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MODULE



WANANO NEMHURI BHUKU REMUDZIDZISI

Kushandurwa Kwepachokwadi - Bhuku: Wanano neMhuri Edzidziso yose Mukushumira v3.3 Copyright ©2017 Reconciled World, Phoenix, Arizona, United States of America. www.reconciledworld.org

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Kutenda

Vanhu vakawanda vakabatsisa muzvidzidzo zvino kuti hurongwa huno hunyatsobatsira. Pane nzira diki yekuvatenda vose.

Zvizhinji zvemuchidzidzo chino zvakabva kuna Kate Marsden, uyo aakapa nemoyo wose zvidzidzo zvaanga agadzira nekuzama kudzidzisa kuBangladesh. Zvidzidzo zvaKate zvaitova nevazvakanyorerwa uye zvakazara nezvekuita zvaisonakidza. Zvakaita kuti kugadzira bhuku rino kuve nyore. Kekutanga pandakadzidzisa bhuku rino, ndakaona varume vachichema nekurerukirwa kuti kune dzimwe nzira, dzisiri kurova, kuti varange vana vavo. Handina kumbofungidzira kuti izvi zvingadikanwa, asi Kate aizviziva. Ndinotenda Kate.

Ndodawo kutenda Heather Hicks, akatora zvidzidzo kuzviendesa pane chimwe chinhanho akawedzera zvidzidzo zvaidikanwa zvikuru zvevanhukadzi. Ndinowanzomhanya mberi ndisina kudzokorodza zvinhu. Saka naizvozvo ndinotenda zvikuru nemunhu anoda kutora nguva yake kudzokorodza zvidzidzo ozviita kuti zvikwanisike kudzidzisa zvakapamhamha. Ndinotenda, Heather.

Ndinotendawo vadzidzisi vashanda nesu mumakore apfuura — vachizvidzidza nekuzvishandisa. Ndivo magamba edu chaiwo. Kuzvishandisa kwavo uye mhinduro dzavaiunza dzaive dzakakosha kutibatsira kugadzira zvidzidzo zvinoshandisika, uye kurudziro yavo yakaita kuti ndirambe ndichienderera mberi mazuva akawanda apo ndaida kuzvisiya. Ndine rudo rwakakoshesa kuvadzidzisi vekutanga, vakagara nekuvhiringika kukuru apo ndaidzidzira kuti ndingadzidzise sei uye nezvei. Vakatora nguva yavo vachizama kunzwisisa, uye nyangwe kudzidzisa, pfungwa dzatakazoonza kuti dzainge dzakaoma munharaunda dzavo panguva iyoyo. Asi Mwari akaburitsa nharaunda idzi muhurombo zvakare—yeuchidzo isingaperi yekuti izvi zvaisambova ndezvangu kana zvandiita kasi kuti Mwari nezvavaida kuita. Ndinonzwa kubatikana kukuru kuti Mwari akanditendera ndivewo nechekuita nenyaya iyi uye aizondishandisa zvisinei nehuwira hwangu. Kwaari iye oga mbiri neKubwinya ngazviende.

Pekupedzesera, ndinoda kutenda murume wangu, akandidzidzisa kuti wanano yakanaka yakaita sei. Asipo, hapana zvose zviripano zvaizokwanisika. Ndinoziva kuzvipira kakawanda kwawakaita makore ose aya kuti izvi zviitike. Ndiwe mhengo iri pasi pemapapiro angu uye ndinokuda.

Anna Ho
Mutungamiri
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Usati Watanga Kudzidzisa

Kugadzirira kudzidzisa

1. Verenga Bhuku Romudzidzisi zvine udzamu, zvichida kakati kuti. Nyora zvaunoona zvakakosha kumapeto kwebhuku kana kutara paunoona pakakosha mubhuku kuitira kurangarira chidzidzo.
2. Tarisa zvinangwa zvechidzidzo chimwe nechimwe kuitira kuziva zvinofanika kudzidzwa pachikamu choga choga zvizadzikiswe.
3. Verenga mavhesi ose ari muchikamu choga choga umanzwisise.
4. Wona kuti zvinoda kushandiswa pachidzidzo zviripo zvose here uye kuti mudzidzi mumwe nemumwe ane mapepa okudzidza akakwana uye zvakare kuti mifanikidzo yose inobatsira pakufunda iripo here.
5. Iva nechokwadi uri kuziva mitambo kana mifanikiso ichashandiswa pachidzidzo (mitambo, mifananikiso). Unogona kufanodzidzira nemhuri kana neshamwari.
6. Tora nguva yako kunamatira vadzidzi kuitira vagonzwa kuti Mwari ari kutiyi navo uye Mweya Mutsvene upindire mukuvadzidzisa nekunzwisisa. Rangarira kuti kupfurikidza naMwari chete kunoita kuti vanhu vasanduke

Ungashandise sei bhuku iri remudzidzisi

1. **Pfungwa Huru neZvekushandisa:** Chidzidzo chega chega chinotanga nechikamu ichi.
 - a. **Pfungwa Huru** – Vadzidzi vanofanira kugona kuita zvinhu izvi pakupera kwechidzidzo chega chega. Zvakakosha kuzvibvunza kuti zvinangwa izvi zvaitika here wapedza kudzidzisa. Tora nguva kudzorodza pfungwa huru sezvo zvichibatsira kurangarira.
 - b. **Zvokushandisa** – Zvokushandisa zvinodiwa zvataridzwa pachidzidzo choga choga, zvinosanganisira Mifananidzo Ingabatsire uye Mabhuku Emudzidzi. Bhuku remudzidzisi rinoratidza pazvichashandiswa:
 - i. **Bhuku Remudzidzi** – rinonga rakanyorwa seizvi.
 - ii. **Mifananidzo Ingatibatsire** – rinonga rakanyorwa seizvi.
2. **Zviziviso kumudzidzisi:** Pane zviziviso zvakakosha pachidzidzo chega chega zvinokubatsira kudzidzisa. Izvi hazvina kugadzirirwa kuti zvigovezanwe nevadzidzi. Verenga izvi nenguva kuti ukwanise kuzvigadzirira kutungamirira hurukuro nemimwe mitambo. Mimwe mibvunzo ichave nemhinduro yakanyorwa namavara maduku akasiyana nemamwe kukubatsira iwe mudzidzisi kuti uzive zvekutora kubva kuvadzidzi. Hadzingori mhinduro dzakanaka, asi mhinduro dzakanaka.

Chiziviso ChakakosaKumudzidzisi weBhuku eWanano neMhuri

Zvidzidzo izvi zvakareba nguva inoita maawa maviri—kwete awa nechidimbu zvowanzoitwa. Kumbira vadzidzi kuti vauye neavdiwa vavo kuchidzidzo. Gadzira hurukuro iyenderane nevari muwanano. Kurudzira munhu wose awane zvaanoita pachidzidzo chino chero vasina kuwanikwa kana vasina vana. Misoro yenyaya iyi yakakosha kumunhu wose kudzidza kugadzirisa hukama hune utano munharaunda dzose.

Mifananidzo Ingabatsire ari kumashure keBhuku reMudzidzisi. Ukasatsikisa Bhuku reMudzidzi ukasapa vadzidzi, gadzira bepa reKuona Kusiya Kwedu iri muchidzidzo chechipiri. Chechi yoga yoga inogona kubhadrara kutsikiswa kweBhuku reMudzidzi kuti vazorangarira pfungwa dzose dzakakosha dzebuku rino.

Chdzidzo Chekutanga: Mabasa eMuwanano

Pfungwa Huru

1. Varume vane mabasa maviri muwanano. Vanofanika kuva vatungamiriri vemhuri uye kuda madzimai avo nenzira imwecheteyo Kristu akada Kereke uyewo nenzira imweyo yavangazvida nekuzviriritira.
2. Madzimai vane mabasa maviri muwanano. Vanofanika kuda, kuremekedza, uye kuzviisa pasi pevarume vavo sekudzidzisa kunoita Bhaibheri uyewo kuva mubatsiri ane humwari.

Zvokushandisa

Bhuku remudzidzi:

- a. Mabasa akanangana nanababa uye vana amai
- b. Chinyorwa cherudo nerukudzo (kunge uchida kuchishandisa)

Nhanganyaya

HURUKURO MUBOKA GURU

Kubudirira kwewanano dzedukunoda varume nemadzimai vachirarama mukuwirirana uye kuwadzana nenzira dzakatarwa naKristu. Chimwe chezvinhu zvakakosha mukuvaka wanano yako kunzwisisa mabasa akasiyana evakawanana.

Zviga zvemutungamiriri: *Bvunza vangade kuverenga nyaya imwe neimwe uye kurukurayi mibvunzo muboka guru.*

Nyaya yaLea

Leah akagara pamusuwo achigeza muriwo wemanheru. Chinguva nenguva aisunda hamoki yainge yakarara mwana wake kuti irambe ichitenderera. Vamwene vake vakarara parukukwe mudhuze vachiita ngonono zvakanoyorevera mukupisa kwemasikati. Leah ava nemakore maviri chete okuroorwa kasi hupenyu hwake hwatopesa pane zvaange akatarisira. Anonzwa kunge akwegura uye aneta. Anosuwa shamwari dzake uye anoshuvira kushanyira mai nababa vake. Zvakadero anofanika kuririrtira mwana wake uye kuchengeta musha wemhuri yemurume wake.

Leah aiziva kuti vamwene vake vaitarisira kuti kudya kwemauro kunge kwaita apo vaizomuka. Leah anozvitatamura ozvikwiza kumashure kwehuro yake kuri kumurwadza. Vachangowanana naTimeus, murume wake aidzoka kumba nekukasika vombotenderera vachifamba kana kuti vari pamudhudhu. Zvino ava kunonka kudzoka nguva dzose ane shamwari dzake. Akadzoka kumba achinhuwa doro nefodya, asina mashoko akawanda aataura ndokuenda kundorara.

Leah akasangana naTimeus kuboka revechidiki kuchechi. Vasati vawanana aitaridza kunge munhu anoita zvechечи. Aifungidzira kuti achava murume akanaka uye baba vevana vakanaka. Timeus ainge asina hutsinye. Aisarova Leah uye aiziva kuti haaiita zvemadhirezi, asi moyo wake waiva kure nguva zhinji. Nyangwe masikati eSvondo apo aiva pamba ainge munhu asipo. Haaitamba nemwana zvachose kana kutaura naLeah. Aingorara nekuona chivhitivhiti. Kana mwana akachema kana kuti amai vake vakagununa nezvaLeah, Timeus aikakavadzana naLeah nekumupopotera. Leah akatanga kushuvira kuti dai asina zvake kuwanikwa. Haana kumbofungidzira kuti upenyu hwaizowoma kudai.

Nyaya yaTimeus

Manheru amwechete kwopera chinguva Timeus akazogara neshamwari dzake vachinwa putugadzike. Baara aitura nezvemajokose pamusoro pemadzimai aiita kuti vaseke. Timeus akafunga Leah akatanga kudendera. Aiziva kuti ainge akamumirira apo aizosvika kumba uye akatsamwa. Aigara akasuwa.

Aigrogunun'una nezvamhamha vaTimeus uye nezvebasa rose raiita pamusha. Timeus aiziva kuti mhamha vake vainetsa asi aishuvira kuti Leah awedzere kuva nemoyo munyoro. Amai vake vainge vashanda nesimba hupenyu hwavo hwese uye vaikodzera kuzorora sekuti vainge vakwegura. Leah anofanika kunzwisisa izvozvo.

Timeus ainge atanga kuswera neshamwari uye kutsvaga zvipomero zvekusava pamba nokuti aisada kuteerera zvekupopotedzana kwaLeah naamai vake. Ainge aneta nekugunun'una kwaLeah's pamusoro pebasa rake uye kurera mwana. Aiita kunge anogara akamutsamwira. Aisanzwisisa here kuti murume wake aishanda zuva rose uye aidawo runyararo nekuzorora manheru?

Akagumidzira asisade kuenda kucheche naLeah. Aivenga kunyepedzera kunge zvinhu zvose zvainge zvakanaka muhupenyu hwavo. Pese pavaienda kuSvondo yekuseni Leah aipfekedza mwana ochisawo hembe yaTimeus yakanakisa yacho. Zvaiita sekunge aida kuti munhu wese awone kunge vakabudirira uye vane mufaro. Chokwadi ndechekuti waitamburira kubata mari inokwana uye vaisafara zvachose kumba. Timeus akange atanga kufunga kuti kune here mhuri yaifara sezvavainyepera kuva. Akanzwa kuderedzeka zvokuti ange asisade kana kuenda kucheche kwacho. Ainge asisina chokwadi kuti pane zvazvaibatsira here. Haana kumbogumidzira kuti hupenyu hungavhiringidza zvakadero.

- Chii chakaitika munyaya mbiri idzi?
- Izvi zvinoenzanisika here nemhuri dzemunharaunda yedu?
- Ndeipi rairo yaungapa kuna Leah? Funga zvingadikanwa naTimeus: mukadzi wake angaite sei kuchengeta Timeus zviri nani?
- Ndeipi rairo yaungapa kuna Timeus? Funga zvingadikanwa naLeah: murume wake angaite sei kuchengeta Leah zvirinane?

Muchidzidzo chino, tichaongorora basa remurume uye mukadzi muwanano. Mwari akatipa mitemo ingatitungamirira kuti tive newanano dzinobudirira.

Basa remurume

Hurukuro Muboka Guru

- Ungatsanangure sei basa remurume muwanano?

Vernga VaEfeso 5:23, 25, 28-29.

- Mavhesi aya anoti basa remurume ndereyi?
 - *Murume ndiye mutungamiriri wemukadzi*
 - *Murume anosungirwa kuda mukadzi wake sekuda chichi kwakaitwa naKristu*
 - *Murume anosungirwa kuda mukadzi nekumuchengetedza sekuda nekuchengetedza kwaanoita muviri wakewake*
- Murume anosungirwa kuva mutungamiriri wemukadzi sekutungamirira kunoita Kristu chechi. Kristu anozvifambisa sei semutungamiriri wechechi? Ko murume anofanika kita sei semutungamiriri wemudzimai wake? Ndeipi mienzaniso inobatika yaungape?
 - *Murume ndiye mutungamiriri*
 - *Jesu akapa hupenyu hwake uye kodzero dzake saMwari kuti atiponese, naizvozvo murume anofanika kuzvipira kuriritira, kuchengetedza, uye kupa zvingadiwe nemudzimai kwete kungoita zvakanakira iye chete.*
 - *Haamanikidzire mukadzi wake kuti azviise pasi pake asi anomuda zvisina zvitarisirwa. (Kristu haambomankidze chechi kuzviisa pasi pake.)*
 - *Murume paanoronga zvinhu, anofanika kuzvikurukura nemukadzi wake uye otarisa zvazvakanyira mukadzi wake kwete kungotaisa zvakanakira iye chete.*

- Zvino kana murume achifanika kuda mudzimai wake sekuda kunoita Kristu chechi yake, ungatsanangura sei rudo rwaMwari?

HURUKURO MUBOKA DUKU

Shandisa **BHUKU REMUDZIDZI**- Mabasa eVarume neVakadzi.

Verenga 1 VaKorinde 13:4-8, VaFiripi 2:1-8 naJohane 13:2-17 ugopindura mibvunzo inotevera:

- Vhesi rimwe nerimwe rinotsanangura rudo rwaMwari sei?
 - 1 VaKorinde: 13:4-8 – *moyo murefu, moyo munyoro, rudo harunegodo, rudo harunamanyawi, rudo harudadi, haruite zvisingafaniri, haruzvikudzi, harutsamwi, haruchengetedze ndangariro dzezvakaipa. Harufaririr zvisakarurama, asi runofarira chokwadi. Runofukidza zvose, runotenda zvose, rune tariro pazvose uye runotsungirira pazvose. Rudo harufe rwakundikana.*
 - VaFiripi 2:1-8 – *moyo unozvinipisa, fungai vamwe zvavangada kwete kungozviisa pekutanga, kushandira vamwe uye kuzvipira*
 - Johane 13:2-17 – *kushandira vamwe*
- Timeus angadai aita sei (kubva munyaya yatambovevera) kuti ade mudzimai wake, Leah, sekudzidzisa kunoita Bhaibheri?
 - *Kubatsira basa pamba uye/kana kutamba nemwana*
 - *Kuva nenguva naLeah*
 - *Kukurudzira Leah kuti ave nenguva nemhuri yake.*
 - *Kutaura nekukurudzira Leah nezvehukama hwake navamwene*
- Murume angataridza sei rudo rwake kumukadzi wake nenzira idzi? Mumapoka enyu budai nezvinhu gumi zvinobatika murume anagaita kutaridza rudo rwakadai kumukadzi wake.
 - *Kuregerera mukadzi wake kana vambonetsana*
 - *Kuteerera pfungwa dzemudzimai wake pavari kuronga zvinhu*
 - *Kubatsira kuchengeta mwana – kugezesa mwana*
 - *Kundocherera mudzimai mvura*
 - *Kutendeka kumudzimai*
 - *Kusara nevana kuitira mudzimai awone kushanyira vamwe*
 - *Kufunga zvingadiwa nemudzimai usati wafunga zvako*
 - *Iva muenzaniso wakanaka pakunamata – wona kuti mhuri yaenda kucheche nguva dzose*
 - *Kunamtira mudzimai wake*
 - *Kubvunza pfungwa dzake nekukurukura zvose zvakakosha pamwe chete*
- Chii chingaitike kana murume akasazadzikisa basa rake sezvinotaurwa muBhaibheri?
- Kana murume akabata mudzimai wake sekudzidzisa kunoita Bhaibheri, zvingakonzera chii muwanano?

DZOKA NEZVAMAWANA

Zviziviso kumudzidzisi: Tarisa mibvunzo iri pamusoro zvakare. Kumbira boka roga roga ritaure zvavangaite. Manyepo ari mutsika dzedu anogona kubuda; dzokerai kune zvotaura Bhaibheri mukurudzire kuti vanhu vanamate nezvazvo.

HURUKURO MUBOKA GURU

Mwari akapa varume mabasa maviri akakoshesa muwanano – kuti ave mutungamiriri wemudzimai uye kuti vade madzimai avo seizvo zvinoitwa naKristu kucheche kwozotivo sekuzvida kwaanozviita. Jesu akaratidza unhu hwemuranda, kugeza tsoka dzevadzidzi uye kuzvipira Hupenyu hwake kuti isu tiponeswe. Jesu aive nerudo nemutsa, akasiya kodzero dzake dzekuva Mwari, uye ainge asingadvanyiriri.

Zvakakosha kuti tinzwisise kuti Jesu akaratidza sei mabasa ose aya uye kuti hatiite basa rimwe pamaviri aya tichikanganwa rimwe. Takatarisa hupenyu hwaAbrahama tinoona dzimwe nguva akanangana nebasa rimwechete kunyanya, pose zvichiunza matambudziko.

1. **Kumira semutungamiriri, asi pasina rudo (Genesis 12:10-16):** Abrahama akaenda Egypt nemudzimai wake achitiza nzara. Akaudza mudzimai wake kuti audze munhu wese kuti aiva hanzvadzi yake kuitira kuti iye asakuvadzwe. Naizvozvo, izvi zvaireva kuti Sarah aizotorwa naPharaoh kuti ave mumwe wemadzimai ake. Panyaya iyi, tinoona kuti Abrahama akaita semutungamiriri wemhuri yake nekuzama kugadzirisa nyaya yenzara mumhuri yake. Nerimwe divi, ainge asiri kuda mudzimai wake nekuudza mudzimai wake kuti anyepe obva ava mudzimai wemumwe munhu. Mwari akapindira akaburitsa Sarah mudambudziko iri.
2. **Kuva nerudo, pasina kutaridza kuva mutungamiriri wemhuri (Genesi 16:1-4):** Sarah akakumbira Abrahama kuti arare naHagar kuitira kuti amuitire mwana, asi pakazoita matambudziko Sarah akakumbira Abrahama kuti adzinge Hagar. Abrahama akatevedzera zvaidiwa naSarah pasina kana kunamata kuti awone kuti zvainge zvakanaka. Aida Sarah asi semutungamiriri wemukadzi angadai akarangeridza Sarah nezvemirairo yaMwari panyaya dzepabonde kuti ndezvevakawanana akaramaba kuita hurongwa hwaSarah.

Panyaya mbiri dzose idzi Abrahama aisava murume akanaka. Kana murume achizova akanaka anofanika kuva nezvinhu zvivirira mutungamiriri wemudzimai wake uye kuda mudzimai wake sekuda kwakaita Kristu. Chimwe pasina chimwe chacho zvinoparadza wanano.

Basa reMudzimai

HURUKURO MUBOKA GURU

- Munharaunda yenyu, basa rowanzonzi nderemudzimai nderipi?

Verenga Genesi 2:18, 20.

- Mwari anotsanangura mudzimai s zvakaita sei? (*mubatsiri*)
- Ungatsanangura ‘mubatsiri’ sei? Ndezvipi zvinhu zvowanzoitwa neanonzi mubatsiri ?

Verenga Deuteronomy 33:29 and Psalm 121:1-2.

- Ndiani mubatsiri mumavhesi aya?
- Ungatsanangura sei anonzi mubatsiri mumavhesi aya?

Chokwadi ndechekuti mumutauro wazvakanyorwa nawo pakutanga ishoko rimwe mumavhesi ose aya. Panotsanangura Mwari kuti mukadzi mubatsiri, anoshandisa shoko rinoreva mubatsiri watashandisa pamuenzaniso wechipiri. Satan akatinyepera uye akatipa kusanzwisisa “mubatsiri.” Hazvina kufanana nepfungwa yekuva muranda kana nhapwa. Tsananguro chaiyo ‘yemubatsiri’ yakashandiswa naMwari pamunhukadzi ndeyechipiri. ‘Mubatsiri’ muBhaibheri zvinoreva ‘munhu akasimba ari kuuya kubatsira, kupa rubatsiro kumunhu arikurwuda.’ Shoko iri rakashandiswa kagumi nenhanhatu (16) richitaura nezvunhu hwaMwari hwakasiyana siyana: Ndiye simba redu, mununuri wedu, mudziviriri wedu, uye rubatsiro rvedu! Mwari akasika Eva kuti ape simba rakakoshanuye rubatsiro kuna Adama.

- Nekunzwisisa pfungwa ‘yemubatsiri’ semuBhaibheri, zvinochinja sei kunzwisisa kwedu basa remudzimai?

Verenga VaEfeso 5:22,24, 33; na I Petros 3:5.

- Mavhesi aya anotii nezvebasa remudzimai?
 - *Mukadzi anofanika kuzviisa pasi pemurume wake sezvatingaite kuna Ishe.*
 - *Mukadzi anofanika kubata murume zvinerukudzo.*

Mwari akapa madzimai mabasa maviri oktanga akakosha muwanano. Chokutanaga kuda, kuremekedza uye kuzviisa pasi pevarume vavo sevaturungamiriri vemhuri. Chechipiri kuva mubatsiri ane humwari uye anova akasimba uye anokwanisa.

HURUKURO MUBOKA DUKU

Shandisa **BHUKU REMUDZIDZI** - Basa reVarume neVakadzi –kupindura mibvunzo inotevera:

- Ndezvipi zvimwe zvezvinhu Leah angadai akaita kuti ave “mubatsiri” uye kubata Timeus nerukudzo?
- Ndedzipi dzimwe dzenzira dzekuva ‘mubatsiri’ uye kutaridza kuzvideredza nekukudza kune humwari kuvarume? Mumapoka zamai kufunga mienzaniso gumi.
 - *Kugadzira zvokudya, imba yakachena, etc.*
 - *Kuona kuti mhuri ine nhumbi dzakachena*
 - *Kukurudzira murume pabasa rake*
 - *Kugadzira mhuri ine rufaro*
 - *Kusimbisa murume*
 - *Kuva chipangamazano nemurume wako*
 - *Kunamatira murume wako*
 - *Kuteerera murume*
 - *Kutaura zvakanaka pamusoro pemurume wako*
- Zvingakonzeresei muwanano kana mukadzi akaita zvinhu zvakadai?
- What vii zvinoitika kana mukadzi akasazadzikisa basa rake rekutaura kunoita Bhaibheri?

