

TRUTH CENTERED TRANSFORMATION

MODULE



OBUSHWERE HAMWE N'AMAKA EKITABO KY'OMWEGYESA

Empiduka eyemereire aha mazima Ekitabo 1: ENTANDIKIRO Y’OBUHEEREZA OBWIJWIRE copyright v3.3.
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Tirushuburo – Otakoresa ebihandikirwe omukitabo eki ahabw’okutuunga amagoba



Ti ky’okuguzibwa-Omurimo ugu otagukozesa okuronda esente waba nohurira orikwenda okuhindura omurimo ugu omu rurimi orundi ohikirire aba- info@tctprogram.org

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Okusiima

Abantu baingi baine okubongyeire omukatabo k'ebye'okukoresa kandi bakozire munonga omukuhikiriza egi enkora. Nimbasiima munonga.

Okwegyesibwa okweingi omukitabo birugire omukwegyesa kwa Kate Marsden. Akabagana naitwe ebikoreso ebiyatebekanisize kandi akagyeza omuri Bangladesh. Okutebekanisa kweye kukaba kuhereza okuteebwa omunkola. Eki kikatuma twayanguzibwa okutebekanisa ebikoreso ebi. Obu naabanza kwegyesa akatabo aka nkareeba abashaija bakuru barikurira ahabw'okushemererwa okujumbura ngu haruho eindi miringo eyokuhana abaana baabo kutari kubateera kusha. Nyowee ntinkammanyire ngu ekyo nikyetengo omukwegyesa, nkwoke Kate akaba naakimanya. Webare, Kate.

Ninyenda nookusiima Heather Hicks, niwe yayongiremu eishomo aha bakazi. Nyowe ninkira kufa kwiruka n'ebintu, tinkashutama kugira ngu nyetegyereze gye ebintu. Nkwonka Ninsiima ogu orikubaasa kushutama akashoma akeyongyera okwetegyereza aga mashomo kandi agahinduramu agarikubasa kukoresibwa omunsi yona. Webare, Heather.

Ninsiima namunonga abegyesa abutukozire nabo okumara obwiire buraingwa—turikwega kandi turikuta enyegyesa egi omunkola. Abo nibo maamanzi gangye buzima. Okwegyesa kwaabo, ebibajumbwiire omubeegi, okuta omunkola kwaabo; nibikuru munonga omukweyongyera kutuma ezi nyegyesa zaagirira abantu baingi omugasho. Kandi nokukora nabo nikungaruzamu amaani munonga nobu ndikugumirwa munonga ndikweenda kubirugamu. Tinkayebwa abegyesa abunabandize kutendeka tinkammanyire kurungi eky'okukora. Bakgumisiriza nobutwabaire turikubegyesa ebintu ebigumire kwetegyerezibwa. Kwonka nabwe Ruhanga akahindura ebyaaro ebibayegyesize okuruga omubwooro—eki nkgumizamu okunyijusya ngu owakozire eki akaba atarinye, kureka Ruhanga niwa yakikozire. Kandi nintangaara kureeba ngu Ruhanga akakisiima okunkola omwe omumugane gwe nobundi oine obweremwa munonga. Ruhanga We wenka aheebwe ekitiniisa.

Ekyamuheru, ninyenda okusiima omushaija wangye, owanyegyesize obushweere burungi nenki. Ntamweine, ebyo byona tiharuho ekyokubireho. Nimmanya okweshaza okukozire egyo emyaka yona nikwo kuyikiririze ebyo. Niwe muyaga ogutwara ogutuma naguruka kandi ninkukunda munonga.

Anna Ho
Omwebembezi
Reconciled World

Otakatandiikire Obanze Okore Ebi

Okutwetebekekanisiza okwegyesa eishomo

1. Shoma gye engyendererwaho kyabasika ogidhome emirundi maingi. Ohandike ebyaawe aharabaju rw'orupapura okweyijusa ebintu ebikuru
2. Reebe ebighrndererwa bya bur'ishomo obaase kwetegyereza eki abegi bashemereire kwega okurabira omw'ishomo eryo.
3. Oshome ebyahandikirwe byoona okubanza
4. Kyebera orebe ni bikozeso ki ebirikwerengwa ahabwa buri eishomo kandi ogyezeho orebe ngu buri mwegi aine eby'okwegyeraho (ebipapura bw'okushoma) kandi ohangeho ebikozeso ebirikureebwa ebirikukozesibwa omw'ishomo.
5. Gyezaho orebe ngu noyrtegyereza buri ky'okukora omw'ishomo (emizaano, ebintu ebirikureebwa) Nobaasa kukikora orikwegyezamu na eka yaawe nginga banywani baawe.
6. Twara obwiire oshabe Ruhanga okutebekekanisa abeegi, abeegi kuhurira eki Ruhanga arikwenda ngu baturire kandi n'okukwebemba omu kwegyeza amashomo aga. Ijuka ngu n'okurabiira omu Maani ga Ruhanga ngu nitwija kureeba abantu nibahinduka.

