'

Ubaba uthi, 'Mmm.'

Indodana ithi, 'Kamuva uMika wathi phambi kwabo bonke abantu ukuthi kwakuyiphutha lami ukuthi asiphumelelanga. Ngakho-ke, ngimthukuthelele futhi ngimasha ..."

Ubaba uthi, 'Kumelwe ukuba lokho bekubangela amahloni kakhulu.'

Indodana isho ngomoya ophansi, 'Yebo, bekukubi, kodwa ngifisa sengathi ngabe angimthukuthelelanga uMika. Ungumngane wami omkhulu.'

Ubaba uthi, 'Ngiyaqonda.'

Indodana ithi, 'Ngicabanga ukuthi ngizobuyela ngiyobona ukuthi uMika usekhona yini. Ngicabanga ukuthi ubefuna ngempela ukuthi siwine.'

Ubaba uyamamatheka.

Ezinye Izinhlobo Zeziyalo kuDrama

IDrama 1 – Nikeza umsebenzi owusizo

Ingane ishaya ipuleti phansi futhi ifuna ukudla ngenkani.

Umama uyabiza: 'Yeka ukwenza lowo msindo. Ungasiza ngokusilethela amanzi okudla kwethu.'

IDrama 2 – Ukungavunyelwa okuqinile kanye nokucacile okulindelwe

Ingane ikhipha izivalo zamapeni bese izijikijela yonke indawo.

Umama uthi: 'Leyo akuyona indlela yokuphatha amapeni kadadewenu. Uma uboleka okuthile, ngilindele ukuthi ukunakekele. Vala izivalo ngokushesha futhi uzibuyisele ebhokisini.'

IDrama 3 – Khombisa ukuthi angalungisa kanjani

Ingane esitolo lapho iphula okuthile ngephutha.

Umama uthi ngomoya ophansi: 'Thatha izingcezu siye kumninisitolo futhi kumelwe uxolise. Khonake ngizoyikhokhela.'

IDrama 4 – Nikeza ukukhetha, phoqelela umphumela, futhi uvumele ingane izisole ngomphumela

Umama ulungiselela ukuya emakethe.

Ingane iyabuza: 'Ma, ngingahamba nami?'

Umama uthi: 'Ngesikhathi esidlule uziphathe kabi futhi wamemeza ufuna imoto entsha njengoba besidlula isitolo samathoyizi. Ungeza okwamanje, kodwa kufuneka ukhethe. Ziphathe kahle ngaphandle kokukhala noma ngokuzayo uzosala ekhaya. Uyangiqondisisa?'

Ingane ikhale ifuna imoto entsha esitolo samathoyizi endleleni eya emakethe. Umama uya naye ekhaya ngomoya ophansi.

Ngakusasa Umama ulungiselela ukuya emakethe

Ingane igijima iye kuye ithi: 'Ngingahamba nawe?'

Umama uthi: 'Cha—izolo ubunokukhetha, ukuziphatha kahle noma ukuhlala ekhaya ngokuzayo. Uziphathe kabi izolo ngakho kumele uhlale ekhaya namuhla noGogo. Ungeza ngolunye usuku uma uziphathe kahle.'