DZOKA NEZVAMAWANA

Zviziviso kumudzidzisi: Ita kuti boka rimwe nerimwe ritaure mabasa arawana. Dzokorodza mibvunzo iri pamusoro. Kana pane kusanzwisisa kana mibvunzo pakuti zvinorevei kuti vakadzi vazviise pasi pevarume vavo, vakurudzire vadzokere kundoverenga VaEfeso chikamu chacho chose uye vakumbire Mwari uchenjeri.

HURUKURO MUBOKA GURU

Zviziviso kumudzidzisi: Kana ari iwo magariro munyika menyu kuti vakadzi ndivo vanoita basa zhinji, chitsauko chino chinogona kusakubatsirai. Zvinogona kupedzisira zvasimbisa manyepo ekuti vakadzi vanofanika kushanda sevaranda varume vakagara zvavo vachitarira. Asi kana madzimai achiwanzodziviswa kuita zvimwe zvinhu, chikamu chino chinogona kubatsira kupa maonero emuBhaibheri pazvinhu zvakafanirwa kuitwa nemadzimai.

Vernga Zvirevo 31: 10-31.

- Mavhesi aya akanyorerwa vanaani uye nezvei? (*mukadzi ane ruremekedzo*)
- Mavhesi aya akanyorerwa vanani? (*vs. 2 – varume*)
- Nyora zvinhu zviri kuitwa nemukadzi uyu
 - *Anoshanda nemaoko ake kugadzira zvinhu – hembe nezvinhu zvekushandisa pamba*
 - *Anogadzirira mhuri chikafu chakanaka*
 - *Anotenga munda*
 - *Anorima munda wemazambiringa*
 - *Anotenga nekutengesa achibudirira kumusika*
 - *Anoshanda nesimba*
 - *Anochengeta varombo nevanotambura*
 - *Anochengeta musha*
- Ndezvipi zvinhu zvinowanowitzwa nevakadzi munharaunda yekwenyu? Ndezvipi zvisingatendedzwi madzimai zvachose kuti vaite munharaunda menyu?
- Sei mukadzi uyu ari kuremekedzwa? (haana husimbe uye mubatsiri akakwana anoremekdzwa)
- Ndezvipi zvinoitwa nemudzimai wako? Unomurekedzwa sei?

Nhanho Dzezvekuita

HURUKURO MUBOKA GURU

Verenga VaEfeso 5:21.

- Vhesi iri rinotiratidza chii nezvemabasa evarume nevakadzi vari muwanano ine humwari?

Zviziviso kumudzidzisi: Shandisa **BHUKU REMUDZIDZI** – Rudo neRuremekedzo – kana pakazangana varume nevakadzi kana kuti pane dambudziko mukutaudzana kwevarume nevakadzi munharaunda. Iyi inyaya yakanaka zvakare kuBhuku YeNhau.

Togarofunga nezvatinoshuvira kuti murume kana mukadzi wedu angatiitire. Tinonzwa kusuwa kana kutsamwa nezvinhu zvose zvavasingaite. Dzimwe nguva zvinoita kuti tifunge kuti varume kana madzimai edu anototidawo kana kutikudza here. Ngatizameyi mafungiro nekuita kwakasiyana neizvi.

NEMUDIWA WAKO

1. Donongodza zvinhu zvinoitwa nemurume kana mukadzi wako kukubatsira. (Kune vasiri muwanano, baba kana amai vako vanoitei kukubatsira?)
2. Wakatarisa zvawadonongodza, namata uye tenda Mwari nezvemurume kana mukadzi wako (kana vabereki).

ONGORORO YEDUNGAMUNHU

Chii chauchaita zvakananaka mushure medzidziso dzino kuvandudza hukama hwako nemudiwa wako kana mhuri?

1. Pazuva rinotevera:
 - **Varume:** Uda mudzimai wako kuti unotenda nekuda kwake uye zvose zvaanoita kuchengeta mhuria yenyu. Mubvunze kuti pane chaungaita here kurerutsa zvinorema muhupenyu hwake. Rangarira kuti anoda kuziva kuti unomuda.
 - **Madzimai:** Wudza murume wako kuti unotenda nekuda kwake uye kuti unoyemura kushanda kwaanoita nesimba. Mubvunze kana pane chaunogona kuita kuita hupenyu humurerukire. Rangarira kuti anoda kuziva kuti unomuremekedza.
 - **Vasinakuwanikwa:** Udza vabereki venyu kuti munotenda Mwari nekuda kwavo nezvose zvavanoita kumhuri. Vabvunzei kane pane chamunokwanisa kuita kuti hupenyu hwavo hwureruke.
2. Zuve rimwe nerimwe zama kuita chinhu chimwe chete kutaridza murume kana mukadzi wako (kana vabereki) kuti unomuda kana kumuremekedza. Semuenzaniso:
 - Leah anogona kuzama kusatsutsumwa panonoka Timeus kudzoka kumba, uye anogona kuzama kuwedzera kuva nemoyo munyoro kuna vamwene vake.
 - Timeus anogona kudzoka kumba apedza basa otamba nemwana kana kutaura naLeah nezvezuva rake achimuudzawo nezvezuva rake.
3. Zvino chitora nguva kunyora pasi pfungwa shomanana dzakowo chezvaungaita zuva roga roga svondo rino. Namata uye kumbira Mwari akubatsira kuita zvinhu izvi.

Nhanho idzi dzinogona kuita sedzakaomesesa. Kana usati wagadzirira kutaura nemurume wako kana mukadzi (kana vabereki), zvino tanga nekunamatira munhu wacho zuva nezuva. Namata nguva yose yaunosuwa kana kutsamwa. Tenda Mwari pamusoro pemurume kana mukadzi wako, zvekare kumbira Mwari vakubatsira muwanano yako.

Chidzidzo Chechipiri: Wanano Ine Mufaro

Pfungwa Huru

1. Tinogona kuva newanano dzine mufaro nekuziva zvatiri kupesana nazvo nemudiwa wedu kana nahama yepedyo mumhuri.
2. Tinofanika kudzidza nzira dzine hutano uye dzemuBhaibheri kugadzirisa patinopesana uye kugadzirisa makakatanwa.

Zvokushandisa

Bhuku reMudzidzi:

- a. **Ngatizive Patinopesana (bepa rimwe pamunhu woga woga nemamwe akaraudzira evakaroorana)**
- b. Kugadzirisa Makakatanwa edu

Nhanganyaya Mutambo

MUTAMBO MUBOKA GURU

Zviziviso Kumudzidzisi: Kumbira vakadzi vatatu vangade. Assign Vape chimwe pamabasa matatu aya: Mara, amai vake, uye tete vake –Susanna.

Anotsanangura: Mara anogara pachigaro mumba mamai vake, akatsamwa. Anotaura kuna mai.

Mara: “Muchato wedu wainge wakasvoinaka zvokuti ndaifunga kuti wanano yedu yaizovawo yakanakisa. Zvino kwapera mwedzi chete zvavhiringika.”

(Tete, naSusanna, vanopinda.)

Susanna: “Chii chavhiringidzika?”

Mara: “Hapana kana zvandaitarisira. Ndaifunga kuti ndaizofara pandicharoorwa. Kasi zvino tinenge tinongopopotedzana nguva dzose. Hapana patinoita kana kunge tawirirana pazvose.”

Susanna: “Oh, ndaimbova nedambudziko rimwe chetero nemurume wangu! Kasi zvino mumwe wana tete vangu akataura neni akandibatsira zvikurusa. Huya pano. Ngatitaure nezvazvo.”

HURUKURO MUBOKA GURU

- Chii chaitika mumutambo uyu?
- Zvinomboitika here munharaunda ino?
- Sei zvichiitika?
- Vanhu vanoudza vamwe zviri kuvanetsa here sezvakaita Mara kuna tete vake Susanna? Nemhaka yei uye sei vasingadero?
- Tingapa mazano api kuna Mara?

Wanano Ine Mufaro

Mamwe makakatanwa achatongoitika nyangwe muwanano dzine hutano. Kana munhu akakuudza kuti havatombopokane muwanano yavo vanogona kunge vasiri kutaura chokwadi chose.

- Ndezvipi zvinowanzosawirirana vari muwanano nezvazvo?

HURUKURO MUBOKA DUKU

Verenga mavhesi anotevera—zvii zvatinganzwisisa kubva kumavhesi aya zvinotibatsira kunzwisisa kugadzirisa makakatanwa zvirinane?

- 1 VaKorinte 15:41 & 1 VaKorinte 12:4-7— *Mwari akasika mumwe nemumwe wedu akasiyana nevamwe, tine kwatakabva kwakasiyana uye takapiwa zvipo zvakasiyana. Tinofanika kunzwisisa misiyano iyi uye kuda kugamuchira kuti Mwari akatisika takasiyana.*
- VaEfeso 4:32 — *Tinofanika kuva nerudo nemutsa uye kuda kuregerera, tichrangarira kuti isusu vacho hatinawo kururama.*
- 1 Petros 3:9 & Mateu 5:23-24 — *Tinofanika kunge takagadzirira kukumbira ruregerero. Nyangwe ari mumwe munhu atanga kuita matambudziko, tinofanika kunge takagadzirira kuti zvinhu zvinake*
- VaFiriipi 2:3-4 — *Tinofanika kufunga nezvemumwe nemumwe sekunge akakosha kutidarika.*

Dzora Zvawawana

Zviviviso Kumudzidzisi: *bvunza maboka vatsanangure zvavadzidza pamakatatanwa kubva pamavhesi avaverenga okutanga. Kumbira rimw boka kuti vakupei zvavawana kubva kune mamwe mavhesi.*

HURUKURO MUBOKA

Mame makakatanwa achatongoitika. Mwari vakatisika takasiyana. Tine kwatakabva kwakasiya uye patinowanana tine zvatintarisira zvakasiyana. Tese tinemafungiro okuti murume kana mudzimai wedu ange akaita sei, asi izvi hazvigone kuitika sezvatinenge takafungira .

CHIITO CHEDUNGAMUNHU NEAKAROORWA

Zviviviso kumudzidzisi: *Munhu wose anofanira kuva **neBHUKU REMUDZIDZI** — Ziva Musiyano Wedu. Zvakakosha kupa zviviviso zvakajeka pachitiko ichi! Kana vanhu vasingakwanise kuverenga, kana kunzwisisa zvataurwa, vanogona kuverenga nyaya imwe neimwe vachitara. Itai yekutanga mose. Vakumbire vose kuti vaise X Kana kuisa zita ravo pamutsetse unomiririra zvavangade kuita. Do the first one together. Vakurudzire kut vavimbike pane zvavangade kuita Chokutanga, ngaavaverenge ndina yose vachitara zvavangade. Zvino chivatsanangurira kuti vadzokorodze ndima vachitara zvavanofunga kuti vadiwa wavo vangade vachiisa 'O'. EVakomekedze kuti zvakakosha kuti vasakurukura navadiwa vavo zvavatarwa. Kana pane ane mudiwa asipo, zvino chimupa rimwe bhuku rekuti aende naro kumba anopa mudiwa wake azorizadzisa vozokurukura nemumwe anoda bhuku remudzidzi nezvaro pamberi. Kana vari onogrora kaviri, vakumbire variarise pamwechete.*

Mumwe nemumwe anoda Bhuku remudzidzi, tichaverenga bhuku kaviri.

1. Kekutanga — verenga ndima yoga yoga woisa mutsara paunoda ne “X” wobva wanyora zita rako.
 - Ngatiitei rekutanga tose. Kusawirirana-kana paine kusawirirana zvirinani here kuti ugadzirise nyaya yacho ipapo ipapo kana kuedza kuchengetedza runyararo? Kana uchinzwwa zvikuru kuti zviri nani kuchengetedza runyararo of the line muwanano yako, isa “X” kumapeto kwemutsara kurudyi. Kana uchida kuita zvose isa “X” pakati pomutsara. Verenga bepa rose wotara zvaungade panguva yoga yoga. Kechipiri —verenga ndima yoga yoga woisa “O” paunofungidzira kuti mudiwa wako kana wepadhuze mumhuri angade. Usakurukura izvi nemudiwa wako. Tara zvaungafunge kuti mudiwa wako angafarira.
2. Kana iwe nemudiwa wako mapedza yokutanga neyechipiri ratidzanai mokurukura ndima nemibvunzo iri kumashure kwebhuku remudzidzi.
3. Kana iwe nemumwe wako mukapedza chekutanga nechechipiri, zvino taridzanai mapepa enyu uye mokurukura musoro wenyaya woga woga uye nemibvunzo iri kumashure kweBhuku reMudzidzi.

Lesson 2: Recognize Our Differences

1. For each topic mark on the line with an "X" where **your** preferences lie.
2. For each topic mark on the line with an "O" where your spouse or friend's preferences lie.

Sort it out immediately	Disagreements	Keep the peace
Spend	Money	Save
Spend time with others	People	Spend time alone
Make plans and stick to them	Planning	Be spontaneous
Arrive early	Punctuality	Arrive just in time or late
Go out	Relaxation	Stay home
Go to bed late	Sleeping	Get up early
Enthusiast	Sport	Uninterested
Formal	Clothes	Casual
Very tidy	Tidiness	Messy
Keep it on	T.V.	Throw it out

What other differences have created conflict in your relationship?

5

Zvino, kana mapedza, ratidza mumwe wako zvawaisa pabepa mokurukura:

- Wava nekunzwisisa here nezvinodiwa neumwe wako? Pane zvaushamisa here?
- Iwe nemudiwa wako kana mumwe wemumhuri mava nemhinduro dzakafanana pandima idzi here?
- Pazvinhu zvipi pamuine kuona kwakafanana uye pamunobvumirana zviri nyore which areas are?
- Ndedzipi nyaya dzinounza kusawirirana muwanano yenyu?
- Kurukurai kuti mungagadzirisa sei maonero akasiyana aya.
- Mungashandisa sei zvinogonekwa nemumwe wako kuvaka wanano kana hukama hwenyu.

Kana muchangowanana, zvinogona kureva kuti mune zvakanwanda zvakasiyana. Pane kuzama kushandura mumwe wako unofanira kuzama kuona zvaanogona womubatsira pane zvaanokanganisa. kana kuti unokwanisa kufunga kuti pane kusiyana kushomanana nekuti hausati waona musiyano wenyu. Munogona kuita chidzidzo ichi kana musiyano yenyu yava kunyatsooneka.

4. **Nyorai hurongwa mose:** Gadzirai hurongwa hwekuti muchagadzirisa sei pamakasiyanaTsvagai nzvimbo mbiri dzamakasiyana monyora hurongwa hwekuti mungazvigadzirise sei.

Muenzaniso wekutanga – Mari

Kana mudiwa wako achifarira kushandisa mari iwe uchida kuichengeta, zvino itai hurongwa hwekuti muchashandisa nekuchengeta mari sei. Dzimwe nguva mungatenderana kuchengeta imwe mari yamawirirana, ukuwo mudiwa wako ovawo nemari yepavhiki/mwedzi yaanoshandisa yamawirirana mose kuti ishanda pane zvamunoda mumhuri.

Muenzaniso wechipiri – Kuzorora

Kana nzira yako yekuzorora kuri kuva pamba ukuwo mudiwa wako achida zvekutandara kunze, zvino wiriranai zvinoita kuti mose mufare. Munogona kuwirirana kutandara kunze husiku humwe chete pasvondo, mogarawo pamba husiku huwe chete pasvondo muchitandara. Kana kuti mogona kuwirirana kuti husiku humwe kana kaviri pasvondo mudiwa wako anondotandara kunze iwe wosara uchitandara pamba.

DZOKA NEZVAWAWANA

Zviziviso kumudzidzisi: *Kumbira mhuri imwe kana mbiri vataure kuti vachaita sei pane zvavasingawirirane.*

Kusiyana kwedu kunogona kukonzeresa makakatanwa kana tikasakurukura nezvazvo uye kuita hurongwa hunotiitira tose.

Kugadzirisa Kusawirirana

Patinopesana pachange paripo nguva dzose, asi tinofanira kudzidza kuzvigadzira nenzira ine hutano. Hatingarege makakatanwa achiwedzera. Tinofanika kuzama kugadzirisa makakatanwa asati awana mukana wekukura.

VaEfeso 4:26 inotiudza kuti zuva harifaniki kunyura tichakatsamwa. Iyi iyeuchidzo yakanaka kuti tinyatsogadzirisa makakatanwa nekukurumidza uye tisarega mazuva achipfuura tisati tazvigadzirisa. Izvi zvakakosha zvikuru muwanano dzedu, uyewo muhukama hwedu nevamwe vose.

HURUKURO MUBOKA DUKU

Shandisa **Bhuku reMudzidzi** - Kugadzirisa Kusawirirana. Verenga vhesi roga roga. Zvino, nyora pasi chisungo chakakosha chekugadzirisa kusawirirana.

- Mateu 7:3-5 – *Iva nechokwadi kuti waona pawakakanganisa ndochekutanga, haikona kumhanya kutaura pakakanganisa vamwe.*
- Mateu 18:15 – *Kurukurai nyaya dzenyu moga, kwete pamberi pevanhu, zvikuru sei vana.*
- Zvirevo 15:1 – *Kurukurai makadzikama. Kana makatsamwa itai muzokurukura imwe.*
- VaKorose 4:6 – *Taura mwongo wenyaya yako zvakadzikama, zvisina nharo kana zvingaudza marwadzo.*
- VaFiriipi 2:3 – *Zama kuona zviri kutaurwa nevamwe. Dzimwenguva ari kutaura chokwadi iwe wakatorasika*
- VaEfeso 4:26 – *Wapedza kutaura divi rako, chisiya. Haikona kuita nharo kana kuzama kuda kuhwina mumwe wako kudivi rako. Dzimwe nguva munofanika kuwirirana pakusawirirana. Izvi zvakaitwa murudo munogona kuchengetedza runyararo.*
- Zvirevo 19:11 – *Haikona kunzwa marwadzo kana kutaridza kutsamwa. Iva nerudo kupfuura mamwe mazuva kuitira runyararo rwugare mumba mako.*

Dzoka Nezvawawana

Zviziviso kumudzidzisi: *Kana maboka achinge awona zvisungo zvakakosha, madzokoredzei muchishandisa zvinyorwa zviri pamusoro. Nyorai pachidzoro zvisungo zvakakosha zviri pavhesi roga roga.*

CHIITIKO MUBOKA DUKU (Unogona kusazviita)

Uchishandisa pfungwa huru dzawawana, gadzira tumitambo twuviri—imwe inoratidza nzira yakaipa yokugadzirisa misiyano uye imwe inotaridza nzira yakanaka. Sarudza nguva inozivikanwa nemunhu wese kuti kusiyana kwemaonero kunowanzoitika. Unogona kushandisa miyenziso yamboshandiswa kumashure.

Zviziviso kuMudzidzisi: *kumbira boka rimwe nerimwe kuti vaite mitambo iyi kuboka rose. Bvunza boka rose ndeipi mitemo yakakosha yavaona vanhu vachiita kana iyo yavasina kuita.*

ONGORORO MUBOKA GURU

Muchidzidzo chino, tadzidza kuona musiyano muhukama hwedu, ita hurongwa hwokugadzirisa misiyano yenyu uye dzidza kugadzirisa patinopesana mumaonero.

- Ndeipi mitemo yakakosha yekugadzirisa makakatanwa yatinowanokanganwa kana kuomerwa kuiita?
- Ndedzipi dzimwe pfungwa dzenzira tingarangerira chokwadi ichi munguva ichauya pachaita kusawirirana?

Rangerira, kuti mitemo iyi haisi yevanhu vakawanana chete kana kungoshandisa nemudiwa wako chete. Tinogona kushandisa mitemo iyi muhukama hwedu nevanhu vose pose pangaita makakatanwa.

Zviziviso kuMudzidzisi: *Pedzisa nekunamata kuti Mwari abatsire mumwe nemumwe ave nekusawirirana kune hutano, humwari uye iva nechokwadi kuti kusaona zvakananana hakuzove makakatanwa nekurwisana.*

Chidzidzo Chechitatu: Kugadzirisa Kurwadziswa

Pfungwa Huru

1. Tinofanika kuona nekugadzirisae kurwadzisana kwatinoitana nekuti marwadzo asina kugadziriswa anokwanisa kuputsa wanano.
2. Kukumbira ruregerero nemazvo kune avo vatarwadzisa zvinobatsira kudzoreredza hukama hwedu.

Zvokushandisa

Mufananidzo Ungabatsire (kwekupedzesera kwechidzidzo):

- a. Mufananidzo wemhuri (umwechete paboka – wakabvarurwa nepakati)

Bhuku reMudzidzi:

- b. Kuona Marwadzo (bepa rimwe pamunhu)
- c. Nhanho dzekukumbira ruregerero (bepa rimwe pamunhu)

Sirotepi (inokwana paboka roga roga kuti kuti vabatanidze mufananidzo wemhuri)

Ongororo & Nhanganyaya

HURUKURO MUBOKA GURU

Zviziviso kuMudzidzi: *Bvunza boka kana pane zvavanorangarira kubva muzvidzidzo zvapakfuura. Ongororayi mavhesi kuti murangidze boka nezvepfungwa huru/ misoro yenyaya.*

- Ndeipi imwe yemitemo yawadzidza kuti tingakurukura sei uye kugadzirisa misiyano yedu?

Nyangwe muwanano yakanakisisa pane nguva murume kana mukadzi pavanorwadzisana. Dzimweni dzenguva kurwadzisa kwakatorongwa dzimwe nguva pasina kuzvironga.

CHIITIKO MUBOKA GURU

Zviziviso kuMudzidzi: *Ipa boka roga roga mufanikiso wakabvaruka*

MUFANANIDZO UNGABATSIRE- *Mufananidzo wemhuri (yakadamburwa zvidimbuzvina kusvika zvitanhatu) uye sirotepi. Vaudze vaname mufananidzo pamwechete.*



Pasina sirotepi, hazvaikwanisika kubatanidza mufananidzo pamwechete.

Ruregerero ndiyo “sirotepi” pahukama, zvikuru sei muwanano.

Inobatanidza zvidimbu pamwechete chero pange pamboita kurwadziswa nekudambuka kwehukama.

Marwadzo anoputsa wanano. Anoparadzanisa vanhu uye vanenge vasingachabatsirani.

Muchidzidzo chino, tichatarisa kuti tingadzoreredza sei wnano yakakuvara nekuda kwekurwadziswa.

Chekutanga – Buritsa pachena Kurwadziswa kwacho

HURUKURO MUBOKA GURU

Zviziviso kuMudzidzi: *Verenga **BHUKU REMUDZIDZI**- Buritsai pachena Kurwadziswa –pamwechete. Ipa nguva yekudzora ndangariro pamupedza kuverenga uye kukurukura vhesi rega rega.*

Verenga Mateu 5:23-24.

- Takatarisa vhesi iri, unofunga kuti zvakanosha sei kudzororedza vakarwadziwa kana mumakakatanwa?
- Vhesi iri rinorevei parinoti 'mumwe wako une mhosva newe something'?
- Tinofanika kuita sei kana tine zviri kutirwadza muwanano yedu?

Bhaibheri rinoburitsa pachena kuti tinofanika kudzororedza hukama. Mwari anofunga kuti zvakanoshesa zvokuti anotiudza tisiye kurmbidza muchechi toenda tinoita izvozvo. Kukurumidza kwatinoita kudzororedza hukama ndikowo kusawedzera kunoita kurwadziwat. Panopera mwedzi mishoma, zvakatanga semrwadzo madiki diki zvinogona kukura kuita dambudziko hombe.

Muvhesi iri, zvinotirangaridza kuti takatsamwisa munhu tinofanika kuenda kwaari kunokumbira ruregerero. Muvhesi rinotevera, tinoona kuti kana munhu akatitsamwisa tisu zvakare tine basa rekunda kunomukumbira ruregerero.