Ekirikubaasa kuhwera ahabw'okughyesa gye

1. Oyije kare otebekekanise ebikozeso hamwe n'omwanya ugu orikuza kukozesa
2. Oteiruka okuraba omu byorikegyesa, Tebekekanisa obwiire buri kumara ahabwa okuganiira, eby'okukora hamwe n'okuhumura. Ekigyendererwa nokugira ngu abantu batunge obwiire bw'okwetegyereza n'okwenyigira omu kwega. Gyendampora okuruga omu kicweka kuza omu kindi kugira ngu bury'omwe ayetegyereze. Ebicweka bimwe nibabaasa kuregyamu ekicweka ky'eizooba nari eizoremu enyiima.
3. Oba ryoona.
4. Guma nogarakamu. Aha kutandika kwa buri kwega, reeka ekibiina kigarukemu byoona ebi begyeire omu mushomo, Okugarukamu nikuyamba abantu kwijuka ebi bayegyeire.
5. Kuratiira engyendererwaho y'omwegyesa hamwe n'ebihandikirwe omu kwetebekekanisa
6. Gyezaho orebe ngu watamu ebicweka biina byoona omuri buri eishomo;
 - a) Yanjura omutwe – eby'okukora nibyaija kushuganisa omutwe n'ebi barabiremu enyiima
 - b) Hereza amakuru masya – Hariho emiringo maingi eyo'kubuganamu amakuru masya
 - c) Hereza abeegi ekintu ekibayegyeire – Eby'okukora nibituma bayetegyereza gye amakuru obwo barikukora n'abandi, okutaaho ebintu nginga okukozesa amakuru masya omu muringo ogundi
 - d) Shuganisa amakuru ago hamwe n'amagara gaabo – Egi n'entambwe y'okuta omunkora erikuhwera abeegi okusharamu emiringo eshoborokire eyibarakozeswmu amakuru masya agy begyeire omu magara gaabo.
7. Garukamu egyendererwaho z'okweka kw'abantu bakusire hamur n'eyindi myoga eyegyesibwe omu kutendeka abegyesa
 - a) Hereza engyendererwaho zishoborokire
 - b) Buuza ebibuzo baingi ebirikutuma omuntu yashoborora
 - c) Siima abantu ahab'okwenyigiramu kwabo
 - d) Otagambira abantu ekibarikubaasa kwega gye bakyejumburira.
 - e) Yombeka ahari ebyo ebi abantu barikumanya nagwa orebe n'ebi barabiremu.
 - f) Ogumisirize kandi orindirire abantu okugira eki bagamba
8. Okugaruramu amaani buri omwe omu kwenyigiramu, obubagana n'okuhayo ebiteiso omu kuganira. Ronda omuringo gw'okutuma abantu abeine eshoni kugamba ebiteiso byaabo otarikubashwaza
9. Shaba okuraba omu eizooba ryoona kugira ngu Ruhanga akushuririre ebintu bisya hamwe na abeegi

Oku orikubaasa kukozeza engyenderwaho y'omwegyesa egi

1. **Enshonga Enkuru hamwe n'eb'okukoresa;** Buri eishomo niritandika n'eicweka eki:
 - a) **Enshonga Enkuru.** Buri eishomo niryegyesa ebintu biingi ebirungi, kwonka abeegi bashemereire kwetegyereza gye ezi enshonga enkuru ahanyuma y'eishomo. Nikirungi iwe nk'omwegyesa okwebuza yaaba abeegi nibaabasa kwijuka ezi enshonga ahanyuma y'okubegyesa eri eishomo. Ogume nobijusya ezi enshonga enkuru waaba noyegyesa kugira ngu babase kwijuka ahamuheru waheza kubegyesa.
 - b) **Eb'okukoresa.** Ebikozeso ebirikwetengwa aha bwa buri eishomo bihandikirwe, harimu n'ebirikurebwa n'amasoho hamwe n'empapura z'abeegi kwereberaho. Eki kitabo ky'omwegi nikija kukworeka obu oshemereire kuba n'okoresa:
 - **OMU KATABO K'OMWEGI** – nikija kworekwa kiti.
 - **EBY'OKUKORESA EBIRIKUREBWA** – nikija kworekwa kiti.
2. **Oku Omwegyesa aratwaaze.** Omu ishomo harumu engyendererwaho ezikuheirwe kugira ngu ohingurane omukwegyesa eri eishomo. Ebi torikwetenga kubibagana n'abeegi. Ebi obisome kare bikuhwere kwebemba ekiganiro hamwe n'emirimo Ebibuuzo bimwe nibiba byeine eby'okugarakamu okukuhwera nka omutendeki okumanya ebi orayihe omu beegi Ebi tibyo by'okugarakamu birungi byoonka kureka ni bimwe aha byokugarukamu birungi.
3. **Oku Omwegyesa aratwaaze.** Obwiire bwa buri eishomo tibuteirweho.
 - a) Twara obwiireoburikwetegwa kuhwera abantu kwega ebikuru omu ishomo. Nikikuru okufaayo aha ky'abantu barikwega okukiira okumarira omu bwiire.
 - b) Ijuka kusigaho obwiir bw'abagyesa okutandika n'okuhwera, okubugana obujurizi, okubagana ebizibu ebi beine hamwe n'okushaba hamwe.

Okumanyisibwa okwomutaano omu kwegyesa Ekitabo "Obushwere hamwe n'amaka

Amashomo aga buri rimwe niritwaara nk'eshaha — ti shaha 1.5 nk'agaandi mashomo. Shaba abeedi okwija naabakundwa baabo, ahabwaabo banyina maka. Omubanyina maka ohinduremu okubarikuhaana ebiteekateeko. Kwonka oyakiire boona yaaba betari omubushwere nari betaine baana. Ahakuba ago mashomo gaine omugasho okuhwera buri omwe omukugira obukwate burungi naabandi abantu

Eby'okukoresa ebirikurebwa biri ahamuheru gwakatabo k'omwegyesa. Oreebe ngu buri omuntu aine kopi y'okwetegyereza oku tutarikushushana omu Eishomo 2. Buri kanisa neebasa kweshashurira akatabo k'omwegi kugira ngu baabase kwijuka enshonga enkuru omu ishomo eri.

Eishomo 1: Obujananizibwa omu bushwere

Enshonga Enkuru

1. Abashaija baine obujananizibwa ninga emirimo ebiri omu bushwere.
Bo nab'okwebembera eka kandi bakakunda abakazi baabo nk'oku Kristo yakunzie ekanisa kandi omu muringo nigwo gumwe ngu bakundane kandi bereberere.
2. Abakazi baine obujananizibwa bubiri omu bushwere. Bashemereire okukunda, okuha ektinisann'okworobera abashaija baabo omu muringo ogu Baibuli erikwegyesa kandi n'okuba omuhwezi orikutiina Ruhanga.

Eby'okukoresa

Omu Katabo K'omwegi:

- a. Obujananizibwa bw'abashaija n'abakazi
- b. Ekihandiko kirikugamba ahari rukundo n'okuha eitinisa (ni eiteeka)

Okwanjura

OKUHAANA EBITEEKATEEKO OMU KIBIINA KY'ABANTU BOONA

Obusinguzi bw'obushwere bwaitu nibwetegisa abashaija n'abakazi okuturaho omu busingye kand n'okuwatanisa omu muringo ogu Kristo yateireho. Ekicweka kikuru omu kwombeka obushwere bwaawe n'okwetegyerereza bujananizibwa butari kushwana bw'omushaja / omukazi

Oku Omwegyesa aratwaaze: Shoma buri mugane kandi muganiire aha bibuuzo omu kibiina kihango.

Omugane gwa Leah

Leah arotami omu muryango arikuboneza emboga za kyakiro. Obutoosha akaguma nazunguza ekitanda eki omwana we yabaire ebyamimu okuza omumaisho n'enyima. Nyinazaara akaaba abyami aha mukyeeka rw'ebitojo haihi arikugona omwihangwe. Leah akaba amazire emyaka ebiri omu bushwere kandi amagara ge gakaba gahindukiire okurenga ouyabeire natekateka. Akaba nahurira akuzire kandi aruhiire. Akaba naburwaho banywani be kandi arikwerenga ngu atayayire nyina n'ishe. Konka akaba ayine okureberera omwana kandi n'okubinza enju y'eka y'omushaija we.

Leah akaba namanya nyinazara ayetegwie kushanga kyakiro yahaire yamara kwimuka. Leah yananura omukono yakwata aha kironda enyima y'amaraka ge. Obu we na Timeus babaire batahiire omu bushwere, obumwe akaba aija omuka kare yaruga aha murimo reero baza kutambura ninga owevugamu aha piki piki. Konka hati nakira kukyerererwayo obwo ari na banywani be. Akaija omuka arikunuka amarwa n'etae kandi agambaho ebigambo bikye atakagire kubyama.

Leah akaba abugaine na Timeus aha kanisa omu kibiina ky'eminyeto. Batakagire omu bushwere akaba nareebeka arikukunda kuza aha kanisa. Leah yatekateka ngu naija kuba omushaija na Taata murungi. Timeus akaba Atari muntu mubi. Akaba atakamuteera kandi arikumanya ngu tarikukunda abandi bakazi, konka mutima gwe gukaba gutura guri hare. Nagwa na ha Sande omwihangwe, obu yabaire naba ari omuka, akaba naeebeka ari hare. Akaba atalazaana n'omwana ninga okugamba na Leah. Akaba abyama ninga areeba TV. Omwana ku yabaie arira ninga nyinazaara yamwetombeitera, Timeus atonganisa Leah kandi amugambira Kubi. Leah yatandika kwetenga ngu nagwa kuri atarahweirwe. Akaba atakateekateeka ngu amagara nigabaasa kuguma batyo.