ZVIONGORORE

Tichatora nguva shomanana kukumbira Mwari takanyarara kuti atiratidze kana pane nzira dzatakarwadzisa mudiwa wedu (mudiwa wako kana usiri muwanano, funga nezveshamwari yepamoyo kana wehukama). Funga nezvenguva dzakadai:

- Pane here zvawakatadza kuita zvaunofanika kunge uchiita?
- Pane here zvawakaita (kana zvauri kuita) zvausingafanike kunge uchiita?
- Pane here zvawakatadza kuita zvaunoziva kuti murume/mukadzi wako anoda kuti uite?
- Wakambotaura here chinhu chinorwadzisa?
- Wakambotadza here kutaridza rudo kana kurudziro?

HURUKURO MUBOKA GURU

Verenga Mateu 18:15.

Hatifaniki kuona patakakonzera kurwadziwa nekushushikana kwemudiwa wedu chete muwanano, kasi tinofanika kunge takagadzirira kuudza mudiwa wedu pakakarwadziwawo futi. Dzimwe nguva mudiwa wedu anenge asiri kuda kuti tidzimbikane asi tinongorwadziwa. Vanogona kusatomboona. Ukasavaudza zvino kurwadziwa uku kunounza vanga muwanano. Mudiwa wako haafe akaziva kuti pakakanganiswa ndepapi uye haangagone kugadzirisa vanga racho.

ZVIONGORORE

Zvino tora chinguva ufunge nezvenzira dzawakarwadziswa nadzo. Zvinogona kunge zviri kana zvisiri zvikuzivikanwa nemudiwa wako kuti ari kukuvadza.

- Pane here nzira dzawakarwadziswa nadzo nemudiwa wako?

TINGAZVISHANDISA SEI

Namata uye zvipire kukurukura nezvazvo nemudiwa wako svondo rino.

Hapana kana mumwe wedu mutsvene. Tose takarwadzisa vamwe uye tose takatomborwadziswa. Muchidzidzo chino chose chasara tichadzidza zvakati wandei more about how to reconcile our relationship from these hurts. This week we need to remember the things that you thought of now and discuss them with your partner—apologizing and forgiving when appropriate.

Chechipiri – Kumbira Ruregerero Paunorwadzisa Vamwe

HURUKURO MUBOKA GURU

- Ndezvipi zvinotikanganisa zvatosangana nazvo pakukumbira ruregerero uye kukumbira vamwe kuti vatiregerere?
 - *Kuzvikudza*

- *Zvinonyadzisa*
- *Kushaya nguva*
- *kutya*

Verenga Ruka 15:11-22.

- Ndezvipi zvibingaidzo zvakasanganikwa nazvo nemukomana muduku?
- Mukomana muduku akazoita sei kuti adzoreredze hukama nababa vake?
- Tingadzidza zvipi panyaya iyi takatarisana nekukumbira?

Zviziviso kuMudzidzi: Nyora nhanho idzi pachidziro kana kuti gadzira positakuti uverenge nhanho yogayoga. Tsvaga vangada kuverenga **BHUKU REMUDZIDZI**–Nhanho Dzekukumbira Ruregerero –kutsanangura nhanho imwe neimwe. Vanhu vose vakunzwisisa nhanho imwe neimwe, pedzisa nekuti vaite mutambo wekukumbira ruregerero.

Idzi ndidzo Nhanho Nhanhatu Dzekukumbira Ruregerero kudoreredza hukama kana ndichinge ndakonzeresa kurwadziwa:

1. Reurura kuna Mwari
2. Reurura kune mumwe wako *pasina zvekupa zvipomero*
3. Kumbira ruregerero wakanangana nezvawakaita
4. Kumbira kuregererwa
5. Chinja unhu nemaitiro ako
6. Bvuma mubairo wezvawakaita

Ngatitaurei zvakananga nZvenhanho Dzekukumbira Ruregerero:

Nhanho Dzekukumbira Ruregerero

1. **Reurura kuna Mwari** – Patinorwadzisa mudiwa wedu tinonga tisiri kuteerera Mwari zvekare. Tinofanika kuenda kuna Mwari tonokumbira kuti atiregerere pane zvatakanganisa. Kubvuma ruregerero rwaMwari zvinotipa moyo wakazvininipisa kuti tireurure nekukumbira ruregererero kubva kune mumwe munhu.
2. **Reurura kune mumwe wako pasina zvekupa zvipomero** – Nguva zhinji patinoreurura tinoda kutsanangura zvatakazvitira. Zvino, zvinoita kuti mumwe munhu awomerwe nekutiregerera .

Muenzaniso wekutanga:

Kupomera: Ndinoziva ndakakushoropodza pamberi peshamwari dzako nezuro, kasi ndingadai ndisina kudaro dai wange usina kuita tinonoke nengava inoita awa rimwe.

Zvakanaka: Ndakakurwadzisa nekukushoropodza pamberi peshamwari dzako nezuro, handina kutaridza rudo.

Muenzaniso wechipiri:

Kupomera: Ndinoziva ndinge ndakafundumwara nekutaura kune hukasha nezuro, kasi ungadai wakarangarira kuti amai vako vari kundishoropodza mazuva ano uye kuti ndakaneta nebasa.

Zvakanaka: Ndakataridza humbimbindoga uye handina kutaridza rudo pandakataura nehukasha uye kukufundumwarira nezuro manheru. Ndine hurombo nekukurwadzisa.

Enzanisa mienzaniso iri pamusoro. Ndeupi wangada kureregerera?

3. **Kumbira ruregerero** – Wona kuti wakanangana nezvaune hurombo nazvo uye taridza kushushikana kwako zvechokwadi. Taura seizvi “Ndine hurombo zvikuru nezvandakaita” kana kuti “Ndinonzwa kunyara nemabatiro andakakuita.”
4. **Kumbira kuregererwa** – Tinofanika kuona kuti tinoda kuregererwa. Zvinogona kunge zviri zvekuti mudiwa wedu haasati akukwanisa kutiregerera ipapo ipapo saka tinogona kuda kuvapa nguva.

Namata kuti Mwari abatsire mudiwa wako kukuregerera. Haikona kuvamanikidza kuti vataure kuti vakuregerera ivo vasingade.

5. **Chinja unhu nemaitiro ako** – Hazvina kukwana chete kungoreurura uye kukumbira ruregerero kana pasina shanduko yatiri kuita uye kana tichiramba tichidzokorodza kukanganisa kumwe chete. Chimwe chidimbu chekudzoreredza hukama kuona kuti urikuda uye uchachinja unhu hwako. Nepaunogona pose unofanika kuzama kusazviita zvakare.
6. **Bvuma mubairo wezvawakaita** – Munhu wacho anogona kuda nguva kuti akuregerere. Unofanika kuva nemoyo murefu uye kumbira Mwari kuti avabatsire kuti munhu wawakarwadzisa akuregerere. Mamwe marwadzo kuvimbika pahukama hwenyu. Unofanika kuona kuti mudiwa wako anogona kusavimba newe zviri nyore sezvavaiita kare. Uyu mubairo wezvawaita. Kukumbira ruregerero hakubva kwangoita kuti zvinhu zvose zvive zvitsva. Dzimwe nguva unofanika kugara nemubairo wezvawaita zvachose. Zvinotora nguva yakareba kuti kurwadziwa kwawakakonzera kupere.

CHIITO CHEVAVANANI

Fungai nezvenguva inownozivikanwa apo ungada kukumbira ruregerero kumudikanwi wako kana mumwe wepedyo mumhuri.

Zviziviso kuMudzidzisi: *Unogona kudeedza avo vangada kuita kamutambo pamberi peboka.*

Mhedzisiro

VaEfeso 4:31-32 inoti, “Bvisai shungu dzose, hashu, kutsamwa... Muitirane moyo munyoro, munzwirane tsitsi, mukanganwirane, sezvamakanganirwa naMwari muna Kristu.”

Muchidzidzo chino, tatarisa zvikamu zviviri zvekutanga zvekudzoreredza hukama hwange hwaputswa nekurwadziwa.

Nhanho yekutanga: Tsvaga kurwadzisa kwatakakonzereswa uye marwadzo atiri kunzwa. Mwari akatipa basa rekugadzirisa zvose zviri zviviri.

Nhanho yechipiri : Kumbira ruregerero (nekukurumidza dzokorodza nhanho nhanhatu)

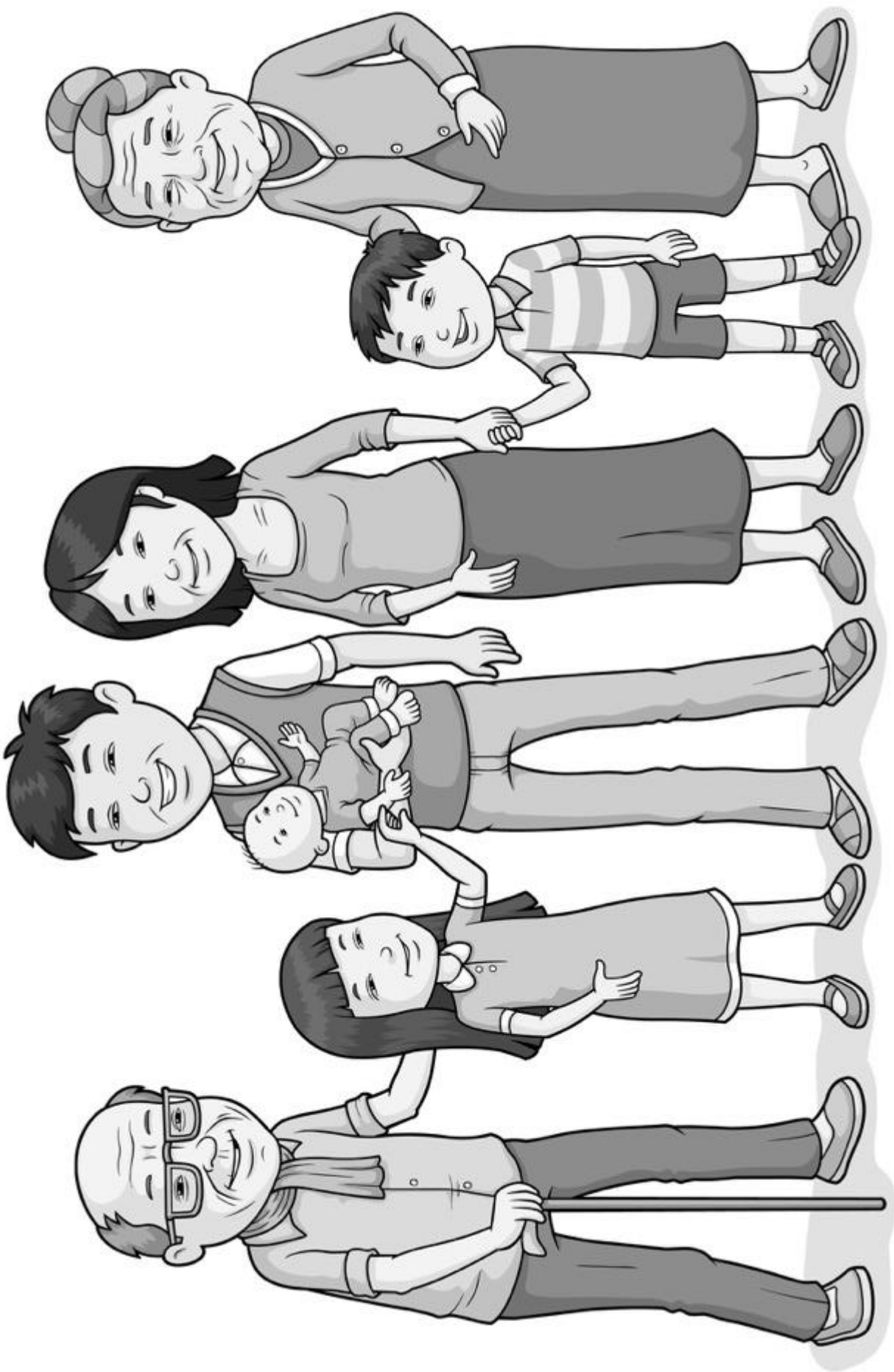
1. Reurura kuna Mwari
2. Reurura kune mumwe wako *pasina zvekupa zvipomero*
3. Kumbira ruregerero wakanangana nezvawakaita
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Panotevera, tichatarisa nhanho dzekuregerera uye kutangidza zvakare.

KUZVISHANDISA

Bvunza Mwari kuti akuratidze kana pane kana chinhu chimwe chaonofanika kukumbira ruregerero nzvacho muwanano yako.

1. Gadzira hurongwa yeapo pauchafamba nemudiwa wako. Pauchafamba nemudiwa wako, kumbira ruregerero pamarwadzo ose awakakonzereswa. Zama kuita nhanho dzose idzi. Kana usina kuroorwa zvino unogona kushandisa nhanho dzimwe chete kugadzirisa marwadzo muhukama hwaungange unahwo semuenzaniso nevabereki, vanin’ina, hama kana shamwari.
2. Tsvaga nguva yakanaka yekuti vaviri vataure. Tsvaga nguva isingakanganiswe uye vaviri vasina kunyanyoneta.
3. Namata uye kumbira Mwari akupe moyo unekuzvinipisa uye uwane mashoko akanaka okutaura. Namata kuti Mwari agadzire mudzimai wako kuti akunzwisise uye kuti ade kukuregerera.
4. Zvipire kuna Ishe kuita izvi. Pane here anokwanisa kukunamatira uye kukutarisa kuti uri kuita izvi here?



Chidzidzo chechina: Kuregerera

Pfungwa Huru

1. Tinoregerera vamwe nekuda kwekutenda Mwari uyo akatiregerera.
2. Kuregerera kunoramaba kuchingoitika kuitira kuchenesa marwadzo atinowana muhukama hwedu nevamwe.

Zvokushandisa

Bhuku reMudzidzi:

- a. Nhanho dzeKuregerera

Ongororo

HURUKURO MUBOKA GURU

- Ndezvipi zviito zviviri kubva kuchidzidzo chapfuura chekudzoreredza hukama hwakanganisika?
 - *Kuona Marwadzo uye Nhanho Dzekukumbira Ruregerero kana Warwadzisa Vamwe.*
- Ndedzipi Nhanho Nhanhatu Dzekukumbira Ruregerero?
 1. Reurura kuna Mwari
 2. Reurura kune mumwe wako *pasina zvekupa zvipomero*
 3. Kumbira ruregerero wakanangana nezvawakaita
 4. Kumbira kuregererwa
 5. Chinja unhu nemaitiro ako
 6. Bvuma mubairo wezvawakaita

Regerera Vanhu Vanokutadzira

HURUKURO MUBOKA GURU

Verenga mavhesi anotevera uye wopa pfupiso kuti Bhaibheri rinotii nezvekuregerera

- Ruka 23:34 – Jesu akaregerera uye akaona kuti vamwe vaisaziva zvavaiita
- Mateu 18:21-22 – Jesu akaudza Petros kuti aregerere kanokwana makumi manomwe nenomwe (77) (nguva dzose)
- VaKorese 3:13 – Regereranai nenzira imwe chete yatakaregererwa nalshe Jesu

Mwari akatiregerera zvikuru. Anotisungira kuti tiregererane. Dzimwe nguva zvakaoma kuregerera vamwe kana vatirwadzisa.

- Kubva kune zvakamboitika kwauri, ndeipi mimwe mibairo yekusaregererana muwanano?
 - *Kushungurudzika- kunoramba kuchiwedzera marwadzo*
 - *Kuparadza ruvimbo mune mumwe nemumwe*
 - *Kusagutsikana newanano uye kuwanzokonzera kusatendeka muwanano*
 - *Makakatanwa mumhuri – chero vana havagadzikani uye vanotya*

Kuregerera kwakakosha kuitira wanano ikure yakasimba. Mubhaibheri, tinosungirwa kakawanda kuti tiregerere. Kasi chekutanga tinofanika kunzwisisa zviri pachenacle kuti kuregerera chii uye zvakusiri.

Zviziviso kuMudzidzi: Dhirowa makoramu maviri pachidziro wobva wanyora “Kuregerera HAKUSI” uye “kuregerera KU”. Nyora mhoindi yoga yoga paunenge uchiitsanangura.

Kuregerera HAKUSI	Kureregerera KU
<ol style="list-style-type: none"> 1. Zvauri kungonzwa 2. Kubvuma kudzvanyirirwa kana kuregera zvinorwadza kana unhu hwakashata huchiitika. 3. Kutoda kuti munhu achinje isu tisati tavaregerera. 4. Kukanganwa 5. Kunyepedzera kunge zvisina basa 	<ol style="list-style-type: none"> 1. Isarudzo yatinoita 2. Tinonangana nezvakakanganiswa, kasi tosarudza kusabatirira kurwadziwa pamudiwa wedu 3. Kuvimba namwari kuti ashande nemudiwa wedu uye kuregerera chero vasati vachinja 4. Kusiya mudiwa wedu mumaoko aMwari patinonzwa kutsamwa kana kurwadziwa; tisingatsvage kudzorera chakaipa 5. Kubvuma rufu rwaJesu semubhadharo wezvivi zvedu

Kuregerera Hakusi:

- **Zvauri kungonzwa.** Kuregerera isarudzo yatinoita. Hatifanike kumira kusvika takunzwa kunge kuregerera asi kuti tinosarudza kuti ticharegerera munhu. Hatizvibvunzi kuti “Ndirikunzwa kunge ndingaregerere?” asi kuti zvatinaita ndezvekuti tinotongosarudza kuregerera uye tosiya kuzvinzwira tsitsi uye kuda kudzorera chakaipa.
- **Kutoda kuti munhu achinje isu tisati tavaregerera.** Hatikwanise kumanikidza mumwe munhu kuti achinje. Tinoregerere nokuti Kristu akatiregerera uye anotisungira kuti tiregerere vamwe, kwete nezvtirikutoda kuti munhu atiitire.
- **Kubvuma Udzvanyiriri.** Patinoregerera munhu, hatifaniri kubvuma kuti zvavakaita zvainge zvakanaka. Tinoona kuti zvavakaita zvakaipa asi tinovaregerera zvakadaro. Nekuti taregerera munhu hazvirevi kuti tivarege vachiramba vachitirwadzisa. Kuregerera HAKUSI kureva kurega unhu hunorwadzisa kana hwakashata huchiitika.
- **Kukanganwa.** Dzimwe nguva patirikuregerera hatikwanise kubava takanganwa ipapo ipapo marwadzo akakonzereswa. Tinofanika kuramba tichiregerera munhu wacho pose patinotanga kunzwa hashu.
- **Kunyepedzera kunge zvisina basa.** Patiri kuregerera munhu, hatisi kuti zvavakaita zvakanaka kana hazvina zvazvakakonzera kwatiri. Tiri kuti zvisinei nemaronda avakatipa tinongovaregerera. Tinovimba naMwari kuti ashande nemumwe munhu uyo.

Kuregerera ku:

- **Kuita sarudzo kwatinoita.** Sekudeera kuna Mwari kuregerera kwavakaitiita uye tichivateerera.
- **Kusangana nekukanganiswa kwakaitwa.** Tinofanika kuona kukanganiswa kwakaitwa nemumwe kwatiri uye kuti zvakatirwadza, asi tsarudza kusabatirira pamarwadzo aya.
- **Kuvimba naMwari kuti achashanda nevamwe.** Tinoregerera Mwari God ounza kuzvibvuma uye kuregerera nyangwe munhu asati achinja.
- **Kumusiya mumaoko aMwari.** Patinoregerera, tinosiya samba redu rekudzorera kana kutoda shanduko. Zvino tinorega Mwari orange kana kuchinja munhu nemaitiro avo Mwari.
- **Kubvuma rufu rwaJesu sechibairo chezvivi zvedu zvose.** Kana tichinge taregerera munhu hatingarambi tichirangaridza munhu zvaakaita uye kuzvishandisa kuti munhu aite zvatinoda.

Kurugerera kunogona kuoma zvikuru sei kana munhu aching atirwadzisa. Bhaibheri rinotirangaridza kuti tinoregerera nekuda kwekutenda tinako kuna Mwari pane zvaakatiitira, kwete nekuti munhu wacho zvedi ‘anokodzera’ kuregererwa. Patinoregerera, hatisi kuti zvavakaita zvakanaka, asi kuti tiri kuti tirikuda kuti Mwari ave mutongi uye asarudze zvaanoda kuita nezvavakaita.

Zviongorore

- Ndeipi pfungwa itsva yawadzidza panyaya yekurugerera?
- Ungashandisa sei zvawadzidza muwanano yako muvhiki rino rinotevera?

NhanhoDzekuregerera

HURUKURO MUBOKA GURU

Zviziviso kumudzidzisi: *Verenga nyaya inotevera:*

Adam naEva vanga vaneta nekushanda zuva rose mugadheni. Kubva pavaakadya muchero wemuti Mwari ainge avaudza kuti vasadye, vainge vave kuoptedzana nguva dzose. Kumashure vainge vasingatsamwisane nekusiyanana kwavo asi masvondo maviri apfuura vaipesana pazvinhu zvose . Adam aida kuzorora mukupera kwezvava asi Eva aida kunofamba mugadheni. Adam muchero wekudya asi Eva aida mavhegi. Eva aida kuita vana asi Adam aifara kugara naEva chete. Adam aida kurara achiona nyeredzi, asi Eva aida kurara pamashizha akapfava vakachengetedzwa nebako. Vose Adam naEva vanga vashunguridzika uye vainge vakakavadzana zvikuva vakataurirana mashoko anodzimba Eva akatanga kuchema uyuwo Adam akabva panzvimbo iyi.

Adam paari kufamba, akaona kuti ane arwadzisa Eva nemashoko ake uye nekubva paaive. Akashushikana asi ainge akatsamwa kuti mudiwa wake haana kumuteerera kana kuzama kunzwisisa zvaaifarira nekuda. Akafunga, “amudzinga nekusateerera, zvino ava kuziva kuti amusiya ega”. Adam akanzwa Mwari achimutongesa nehunhu hwake hwakaipa akaziva kuti ndezvechokwadi. Akamira, akagara pasi akatanga kunamata,

“Mwari, ndinoziva handina kutaridza rudo kana moyo munyoro kuna Eva. Ndinobvuma kuti ndaida anzwe kurwadziwa kwandaita uye ndange ndichinzwa kunge kuita kwangu kwakanaka. Ndakanganisa uye maitiro angu ane akaipa. Mwari ndiregerere uye ndibatsirei kuregerera Eva. Ndinovimba nemi kuti muchashanda nemoyo waEva uye handidzori chakaipa pakundrwarzisa kwaandiita. Mwari, ndibatsirei ndizvisunungure pamarwadzo andiri kunzwa? Handisini mutongi wake. Ibasa renyu, Mwari. Ndibatsirei ndisashungurudzika kana kuvenga. Ndibatsirei kumuregerera uye muporese marwadzo atiri kunzwa tose. Mwari, ndibatsirei murume wamunoda kuti ndive uye kuti tive newanano yakanaka. Ndinotenda Baba nekundiregerera uye kundibatsira kuregerera Eva nekumuda zvakanaka kumberi uko.”

Adam akadzokera kunotaura naEva...

Nyaya iyi inotirangaridza kuti nekuda kwechivi chiri munyika, tichava nezvinotiomerera uye tinogona kurwadzisa chero vanhu vatinoda. Adam atiratidzawo nhanho dzekuregerera dzatinofanika kufamba nadzo kana munhu aching atirwadzisa.

- Ndezvipi zvezvimwe zvakaikwa naAdam kuti akwanise kuregerera Eva nekurwadziwa kwaainzwa?

Nhanho Dzekuregerera

Zviziviso kumudzidzisi: *Shandisa **BHUKU REMUDZIDZISI**– Nhanho Dzekuregerera – kutaura nezveNhanho Dzekuregerera dzose. Mapedza kuita nhanho idzi, donongodza pachena kuti Adam munyaya iyi akaitiye uye zvaasina kuita panhanho idzi. Batsira kujekesa zvose zvasiri kunyatsonzwisisa.*

Kana marwadzo awakasangana nawo aiva madiki, zvinogona kuva nyore kuita nhanho dzose idzi. Kana marwado ane akati kureyi, nhanho idzi dzinogona kutora nguva yakareba.

1. Bvuma kuti zvawaitirwa hazvina kururama
2. Bvuma kutsamwa uye chido chekuda kurwadzisa mumwe

3. Kumbira Mwari akubatsire kuregerera mumwe munhu
4. Sarudza kusadzorera chakaipa
5. Bvisa chido chekuda kurwadzisa mumwe
6. Siira basa rekutongesa munhu kuna Mwari
7. Kumbira Mwari kubvisa shungu neruvengo
8. Kumbira Mwari kuporesa marwadzo uye zvose zvakakonzereswa nekusarurama muupenyu hwako

NEUMWE MUNHU (Kwete mudiwa wako)

- Ndedzipi nhanho dzekuregerera dzakanyanyokuomera?
- Chii chingakubatsira kuti nhanho iyi ikuitire nyore?
- Ndechipi chinhu chimwe chauri kufanira kuregerera mudiwa wako?

Kana pasina chaungafunga nemudiwa wako, zvino chifunga mumwe munhu akakubata zvisina kururama. Kana uchinge usina zvakare, zvino chinamatira avo vari kuita nhanho idzi chinyararire.

Ongororo

Zviziviso kumudzidzisi: Verenga nhanho imwe neimwe zvinonzwika vadzidzi vakavhara maziso. Mira kwenguva inoita mineti imwe chete panoverengwa nhanho yoga yoga kuitira kuti vadzidzi vawane nguva yekufunga imwe neimwe. Kana mapedza kuverenga nhanho dzose dziri sere, namatira boka kuti Mwari abvise marwadzo akaunzwa nezvisakarurama zvose izvo varegerera.

Vhara maziso ako woteerera uye wofunga nezvekuregerera mudiwa wako pari kuverengwa nhanho yoga yoga.

Tangidzai Zvakare Mose

HURUKURO MUBOKA GURU

Verenga vhesi roga roga uchiona pfungwa huru muvhesi roga roga:

- I VaKorinte 13:4-5 – Love is unconditional and does not keep a record of wrongs done
- Jakobho 5:16 – Ngatireurireyi zvivi zvedu, namatiranai and give grace to each other
- VaFiripi 3:13 – Kanganwa zvekare utange kutarirana nezviri mberi

Kana tichinge taita nyaya yekuona marwadzo, kukumbira ruregerero uye kuregerera, zvino tinofanika kunge tine chido chekutangidza patsva. Zvakaoma kuita hurongwa uhu, saka tinofanika kunyaradzana uye kunamatirana . Pane kurangarira zvakaiteka kare tinofanika kutarisa mberi.

- Unotsvaira pamba kangani?

Sekutsvaira pamba, tinofanira kutsvaira marwadzo muwanano dzedu nemuhumwe hukama hwose. Tikatsvaira marwadzo nguva dzose, zvino anokura osvibisa hukama hwedu! Batsira wanano yako kuti irambe yakasimba nekuita izvi nguva dzose.

Mhedziso

Zviziviso kumudzidzisi: Ongorora zvakare kuti kuregerera chii uye zvakusiriri uye nhanho dzekuregerera.

Dzokorodza Nhanhi Ina Dzekudzoredza Hukama Hwakakuvara. Bvunza kana pane vane mimwe mibvunzo.

Muzvidzidzo zviviri zvapfuura, tataura nezvenzira ina dzekudzoredza hukama hwaputsika. Munodzirangarira here?

- 1 – Kuona marwadzo acho
- 2 – Kumbira ruregerero kana warwadzisa vamwe

3 – Regerera vanhu vanokurwadzisa

4 – Tangai Zvakare Mose

Kana tichinge taita izvi tinofanka kutarisa zvembari kwete kuramaba takabatirira kune zvekumashure. Tinofanika kuona kuti tinoita hurongwa uhwu pose patinorwadzisana. Tinofanika kuvimba naMwari kuti atibatsire pakuita izvi.

MUNAMATO WEBOKA DUKU KANA VARI MUWANANO (zvogona kuitwa nevakawanana)

Mumapoka kana nemudiwa wako, namatiranai. Kumbira Mwari akubatsire kuregerera vamwe sekuregerera kwaakakuitat. Kumbira Mwari adzoreredze hukama hwako kupfurikadza nekuita zvekuregerera.

Chidzidzo Chechishanu: Kusimbisa Wanano Yako

Pfungwa Huru

1. Kuti tiratidze rudo kumudiwa wedu, zvino tinofanika kuziva zvinhu zvoita vanzwe kuti vanodiwa.
2. Kana vakawanana vachinamata vose, vanoisa Mwari pakati pewanano yavo.
3. Tinofanika kuisa mudikanwi wedu pokutanga pavanhu vose nokuti pawanano vanhu vaviri vanova nyama imwe.

Zvokushandisa

Bhuku reMudzidzi:

- a. Mutauro mushanu werudo

Nhanganyaya

HURUKURO MUBOKA GURU

Mutambi anoita sei kana achida kuti asimbe uye kutamba zvirinane? (*semuenzaniso, kudzidzira, kusimudza simbi, kushanda nesimba*)

Izvi zvinoshanda futi muwanano dzedu. Wanano chipo chkanaka kubva kuna Mwari, uye kana varume kana vakadzi vakange vakabatana zvakasimba muwanano vanogona kuita zvinhu zvihombe kushandira kana kukudza Mwari. Zvino, kuti izvi zviitike wanano dzedu dzinofanika kunge dzakasimba uye dzine hutano. Kugadzira wanano kuti isimbe uye kuti irambe yakasimba kwehupenyu hwose zvinotora kushanda kwakasimba. Muchidzidzo chino, tichatarisa nzira dzakasiyana siyana dzaungasimbisa wanano.

Nzira Nhatu Dzekuvandudza Wanano Yako

1. Taridza rudo rwako
2. Namatai pamwechete
3. Koshesa mudiwa wako kupinda vamwe vose

Zviziviso kumudzidzi: Nyora Nzira Nhatu dzeKuvandudza Wanano yako pachidziro kana paposita.

Taridza Rudo Rwako

HURUKURO MUBOKA GURU

Munhu wese anoda kunzwa kudiwa. Ukadzidzira kutaridza rudo rwako kumudiwa wako, zvinovandudza wanano yenyu.

Zviziviso kumudzidzi: Udza vanhu nyaya inotevera.

Caleb naTamar vakawanana kwemakore manonwe apfuura. Vasati vawanana, vaipedza nguva yavo yose pamwechete. Caleb aiudza Tamar nguvadzose hunaku hwake uye Tamar aiudza shamwari dzake nezverudo nehunaku hwaCaleb. Pavakaroorana, Tamar aida kufadza murume, saka aichenesa mumba achibika chikafu zuva nezuva. Caleb aida kuva murume akanaka, saka aisha maawa akareba kuti akwanise kuriritira Tamar uye kuona kuti aiva nezvaaida. Mumakore aya, vakava nevana zvinhu zvakatanga kumankidza nekuwanda kwezvekuita. Paidzoka Caleb kumba achibva kubasa ainge aneta zvikuru uye aida kuzorora. Dzimwe nguva aifanika kuenda kumusangano wekucheche kana kunobatsira vabereki vake. Tamar aiswa nguva dzavaive nadzo vasati vawanana. Nyangwe aiva nevana vana, ainzwa kuva semunhu ari oga. Hapana aifara Caleb kana Tamarmuwanano iyi, asi vaifunga kuti ndizvo zvazvinofanika kuva, vachifunga rudo rwavaiva narwo harusisipo.

Imwe svondo, mfundisi aitaurenezvewanano muchechi. Akataura kukosha kwakaita kutaridza kutenda nerudo kumudiwa wako. Akati pane nzira shanu dzekuti varume nevakadzi vanokwanisa kuita izvi – kubatsira mumwe wako, kuudzana zvinhu zvakanaka, kupanana zvipo zvidiki, kurezvana, kutora nguva yakawanda muchionana. Akavadenha vose kuti vaite izvi zvose mumwedzi waitevera kuvadiwa vavo uye vazoonza chii chaitika.

Caleb naTamar vakabvumirana kuti vaizoda kuita zvavadzidziswa namufundisi. Vakazama kutanga kuita maitiro matsva started. Caleb aiwunza maruva kumba kunaTamar kubva kumusika mumwe musi. Tamar akatenda Caleb nebasa guru raaita kuchengeta mhuri. Caleb akatanga kubatsira Tamar basa rezvakawanda wanda pamba manheru. Tamar akatanga kumhoresa Caleb paaidzoka kumba zuva nezuva nekodzvo nekumumbundira. Kwaperwa mwedzi wekuzama nzira dzekutaridza rudo neruremekedzo, Caleb naTamar vainge vave kunakidzwa newanano zvechokwadi zvakare. Rudo rwavo rwainge rwadzoreredzwa uye vave kunzwa kunge vachangowanana zvakare.

- Vakadzidza chii kuchechi nezvenzira shanu dzekutaridza rudo?
- Donongodza nzira dzakashandiswa naCaleb naTamar kutaridzana rudo?

HURUKURO MUBOKA DUKU

Ckavanzika chekuti rudo rwako rwurambe ruchibvira muwanano yako kudzidza kutaridza rudo nenzira mumwe wako anonzwa kuti arikudiwa. Mubhuku raGary Chapman rinonzi 'The Five Love Languages', anotsanangura nzira shanu dzinowananzivikanwa vanhu vanonzwa kudiwa nadzo.

Zviziviso kumudzidzisi: Verenga BHUKU **REMUDZIDZI**– Mitauro Mushanu weRudo - kuti unzwisise mitauro werudo mushanu wakasiyana uye funga 2-4 nzira dzakajeka dzaunogona kuita izvi muwanano yako.

Mitauro shanu Yakasiyana

Vanhu vakasiyana uye vane nzira dzakasiyana dzatinotambira rudo. Kana tikaratidza rudo nenzira yakasarudzika kudiwa kunonzwikwa zvakananya nevatakaroorana navo, asi takaita zvavasinganzwi zvinoita sekunge tiri kutaura mitauro wakasiyana navo zvino havanzwi kudiwa. Tinogona kunge tiri kutaura, asi havanzwisise. Kana tichida kutaura newatakaroorana naye, saka tinofanira kutaura mitauro wavo. Zvakafanana nerudo, tinofanira kudzidza mumwe mitauro worudo weumwe wedu kuti tigone kuratidza rudo kwavari nenzira yavanogona kunyatsonzwisisa.

Kune mitauro mishanu yerudo. Mitauro. Verenga yose ufunge nezve 2-4 nzira dzaungaita izvi muwanano yako wega.

- Kubatsirana nokuitirana zvinhu** – Vamwe vanhu vanonzwa kuda kana tichivaitira zvinhu. Izvi zvingava nyore zvinhu zvakanaka nekutsaira mumba, kugeza, kudzura masora.
- Kutaura mashoko orudo**– Vamwe vanhu vanonzwa kudiwa kana tikataura zvinhu zvakanaka kwavari. Zvinogona kunge zvichirumbidza senge, "unobika chaizvo" kana "une bvudzi rakanaka" kana "uri amai vakanaka." Iwo anogona kunge ari mazwi ekutenda kana kuonga "Maita basa nekubika chikafu chemanheru." "Maita basa nekushanda nesimba kuitira mhuri."
- Zvipo**– Vamwe vanhu vanonzwa kudiwa kana isu tikavapa zvinhu zvipo. Zvipo hazvidi kudhura kana zvimwe hazvidi mari. Inogona kunge iri nyore seruwa raunotoro munzira yekudzoka kumba kana nhetembo yawakanyora
- Kurezvana** - Vamwe vanhu vanonzwa kudiwa kuburikidza nekurezvana. Izvi zvinosanganisira zvese kubva mukubata maoko, kumbundirana kana kutamba nebvudzi.
- Kupana nguva yakakwana** – Vamwe vanhu vanonzwa kuda kana isu tikapedza nguva yakakosha navo. Izvi hazvirevi kuti tiri muimba imwe asi kuita zvinhu zvakanaka. Izvi zvinoreva kuti tinopa nguva yose pamunhu. Mudzimba medu dzakabatikana nezvakawanda, zvinogona kureva kuti tinofamba pamwe chete uye tichitaurirana nekufamba kwaita zuva redu.

Ungaona kuti mumwe wako anopindura zvakanaka kune mumwe chete mutauro werudo kupfuura mimwe. Munhu nemumwe ane zvavanofarira. Edza kuona kuti ndeipi nzira yekuratidza rudo inoreva zvakananya kune mumwe wako uye ita izvozvo kakawanda.

DZOKA NEZVAMAWANA

Zviziviso kumudzidzisi: *Kumbira boka rega rega kuti ritaure mamwe mazano anoshanda ekuratidza rudo pamitauro mishanu yerudo.*

Kana isu tichida wanano inofara, tinoda kuve neshuwa kuti vatakaroorwa vanonzwa kudiwa. Kunyangwe kana mumwe wedu asiri kuedza, patinozotanga kuvaratidza rudo munzira dzavanoda, vanozozvikoshesa. Ivo vanozowedzerawo kuwedzera kuva nerudo uye kukanganwira kwatiri. Kana vasinganzwe kudiwa vanozoomerwa nekugara nesu uye kutsamwiswa nesu zviri nyore.

KUZVIONGORORA kana NEUMWE WAKO

Kana isu tichida kuratidza rudo kune vatakaroorana navo nenzira dzavanonyanya kuda, saka tinofanirwa kutsvaga kuti ndeipi nzira yekuratidza rudo inonyanya kureva chaizvo izvo uye kuita zvinoita chaizvo.

1. Kufunga nezvemumwe wako zvavanoita kunge vanofarira kana kuyemura?
2. Ndedzipi dzimwe nzira nyowani dzaungaratidza rudo kune mumwe wako iye zvino?
3. Funga nezvako. Ndedzipi dzimwe nzira dzekuratidza rudo dzaunofarira? Ndezvipi zvinhu zvinoitwa nemumwe wako zvinoita kuti unzwe kudiwa kwazvo?

Zvinonetsa kuziva zvinofarirwa nemumwe wako, iwe unogona kuyedza- yedza. Mumwe mwedzi sarudza imwe yemitauro yerudo uye dzidza kuratidza rudo nenzira iyoyo. Wawana mhinduro ipi? Kana pasina shanduko edza mumwe mutauro. Ramba uchiedza mwedzi nemwedzi kusvikira iwe waona mhinduro kubva kune mumwe wako. Kana izvo zvisiri kushanda unogona kuzobvunza.

Namatai Mose

HURUKURO MUBOKA GURU

Verenga Muparidzi 4:12. "Tambo yetambo nhatu haidambuke nyore nyore."

Humwe hunyanzvi hwakakosha pakuvaka imba yakasimba kunyengetera pamwe chete. Patinonamata pamwechete, tinoisa Mwari pakati pewanano yedu. Mwari haana kumbobvira afunga kuti murume kana mukadzi wedu atipe zvole zvatinoda. Kana isu takatarisira murume kana mukadzi wedu kuti atinzwisise zvizere uye nekuita zvese zvatinoda, tinobva tatadza nekurwadzisa mumwe. Takasikirwa kuva neukama naMwari - Iye chete ndiye anokwanisa kuita zvese zvatinoda.

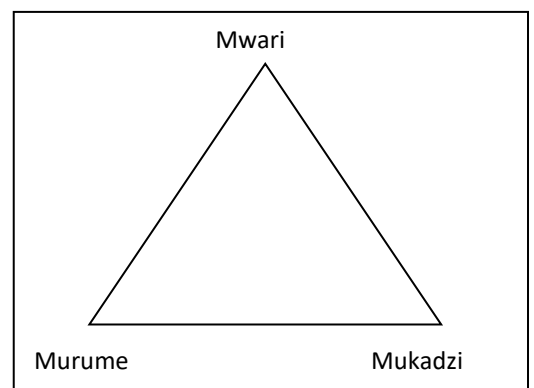
Zviziviso kumudzidzisi: *Dhirowa mufananidzo uyo pabhodhi kana pakadhi.*

Wanano inofana kufanana nemufananidzo uyu:

- Murume akabatana zvakananga kuna Mwari
- Mukadzi akabatana zvakananga kuna Mwari
- Iye murume nemukadzi vakabatana kune mumwe nemumwe zvakananga kuna Mwari

Imwe nzira yakakosha yekuti Mwari ave pakati pemuchato kutora nguva yekutaura naye pamwe chete kana woga.

Kunamata pamwe chete kuchabatsira murume nemukadzi kusimbisa imba yavo. Izvo zvinobatsira kuona kuti wanano inemufaro inogara kweupenyu hwese. Tichinamata tinogona kutsvaga kuda kwaMwari nekuda



kwematambudziko atinosangana nawo uye sarudzo dzatinofanira kuita. Kunyengetera kunotibatsirawo kuisa pfungwa uye kuvimba naMwari.

Heano mazano anoshanda ekunamata pamwe:

- Sarudza imwe nguva yekunamata pamwe chete uye ichengetedzei. Semuenzaniso, pakumuka kana kuenda kunorara kana vana vachangobva kuenda kuchikoro.
- Namata zuva nezuva. Zvirinani kuedza kungonamata chete maminetsi mashanu pazuva pane chidimbu cheawa kamwe chete pamwedzi.
- Shandisa nguva kutenda pamusoro penyu, mhuri yenyu, wanano yenyu nezvimwe.
- Shandisai nguva iyi kunamatirana pane zvamungade, kwete zvinodiwa nepasi rese.
- Teereranai pamuri kunamata.
- Iva nechokwadi chekuti unonamata kuna Mwari. Usashandise munamato wako kuyedza kushandura mumwe munhu.

Koshesa Umwe Wako Kudarika Vamwe Vose

HURUKURO MUBOKA GURU

Zviziviso kumudzidzisi: Verenga kana kutaura nyaya iyi.

Caleb uye Tamar vaidzidza kuratidzana rudo nenzira dziri nani. Asi humwe husiku, vakakavadzana zvikuru uye Caleb akabva pamba akabuda neshamwari dzake. Tamar akagumbuka. Nharo idzi dzakatanga audza mukadzi kuti aive achienda kwemazuva mana kushanyira hama dzake. Akatsanangura kuti muheche wemwedzi mina airwara uye aisakwanisa kugona kurara. Akanga audza Caleb kuti chokwadi aida kuti amubatsire pamba nevamwe vana uye kugadzira minda yekurima. Akataura kuti mumwe munhu wekumhuri yake anga asiri kunzwa zvakanaka uye aida kuenda kunovabatsira.

Caleb akasvika kumba kwasviba husiku ihwoho. Akati akanga ataura shamwari dzake pamusoro pechimiro ichi. Vakabvumirana kuti aifanira kushanyira hama yake yepamoyo. Saka, aizoenda mangwanani. Tamar akagara akamuka achipa mwana zvokudya, achibvuma kuti aiyemura kuti murume wake aiva nehanya nehama dzake kupfuura mhuri yake. Asi akanzwa godo zvishoma - sei asina kuona kuti aidawo kuti amuchengete nenzira imwe chete? Ndiani aizoenda kumubatsira?

- Chii chakaitika mune nyaya iyi?
- Izvi zvinomboitika here munharaunda ino?
- Chakanga chiri dambudziko chii?
- Ndiani waunofunga kuti akaita zvisizvo? Sei?
- Caleb angadi akaitei kuti aise mukadzi wake pekutanga?

Murume nemukadzi vasati varoora, murume nemukadzi ndevemhuri yemubereki. Kana vaviri vakaroora, vanotanga mhuri itsva.

Muna Marko 10: 6-9 Jesu anoreva nezvevhesi iri munaGenesi, kuti murume anofanira kusiya baba vake naamai, vaviri vacho vanova nyama imwe uyezve anoti "Naizvozvo, zvakabatanidzwa naMwari, ngapasava mumwe anoparadzanisa." Izvi zvinotidzidzisa kukosha kweyu muchato. Iye murume anochinja zvaanosiita pekutanga kubva kumhuri yake yekare kuenda kumhuri yake itsva. Iye ane basa rekutanga kuchengeta mukadzi wake nevana vake.

Izvi hazvireve kuti tinorega kukudza vabereki vedu kana kuchengeta mhuri dzekwatakabva.

Verenga 1 Timoti 5: 8

Nekuti mumuchato vanhu vaviri vanozova munhu mumwe, isu tinofanirwa kuisa mumwe wedu pamberi pevamwe. Asi hatifanire kukanganwa mhuri yemurume kana mukadzi. Ukama hwemurume nemukadzi ndiro

basa rakakosha kwazvo Mwari akatipa. Naizvozvo, izvi zvinoreva kuti tinofanirwa kudzidza kukoshesa watakaroorana naye pekutanga, asi tisingakanganwe mhuri yemurume kana mukadzi.

- Munyaya iyi ndedzipi dzimwe nzira dzaisira Caleb shamwari dzake pamberi pemukadzi wake?
 - *Akashanyira shamwari yake pane kuti agare nemukadzi wake*
 - *Akabvumidza shamwari dzake kuti dziite danho rekuti aende here kana kuti kwete pane kuita sarudzo inoenderana nezvikumbiro zvemukadzi wake*
 - *Akabuda neshamwari dzake pane kuti agare pamba uye abatsire nemwana.*
- Ndeipi mimwe mienzaniso yenzira dzatinaita kuti vamwe vakoshe kudarika murume / mukadzi wedu?
- Caleb aigona sei kuisa mukadzi wake pokutanga uye zvakanadaro achiratidza hanya nemhuri yake?

Pane nzvimbo dzinoverengeka dzatinofanira kuisa mumwe wedu pakutanga muhupenyu hwedu. Nhasi tichatarisa nzvimbo mbiri chete.

1. **Nguva** – Izvi hazvireve kuti tinongotora nguva yakawanda navo chete asi kuti kana vakuda rubatsiro rwedu, tinovaisa pamberi pevamwe vanhu.
2. **Sarudzo** – Kana isu takaroora, isu tinoita sarudzo dzedu pamwe chete kana kuita tichifunga nezve izvo zvatakurukura nemudiwa wedu. Sarudzo ine chekuita nemurume nemukadzi haifanire kuitwa nevamwe. Mudzimai anofanirwa kuve nekuwedzera kwakawanda musarudzo kupfuura chero munhu upi zvake uye murume anofanira kukudza mukadzi wake pasarudzo dzake dzose. Iyi nzira inoshanda yeku “zviisa pasi pomumwe nekutya Kristu,” sekureva kunoita VaEfeso 5:21. Isarudzo yakanakisa inoitwa mushure mekutaaurirana kwakanaka, kunyatsofungisisa, uye nemunamato nemurume nemukadzi.

Zviziviso kuMudzidzisi: *Batsira boka kuona kukosha kwekubvisa kuzvitarisa kana basa rekumhuri kwavo votanga kutarisa mudiwa wavo nemhuri itsva. Vataridze vaone kukosha kwekutanga mhuri itsva uye kukoshesana pamberi pevamwe mumhuri. Zvino pamwechete, vakawanana vanozokwanisa kuramba vachiremekedza uye kukudza mhuri dzose. Jekesa pfungwa kuti nyaya haisi kushaya hanya nemhuri dzevabereki vedu, kasi kudzidzira kuisa vadiwa vedu pekutanga. Unogona kukurukura izvi zvinedzamu uye kupa nzira dzekuisa mudiwa wedu pekutanga uye kusashaya hanya nemhuri dzedu.*

- Kunzwisisa uku kunochija here maonero anoita murume uye mukadzi zvekuti vangaise mudiwa wavo pekutanga kupinda vamwe vose?
 - *Vanozogadzira mhuri itsva iyo vanozokoshesa nekukudza pekutanga.*
 - *Zvino vanozochengeta uye kuteerera kuraira kubva kumhuri dzavano.*

ZVIONGORORE

Tora nguva kufunga muenzaniso mumwe muupenyu hwako kubva panzvimbo imwe neimwe yaungaita zviri nane nekuisa mudiwa wako pekutanga kupinda vamwe. Zvino, pamuenzaniso wega wega kumbira Mwari uye pamberi apo mudiwa wako akuregerere. Kumbira Mwari kuti akubatsire kuchinja uye kuti basa raakakupa rekutanga nderekumudiwa wako.