Omugane gwa Timeyo

Ahanyimaho, omumwebazyo nigwo gumwe, Timeus akashutama kunywa coffee hamwe na banywani be. Baara akaba arikubagambira ekirikushetsya aha bakazi ekyatumire boona basheka. Timeus yatekateka ahari Leah yatandika kutetema. Akaba namanya ngu naija kuba amutegereze kandi ku naija kumwitiirwa ekiniga. Leah akaba atashemererwa. Obutoosha akaba ayetomboitira nyina wa Timeus hamwe n'emirimo nyingi eyi yabaire akora omunju. Timeus akaba namnya ngu nyina nabaasa kuba agumire konka arikushaba ngu Leah abaasa okugumisiriza Nyina akaba akuzire munoga mu magara goona kandi ahemereire kuba naruhukwaho kandi n'obuyakuzire, Leah shemereire kwetegereze eki.

Timeus akatandika okuguma aheru n'abanywani be kandi arikuboona rwekwaso y'okuba aheru y'omuka ahabw'okuba akaba atarikwenda kuhurikiza entogane ahagati ya Leah hamwe na nyina. Akaba aruhiire ahabw'owetomboitwa kwa Leah ahabw'omwana hamwe n'emirimo. Akaba atuura amwinire ekiniga, Leah akaba atarikwetegereze ngu omushaija asibaire nakora eiizooba ryoona kandi ku nayetenga kuhumuraho omumwebazyo?

Yatandiika n'okwehuza okugenda na Leah ahakanisa. Akaba nayanga okweshwaniriza ngu buri kimwe kiri gye ahagati yaabo. Ku babaire baza aha kanisa kushoma aha Sande, Leah akaba ajweka omwana kandi agorora ebijwaro bya Timeus ebirungi.

Okaba noshwa ngu nayenda ngu bury'omwe aikirize ngu nabatungi kandi bashemereirwe. Amazima gakaba gari ngu bakaba nibasiitana okutunga esente zirikumara kandi bakaba batashemereirwe omuka. Timeus aaba yatandikiire kwebuza yaba haine omuntu owabaire ashemereirwe bizima buzima konku babaire nibahwanirira. Akahurira ahwirwemu amaani kandi ateine ekihika ky'ouza aha kanisa ogundi murundi. Akaba atakyahuriramu omugasho gwona. Akaba atakatekateeka ngu amagara nigabaasa kurabanisamu.

- N'enki ekyabaireho omu migane egi ebiri?
- Eki niishushana kita n'amaka agari omu kyanga kyaitu?
- Ni buhabuzi ki obu okahereza Leah? Tekateka aha ki Timeus arikwetenga, akakora ki okureberera gye Timeyo?
- Ni buhabuzi ki obu okahereza Timeyo, Tekateka aha ki Leah arikwetenga. Timeus akakora ki okureberera gye Leah?

Omw'ishomo eri, nituza ushwijuma obujananzibwa bw'omushaija n'omukazi omu bushwere. Ruhanga atuhare engyenderwaho z'okutuhwera okugira obushwere burungi.

Obujananzibwa bw'omushaija

OKUHAANA EBITEEKATEEKO OMU KIBIINA KY'ABANTU BOONA

- Okashoborora ota obujananzibwa bw'omushaija omu bushwere?

Shoma Abafeeso 5: 23, 25, 28 – 29:

- Enyiriri ezi nizigamba I ahabujananzibwa bw'omushaija?
 - *Omushaija n'omutwe gw'omukazi*
 - *Omushaija akunde omukazi we nk'oku Kristo yakunzire ekanisa*
 - *Omushaija akunde omukazi we nk'oku arikwekunda kandi akareberera omubiri gwe*
- Omushaija n'owokuba omutwe gw'omukazi nk'ou Kristo ari omutwe gw'ekanisa. Kristo natwaza ata nk'omutwe gw'ekanisa? Omushaija ashemereire kutwaza ata nk'omutwe gw'omukazi?
 - *Omushaija n'omwebembezi*

- *Yesu akahayo amagra ge kandi yajuura obwa Ruhanga bwe okuba omujuni waitu, nahabwekyo, omushaija natekwa okwehayo/okweshasha. Okureberera, okurinda n'okugabirira omukazi kandi atari kukora ebirikushemeza wenka*
- *Tarikugyema omukazi we kumworobera kureka amukunde ataine eki ayegamire (Kristo naawe tarikugyema ekanisa kumworobera)*
- *Omushaija ku arikusharamu ashemereire kubiganira n'omukazi kandi atorane ekirikukirayo oburungi ahabw'omukai we, tihabweye wenka*
- Obu omushaija ahemereire kukunda omukazi Kristo yakunzire, okashoborora ota rukundo ya Ruhanga?

OKUHAANA EBITEEKATEEKO OMU BUBIINA BW'ABANTU BAKYE

Mukorese **OMU KATABO K'OMWEGI**- Obujunanizibwa bw'abashaija n'abakazi banyina maka Shoma 1 Abakorinso 13:4-8 hamwe na Abafilippi 2:1-8 reero ogarukamu ebibuuzo ebi ahaifo

- Buri runiriri niushoborora ruta ruundo ya Ruhanga?
 - *1 Abakorinso 13:4-8, okukunda kugumisiriza kugira embabazi, tiugira ihari, tikwehimbisa tikwetungura, tiukora birikwitsa enshoni, ti kweshurira buakwo, tikurahua kugubwa kubi, tikuteekateeka kibi aha muntu, tikushemererwa kutahikirira, kureka kushemererwa amazima. Kwemera byoona kwikiriza byoona, kugira amatsiko ahri byoona, kugumisiriza byona.*
 - *Abafilippi 2:1-8 – Obucureezi okweta aha by'abandi, okuhereza n'okwehayo.*
- Omushaija nabaasa ata kworeka rukundo aha mukazi we omu miringo egi? (Omu bibiina byanyu, Mugambe ebintu ikumi birikurebwa ebi omushaija yakubaasa kukora okworeka rukundo nk'egi aha mukazi we.
 - *Okussasira omukazi we bagira obutaikirizana*
 - *kuhurkiza ebitekateo by'omukazi baba barikwenda kugira kusharamu*
 - *Okuyamba omu kureberera omwana – okunabisa omwana*
 - *Okuretera omukazi amaizi*
 - *Okuba omwesigwa aha mukazi we*
 - *Okureberera abaana kugira ngu omukazi agire obwiire bw'okutayayira abandi.*
 - *Afeyo aha byetengo by'omukazi we okuira ebyeye*
 - *Abe eky'okureberaho kirungi omu by'omwoyo. Arebeke ngu eka nneza aha kanisa buri wiiki.*
 - *Ahabire omukazi we*
 - *Asherure ebiteiso aha mukazi we kandi bagambe hamwe ahaby'okusharamu kukuru.*
- Omushaija ku yakutwaza omukazi we omu miringo ogu Baibuli erikwehyesa, notekateeka ngu kyikaretaho empinduka ki omu bushwere?
 - *Ogarukye omubyaruguru omukushoborora*

Okuganiira omu kibiina kihango

Oku Omwegyesa aratwaaze: Mugarukyemu ebibuuzo aharuguru. Buri guruupu ebagane ebyaabo. Nimubasa kubona ebishuba byemitwarize yaabantu omukyaanga ekyo. Obagaruze ahanyegyesa yabaibuli kandi mushabire n'embeera ezi.

OKUHAANA EBITEEKATEEKO OMU KIBIINA KY'ABANTU BOONA

Ruhanga ahiire abashaija obujunanizibwa bukuru bubiiri omu bushwere – Okuba omutwe gw'omukazi kandi n'okukunda abakazi baabo nk'oku barikwekunda, nk'oku risto arikukorera ekanisa. Yesu akoreka omutima gw'okuhereza, okunabisa abeegi be ebigyere n'okuhayo amagra ge nk'ekitambo aha bw'okujunwa kwaitu. Yesu akaba nafayo kandi aine embabazi, akahayo obwa Ruhanga bwe kandi akaba atarikwekuza.

Ni kikuru kugira ngu twetegyereze oku Yesu yakikozire kandi tutakauratira kimwe tukebwa ekindi. Twareeba aha magara ga Abrahamu, nitureeba ngu bumwe akaba ahamisiriza kimwe okukira ekindi kandi bumwe kirugamu ebizibu.

1. **Okwetwza nk'pmutwe konka otaine Rukundo (Okutandiika 12:10-16)** Abrahamu akatwra omukazi we misiri bari kuhunga enjara. Yagambira omukazi we kugambira boona ngu ni munyanya kugra ngu batamukora kubi, konka eki kikatuma Sarah yatwarwa owa Faraho kuba omwe aha bakazi be. Omuri eki nitubaasa kureeba ngu Abrahamu akaba nayetwa nk'omutwe gw'eka kandi arikugyezaho kumaraho ekizibu ke'enjara ahebw'eka ye. Konka akaba Atari kuunda omukazi we ahabw'okumushaba kubyama kandi akaba omukazi w'ondiiyo mushaija. Ruhanga atabitahamu kandi yajuna Sara omu mbera egyo.
2. **Omu kukunda konka atarikutwaza nk'omutwe gw'eka (Okutandiika 16:1-4)** : Sarah akashaba Abrahamu oubyama na Hagari kugira atunge omwana okurabira omu Hagari n'abwanyima uhimukireho ebizibu, yashaba Abrahamu oubinga Hagari. Abrahamu yaikiriza kugyenda n'eyetengo ya Sarah atabandize yashaba kureeba yaba kur ousharamu kuhiire. Akaba nakunda Sarah konka n'omutwe gw'omukazi we, akaba ashemereire kwijutsya Sarah aha biragiro bya Ruhanga u okuterana n'okwabashwereine kandi ataikirize entekateka ya Sarah.