- Nguva – Pane nguva here dzawakaisa shamwari dzako kana vamwe sevakakosha kupinda mudiwa wako?
- Sarudzo – Pane sarudzo here dzawakaita usina kutarisa pfungwa kana zvaizonzwa mudiwa wako?

Mhedziso

HURUKURO MUBOKA GURU

Nhasi tatarisa nzira nhatu dzatingasimbisa nadzo wanano dzedu:

1. Taridza rudo rwako
2. Kunamata pamwe
3. Kuisa mudiwa wako pekutanga

Zama kudzidzira zvinhu kutanga izvozvi kuitira kuti wanano yako isimbewo.

Chidzidzo Chechitanhatu: Madzimai Akakosha

Pfungwa Huru

1. Vose murume nemukadzi vane kukosha kwakafanana nekuti vakagadzirwa nemufananidzo waMwari nekudzikunurwa naKristu.
2. Tinofanika kuremekedza nekubata madzimai sezvaitwa naJesu, chero zvichinge zvakasiya zvakanyanya neunhu hwenharaunda yedu.

Zvokushandisa

Bhuku reMudzidzi:

- a. Madzimai neVasikana
- b. Unhu neNzira dzaJesu
- c. Nharaunda Yedu

Makadhi eGreen neYellow

Mvura uye chikafu chishoma chichapiwa paChiitiko Muboka Guru

Nhanganyaya

CHIITIKO MUBOKA GURU

Zaiziviso kuMudzidzi: Ipa makadhi eyellow negreen kuboka zvisina kurongeka kuvashoma. Zama kuona kuti muyellow boka mune madzimai uye uye kutiwo mugreen boka mune varume zvakar. Ipa munhu mumwe chete ari muboka regreen zvinotevera **MUFANANIDZO UNGABATSIRE**- Zviziviso kuBoka reGreen:

“Endai kumashure kwekirasi uye momira muchiona, kuteerera, nekunyatsoona kufamba kwechidzidzo, kasi musataure chidzidzo chisati chatanga, vapei mvura uye pamwe twokudya twushomanana kune rimwe boka. Ndapota usanwa kana mvura kana chikafu kusvika chiitiko chapera”

Nhasi tichaita zvinhu zvakti siyanei neamaitiro atinoziva. Munhu wese achawana kadhi—reyellow kana green. Vose vane makadhi egreen vachaenda kumashure kwekirasi uye moverenga zviziviso pamwechete seboka. Avo vane makadhi eyellow vanoramba vakagara pahurukuro inotevera.

HURUKURO MUBOKA GURU (BHUKU REMUDZIDZI – Madzimai nevasikana)

Verenga mutsetse woga woga uye mukurukura kana muchiwirirana kana kusawirirana nawo uye nemhaka yei.

- "Vanasikana mutoro kumhuri."
- "Vakadzi havafaniki kuva mneminda kana kuwana nhaka."
- "Zvakanaka kurova mukadzi asiri kuteerera."
- "Vakadzi vanofanika kungowonekwa kwete kutotungamirira."

Ndeupi mutauro waungafunga nezvawo muchivanhu chenyu unoratidza zvinotarisirwa zvakasiyana pakati pevarume nevakadzi? Unobvumirana navo here?

Zviziviso kumudzidzi: Zama kufunga munzaniso muchivanhu chenyu uye vakurudzire kufunga mimwe miyenzaniso.

DZOKA NEZVAWAWANA - Kumbira mapoka kuti agovane maitiro avakanyora. Wobva waenda pane chirevo chimwe nechimwe uye wobvunza boka rega rega kana vachibvumirana kana kwete nechirevo uye kugovera chimwe chikonzero nei.

HURUKURO MUBOKA GURU

Verenga Genesi 1: 27-28.

Ndima iyi inotiratidza kuti murume nemukadzi vakasikwa nemufananidzo waMwari.

Gadzira chinyorwa chehunhu hunoratidza nzira iyo vakadzi nevasikana vanotiratidza isu mufananidzo waMwari.

MuBhuku rekutanga, takadzidza kuti Mwari akasika vese murume nemukadzi nemufananidzo wake. Ndine hurombo kuti, yedu tsika nemagariro zvinotaridza zvisingaenderane nekukosha kwakapihwa vakadzi mukusikwanemufananidzo wake.

- Chii chinoitika kana mukadzi akasatevedzera tsika dzedu nechivanhu uye zvinotarisirwa?
- Vehukama vanoita sei (murume, vabereki, vatezvara)?

UDZA ZVOKUITA

Zviziviso kudzidzisi: *Kumbira boka regreen kuti vadzoke kuzobatana neboka rezero. Vabatsire nekubvunza mibvunzo kuboka rega rega uye ivai nemhedzisiro muboka zvichienderana nechitiko ichi.*

Kwemaminetsi gumi nemashanu ekupedzisira iro boka rakasvibira rakakumbirwa kuteedzera zvavaudza zvavataadza kuita hurukuro muboka duku kana guru.

- **Boka reGreen :**
 - Manzwa sei kusaiswa mukukururirana uye kusabvumidzwa kutaura?
 - Maidawo kuita zvaitwa nevamwe here nekutaura zvamunofunga?
 - Iwe wakakumbirwa kuti upe mvura nechikafu uye usina kana. Wnzwa sei kubatsira boka rezero asi iwe usingadye?
- **Boka reYellow :**
 - Wanzwa sei kusaisa chikamu cheboka mumapoka maduku madiki uye nhaurirano?
 - Ko waona here kuti rimwe boka harina kuwana chikafu kana mvura? Iwe unofungei nezvazvo?
 - Wainzwa kusagadzikana here? Nei uchidaro kana kuti kwete?
- **Munhu wese:**
 - Chii chaite kunge chisina kunaka?
 - Mikana ipi yakarasikirwa nekusabatanidza neboka rakasvibira mune chitiko?

Muchidzidzo ichi, tiri kuzotaura nezvemafungiro atinaita nezvevakadzi nevasikana. Tichaongororawo dzimwe nzira dzekuvabata dzinoratidza kuti hativakoshese.

Chokwadi Pamusoro Pavakadzi

HURUKURO MUBOKA GURU

Mwari vakasika vese murume nemukadzi nemufananidzo wake vane kukosha uye ukosha. Izvi zviviri zvinomiririra zvinhu zvaMwari kunyika. Mwari akaudza vese vari vaviri kuti vazadze pasi uye vatonge pamusoro paro pamwe chete.

Verenga Genesi 3: 6.

Adhama naEva vakatadza nekusateerera Mwari uye vakatambura nemhedzisiro yechivi chavo. Ukama hwavo hwakakwana hwakavhunika.

- Chii chakashanduka mukuwirirana kwaAdamu naEva pavarega kuteerera Mwari?
 - *Vakapomerana mhosva*
 - *Mukadzi oda kutonga murume asi murume ndiye anotonga mukadzi.*
 - *Kuronga kwaMwari kwekubatana uye umwechete kwakaparara*
- Ko chitadzo uye nekupunzika mune pasi rose kwakonzereyi pavanhu pamaonere evakadzi mutsika medu?

Verenga VaGaratiya 3: 26-29.

- Ivo vanonzi vana vaMwari kubudikidza naKristu Jesu ndevapi? (*vose vane kutenda*)
- Ndimba iyi inoti hakuchisiri muJuda kana weVemamwe Marudzi, muranda kana akasununguka, murume kana mukadzi? Izvi zvinoreva chii? (*Tose takafanana pamberi paMwari*)

Kuburikidza naKristu vese varume uye vakadzi vanogona kuve vana vaMwari, vagari venhaka yehupenyu hwusingaperi, uye vese vari vaviri vanodzorerwa zvakanwana muhukama naMwari.

Verenga Mabasa 2: 17-18,21 uye 1 Petro 4: 10-11.

2. Chii chinotaurwa nendima iyi kuti chichaitika kana mweya waMwari pauchidururwa pamusoro pevanhu vese?
3. Zvinokushamisa here kuti vanasikana nevakadzi vanosanganisirwa mukugamuchira zvipo zvekuporofita kuti zvishandiswe mukereke?
4. Kana munhu wese akashandisa zvipo izvo Mwari zvaanovapa, mhedzisiro chii?
5. Chii chaizoitika kana vakadzi nevanasikana vakasashandisa zvipo izvo Mwari zvavanopa?

Mwari vanopa varume nevakadzi zvipo kuti zvishandiswe kuvaka imba yake.

- Ungabatsira sei mukadzi wako kuti ashandise zvipo zvese zvaakapiwa naMwari?
- Ungabatsira sei mwanasikana wako kuti akudze chipo chaakapiwa naMwari agone kuzvishandisa zvipo zvaMwari?
- Ungakurudzira sei vakadzi vemunharaunda nemukereke kuti vashandise zvipo zvaMwari?

Tsika dzaJesu nekuti aibata sei vakadzi

HURUKURO MUBOKA DIKI

Nhasi toda kutarisa maonerwo ailitwa vakadzi munguva yaJesu uye mabatiro aiita Jesu vakadzi. Verenga **Bhuku romudzidzi**—Unhu neNzira dzaJesu – mumapoka enyu itai hurukuro iri papegi rechipiri.

Tsika dzaJesu:

Mitemo yechiJuda neyechiRoma netsika zvakapa kukosha kushoma kune vakadzi. Vakadzi vaionekwa sevakaderera (vakaderera uye vasina kukosha) kuvarume.

1. **Vakadzi vaibatwa sepfuma.** Vakanga vasina kuzvimirira. Vangave vari veimba yababa vavo kana veimba yemurume wavo. Varume vechiJudha vakatorambidzwa kutaura nevakadzi vese mumugwagwa. Kuvapo kwavo hakuna kunyorwa kana kuzivikanwa muzviitiko zvakanosha.
2. **Vakadzi vairambidzwa mukunamata kwavo Mwari.** Ivo vaingobvumidzwa kuenda "kudare revakadzi" mutembere. Vakatazda kuverenga Shoko raMwari kana kutora chinamato mukati meTembere.
3. **Vakadzi vaiwanzobviswa pakudzidziswa.** Sezvo dzidzo yakapihwa muzvikoro zvemasinagoge, vasikana vaisabvumidzwa kutora chikamu ichi.
4. **Vakadzi vakanga vasina kodzero dziri pamutemo.** Ivo vaisakwanisa kuve neivhu, kugashira nhaka, kana kurambana nemurume wavo. Vakadzi vaisabvumidzwa kupupura mudare remutemo kunze kwekunge murume abvuma nyaya yavo.

Kazhinji, mutsika yenguva yaJesu vakadzi vaionekwa sevakaderera, vasina kuvimbika, vasina huchenjeri, uye vasina mweya waMwari sevarume.

Nzira dzaJesu

Mafungiro neunhu hwaJesu kuvakadzi zvakange zvakasiyana zvakananyanya. Aibata varume nevakadzi neruremekedzo uye rukudzo zvakaenzana. Vakadzi munguva yake vaisamboziva mumwe murume akaita saJesu.

- **Jesu aibata vakadzi noruremekedzo nohudzamu.** Aitaura nevakadzi pavanhu. Jesu akataura nomukadzi muSamaria aiva ne "zvitaridzo" uye asiri wemunyika imomo (Johani 4:7). Aitaura nenyasha, nezvokwadi, nounyoro kumukadzi akabatwa achifeva (Johani 8:1-11).
- **Jesu akaparidzira vakadzi akavabata sevanhu.** Jesu akatambanudzira maoko kuvakadzi sevanhu vaikodzera saiwo varume kuti vaporeswe uye vadzikunurwe. Haana kuteerera mitemo yakapihwa kuna Mozisi yaiti haugone kubata mukadzi ari kubuda ropa (Marko 5: 25-34). Akaporesa mukadzi akaremara kwemakore gumi nemasere nemweya wedhimoni uye akamudaidza kuti "mwanasikana waAbrahama" (Ruka 13: 10-17). Akaporesa mwanasikana womukadzi muKanani (Mateu 15: 22-28).
- **Akadzidzisa vakadzi.** Akatora mibvunzo yavo nehurukuro dzavo zvineudzamu. Jesu akadzidzisa hukoshwa hwechokwadi kuvose varume nevakadzi. Jesu akadzidzisa Maria, sis vaMaritha (Luke 10:38-42). Vakadzi ndivo vakatanga kuona Jesu amuka kuvafi vakatumwa kundoudza vadzidzi (John 20:1-18). Vakadzi vakawanda vaifamba naJesu uye vachimubatsira pahushumiri hwake (Luke 8:1-3) kuvadzidzi nechaunga.

Tauriranai mibvunzo (BHUKU REMUDZIDZI – Unhu hwaJesu Nenzira dzake):

1. Ungatsanangura sei mabatirwo ayiitwa vakadzi mutsika dzake?
2. Jesu aivabata zvakananana here kana zvakananana netsika dzokwake?
3. Pane kufanana kupi pakati petsika yako pamabatiro evakadzi netsika dzekwaJesu?
4. Ndeupi mutsauko uripakati pamabatiro aiita Jesu vakadzi netsika yekwake?
5. Unofunga kuti vakadzi vakanzwa sei Jesu paakabata nenzira iyi?

DZOKA NEZVAWAWANA - *Enda pamusoro pemibvunzo iri pamusoro uye kumbira boka rega rega kuti riunze mhinduro dzavo.*

SevaKristu, tinofanirwa kutevedzera muenzaniso waJesu kudarika tsika dzedu. Jesu ndiye muenzaniso wedu.

Tinogona Kuita Shanduko

HURUKURO MUBOKA GURU

Jesu akaita mutsauko mutsika yake uye tinogona kuita mutsauko mutsika yedu.

Verenga iyi nyaya yechokwadi (mazita akachinjwa):

Sojib aive asina kumbofunga nezve varume nevakadzi vakasikwa vaine huremu hwakaringana naMwari. Haana kumbonyatsofunga nezvemukadzi wake zvachose. Vaiva nezvimari zvishomanana yaisagona kutenga chikafu chinokwana. Saka manheru ega ega pakudya kwemanheru chinhu chimwe chete chaitika. Sojib aigona kugara patafura ega achidya zvese mupunga uye curry yaaida. Paanopedza uye akasimuka, mukadzi wake anozodya chero zvasara. Rimwe zuva Sojib akapinda kwaiparidzwa Bhaibheri pamusoro petsika uye kuroorana- tsika yeBhaibheri newanano. Akadzokera kumba uye akasarudza kuita chimwe chinhu kuratidza kuti aikoshesa mudzimai wake. Panguva yekudya kwemanheru, akakumbira mukadzi wake kuti agare naye patafura. Akatora mupunga wakange wabikwa nemukadzi wake, akautsemura nepakati zvakaenzana muzvikamu zviviri, ndokupa chikamu chimwe kumukadzi uye chimwe chake. Akazoita zvimwechete nemuto. Mukadzi wake akashamiswa! Husiku hwoga hwoga Sojib akaramba achingoita zvimwe chete. Akagara pasi nemukadzi wake ndokugovana zvese zvakaenzana. Sezvo izvi zvakaenderera mberi akawona kuti ukama hwake nomudzimai wake hwakavandudzika. Vakave vakabatana, uye vamwe munharaunda vakatanga kutevera muenzaniso wavo wakanaka wewanano ine hutano.

- Ndezvipi zvakaibwa naSojib nokuchinja kuratidza aikoshesa mukadzi wake?
- Mukadzi wake anga akaitei neshanduko iyi?
- Shanduko iyi yakaita sei vamwe (mukadzi wake, vamwe munharaunda)?

Tsika zhinji nhasi hadzioni vakadzi nevasikana semaitiro akasarudzika naMwari. Tsika dzemagariro edu dzakasimba uye vanhu vazhinji vanofunga kuti zvinogamuchirika. Nekudaro, kushungurudzwa kwemunhu chero upi zvako akasikwa mumufananidzo waMwari hakuna kunaka. Zvinoshungurudza Mwari uye isu tinofanirwa kukumbira Mwari kuti atibatsire kuchinja nzira dzedu.

Tinofanirwa kutarisa tsika nemagariro edu uye tidzidze izvo zvisina kunaka kubva pamaonero aMwari. Isu tichashandisa **BHUKU REMUDZIDZI**– Nharaunda yedu– kufunga dzimwe nzvimbo dzatingagadzirise munharaunda.


Zviziviso kumudzidzisi: *Usati watanga hurukuro yeboka diki, enda pamusoro pemamiriro mana pane chati. Bvunza mibvunzo uye upewo zvakaajirika mienzaniso pazasi pechitiko chimwe nechimwe kuti uvabatsire kufunga mienzaniso yemunharaunda.*




- **Mhuri** – Ndedzipi nzira vakadzi nevasikana vanobatwa zvakaasiyana nevarume nevakomana mumba? Vanobatwa zvisina kunaka munzira dzipi?
 - Semuenzaniso -Mumwe mudzidzisi paakabvunza boka revanachiremba vechiKristu makumi maviri kana vakamborova vakadzi vavo, 18 vakasimudza maoko kuratidza kuti vakazviita. Mudzidzisi akabva abvunza kuti, vangani pakati penyuvu vangatenda kurova mukadzi wako kana akaita chimwe chinhu chinonyadzisa mhuri - vese vakasimudza maoko.
- **Chikoro**– Ndedzipi dzenzira vasikana vanobatwa zvakaasiyana pane vakomana kuchikoro? Mikana ipi yavasina vakomana yavanogona kunge vainayo?
 - Muenzaniso - Zvimwe zvikoro hazvibvumiri vasikana kutora zvimwe zvidzidzo kana kutevera mamwe nemabasa zvakaifanana kuva chiremba kana mutyairi kana muvaki.
- **Kereke** – Ndedzipi nzira vakadzi nevasikana vanobatwa zvakaasiyana kupfuura varume nevakomana muchechi? Ndezvipi zvavanogumira izvo nekuti ivo vanhukadzi?
 - Muenzaniso - Makumi maviri kubva muzana evaKristu vakadzi, chii chinotika kana vasingatenderwi uye kukurudzirwa kushandisa zvipo zvavo?
- **Nharaunda** – Ndedzipi nzira vakadzi nevasikana vanobatwa zvakaasiyana kupfuura varume nevakomana munharaunda medu? Ndedzipi nzira vakadzi nevasikana vanobatwa zvisina kunaka munharaunda medu?
 - Semuenzaniso- Mune imwe nyika yakakurirwa nehondo muAfrica inosvika hafu yevakadzi vese vakabatwa chibharo, kunyangwe nyika inoonekwa seyechiKristu zvakananyanya. Mune imwe nyika yeAsia, maminitisi masere ega ega musikana anoenda uye anotengeswa muhuranda.

Vose varume nevakadzi vakakosha. Mwari anoda kuti tibate vese neruremekedzo uye kukosha. Tinoda kuona vese varume nevakadzi vachibudirira.

HURUKURO MUBOKA DUKU

Shandisa **BHUKU REMUDZIDZI**– Nharaunda yedu. Taurai pamwe chete nezvemunharaunda yega yega uye zadzai chati iyi nematambudziko amunoona munharaunda mako nemabatirwo evakadzi nevasikana uye 1-2 pfungwa dzenzvimbo imwe neimwe yezvaungaita kubata vakadzi nevasikana zvine rukudzo, ruremekedzo uye kukosha.

Nzvimbo	Kusabatwa zvakanaka munharaunda	Zvatinokwanisa kuita (1-2 pfungwa panzvimbo yega yega)
Mhuri 	<i>Ipa muenzaniso kubva kunharaunda yako sokuti zvipo zvinopiwa kuvakomana vanoizvarwa. Vanokomana vanotanga kudya uye vanokurudzirwa kuenda kuchikoro</i>	<i>Farai kana vasikana nevakomana vazvarwa. Kurudzirai kubatwa zvakaifanana pakati pavasikana navakomana etc.</i>

Kereke 		
Chikoro 		
nharaunda 		

- Ndezvipi zvinhu zviviri zvaunogona kuita zvakasiyana mumba mako kukudza mukadzi wako, vanasikana?
- Ndezvipi zvinhu zviviri zvaungaite zvakasiyana munharaunda mako kukudza vakadzi nevasikana munharaunda?

Govera mumwe nemumwe izvo zvamuri kuzvipira kuita. Namatirai mumwe nemumwe uye kumbira Mwari kuti abatsire kuita izvi zvinhu.

DZOKA NEZVAMAWANA

Zviziviso kumudzidzisi: Tarisa mapoka kuona kuti vanokwanisa here kufunga mienzaniso yemunharaunda yezvinhu uye neimwe nzira yekubata vakadzi nevasikana zvakanaka. Ipa mapoka nguva yakawanda yekushanda pane ino chati. Kana mapoka mazhinji apera kubvunza vanozvipira kuti vagovane pfungwa imwe yenzvimbo imwe neimwe - mhuri, chechi, chikoro nenharaunda. Ita shuwa vanokwanisa kufunga nezvenzira shoma dzakasiyana dzekuremekedza vakadzi nevasikana. Vakurudzire kukumbira Mwari mazano Ake nehungwaru.

Tese takagadzirwa mumufananidzo waMwari - varume nevakadzi. Mwari anotida zvekuti akatumira Mwanakomana wake kuti azotifira kuti murume nemukadzi vave vana vake. Hakuna vanhu vakakwirira uye vanhu vakaderera muHumambo hwaMwari. Akagadzira mumwe nemumwe wedu sekureva kwaanoda isu, uye ane chinangwa chakakosha kune vese varume nevakadzi.

Tose takasikwa nemufananidzo waMwari – vakadzi nevarume. Mwari anotida zvikuru zvekuti akatuma mwanakomana kuti atifire tose varume nevakadzi kuti tive vana vake. Hakuna vanhu vepamusoro kana pasi muumambo hwaMwari. Akasika mumwe nemumwe sekuda kwake, uye ane basa rakakosha kuna vose varume nevakadzi.

Tinogona kuita mutsauko nemuenzanisira kune vamwe nenzira yekubata vakadzi nevasikana saJesu. Izvi zvinokudza Mwari uye zvichabatsira vamwe kuona kuti vakadzi vanokosha. Tinogona kutanga nezvinhu zvidiki kubatsira vanhu kuti vaone kuti vakadzi vanokosha. Tinoda vese vakadzi nevarume kuti vararame nenzira yaanoda.

Kuzvitsopodza wega kana noumwe wako

Mwari anokudzwa tikaita zvatadzidza. Ndezvipi zvatinozivipira kuita nezvatadzidza?

- Ndezvipi zvinhu zviri zvaunoita kumba kwako kukudza mukadzi wako kana vanasikana vako?
- Ndezvipi zvinhu zviri zvamunoita kukudza vakadzi nevasikana munharaunda menyu?

Udzanai zvamuchada kuzoita. Namatiranai mokumbira Mwari kukubatsirai kuita izvi.

Zviziviso Kuboka ReGreen

Endai kumashurure kwekirasi

*Uye momira muchiona,
kuteerera, nekunyatsoona
kufamba kwechidzidzo, kasi
musataure.*

*Chidzidzo chisati chatanga,
vapei mvura uye pamwe
twokudya twushomanana kune
rimwe boka. Ndapota usanwa
kana mvura kana chikafu
kusvika chiitiko chapera.*

Chidzidzo 7: Basa reMubereki

Pfungwa Huru

1. Vana chipo chinobva kuna Mwari.
2. Vabereki vane basa rekupa izvo zvinodiwa nevana vavo uye kuvatungamira zvakanaka kuti vakure mumweya, mupfungwa, mumagariro uye panyama.

Zvokushandisa

Bhuku Remudzidzi: Kubatsira Vana kuti Vakure (kopi imwe chete pamunhu mumwe nemumwe)

Nhanganyaya

HURUKURO MUBOKA GURU

Kuvabereki:

- Hupenyu hwako hwachinja sei kubva pawakava mubereki? Shanduko dzipi dzaitarisirwa? Ndedzipi shanduko dzaisatarisirwa?
- Ungatsanangura sei basa rako semubereki?
- Ndeapi mazano awakapiwa nevemhuri nezvekurera vana (zano rakanaka uye zano rakaipa)?

Zvakaoma kuva mubereki. Hakuna bhuku rekuraira rinotibatsira kuziva zvekuita. Tinoda kuti vana vedu vafare, vazvibate zvakanaka, uye vakure kuva vanokwanisa kuzorerawo mhuri dzavo uye kuve nhengo dzakanaka munharaunda uye vave maKristu akasimba. Asi tinoita sei izvi? Ndinehurombo, hapana mhinduro dziri nyore.

Nhasi tinotanga kutarisa basa remubereki kubatsira vana vedu kukura pamweya nepfungwa. Kazhinji, munhu wese mukuru anozviona ane basa rekuchengeta nekurera vana. Zvino muzvidzidzo zvitatu zvinotevera tichadzidza hunyanzvi hwekutungamira vana vedu nekuvabatsira kuzvibata zvakanaka.

Basa reMubereki

HURUKURO MUBOKA GURU

Zviziviso kumudzidzisi: Vanhu vazhinji vanozofunga nezvezvinodiwa panyama. Vakurudzire kuti vafunge nezvezvimwe zvinodiwa nemwana. Yeuchidza nezvaRuka 2:52 uye nzira ina dzakakura Jesu - panyama, pakuwadzana nevanhu, pamweya uye papfungwa.

- Ndedzipi zimwe zvinodiwa kuti mwana ave nazvo?
- Ndiani ane basa rekuita izvo zvinodiwa?

Basa revabereki rekupa vana zvavanoda ibasa guru zvikuru zvekuti tinonzwa tisina kukodzera kuti tiriite.

HURUKURO MUBOKA DIKI

Zviziviso kumudzidzisi: Nyora mavhesi mashanu achona pachidziro kana pamakadhi eboka rimwe nerimwe.

Mumapoka enyu, tarisai mavhesi anotevera. Mavhesi aya anoti chii nezve basa remubereki?

- Zvirevo 22: 6 - *Isu tinofanika kutungamira vana vedu.*
- VaEfeso 6: 4 - *Isu tinofanika kudzidzisa vana vedu.*
- Dheuteronomio 6: 6 - 7 - *Isu tinofanika kuvandudza vana vedu pamweya.*
- Zvirevo 1: 8 - *Isu tinofanika kusimudzira vana vedu mupfungwa.*
- Zvirevo 31: 15, 21 - *Tinofanira kupa zvinodiwa nevana vedu panyama.*

DZOKA NEZVAMAWANA

Zviviso kumudzidzisi: *Bvunza mapoka kuti vhesi imwe neimwe inotii nezve basa remubereki uye simbisa zvakanyorwa zvakabhenda pamusoro.*

Sevabereki, takapihwa basa rekudzidzisa kana kutungamira vana vedu. Mwari vakatipa basa rekuvabatsira kuti vakure kuve varume uye vakadzi vaMwari vakasimba. Iri basa rinopihwa kune vese murume nemukadzi kurera vana vavo. Kunyangwe mhuri yakawandisa ingabatsira, vabereki ndivo vane mutoro wekutanga.

Bhaibheri rinotiudza kuti basa iri rakakosha kwazvo. Paul paanopa Timoti mirairo yekuti vangasarudza sei vanofanirwa kuve vatungamiriri mukereke, chimwe chaive kuona kuti vaive nevana vane hunhu hwakanaka (1 Timotio 3: 4-5). Sevabereki, tinofanirwa kupa vana vedu zvepanyama uye zvekukudza pfungwa zvinodiwa. Bhaibheri rinotiudzawo kuti vabereki, kwete kereke, ndivo vane basa rekudzidzisa vana vavo shoko. Sezvakangoita Jesu akakura munzvimbo ina dzehupenyu hwake (Ruka 2:52), isu tinoda kubatsira vana vedu kuti vakure munzvimbo dzakafanana naidzodzo - mune zvomweya, papfungwa (huchenjeri), panyama nekuwadzana nevamwe.

Kukura paMweya

HURUKURO MUBOKA GURU

- Ndedzipi zvimwe zvinhu zvaunaita kubatsira vana vako kuti vakure pamweya?
- Ko iwe unofunga kuti zvakanakosha sei kubatsira vana kuti vakure pamweya?
- Ndeapi mamwe ematambudziko atinosangana nawo mukubatsira vana vedu kukura pamweya?
- Ko isu tinogona kukunda sei matambudziko aya?
- Ndedzipi dzimwe nzira dzatingabatsira vana vedu kuti vakure pamweya?

Zviviso kumudzidzisi: Verenga **BHUKU REMUDZIDZI**- Kubatsira Vana Kukura. Kumbira vanozvipira kuti vaverenge ruzivo rwe rwepfungwa imwe neimwe. Iwe unenge uchishandisa Bhuku reMudzidzi peji pazvikamu zvina zvinotevera. Ipa vadzidzi nguva yekufunga nezvenzira dzekushandisa izvi kumhuri yavo mushure mechikamu chimwe nechimwe.

Verenga Dheuteronomio 6: 6-7.

Nzira nhatu dzekubatsira mwana kuti akure pamweya:

1. **Nguva yekunamata semhuri kana kuverenga Bhaibheri** - Edza kuwana nguva zuva nezva yekuverenga Bhaibheri kuti utaure nyaya dzeBhaibheri kuvana vako. Vabatsira kunzwisisa nyaya idzi. Kana uchinge wapedza ndima kana nyaya, vabvunze mibvunzo yakadai se-

- Chii chatingadzidza nezvaMwari kubva pane nyaya iyi?
- Chii chatingadzidza nezve maitiro atinofanira kuita/unhu?

2. **Kunamata nevana vedu**- Tinofanirwa kuisa parutivi nguva yekunamata nevana vedu. Sarudza nguva yaunonga wakasununguka. Iva nechokwadi kuti unoshandisa nguva iyoyo nemwana wako kumuteerera pane zvavari kunetseka uye uchinamata navo. Kana vari vaduku kwazvo vanogona kukuudza zvaunofanira kunyengeterera uye iwe unogona kutaura munamato mupfupi. Sezvo ivo pavanokura vanogona kutanga kunamata. Vabatsira kuona kuti Mwari anopindura minamato yavo.

3. **Kuva nenguva pamwe chete** - Taura nezvaMwari nguva dzese kana muri pamwechete. Vadzidzise nezvaMwari. Paunobuda panze ukaona muti unogona kuita tsananguro yekuti Mwari anotida zvekuti akatipa miti inotipa pekugara, huni, chikafu, uye kuti nyika yedu ive yakanaka. Taura nezvekuti nyika ndeyaMwari uye isu takapihwa basa rekuichengetedza. Gara uchitsvaga nzira dzekubatsira vana vako kuti vaone Mwari.

- Ndezvipi pane izvi zvaunotoita izvozvi?
- Ndezvipi pane izvi zvaunoda kuita kakawanda mune ramangwana?

Kukura Pfungwa

HURUKURO MUBOKA GURU

Tinofanirawo kubatsira vana vedu kuti vakure mupfungwa.

- Ndedzipi dzimwe nzira dzatingabatsira vana vedu kuti vakure mupfungwa?
 - Kana ivo vachiri vadiki tinofanirwa kuvadzidzisa kumba. Kana vakura tinoda kuenda navo kuchikoro kuti vadzidze zvimwe.
 - Vana vadiki vane mibvunzo yakawanda. Edza kupindura mibvunzo yakawanda yaungakwanisa.
- Ndeapi mamwe matambudziko atinosangana nawo kuyedza kubatsira vana vedu kuti vakure mupfungwa?
- Ko isu tinogona kukunda sei matambudziko aya?

Rimwe rebasa redu ndere kubatsira vana vedu kuti vakure mupfungwa. Kana tikatarisa munaRuka 2:52 tinoona kuti Jesu akakura muhungwaru. Tinodawo kuti vana vedu vakure muhungwaru.

Zviziviso kumudzidzisi: *Kumbira vanozvipira kuti vaverenge ruzivo rwese rwepfungwa imwe neimwe.*

1. **Dzidzisa vana vadiki kumba.**

Edza kuvatsanangurira zvinhu ivo vachiri vadiki uye vachiri kuda kuziva. Vadzidzisei maABC's nemanhamba, mazita emavara uye chimiro (pembera, denderedzwa, denderedzwa, etc.) Nevana vadiki tendera ivo kuti vasarudze pakati pezviviri kana zvinosarudzwa zvisina basa. Semuenzaniso, "Uri kuda kupfeka hembe tsvuku kana jira rebhuruu nhasi?" Tora nguva yekupindura mibvunzo yavo!

2. **Endesa vana kuchikoro vane zera vana kuchikoro.**

Dzimwe nguva tinofanika kuzvipira kuendesa vana vedu kuchikoro, asi ichi zvakare chikamu chakakosha chekuva mubereki. Kuburikidza nedzidzo tinogona kupa vana vedu mikana mune ramangwana. Isu hatizive hurongwa uhwo Mwari anahwo nevana vedu, asi isu tinofanirwa kuve neshuwa kuti vane mukana wekuongorora izvo zvavanosarudza. Mwari vanogona kusarudza mwana wako kuti aunze shanduko huru kunzvimbo yako. Kazhinji, ivo vanoda dzidzo uye kurovedzwa kuti vadaro. Kuzvipira kwako kunogona kubvumira mwana wako kuti akwanise kuenda kuyunivhesiti uye kubatsira mhuri yako mune ramangwana. Kuwedzera pakuvandudza hukama naMwari, dzidzo chinhu chakakosha kuvabatsira kuti vave neupenyu hwakanaka. Iva nechokwadi kuti iwe unopa mwana wako zvese.

- Uri kuita zvakanaka pane izvi zvinhu zviviri izvozvi here?
- Ndeipi papfungwa mbiri idzi yakanyanya kukuomera?

Kukura Pakuwadzana nevamwe

HURUKURO MUBOKA GURU

Tinofanirawo kubatsira vana vedu kuti vakure muhukama hwavo nevamwe.

- Ndeipi mimwe mienzaniso yehukama hune vana nevamwe vanhu?
 - Hukama nevanin'ina nemadzikoma
 - Shamwari (vavakidzani, chechi, chikoro)
 - Vanhu vakuru (hama, vavakidzani, vadzidzisi, vatungamiriri venharaunda)
 - Vabereki
- Nei iwe uchifunga kuti zvakanakosha kubatsira vana vedu kukura pakuwadzana nevamwe - kuva nehukama hune utano nevamwe?
- Chii chinobatsira kuti vana vako vave nehukama hwakanaka nevamwe?
- Ndeapi mamwe matambudziko anowanika pavana nevamwe vanhu?

HURUKURO MUBOKA DIKI

Mhuri inzvimbo inodzidziswa vana kuwadzana nevamwe. Naizvozvo, vabereki vanofanirwa kupedza nguva nevana vavo uye vachitaridza kuwadzana kwepamusoro. Shandisa **BHUKU REMUDZIDZI**- Kubatsira Vana Kukura - kuverenga nezvenzira nhatu dzekubatsira vana vedu kuti vakure munharaunda. Tevera mirairo iri paBhuku reMudzidzi.

1. Dzidzisa vana kuti Mwari anoda kuti vawadzane sei nevamwe.

Verenga vhesi imwe neimwe. Tinodzidzei kubva pamavhesi aya izvo zvakakosha kudzidzisa kuvana vedu?

- VaFiripi 2: 3-Usave noudyire, koshesa vamwe kuzvipfuura.
- VaKorose 3:13, 15 - Kanganwira vamwe kana vachinge vakurwadzisa, ita rugare nevamwe uye ugare uchitenda.
- Mateo 5:44 - Ida vavengi vako uye namatira vanhu vanokutambudza.
- 1 Vakorinte 13: 4-5 Rudo haruzvikudzi uye haruna manyawi. Haitsamwi nyore nyore uye hatichengeti chinyorwa chezvakaipa.
- Mateo 7:12 – Ita chete zvinhu kune vamwe zvaungade kuti vakuitirewo.

Bhaibheri rinotibatsira kunzwisisa kukosha kwekugara murunyararo nevamwe, kuda munhu wese, kuva nemoyo murefu, mutsa, kukanganwira uye kubata vamwe sezvatinoda kuitwa. Zvinodikanwa kutaura pamusoro peizvi vana vako vachiri vadiki uye pavari kukura uye hukama hwavo navanhu pahuri kushanduka.

2. Iva muenzaniso. Vana vanodzidza hunyanzvi hwemagariro nekuona vamwe, kunyanya vabereki vavo. Maitiro aunoita nevamwe muenzaniso wezuva nezuva kuvana vako.

Funga kuti unofambidzana sei nevamwe uye kuti Mwari vangade kuti iwe uwirirane sei navo maererano nezvatinodzidza muBhaibheri.

- Ndedzipi nzira dzauri muenzaniso wakanaka kuvana vako?
- Panyaya ipi, yaungada kuva muenzaniso uri nani Mwari achikubatsira?

3. Batsira vana vako pamatambudziko avanosangana nawo muhukama hwavo nevamwe.

Nguva zhinji, vana havazokuudza nezvematambudziko avanawo nevamwe vanhu, asi vanogona kutanga kuita zvavasingasiiti. Unogona kucherechedza kutsamwa, kurova vamwe, kana kunyarara zvikuru uye kusada kuva pane vamwe. Izvi zvinoratidza kuti vanogona kuve nematambudziko nevamwe vanhu. Vana vanoda rutsigiro nekurudziro kuti vataure nezvenyaya idzi uye kuti vadzidze kubata vamwe zvakanaka kunyange kana vachinge varwadziswa, vakatsamwa kana kubatwa zvisina kunaka nevamwe. Rega vakuudze zvakaiteka, zvavari kunzwa uye magadzirisiro avachazviita. Rudzi urwu rwekutaura muenzaniso kune mwana wehukama ane rudo, anogamuchira, ane mutsa. Izvi zvinonyanya kukosha pazera diki saka vanovimba newe kuti uvabatsire mune aya mamiro.

- Ndedzipi dzimwe nzira dzaungabatsira mwana wako kudzidza kufunga nezvevamwe uye achivabata nerudo ?

DZOKA NEZVAMAWANA

Zviziviso kumudzidzi: Bvunza mapoka kuti vhesi imwe yei inotaura nezve kudzidzisa uye kutevedzera hukama hwakanaka. Simbisa pfungwa huru dzakanyorwa zvakarereka pamusoro.

Ukama hwedu nevamwe hwakakosha. Kuva noudyire inzira yakajairika yemunhu asi hazvifadze Mwari. Tinoda kudzidzisa vana vedu kufunga zvakanaka nezvevamwe uye kuvabata nani kupfuura ivo zvavanoda kubatwa. Isu tinovadzidzisa kugadzirisira makatanwa. Izvi zvinhu zvinoda kudzidziswa uye kutaridzwa vana vedu.

Kukura Panyama

HURUKURO MUBOKA GURU

- Ndedzipi dzimwe nzira dzatingabatsira vana vedu kuti vakure mumuviri?
 - Chikafu chine hutano
 - Kurara
 - Shelter, zvipfeko etc.
 - maitiro aneutano - kugeza maoko, kushandisa chimbuzi, kudzivirira chirwere
 - Kusimbisa muviri (chiitiko uye kutamba)

Zvese zvinhu izvi zvinobatsira vana vedu kuti vave noutano hwakanaka. Chimwe chezvinhu zvakanakosha zvatinoanira kuita kuti vana vedu vakure vane hutano ndechekuti vaone kuti vanowana chikafu chinovaka zuva rega rega. Kuti pfungwa dzadzo dzikure zvakanaka tinoda kuva nechokwadi chekuti vane chekudya chine hutano.

Zviviso kumudzidzisi: Kana iwe wakadzidzisa BHUKU REHUTANO, unogona kuongorora mutemo we 1 + 3 kana kungoisa pfungwa yemapoka matatu ezvekudya uye tsanangura kuti vachadzidza zvimwe mukudzidziswa mune ramangwana pahutano. Izvi zvinotsanangurwa zvakananyanya mubhuku rehutano.

Bhuku yehutano module inotaura nezve kushandisa iyo 1 + 3 mutemo kutiyeuchidza kuti tipe sei chikafu chine hutano mazuva ese kumhuri yedu.

Seongororo, chii chinonzi 1 + 3 mutemo? Kune matatu mapoka mapoka ezvatinoda kusanganisira zuva rega rega mukudya kwedu.

- 1-Imwe inomiririra mupunga kana imwe yakafanana nayo. Tinofanirwa kudya mupunga kana chinotsiva zuva rega rega pamwe nechimwe chinhu kubva kune rimwe nerimwe remamwe mapoka matatu ekudya
- 3-Chimwe chinomiririra mamwe mapoka matatu ekudya kuedza kusanganisira zuva rega rega:
 - Group 1 - Mapuroteni (anovaka muviri) kunge mazai, mukaka, bhinzi, hove uye nyama.
 - Group 2 - Michero nemiriwo (izere nemavhitaminzi uye zvinovaka muviri).
 - Group 3 - Mafuta neMafuta (chingori chidiki chidiki chinodiwa).

Kurukura:

- Ndezvipi zvimwe zvezvinetso zvinosangana nevanhu vari munharaunda mako mukupa chikafu chine hutano hwakanaka?
- Tingakunda sei matambudziko aya?

Vana vasina kudya kwakaringana vangatambura nekushomeka, kukura kwakashomeka nezvirwere zvinokanganisa, kutaridzika kwavo mumuviri, manzwiro, kukura kwepfungwa pakati pezvimwe.

Mhedziso

HURUKURO MUBOKA GURU

Basa remubereki ndere kutungamira vana vedu, kuvapa zvavanoda uye kuvabatsira kuti vakure pamweya, nepfungwa, zvmagariro uye nemuviri.

Tora maminetsi mashoma kuti ufunge nezve vana vako (kana uine vana) uye kuti uri kuvabatsira sei kukura mune zvinhu zvese kana kuti nzvimbo idzi. Pane nzvimbo dzipi dzaunofunga kuti unofanira kutarisa zvakananyanya? Kumbira Mwari kuti vakubatsire kugona kutungamira vana vako, kuvapa zvavanoda uye kuvabatsira kuti vakure muzvinhu zvese zvehupenyu hwavo.

ZVIONGORORE

- Ndezvipi zvinhu zvauri kutoita zvakanaka kubatsira vana vako kuti vakure?
- Ndedzipi nzvimbo iwe unoda kutarisa kudarika zvimwe?
- Ndeapi mazano matsva aunawo kubva kudzidziso iyi nezve zvaunogona kuita kubatsira vana vako kuti vakure?

Chidzidzo 8: Kubatsira Vana Kuva Neunhu

Pfungwa Huru

1. Vana vanoda rubatsiro kuti varatidze zvavari kunzwa uye kuti vagone kugadzirisa matambudziko.
2. Kushandisa kugona kuteerera pane kuita zvisina kufanira vana vanodzidza kugadzirisa matambudziko avo zvakadzikama.

Zvokushandisa

Mifananidzo ingabatsire (kumagumo echidzidzo):

- a. Kunyorera Nekuchenjera Kune Vana Kuita Basa (2 makopi evazvipiri)

Bhuku Remudzidzi:

- a. Nzira dzeKupindura kuvana
- b. Mitemo zveKuteerera

Nhanganyaya

HURUKURO MUBOKA GURU

- Wakambotsamwiswa nechimwe chinhu wobva waita zvakaipa kana nenzira yaunodemba here?

Kazhinji kana tichinge tasuwa kana tashatirwa tinogona kuita zvinhu zvatinozodemba. Izvi zvinokonzerwa nekusaziva kuzvibata pane zvatinozwa. Vana vakafanana. Kazhinji vana vanotadza kutitaurira chaizvo manzwiro avari kuita - havazvinzwisise ivo pachavo saka havagone kuudzawo vamwe. Mukushushikana kwavo, vanowanzoita zvakaipa kana kutaura zvinhu zvisizvo. Kana tichida kubatsira vana kuti vazvibate zvakanaka, tinofanirwa kuvabatsira kuti vataure zvavarikunzwa.

ZVIREVO 22: 6 inoti, "Tungamira vana munzira yavanofanira kuenda nayo, uye kana vakwegura havangatsauki pairi."

- Unofunga izvi zvinoreva chii?

Izvi zvinoreva kuti kana tikawana nguva yekubatsira vana vedu kuti vadzidze kuzvibata zvakanaka. Tinoita izvi nekuvabatsira kuti vanzwisise manzwiro avo uye vopindura nenzira dzakanaka. Ipapo ivo vanozokwanisa kukura uye kuitawo saizvozvo sevakuru. Kunyangwe sevakuru vanozogona kuita nekukura mukushungurudzika kana zvinhu zvakaoma.

Nzira dzeKupindura Vana

Zviziviso kumudzidzi: Ipa nguva yekuti vanhu vagovane mhinduro dzakafanana pachirevo chimwe nechimwe Shandisa *BHUKU REMUDZIDZI*- Nzira dzeKupindura Vana - kuratidza mamwe maitiro akajairwa uye kukurudzira boka kufunga mimwe mienzaniso yedzimwe dzenzira idzi dzekupindura.

- Chii chingave mhinduro yakajairwa nemubereki kumwana ane makore matanhatu anoti:
 - Haa ini handidi mwana mutsva! Akashata chaizvo!
 - Mudzidzi wangu ibenzi!
 - Akandirova! Handizombotamba naye zvakare!

Pane nzira dzakasiyana siyana dzatinowanopindura kana vana vakaita zvakaipa. Nguva zhinji, hatifunge nezve izvo vana vari kunzwa vasati vapindura. Uye nekudaro, hatiedzi kubatsira vana kunzwisisa manzwiro avo.

Panzvimbo paizvozvo tinowanzoita zvimwe zvezvinotevera:

- **Kuramba:** 'Tarira. Hazvingave zvakashata kudaro. ' Iwe haugone kureva izvo. '

- **Kungozvinyaradza:** 'Hapana kana chaungaita nezvazvo - siya kunyunyuta.' 'Usave wakapusa! Unoziva kuti unofanirwa kuenda kuchikoro. ' Kana uchida basa rakanaka unofanirwa kuenda kuchikoro. '
- **Kupa rairo:** 'Iwe uchafanira kushanda nesimba kuti uchengete shamwari dzako kana kuti unosurukirwa kwazvo.' 'Unofanira kudzidza kurwisa.'
- **Kupa mutongo:** 'Chinhu chinotyisa kutaura!' 'Iwe unofanirwa kunge wamuitira chimwe chinhu.'
- **Mibvunzo:** 'Waita sei?' 'Nei uchitaura zvinhu zvinotyisa kudai?'
- **Kuvharira mumwe munhu wacho:** 'Iye akanaka musikana.' 'Ndine chokwadi chekuti aisazvireva.'

Patinoita izvi hatisi kubatsira vana kunzwisisa zvavari kunzwa uye topindura nenzira inokurudzira. Panzvimbo iyoyo mwana achasuwa, kunyara, kuzvishora, kupomerwa mhosva uye nyangwe kutsamwa. Asi tikaterera vana vedu, tinogona kuvabatsira kuti vanzwisise manzwiro avo uye vabatane navamwe zvakanaka.

Zviongorore

- Iwe unofunga kuti kupindura kwako kungave kwekutyi kuvana pane umwe neumwe wemienzaniso? Unofunga iwe ungave nemhinduro imwechete seyese yatakurukura?

Kuteerera Zvakanaka

HURUKURO MUBOKA GURU

Verenga VaEfeso 6: 4.