Omuri bicweka byona, Abarahamu tarabeire omushaija murungi. Omushaija yaza kuba murungi ashemereire kuaba omutwe gw'omukazi kandi akakunda omukazi we nk'ou Kristo yakunzire ekanisa. Kimwe kyakorwa kitine kigyenzi kyakyo nikiita obushwere.

Obujananizibwa bw'omukazi

OKUHAANA EBITEEKATEEKO OMU KIBIINA KY'ABANTU BOONA

- Omu kyanga nyaanyu – Nibujananizibwa ki obu omukazi aine kukora?

Shoma outanduka 2:18 ,20.

- Ruhanga nashoborora ata omukazi (omuhwezi)
- Okashoborora ota "omuhwezi" Ni bintu ki ebi omuhwezi ariukora buzima

Shoma Ekyebiragiro 33:29 na Zaburi 121:1-2

- Omuhwezi waitu noha okurugirira omunyiriri ezi?
- Okashoborora ota omuhwezi kurugirira omu nyiri ezi?

Omu ruheburayo (orurimi gw'onyine) ekigambo nikyo kimwe omuhwezi nikikozesibwa omunyiriri ezi zoona. Ruhanga ku yashoboreire abakazi nk'abahwezi akakozesa ekigambo nikyo kimwe ekiyakozeisa okweshobororaho. Sitani ekatubeiha kandi yatuha enyetegyereza egwire aha "muhwezi" Tikyo kitekateko kimwe ky'okuba omuhuku nari omuhereza. Eiri kushoborora gye omuhwezi nkoku Ruhanga yaikozeise aha mukazi nikimanyisa omuntu w'amaani ori omukyetengo. Ekigambo eki kimwe nikikozesibwa emirundi ikumi na mukaaga kirikushoborora emitwize ya Ruhanga. Nimwe maani gaitu niwe mucunguzi waitu, omurinzi kandi omuhwezi. Ruhanga akahanga Hawa ouhereza amaani n'obuyambi ahari Adam.

- Wamara kwetegyereza eki Baibuli erikumanyisa aha muhwezi, nikihindura kita enyetegyereza yaitu aha bujananizibwa bw'omukai?

Shoma Abafeeso5:22, 24, 33; and I Peter 3:5.

- Enyiriri ezi nizigamba ki aha bujananizibwa bw'omukazi?
 - Omukazi ashemereire kworobera omushaija nk'ou arikworobera Kristo.
 - Omukazi ashemereire kumutwaza n'ekitinisa.

Ruhanga ahire abakazi obujunanzibwa bubiri bukuru omu bushwere. Eky'okubanza n'okukunda okuha ekitinisa n'okworobera abashaija nk'abebembezi b'eka. Eky kabiri n'okuba omuhwezi oriutiina Ruhanga oine amaani hamwe n'obubaasa.

OKUHAANA EBITEEKATEEKO OMU BUBIINA BW'ABANTU BAKYE

OMU KATABO K'OMWEGI- Obujunanzibwa bw'abashaija naabakazi banyina maka – okugarukamu ebibuuzo ebi:

- Nibintu ki ebi Leya akakozire 'okuhwera' hamwe nokutwaaza Timeyo nekitiniisa?
- Nimiringo ki ei omukazi arikuba omuhwezi kandi akorobera iba omumuringo gw'okutiina Ruhanga?
Omububiina muteekateekye ebyokureberaho ikumi
 - *Okuteeka, okuboneza enju n'ebindi*
 - *Kurebeka ngu abeeka beine ebijwaro by'ogize*
 - *Omushagiike omu murimo gwe*
 - *Okore eka eshemereirwe*
 - *Ogaruremu omushaija waawe amaani*
 - *Obugane ebiteiso n'ebitekateko byawe n'omushaija*
 - *Oshabire omushaija waawe*
 - *Oyorobere omushaija waawe*
 - *Ogambe gye aha mushaija waawe*
- Nikibaasa kukwata kita aha bushere kuri nogira ngu omukazi nakora ebintu nk'ebi?
- Nibiki ebirikuzarukamu omukazi yaaba tahikiriize obujunanzibwe bwe omubushwere?

OKUGAMBA EBYARUGAMU

Oku Omwegyesa aratwaaze: *Reka buri kibiina kibagane ebyokugarukamu. Habaho okutategyereza gye obujunanzibwa bw'omukazi nimubasa kushoma Abefeeso eshura 5 ogundi murundi, hamwe n'okushaba obwengye bwa Ruhanga.*

OKUHAANA EBITEEKATEEKO OMU KIBIINA KY'ABANTU BOONA

Ebyokwebembera omwegyesa: *Kyba kiri ekyaburijo aha bakazi b'omwihanga ryanyu kuba nibo bakora emirimo yonka, ekicweka eki nikibaasa kuba kitashemereire. Nikibaasa kwongyeramu amaani omu kishuba ngu abakazi bashemereire kukora nka abahuuku obwo abashaija bashutami barikureeba. Kwonka abakazi ku barabe nibakira kuzibirwa kukora emirimo Atari emwe, buri ekicweka eki nikibaasa kuhwera omu kuhereza entekateka ya Baibuli yoona aha miring y'emirimo eshemereire abakazi.*

Shoma Enfumu 31: 10-31.

- Enyiriri ezi zikahandikirwa ahary'oha? (omuazi w'omutima)
- Enyiriri zikahandikirwa oha (orunyiriri 2- Abashaija)
- Handika emirimo eyi omukazi ugu arikukora
 - *Nakozesa emikono ye akora ebintu – ebijwaro, hamwe n'ebindi eby'omunju.*
 - *Atebekanisa eka ye eby'okurya birungi*
 - *Ogura ekibanja/eitaka*
 - *Ahinga omusiri gw'emizabibu*
 - *Agura kandi aguza kurungi omukatare*
 - *Akora n'amaani*
 - *Afaayo/areberera abooro n'abakyene*
- Ni mirimo ki abakazi b'omukyanga kyanyu barikukira kuora? N'eha eyi abakazi b'omukayabga kyanyu batarikwikirizibwa kukora?
- Ahabw'enki omuazi ugu arikuheebwa ekitinisa? (Tari mweremwa kandi aine obubaasa kabdi nasiimwa)
- Ni mirimo ki eyi omukazi waawe arikukora? N'omuhereza ekitinisa?

Okuta Omunkola

OKUHAANA EBITEEKATEEKO OMU KIBIINA KY'ABANTU BOONA

Shoma Abafeeso 5:21.

- Orunyiriri oru nirutwireka ki aha bujananiibwa bw'ashaija n'abakazi omu bushwere oburikutiina Ruhanga?

Oku Omwegyesa aratwaaze: **OMU KATABO K'OMWEGI**- Rukundo hamwe n'okuhaana ekitiinisa.

Abarikweega baaba bajwangaine abashaija n'abakazi, ninga kuhokuba haruho obutahurizingana hagati yabashaija naabakazi. Eishomo eri niribahwera gye

Nitukira kuteekateeka ahakyeturikufuza kugira ngu omushaija nari omukazi weitu atukorere. Nitushasha ninga tugira ekiniga ahabw'ebi ebibatarikutukorera. Bumwe twebuza yaba abakundwa baitu nibatukunda buzima. Katutekyereze omuringo ogundi.

Na mugyenzi waawe (babiri)

1. Handiika orukarara gw'ebintu ebi omushaija nari omukazi waawe arikukora oukuhwera (ha batakagyire omumaka – Sho na nyoko nibakora ki okukuhwera?
2. Oikureeba aha rukarara, Shaba kandi osiime Ruhanga ahabw'omushaija nari omukazi waawe (ninga abazeire)

OKWESHUJUMA IWE NK'OMUNTU

Nenki eki oraze kuora gye ahanyima y'okwega oku kugirra ngu kihindureho gye aha kakwate kaawe n'omukundwa waawe hamwe n'eka yaawe?

1. Omu izooba erindi
 - **Abashaija.** Gambira omukazi waaw ku omusiima ahabw'ebyarikuora byoona oureberera eka. Mubuze yaaba haine eeki orikubaasa kukora kumuhwera ngu atagumirwa. Ijuka ngu nayenda kumanya ku nomukunda.
 - **Abakazi.** Gambira omushaija waawe ku n'omusiima ahabw'okukora n'amaani okureberera eka. Mubuze yaaba haine eeki orikubaasa kukora kumuhwera ngu atagumirwa. Ijuka ngu nayenda kumanya ngu n'omuherea ekitinisa.
 - **Abatakagire omu maka.** Gambira abazeire baawe ku nobasiima n'abyoona ebi barikuora ahabw'eka yaanyu. Babuuzze yaaba haine eeki orikubaasa kukora kubahwera omu magara gaabo kugira ngu batagumirwa.
2. Reero buru izooba gyezaho kugira ekintu kimwe eki wakora okworeka omushaija nari omukazi (ninga abazeire) ku n'omukunda nari oumuha ekitinisa.
 - a. Leah akagyerezeho okwetomboita Timeyo yaija ekyereriirwe, kandi agyezaho okwehanganira nyinazaara
 - b. Timeyo akatahire kare, akazaana n'omwaana, kandi aganiira na Leah okumanya oku eizooba ryaagyenda.
3. Twara obwiire ohandiike ebintu bitari bimwe ebi orikubaasa kukora burizooba omuri egi sande. Shaba kandi obuze Ruhanga kukuhwera omu kukora ebintu ebi.