- Ndedzipi dzimwe nzira idzo baba vanobata vana vavo dzinovaita kuti vashungurudzike, vatsamwe kana kushungurudzika?

Kuteerera nemazvo kumwana kunovabetsera kushanda nezvavari kunzwa, nenzira yakanaka pane kuzvibata nenzira yakaipa. Izvo zvinovabatsira kuti vadzidze kugadzirisa matambudziko uye zvinovapa hunyanzvi hwavanoda kuti vakure. Izvo zvinovabatsira kuti vanzwe zviri nani pauunhu hwavo uye vadzidze maitiro. Ndiho humwe hunyanzvi hwakakosha hwekurera vana.

CHIITIKO MUBOKA GURU- MUTAMBO

Zviziviso kumudzidzisi: Kumbira vanhu vaviri vari muboka kuti vakubatsire kuita chinotevera chiitiko. Ipa vaviri vanozvipira **MUFANANIDZO UNGABATSIRE**-Kuteerera Vana Zvakanaka - Mutambo. Kumbira vanozvipira kuti vagadzirire pachine nguva kuti vanzwe kuda kuzviita.

Baba vakagara vachiverenga bepanhau.

Mwanakomana anomhanya mukamuri achishevedzera, "Handimbotamba naye zvakare!" Ini ndinomuvenga! "

Baba vanoisa bepanhau, vanotendeukira kumwanakomana wavo voti, "Ndiri kuona kuti makashatirwa kwazvo."

Mwanakomana anoti, "Haakodzeri kuve neshamwari!"

Baba vanoti, "Ah?"

Mwanakomana anoti, "Ini ndakatamba chaizvo uye ndakaita zvibodzwa zviviri. Zvino pekupedzesera chaipo ndatadza kugohwesa. "

Baba vanoti, "Mmmm."

Mwanakomana anoti, "Uye shure kwaizvozvo Mika akati pamberi pemunhu wese kuti imhosva yangu isu hatina kukunda. "Saka ndamupopotera ndikaenda ..."

Baba vanoti, "Izvi zvinofanirwa kunge zvichinyadzisa kwazvo kwauri."

Mwanakomana anoti zvakadzikama, "Ehe, zvaitiyisa asi ndinoshuva dai ndisina kumbotsamwira Mike." Shamwari yangu yepamwoyo. "

Baba vanoti, "Ini ndinonzwisisa."

Mwanakomana anoti, "Ndinofunga ndichadzokera uye ndione kana Mikaya achiripo." Ndinofunga ainyatsoda kuti tikunde. "

Baba vanonyemwerera.

HURUKURO MUBOKA GURU

- Ndeapi aive manzwirowe emwana pakutanga?
- Zvakachinja sei?
- Ndezvipi zvimwe zvinhu zvakasiyana zvakaitwa nababa kuti vabatsire mwanakomana kurarama nemanzwirowe aaiita?
 - *anoisa pasi pepanhau kutarisa mwanakomana wake*
 - *haana kumukanganisa kutaura*
 - *Akabvuma manzwirowe ake (semuenzaniso, "O," "Mmmm.")*
 - *Akabatsira mwanakomana wake kuti azive manzwirowe aakaita (semuenzaniso, "Ndiri kuona kuti wakatsamwa" "Izvi zvinofanirwa kunge zvichinyadzisa kwazvo")*
- Wakashamisikei nemhedzisiro yacho?

Patinoedza uye nekukurudzira mwana kuti aise kure kunzwa kusina kunaka, mwana anowanzo gumbuka. Vana vanokwanisa kurarama nemanzwirowe mazhinji uye vanowana mhinduro dzavo kana isu tikanyatsovateerera uye tichiita iyi mitemo.

Misimboti Yekuteerera Manzwirowe Evana

HURUKURO MUBOKA GURU

Verenga nyaya inotevera:

Chun akange atenda kuti zvaive nani kuti mwana wake achiri kuyaruka agare akabatikana nezvinhu zvakasiyana zvekereke. Nguva zhinji sezvaagona aimuendesa kuti aende kumakembi eBhaibheri nemisangano, achifunga kuti izvi zvakamunakira. Asi mwanakomana waChun haana kufadzwa nazvo. Aive achinyara zvisvima, uye zvaive zvisina kugadzika kuti agare achifanira kuenda kuzvitiko izvi ari ega. Asi apo musangano mukuru wechidiki mudhorobha waiuya, Chun haana hanya nemanzwirowe emwanakomana wake uye akasimbisa mwanakomana wake kuti aende. Mwanakomana wake akafamba rwendo rurefu ikoko. Haaiziva chero munhu uye aishungurudzika. Mwanakomana waChun akange aneta nekumanikidzwa kuti aite izvi nguva dzese. Paakadzoka kumba akatsamwa akaramba kutaura kunyange nababa vake.

Panguva imwechete iyoyo, Chun akaenda kuchidzidzo cheWanano neMhuri kwaidzidziswa kubva kuTCT. Akadzidza nezve kukumbira ruregerero uye kukumbira kuregererwa. Kazhinji, angadai asina kumbofunga kukumbira ruregerero kumwanakomana wake. Mutsika yake, vanhu vaitenda kuti vabereki nevakuru vaigara vakarurama, uye saka pakanga pasina chikonzero chekukumbira ruregerero kuvana. Asi Chun akaziva kuti akatadzira mwanakomana wake nekusamuteerera. Akaenda akakumbira ruregerero kwaari. Mwanakomana wake akange asina kutaura naye mumavhiki, asi kubva ipapo kutsamwa kwake kwakatanga kudzikira. Akatanga kutaura nababa vake zvakare uye zvisvima nezvisvima hukama hwavo hwakatanga kupora.

- Nei Chun aida kuti mwanakomana wake aende kumusangano wevechidiki?
- Nei mwanakomana wake aisada kuenda kuzvitiko senge musangano wevechidiki?
- Chii chakaitika Chun paakange asingateerere kumwanakomana wake uye kuziva manzwirowe ake?
- Chun paakaona kuti haana kunyatsoteerera, akaitei? Izvo zvakachinja sei mamiriro ezvinhu?

Mitemo yeKuteerera

Kuteerera Nehanya

Zviviso kumudzidzisi: Verenga **BHUKU REMUDZIDZI** - Mitemo yeKuteerera. Pindura chero mibvunzo.

Kuteerera nomazvo kumwana kunovabetsera kubata manzwirowe avo nenzira yakanaka pane kuzvibata nenzira yakaipa. Izvo zvinovabatsira kuti vadzidze kugadzirisa matambudziko uye zvinovapa hunyanzvi hwavanoda kuti

vakure. Izvo zvinovabatsira kuti vanzwe zviri nani paunhu uye vadzidze maitiro. Ndiho humwe hunyanzvi hwakakosha hwekurera vana.

Patinoedza kukurudzira mwana kuti asundire zvaanonzwa zvakaipa pamwana iye anowanzo gumbuka. Vana vanokwanisa kurarama nemanzwiro mazhinji uye vawana mhinduro dzavo kana isu tikanyatsovateerera uye nekuita izvi zviga:

Mitemo yeKuteerera uye Kupindura Kunzwa Kwevana

Kuti titeerere vana vedu nokungwarira, tinofanira kuita zvinhu zvitatu:

- Teerera unzwe zvizere kutarisisa** [Muenzaniso kubva pamutambo: baba vakaisa bepanhau ravo]
 - Zviri nyore kumwana kana ukaita chimwe chinhu kuratidza kuti uri kupa hanya yako yakazara. Semuenzaniso, kuisa bepa rako pasi uye kutarisira mwana, achitendeuka kutarisana nemwana; kubuda mukicheni wogara pasi.
 - Izvo zvakaomera vana vazvibate pamanzwiro akasimba pachavo. Kana pasina anovabatsira izvo zvinonzwikwa zvinosimba uye zvinowanzoratidzwa mune akaipa maitiro.
- Ziva manzwiro avo:** [Muenzaniso kubva pamutambo: "Ah", "Mmm", "ndinonzwisisa"]
 - Shandisa chirevo kana izwi - 'Oh' kana 'Mmm' kana 'Wow' kana 'Hongu' kana 'ndinonzwisisa'.
 - Shandisa zimwe zvisiri zvekutaura - kudzungudza musoro, kutarisira kumeso, kumeso.
 - Usavaite kuti vanzwe vakashata nekuva nemanzwiro iwayo. Nevana, tinofanirwa kugamuchira zvavanonzwa uye kuvabatsira kubata nemanzwiro avo vasingazvibata zvisina kunaka.
- Vabatsire kuziva zvavari kunzwa:** [Muenzaniso kubva pamutambo: "Izvo zvinofanirwa kunge zvichinyadzisa"]
 - Vabatsire nekushandisa mazwi ekunzwiwa kuratidza izvo maitiro avo anokuratidza.
 - Vachidiki vanowanzo kutadza kukuudza manzwiro avari kuita. Ukavaitira izvi vanonzwa kuti unovanzwisira uye unovabvuma. Vanowanzo vanzwa kunyaradzwa uye kugadzikana. Usanetseka kana ukazvikanganisa. Mwana wako achakuudza kana iwe usina kusanzwisira.
 - Ndeipi mimwe mienzaniso yakajairika ye "kunzwa" kwevana?

○ Kusuwa	○ Kushungurudzika kurwadziwa
○ Hasha	○ kunyara
○ Kutsamwa	○ Kushamiswa

Kurukura:

- Ndedzipi dzimwe nzira Chun angadai akaterera zviri nane kumwanakomana wake?
- Izvi zvingave zvachinja mhedzisiro yemamiriro ezvinhu?

CHIITIKO MUBOKA DUKU (vanhu 2-3)

Gadzira mitambo miviri.

- Pamutambo wekutanga ratidza, zvinowanzoitika munharaunda mako kana mwana atsamwiswa uye nemhinduro dzevabereki.
- Pamutambo wechipiri, ratidza hunyanzvi hwekuteerera uye mitemo yawaadzidza nhasi. Iwe unogona kushandisa mamwe mamiriro akambotaurwa kana kufunga nezve imwe yakajairika mamiriro.

Zviziviso kumudzidzisi: Ipa mapoka maminiti gumi ekugadzirira mitambo yavo uye ndokumbirawo kune avo vanoda kuratidza kwavo mutambo pamberi peboka. Mushure memutambo wega wega uchishandisa hunyanzvi hwekuteerera, bvunza vamwe vese veboka kuti zvirevo zvipi zvakashandiswa mumutambo wekutamba. Kana paine chero mitemo isina kuratidzwa ona kana paine munhu anogona kuita nekukurumidza kutamba mutambo uchishandisa iwo mabasa.

Mhedziso

HURUKURO MUBOKA GURU

Kuti tibatsire vana vedu kuzvibata zvakanaka tinoda kuvabatsira kubata nemanzwiro avo. Kuti tiite izvi tinoda kunyatsoteerera kwavari. Kuti tinyatsoteerera tinoda kuita zvinhu zvitatu:

1. Teerera zvizere
2. Ziva manzwiro avari kuita
3. Vabatsire vazive zvavari kunzwa

KUZVISHANDISA

Funga nezve maitiro aungaita ichi chidzidzo vhiki rino nevana vako kana nevamwe chero vana vaunobata navo vakadai sevavakidzani, hama etc.

Kunyorera Nekuchenjera Kune Vana

Kuita Basa

Baba vakagara vachiverenga bepanhau.

Mwanakomana anomhanya mukamuri achishevedzera, "Handimbotamba naye zvakare!" Ini ndinomuvenga! "

Baba vanoisa bepanhau, vanotendeukira kumwanakomana wavo voti, "Ndiri kuona kuti makashatirwa kwazvo."

Mwanakomana anoti, "Haakodzeri kuve neshamwari!"

Baba vanoti, "Ah?"

Mwanakomana anoti, "Ini ndakatamba chaizvo uye ndakaita zvibodzwa zviviri. Zvino pekupedzesera chaipo ndatadza kugohwesa. "

Baba vanoti, "Mmmm."

Mwanakomana anoti, "Uye shure kwaizvozvo Mika akati pamberi pemunhu wese kuti imhosva yangu isu hatina kukunda. "Saka ndamupopotera ndikaenda ..."

Baba vanoti, "Izvi zvinofanirwa kunge zvichinyadzisa kwazvo kwauri."

Mwanakomana anoti zvakadzikama, "Ehe, zvaityisa asi ndinoshuva dai ndisina kumbotsamwira Mike." Shamwari yangu yepamwoyo. "

Baba vanoti, "Ini ndinonzwisisa."

Mwanakomana anoti, "Ndinofunga ndichadzokera uye ndione kana Mikaya achiripo." Ndinofunga ainyatsoda kuti tikunde. "

Baba vanonyemwerera.

Chidzidzo 9: Kukosha Kwemashoko Edu

Pfungwa Huru

1. Mashoko edu ane simba rekuvaka kana kurwadza vana vedu.
2. Kutaurirana uye mazwi anokurudzira anobatsira vana vavezvinodiwa naMwari kuti vave.

Zvokushandisa

Bhuku Remudzidzi: Kukurukurirana Kwakanaka

Nhanganyaya

HURUKURO MUBOKA GURU

Bhaibheri rine zvakanaka zvekutaura pamusoro pemashoko edu uye nenzira yatinoshandisa nayo rurimi rwedu uye mazwi atinotaura. Ndima inotevera inonongedzwa kuna madzibaba nekuti ivo musoro wemba asi akakodzera kumunhu wese anochengeta vana.

Verenga VaKorose 3:21.

- Ndeapi maitiro uye zviito zvinokonzeresa kuti vana vavhiringike (v21)?
- Ndeapi maitiro uye zviito zvinoita kuti vana vashungurudzike uye kuora moyo?

Imwe yenzira dzatinovhiringa vana vedu ndeyokusavateerera zvakanaka, sezvatakakurukura muchikamu chatapedzisira. Imwe nzira ndeye mazwi atinoshandisa. Muchidzidzo chino, tichaongorora mashandisiro atingaite mazwi edu kurwadzisa kana kuvaka vana vedu.

Verenga Zvirevo 12:18.

Mundima iyi, tinoyeuchidzwa kuti mazwi anogona kubaya sebakatwa kana kuunza kupora.

- Ndeapi marudzi emashoko anogona kubaya kunge pfumo?
 - "Iwe uri benzi"
 - "Haubatsiri"
- Ndeapi marudzi emashoko anogona kuunza kupora?
 - "Iwe une tarenda kwazvo"
 - "Ini ndinoda mabatiro aunoita hanzvadzi yako nemutsa"
- Ko iwe unorangarira chero chinhu chakanzi kwauri uri mucheche-chinorwadza kana kupodza? Inogona kunge ichibva kuvabereki vako, hama dzako, mudzidzisi, nezvimwe.
- Nderipi samba razvakava nazvo muhupenyu hwako?

Zviziviso kumudzidzisi: Ipa boka nguva yakakwana yekunyatsofunga nezve simba remazwi edu. Vabatsire kuona kuti zimwe zvezvinhu zvakanakurwa kwavari semwana zvavari vachiri kurangarira. Mashoko aya ane zvaakakanganisa uye achiripo nanhasi. Namatira muchidimbu kune avo vanoyeuka zvakaipa zvakanakurwa kwavari.

Ngatinamate kuna Mwari kuti vatiporese kubva mundangariro dzemamwe mazwi asina kunaka akataurwa nevamwe pamusoro pedu uye kutibatsira kuti tiregerere vakataura ayo mazwi. Isu zvakare tichakumbira Mwari kutiyeuchidza nezve zvakanaka zvinhu zvakanakurwa nevanhu pamusoro pedu, uye zvakananyanya kukosha zvinotaurwa naMwari nezvedu.

Mashoko Anorwadza

HURUKURO MUBOKA GURU

Zviziviso kumudzidzisi: Shandisa **BHUKU REMUDZIDZISI** - Kukwanisa Kukurukurirana - kudzikorodza pazvinyorwa zimwe muzvikamu zimwe muchidzidzo chino.

Kukurukurirana Kwakanaka

Mashoko Anorwadza

Mashoko anorwadza zvinhu zvatinaura zvinorwadzisa mumwe munhu. Kazhinji, hatina kuronga kukuvadza munhu wacho. Muchokwadi, kazhinji zvinhu izvi zvinonzi zvinokurudzira mwana kuchinja asi mhedzisiro yacho ndeyekuti zvinokuvadza mwana. Panzvimbo pekuchinja, mwana anotenda zvavanonzwa, oora mwoyo, orega kuedza kuve nani. Akawanda mazwi anokuvadza anokodzera mune imwe yeizvi mapoka:

- **Mashoko aita urwa nehasha nekushushikana** Kazhinji, isu hatireve izvo zvataura (semuenzaniso, "Ndinoshuva kuti dai usina kubarwa!").
- **Kupa mazita** isu tinopa vana kana vana vakaita chimwe chinhu chatisingade isu tinowanzo taura chinhu nezvemwana pachinzvimbo chemaitiro (i.e., "Iwe watadza," kana "Iwe uri benzi").
- **Kuenzanisa nevamwe** Zviri nyore kwazvo kuenzanisa mwana nehama dzake (semuenzaniso, "Ndinoshuva iwe ungave wakaita sehama yako," kana "Haana kuchenjera sehanzvadzi yake").
- **Mafungiro** Dzimwe nguva tinovaudza zvichaitika mune ramangwana (semuenzaniso, "Hauzombowana basa," kana kuti "Iwe wakangoita sababamunini vako. Unowedzera kufanana naye").
- **Kutaura zvisina kunaka kune vamwe** Dzimwe nguva tinotaura zvisirizvo nezvevana vedu kune vamwe pavanogona kutinzwa (s "Mwanakomana wangu akatadza bvunzo yake zvekare. Iye haaedze zvakarirana," kana "Uyu mwanasikana wangu. Akasvinura!").

Kazhinji mazwi anokuvadza anowanzotaura zvinopesana nezvatinoda muvana vedu. Semuenzaniso, tinoda kuona vana vedu vachishanda nesimba asi kunzwa mazwi aya kunoita kuti vatende kuti hapana chavaigona kuita chero zvakanaka saka vanomira kuyedza. Mashoko anorwadza anogona kutadzisa vana kuva pane zvese izvo zvakagadziriswa naMwari kuti zvive.

KUZVIONGORORA kana NEMUDIWA WAKO

Funga nezvemibvunzo iyi miviri uyezve unamate wakanyarara kuti Mwari akubatsire kudzidza nzira dziri nani dzekutaura kuvana vako.

- Ndeapi mazwi anorwadza aunotaura kuvana vako?
- Unoataura nguva dzakaita sei?

KUTAIRIRANA KUNOKURUDZIRA

HURUKURO MUBOKA GURU

Zvinoita kuti tikwanise kutairirana zvakanaka nevana.

Verenga Zvirevo 15: 1.

“Mhinduro nyoro inodzora kutsamwa, asi shoko rinorwadza rinomutsa kutsamwa.”

Zviziviso kumudzidzisi: *Kumbira vanozvipira kuti vaverenge pfungwa imwe neimwe mu **BHUKU REMUDZIDZI** – Kutairirana Kunokurudzira. Taurira boka riteerere nemazvo uye kufunga kuti vangashandisa sei pfungwa idzi kumhuri dzavo. Bvunza vanhu vakupe pfungwa dzekuti vangashandisa sei mutemo woga woga.*

Mitemo Yekukurukurirana Kwakanaka

1. **Tsanangurira mwana chokwadi nekukurumidza kana uchinge wanyepa.** Chero kana zvawataura zvainge zvisina chinangwa. Izvi zvinodzivirira kusanzwisana kwenguva refu.
2. **Kumbira ruregerero uye kutairirana zvakanaka mushure mekushandisa mazwi anokuvadza mukutsamwa.** Izvi zvinopa mwana wako muenzaniso wekukumbira ruregerero kuti anogona kutevedzera. Izvo zvinomupawo mukana wekukumbira ruregerero kana zvakanodzera nekuda kwekuita izvo zvatsamwisa. Vana vanokuremekedza zvakananyana kana iwe uchikumbira ruregerero kana iwe uchinge watadza uye vanokurudzirwa kukufadza iwe

- Rangarira nyaya nezve Chun nemwanakomana wake achiri kuyaruka muchidzidzo 8? (Verenga nyaya yacho zvakare kana zvichidikanwa). Tsika yake vaitenda chii nezve kukumbira ruregerero kuvana vavo?
 - Ndechipi chinhu chinowananzivikanwa munharaunda mako kana mhuri?
3. **Rondedzera maitiro anoodza mwoyo kana kukutsamwisa panzvimbo pekupa mwana mazita.** Kutu, "Waita zvinhu zvadhakwa kana zvehupenzi." inoshanda uye haina kukuvadza pane kuti, "Iwe benzi!"
 4. **Ukasafananidza vana vako nevevamwe.** Mafananidziro anoita kuti vana vanzwe zvakaipa pamusoro pavo uye vanokugumbukira. Zvinoita kuti zviome kuti vana vako vagarisane.
 5. **5.Taura zvinhu zvakanaka nezve mwana wako pazvinogoneka kuti akunzwe.**
 6. **Haikona kuzivisa vanhu mwana wako seane hunhu husina kunaka.**

CHIITIKO MUBOKA DUKU (2-3 vanhu,)

Mumapoka sarudzai imwe yemitemo uye gadzirai kamutambo kekuti mungaushandisa sei mumhuri yenyu.

***Zviziviso kumudzidzisi:** Ipa mapoka maminitisi mashanu kugadzirira mutambo wavo uye kumbirawo kune avo vanoda kuratidza mutambo wavo pamberi peboka. Mushure memutambo mumwe nemumwe bvunza kuti pashanda mutemo upi.*

Mashoko Okukurudzira

ZVIONGORORE

***Zviziviso kumudzidzisi:** Shandisa chikamu " Kupa Mashoko Anokurudzira mu**BHUKU REMUDZIDZI** Vakurudzire kuva vakananga uye vave nechokwadi chekuti munhu wese ave nenguva yakawanda yekufunga nezvezvinhu zvavanofarira kukurudzira nezvevana vavo uye kana vachikwanisa, vakurudzire kuti vanyore pasi.*

Kupa Mashoko Anokurudzira

Pachinhambo chekushandisa mashoko anorwadza tinofanika kutsvaga mikana yekukurudzira vana.

Tora maminitisi mashanu kuti ufunge nezve zvinhu zvishanu zvaunogona kutaura kukurudzira mumwe nemumwe wevana vako. Izvo zvakananga munhu kana zvaanoita zvakanaka chose. Kune avo vasina vana saka sarudza nzira dzekukurudzira vamwe vana vaunosangana navo kana dzimwe nhengo dzemhuri yako.

Semuenzaniso, "Ndinoonga nzira yawaunowananzokundibatsira nayo mukicheni kana uchisvika kumba uchibva kuchikoro." Zvakanaka kuwana nguva newe uye unoita kuti basa rangu rive nyore kwazvo." Zviri nani pane kuti " Uri musikana akanaka. "

NEMUDIWA (kana neumwewo munhu)

Tauriranai kuti ndezvipi zvinhu zvamuri kutoita mushe mumataurire enyu nevana? Ndeapi mazwi awakashandisa anogona kurwadza vana. Goverana nemumwe munhu dzimwe nzira dzawakaronga kukurudzira vana vako kana vana vaunosangana navo.

Mhedziso

HURUKURO MUBOKA GURU

Mashoko edu anogona kushandiswa kukurudzira vana vedu kana kuvarwadzisa. Kunyangwe isu tingave tisingareve kuvarwadzisa nemazwi edu, mazwi edu anorwadza anogona kumisa vana vedu kuti vazova ivo Mwari zvavanoda kuti vave. Tinogona kudzidza kushandisa kugona kutaura zvakanaka nevana vedu. Zvinoda kudzidzira kushandura maitiro edu uye nemataurirwo atinoita nevana vedu, asi Bhaibheri rinotiudza kuti zvakakosha kushandisa mitauro yedu kukurudzira nekuvaka vamwe.

Edza kuwana mikana yakawanda sezvinobvira kukurudzira vana vako muvhiki inotevera. Edza kudzivisa kutaura mazwi anokuvadza uye kana iwe ukataura chinhu chinokuvadza ipapo kurumidza kukumbira ruregerero uye tsanangura zvawaireva.

Chidzidzo gumi: Rudo Nekuranga kune pundutso

Pfungwa Huru

1. Kuranga zvinoreva kutungamirira nekugadzirisa vana kuti vadzidze kuita zvinhu nenzira ine humwari. Hazvirevi kupa mutongo wakaomarara chete.
2. Kuranga is done inkune pundutso kunoitwa murudo uye kuramba kuchiitwa zvakananana nguva dzose.
3. Kurova kana mutongo wakaomarara HANDIYO nzira chete uye zvingaunza pundutso pakuranga vana.

Zvokushandisa

Mifanikiso - Mitambo yeDzimwe Nzira Dzekuranga
Bhuku Remudzidzisi - Kuranga Vana

Nhanganyaya

HURUKURO MUBOKA GURU

Verenga Zvirevo 29:17 uye 13:24.

- Mavhesi aya anotidzidzisa chii nezvekuranga?
- Zvakakosha zvakadii kuti tirange vana vedu?
- Kana tichida vana vedu tingavaranga here?
- Kuranga chaikoiko kwakaipa here kana kushata kumwa?
- Patinotaura nezvekuranga, ndedzipi nzira dzatinowanzoshandisa kuranga vana vedu?

Verenga nyaya mbiri idzi:

Seth aiva nemadzikoma nehanzvadzi nhanhatu. Mumwe musiki hanzvadzi dzake dzaimunyomba uye akadumbirwa. Akange atsamwisa zvokuti akavapotsera nemugomo wemvura. Mugomo wakatema hanzvadzi dzake mbiri vakatanga kuchema. Tete vake vakaona zvaakange aiita vakabva vasheedza baba vake. Baba vakauya nekukurumidza vakatanga kupotera Seth. Munhu wese akanga ava kutya, nyangwe nevavakidzani vainge vakatarira. Akazvambura Seth kanokwana kana kana kashanu nebhande akamuudza kuti asazoviita zvakare kana kuti aizomurova zvokutadza kufamba zuva raitevera. Seth akatsamwira hanzvadzi dzake zvomene. Zuva raitevera imwe hanzvadzi yake akatanga kumudenda. Munhu wose akaseka. Seth akrova hanzvadzi yake mbama. Ipapo baba vake vakangoseka nevamwe vose.

Dinah aifarira kudhirowa. Haaifarira kuita mamwe mabasa. Mai vake vaigaromurangeridza zuva nezuva kuti aite basa rake. Nhasi, audza Dinah kuti akasaita basa rake mukupera, haaizomubvumidza kumupa nguva yekudhirowa kwevhiki rose. Papera chikoro, adzoka kumba akatanga kudhirowa. Akanganwa nezvebasa rake. Pavapedza kudya manheru, mai vake vamubvunza nezvebasa. Dinah abva aona kuti akanganwa kuriita. Mai vake vamurangeridza zvavamuudza makuseni. Amubvunza kana acharangerira mubairo wekusaita basa rake. Dinah arangerira. Amuudza aunze zvinhu zvake zvekudhirowesa. Mai vake vabva vamuudza kuti akaita basa rake rose musvondo iyi, anozwana zvinhu zvake musvondo inotevera. Kasi kana pane zuva raachakanganwa kuita basa, acharasikirwawo nezuva rekudhirowa svondo rinotevera.

- Ndeipi nyaya inenge yemunharaunda menyu?
- Ndedzipi nzira dzakasanyana dzakashandiswa nevakabereki vaviri ava kuranga vana vavo?
 - *Baba vaSeth vakamurova kamwe chete pamwe pachocha vakamuseka ukuwo amai vaDinah vakamubvira kudhirowa kwaifarira kuita.*

- Funga kuti ndeipi nyaya yataridza muenzaniso wakanaka wekuranga uye tsanangura nemhaka yei.
 - *Amayi vaDinah vamuranga nerudo, vakaona kuti Dinah anzwisisa zvaaita zvakaipa uye kuti mubairo wacho waizova chii uye abva aiita saizvozvo.*

Muchidzidzo chino, tichatarisa kuti tingatungamirire sei vana vedu mukuranga kune humwari. Tichatarisa zvekare dzimwe nzira dzekubatsira vana kuti vateerere kuitira tisavarange neshamhu. Kana tikashandisa izvi nezvimwe zvatakadzidza, zvino kuranga vana zvakaomarara nguva zhinji hakuzoitika.

Kurudziro Yakanaka Yekuranga Mwana

HURUKURO MUBOKA GURU

Zviziviso kumudzidzisi: Shandisavanoda kuverenga vaverenge 'Kurudziro Yekuranga kune Pundutso for Effective' mu**BHUKU REMUDZIDZI**—Kuranga Vana

Kuranga zvinoreva kutungamira nekugadzirisa vana kuti vadzidze kuita hunhu hune huMwari. Kuranga hazvirevi mutongo wakaomarara. Kune nzira dzakawanda dzekuranga mwana nadzo. Kuranga kwakanaka kana kukaitwa nerudo uye nguva dzose.

Tinoranga vana vedu nekuti tinovada uye kuti toda vadzidze kurarama hupenyu hune humwari, vaite sarudzo dzakanaka uye kubata vamwe zvakanaka. Dzimwe nguva nzira yatinorangavana hiunze pundutso nokuti inokonzeresa kupanduka, kushungurudzika, moyo yakaomarara, kunyara, kutya neumbwende. Zvakakosha zvikuru kunzwisisa zvatinokwanisa kuita kuti kuranga kwedu kuunze pundutso zvozobatsira vana vedu kuti vakure kusvika pakugona kuva nehukama hwakanaka nevamwe uye naMwari.

Kurudziro Yekuranga kune Pundutso:

1. Iva nechokwadi kuti vana vanoziya kuti une rudo navo usati wavaranga.
 - Usava wakuranga mwana wako munguva yawakatsamwa. Ukaita izvi zvinodzidzisa mwana kupopota kana kurova pavanotsamwa. Kana tiri kunzwa kutsama tanga wadzikama woita mwana agare mukona kusvika wave nane.
 - Varangaridze kuti nyaya yauri kuvarangira ndeyekuti vaite hunhu wakanaka. Tsanangura kuti iri ibasa rako semubereki, nekuti unovada saka unovaranga.
 - Wapedza kuranga mwana wako, zvakanakosha kumuratidza rudo rwako rwose. Unogona kutaura zvekuti "Ndinoziva uchaita sarudzo yakanaka kumberi" kana kuti "Ndinoziva kuti uchadzidza kuva nemutsa kumunin'ina wako". Rudo runokurudzira pane kutya. Zvinobatsirawo mwana kunzwa kuchengetedzwa nekuona rudo.
2. Ramba uchiita zvekuranga
 - Tikatendera mwana kuita chimwe chinhu nguva imwe tozovaranga pachinhu ichi mwana anovhiringika kuti zvaanobvumidzwa nezvaasingabvumidzwi ndezvipi. Vanenge vakutya kuti vanogona kungoita zvinhu zvinorangisa vasingazive.
 - Kana tikaramba tichiranga zvino vana vanodzidza zvakanaka nezvakaipa. Vanonzwa kuchengetedzwa vachiziva kuti vabereki vavo vakavatarira uye vane rudo navo.
3. Iva nechokwadi kuti mwana anonzwisisa kuti zvaaita zvakaipa
 - Vabvunze kuti vanoziya here zvakaipa zvavaita. Kana vazingazive vatsanangurire wakadzikama.
 - USAMBORANGA kana kurova mwana usina kutaura navo zvakaipa zvavaita.
4. Vatsanangurire zvinotarisirwa pahunhu hwakanaka hwaunotaririra.
 - Dzimwe nguva vana havazive zvinotarisirwa kwavari. Ipa vana miganhu.
 - Wona kuti vanzwisisa zvaunoda kuti vaite munguva ichauya.
5. Rudzi rwekuranga ngarusiyane nezera remwana.

- Vana vadiki (2-10) vanogona kugadziriswa neziso, nekurova kana kuvagadzika mukona kwenguva mamaminetsi akaenzana nemakore avo.
 - Vana vati kureyi (11-18) vanoteerera kana zvavanowana zvikabviswa e.g watching tv uye vanosungirwa kuva nemubairo wezvavaita.
6. Kurema kwemurango ngakuenderane nekukura kwekukanganiswa kwaitwa
- Kana kurasa hunhu kwakanyanya, kuranga kunofana kuti nyanyeji, kana kuri kudiki murango woitawo mudiki. I
 - Kana zvakakodzera kutora zvavri kuda kwemwedzi ngazvidaro asi izvi hazvingaitiwe kumhosho yezuva rimwe. Zvinonga zvakakodzera kutora zvavanoda kwezuva asi kana kurasa hunhu kukaenderera zvino wedzera nguva.
7. Teverera kuranga
- Kuita zvawataura kunogona kushupa, kasi kune pundutso, kunounza kuremekedzwa nekuvimbika. Zvinotaridza kuti une rudo rwekukwanisa kuita chimwe chinhu.
 - Kataurira mwana kuti ndichakuranga wobva warega kunovhiringidza uye hakupe pundutso.
8. Kana zvichibvira, shandisa kuranga kune hukama nekurasika kwaitwa.
- Chinangwa chekuranga ndechekuti mwana awone mubairo wezvavaita agozvigadzirisa.
 - Semuenzaniso, kana Sarah achida kubatsira mhamha vake kubika, asi akapopotera hanzvadzi yake anga achidawo kubatsira. Mhamha vaSarah vanomuudza haakwanise kubatsira kusvika arega hanzvadzi yake ichibatsirawo. Kana kuti, Peter akarova tafura mvura yorasika mai vake vanomuudza abatsire kuibvisa.

HURUKURO MUBOKA DUKU

- Ndedzipi kurudziro dzawakatoshandisa pakuranga vana?
- Ndedzipi kurudziro dzausati wambofunga kanakunzwa nezvadzo?
- Verenga nyaya yaSeth kubva kunhanganyaya. Tarira kurudziro yoga yoga mutaure kuti baba vaSeth vaigona kuita zvipi zvakasiyana nezvavakaita panguva iyi.

ZVIONGORORE kana NEMUDIWA WAKO

- Zvii zvinoitwa nevana vako zvinokutsamwisa zvikuru? Zvii zvinobatika zvaungaite kuti udzikame usati watanga kuranga mwana?
- Chii chaungaite kuti utaridze vana, kuti uri kuvaranga nekuti unovada?
- Ndechipi chitsva chauchaita paucharanga vana vako kumberi uko?

Dzimwe Nzira Dzemitongo

HURUKURO MUBOKA GURU

- Ndedzipi dzimwe nzira dzekuranga nadzo dzisiri mitongo wakaomarara?

Dzimwe Nzira Dzekuranga Nadzo

Zviziviso kumudzidzisi: verenga Dzimwe Nzira Dzekuranga nadzo mu **BHUKU REMUDZIDZI**-Kudzidzisa. Ipa mienzanisonetsananguro pane zvose.

Pano neapo zvakananaka kurova mwana neshamhu (ages 2-10). Kurova kwaksiyana nekuzvinda. Kana uchirova mwana, mira kusvika wadzikama, enda navo pavo vega, tsanangura kuti uri kumurovereyi zvino wozomurova. Haikona kurova mwana pamberi pevamwe vake. Zvinonyadzisa nekukonzera kushungurudzika. Wapedza kumurova, unofanika kumumbundira kutaridza kuti unomuda. Kurova kunoitirwa kuranga **kuchibva murudo** kusandura unhu hwamangwana. Hakufaniki kukuvadza kana kukonzereswa nekuti wakatsamwa. Kukashandiswa zvine hungwaru kunogona kubatsira kudzivirira unhu hwakaipa kwounza kuteerera nekunzwa kuchengetedzeka. Kana ukarova mwana nguva dzose, moyo yavo inogona kuona vagozopanduka.

Kuranga mwana hazvirevi kungovaponda. Basa rinorwadza haisiriyo nzira chete yekuranga mwana. Panapa tine dzimwe nzira dziri nane pane basa rinorwadza, nzira dzakanaka uye dzine pundutso:

1. Ipa mwana **zvekuita zvinobatsira** pane misikanzwa yaitwa
Zvikuru sei kuvana vadiki, unogona kuchinja runzha kana kuita kusingaite nekupa mwana zvinomukanganisa kuita zvakaipa womuka zvinomubatsira sekumuti aite zvaanofarira kuita. Zvingori zvakanaka kuzivisa mwana kuti haufarire zvaari kuita.
2. Mutaridze kuti **hauzvide zvechokwadi** (pasina kuponda unhu hwake)
Semuenzaniso, ziso kana mutsara wekutura kusazvida zvehunhu hwavozvinogona kubatsira nokuti mwana anoda kudiwa nekubvumiwa . Batirira paunhu uye usashandisa manzwi ekusvora kana hashashamwari. Sokuti, “Handizvidi kana uchi, (tsanangura unhu hwacho)”
 - Ndezvipi zvezvimwe zvausingadi kuti vana vako vaite? (Dzidzira kuzvitsiura sepamusoro apo)
 - *Kurova vamwe - “handifare kana uchirova vamwe”*
 - *Kutuka - “Handizvifarire kana uchituka”*
3. **Bvisa twunonakidza**
Semuenzaniso, kutora toy kana kuti vasaona terevizheni, kwenguva yawatara, rangarira kureba kwenguva kunofanika kuenderana nezvakanganiswa, zera nezvinoda kuti zvisanduke zvacho..
 - Ndezvipi zvezvimwe zvinoitwa nevana vane makore 2-5, 6-11 and 12-18?
 - *2-5 – vanotambisa matoyi, uye kutamba netwushamwari etc.*
 - *6-11 – vanotamba kunze neshamwari, kuona TV, kuverenga, etc.*
 - *12-18 – kugara neshamwari, kutaura pafoni kuona mafirimu, etc.*
4. Taridza mwana **awone mubairo wezvaaaaita**
Semuenzaniso, kana apunza chinhu kana kudhanganyidza (chero aisada kudaro) mwana ngaagadzire kana kutsvaira marara ake.Izvi zvinodzidzisa mwana kugadzira madambudziko avanonga vagadzira kana kusangana nawoh. i.e. Adam anodonhedza munin’ina wake kumunda, baba vake vomuudza kuti amusimudze uye kutarisa kuti haana kukuvara here nekumuti ndine hurombo nezvaitika.
 - Ndezvipi zvinoitwa nevana zvaanokwanisa kugadzirisa?
 - *Kurasa mvura kana chikafu*
 - *Kusvibisa mumba*
 - *Kupunza zvinhu*
 - *Kurwadzisa vamwe*
5. **Bvisa mwana** kubva pane vamwe – “nguva wega”
Semuenzaniso, unogona kuisa mwana mucheya, imba kana nzvimbo yaari oga apo anofunga nezvezvaaaaita uye kuti zvakaipireyi. Zvinotendera mwana kuti adzikame uye kuti azvidzore. Zvino tora maminetsi mashomakutura nemwana kuona kuti ari kunzwisisa zvaaita here, sei zvakaipa, uye dzimwe sarudzo dzimwe angazoita mangwana.Rangarira, maminetsi anofanika kunge akawanda zera remwana. Semuenzaniso, mwana ane makore matanhatu anofanika kugara pakona kwemaminetsi matanhatu.
 - Mwana ane makore matanhatu anofanika kugara pkona nguva yakadii ? *6 minutes*
 - Mwana ane makore gumi anorambidzwa kutamba neshamwari dzake nguva yakadii? *10 minutes*
6. **Ipa sarudzo** – unhu hwakanaka kana mubairo wekusateerera/ krambidzwa chimwe chinhu
Nyaya ndeyekupa mwana sarudzo pakati pezvakanaka uye mubairowekuita zvakaipa. Zvakakosha kuti mubairo wacho uve pachena, unoitika, usingakuvadzi asi unoitika kuti mwana arasikirwe nechinhu kana

kusauda. Semuenzaniso, kana mwana akasakweshwa mazino unogona kumupa sarudzo yekukweshwa mazino acho ipapo kana kusazowana zvihwitsi zuva rose. Izvi zvinoshanda pamazera ose.

7. Regera mwana **arwadziwe nemubairo wezvaaaita pahunhu hwake.**

Semuenzaniso, kana mwana asingachengetedze zvinhu zvake, mubairo ndewekuti hazvigare. Kana kuti matoyi aanoda anorasika. Mubairo wezvacho zvaitika unokwanisa kudzidzisa mwana kuchengetedza zvinhu zvake. Izvi zvinonyatsoita nevana vakura. Hazviite kana zvichiisa mwana panokuvadza kana kukanganisa vamwe. Hazviite zvakare kana mubairo wacho uchizorwadza mberisa kana kuti mwana wacho asina hanya nazvo.

HURUKURO MUBOKA GURU

Zviziviso kumudzidzisi: *Dambura mutambo woga woga kubva pa **MIFANANIDZO INOBATSIRA**– Mitambo yeDzimwe Nzira Dzekuranga – zvino chipa mutambo mumwe kuboka rakasiyana. Vape maminetsi mashanu kugadzirira. Panopera mutambo woga woga, kurukurai mibvunzo inotevera:*

- *Mutambo uyu unoratidza kuranga kwemandoyi?*
- *Kuranga kupi kunonyatsoita kushandisa?*
- *Ndtwupi twudobi dobi twekuranga kune pundutso twabuda pamitambo iyi?*

Mutambo wekutanga – Ipa basa rinobatsira

Child: ari kurovera ndiro pasi achitaura kuti anoda chikafu.

Mai vanodeedzera: “Mira kuita ruzha. Unogona kubatsira nekuunza mvura yekubikisa chikafu.”

Mutambo wechipiri – Kusabvuma zvakasimba uye Kutarisira zvakajeka

Mwana: ari kubvisa zvivharo zvebhiro achirasa rasa.

Mai vanoti: “Handiwo mabatiro aunoita bhiro dzasisi vako. Kana ukakwereta chinhu ndinotarisa kuti uchichengetedze. Izvozvi dzorera zvivharo wova wadzorera bhiro mubhokisi.

Mutambo wechitatu – Taridza kuti zvingagadzirike sei

Mwana: Ari mushopu apao panoputsika chinhu kwete nemawune

Mai vanoti vakadzikama: “Nhonga tiende kumutengesi unokumbira ruregerero. Ndobva ndazochibhadhara.”

Mutambo Wechina – Ipa sarudzo, ita zvawataura pane zvaitika uye mwana ngaarwadziwe nezvaitika.

Mai: vari kugadzirira kuenda kumusika.

Mwana anokumbira: “Mhama ndingaendawo here?”

Mai vanoti: “Patakaenda paye wakaita zvakaipa kuchemera chitoyi chemota chitsva apo taipfuura pashopu. Unogona kuuya panguva ino asi une sarudzo. Ita zvakanaka usingacheme kana kuti munguva ichauya unosara hako kumba. Uri kuzvinzwisisa?”

Mwana anochemera mota muchitoro chematoyi apo vari kuenda kumusika.

Mai vakadzikama vanomutora voenda navo kumba

Muzuva raitevera **Mai** vanogadzirira kuenda kumusika

Mwana anomhanyira kwavari obva ati: “Ndingaendawo here?”

Mai vanoti: “Kwete nezuro wakava nesarudzo, kuita zvakanaka kana kuti woramba uchisara kumba. Wakaita zvakaipa nezuro naizvozvo uchagara pamba nhasi nagogo. Mumwe musiki wakaita zvakanaka ndichaenda newe.”

CHIITIKO MUBOKA DUKU kana NEMUMWE WAKO

1. Funga nguva dzaunenge uri kumba apo vana vako vanowananzosateerera kana kuita zvakaipa.
2. Sarudza nguva imwe chete utange kufunga dzimwe nzira dzakanaka kudarika kuranga neshamhu kana zvinorwadza. Gadzira chimutambo ushandise nzira itsva iyi kugadzirisa misikanzwa.
3. Itai mutambo uyu kuboka rose.

Zviziviso kumudzidzisi: *Bvunza avo vari kuwona kuti pashandiswa nzira ipi mumutambo uyu kuranga.*

Ongororo

HURUKURO MUBOKA GURU

Zviziviso kumudzidzisi: *Tora nguva kuona kuti ndedzipi pfungwa dziri mubhuku rino vanhu vari kurangarira uye kuti vanoda kuzoshandisa sei zvavakadzidza. Panogona kuva nezvimwe zvikamu zvaungada kudzikorora. Tora nguva kwekupedzisira kwechidzidzo kunamata kuna Mwari kuti vabatsire vabereki kutungamirira vana vavo uye kushandisa zvidzidzo zvanhasi.*

Mumasvondo mashoma apfuura takururukura nezvenzira uye mitemo yakasiyana siyana.

- Ndedzipi nzira kana mitemo yekuranga yaunorangerira?
- Ndeipi yanyanyokubatsira iwewe ?
- Chii chaungada kuzama kuwedzera kuita? Zvii zvausisade kuita kubva zvino?
- Ishanduko dzipi dzaunogona kuona mumwana wako ukashandisa nzira idzi?
- Chii chingakubatsira kuti uvimbe naMwari mukushandisa nzira idzi uye kuunza shanduko yakanaka kvana vako?

Patinoranga vana vedu, tiri kuvatungamirira uye kuvagadzirisa kuti vararame hupenyu hune humwari. Kuranga muhuMwari kunosundwa nerudo. Kutikuranga kubudirire, tinofanika kuramba tichikuita uye kuva nehungwaru panzira dzatinoshandisa kuranga kuitira kuti vana vedu vasazotivenga kana kugununa. Vana vanodzidza kuita zvine humwari makomborero kuna Mwari, kunharaunda uye kumhuri yavo.

Mitambo Yedzimwe Nzira Dzekuranga

Mutambo wekutanga – *Ipa basa rinobatsira*

Child: ari kurovera ndiro pasi achitaura kuti anoda chikafu.

Mai vanodeedzera: “Mira kuita ruzha. Unogona kubatsira nekuunza mvura yekubikisa chikafu.”

Mutambo wechipiri – *Kusabvuma zvakasimba uye Kutarisira zvakajeka*

Mwana: ari kubvisa zvivharo zvebhiro achirasa rasa.

Mai vanoti: “Handiwo mabatiro aunoita bhiro dzasisi vako. Kana ukakwereta chinhu ndinotarisa kuti uchichengetedze. Izvozvi dzorera zvivharo wova wadzorera bhiro mubhokisi.

Mutambo wechitatu – *Taridza kuti zvingagadzirike sei*

Mwana: Ari mushopu apao panoputsika chinhu kwete nemawune

Mai vanoti vakadzikama: “Nhonga tiende kumutengesesi unokumbira ruregerero. Ndobva ndazochibhadhara.”

Mutambo Wechina – *Ipa sarudzo, ita zvawataura pane zvaitika uye mwana ngaarwadziwe nezvaitika.*

Mai: vari kugadzirira kuenda kumusika.

Mwana anokumbira: “Mhama ndingaendawo here?”

Mai vanoti: “Patakaenda paye wakaita zvakaipa kuchemera chitoyi chemota chitsva apo taipfuura pashopu. Unogona kuuya panguva ino asi une sarudzo. Ita zvakanaka usingacheme kana kuti munguva ichauya unosara hako kumba. Uri kuzvinzwisisa?”

Mwana: Anochemera chitoyi chemota mushopu yematoyi apo vari kuenda kumusika. Vakadzikama amai vanomudzorera kumba.

Musi unotevera: Mai vanogadzirira kuenda kumusika

Mwana: Anomhanya kwavari obva ati: “Ndingaendwo here?”

Mai vanoti: “Kwete nezuro wakava nesarudzo, kuita zvakanaka kana kuti woramba uchisara kumba. Wakaita zvakaipa nezuro naizvozvo uchagara pamba nhasi nagogo. Mumwe musiki wakaita zvakanaka ndichaenda newe.”