Entabwe ezi nizibaasa kuhurirwa zigumire waba otetekatekire kugambira omushaija nari omukazi waawe (ninga abazeire) reero otandike kumushabira buri izooba. Shaba buri bwiire wahurira kubi ninga ekiniga. Siima Ruhanga ahabw'omushaija nari omukai waawe kandi oshabe Ruhanga okukuhwera omu bushwere bwaawe.

EISHOMO 2: OBUSHWERE OBURIMU OKUSHEMERERWA

Enshonga Enkuru

1. Nitubaasa kugira obushwere oburimu okushemererwa twamara kumanya obutashushana oburi ahagati yaitu n’abakundwa baitu ninga abanyabuzare ba haihi.
2. Nitwetenga kwegu emiirango mirungi kandi ya Baibuli y’okutuhwera kutwaza gye obutashushana obu hamwe n’okumaraho emihondano.

Eby’okukoresa

Omu Katabo K’omwegi:

- a. Yetegereze obutashushana bwaitu (buri muntu atunge ekihandiiko hamwe n’ekindi ky’omukundwa we)
- b. Okumaraho obutakirizana bwaitu

Okwanjura - Omuzaano

LARGE GROUP ACTIVITY

Oku Omwegyesa aratwaaze: *Shaba abakazi bashatu, obahereze obujunanzibwa: Mara, nyina, nanyinento – Susanna.*

Omugambirizi: Mara ashutami omuntebe owa nyina, tashemereirwe. Agaamba nabyina

Mara: “Embaga yeitu ekaba eboneire munonga, nkateekateeka ngu n’obushwere bwaitu nikwe burabonere nokukiraho. Kwonka hati ahanyuma y’okwezi byona nibibi.”

(Ishenkazi, Suzanna, atahamu.)

Suzanna: “Ekisisikeire nenki?”

Mara: “Tikwe nabaire ndikuteekateeka. Nkaba nimanya ngu ninyiija kushemererwa munonga omumaka. Kwonka nituhajana obwiire bwoona. Tiharuho ekiturikwikirizana.”

Suzanna: “Oh, nkaba nyine ekizibu nikyo kimwe nomushaija wangye! Kwonka nkaaganiraho na taat’enkazi yangye, kandi yanyaamba munonga. Ija ogambire ekiriho.”

OKUHAANA EBITEEKATEEKO OMU KIBIINA KY’ABANTU BOONA

- Niki ekiwareeba omumuzaano ugu?
- Eki nikibaho omukyaanga eki?
- Ahabwaki eki nikibaho?
- Abantu bakira kubagana ebizibu byaabo nka Mara kuyabageine n’ishenkazi? Ahabwaki?
- Mara tukamuhabura tuta?

OBUSHWERE OBURIMU OKUSHEMERERWA

Emihondano emwe neija kuguma n’ebaho nagwa n’omubushwere burungi. Ni bintu ki abasweraine barikukiira kutikirizana?

N’omubushwere obubneire, bumwe nabumwe nihimukaho obutakirizana. Omuntu yakugira we tibagiraho okutahuzana naaba tari wamazima

- Nibintu ki ebituma abantu bataikirizana?

OKUHAANA EBITEEKATEEKO OMU BUBIINA BW’ABANTU BAKYE

Shoma enyiriri ezi – Nitubasa kwetegyerereza ki omu nyiriri ezi eziri kutuhwera ngu kwetegyerereza oku twakumaraho emihodano omu buryo burungi.

- I Abakorinso 15:41 na 1 Abak 12:4-7. Ruhanga akozire buri omwee ari owomutaano, twine eby’enyima bitarikushushuna kandi tuheirwe etalanta zitarikushushuna. Nitwetenga kwetegyerereza obutashushuna kandi twikirize okwakiira oku Ruhanga yatuhangire tutarikushushuna.
- Abefeso 4:32 – Nitwetenga ugira embabazi n’esaasi kandi twikirize kusasira, turikwijuka ngu nitwe nituhikirire.
- 1 Petero 3:9 hamwe na Matayo 5:23-24 – Nitwetenga kutegurabkushaba okusaasirwa. N’obu kyakuba ngu mugenzi waawe niwe yareetaho ebizibu, twine twetegura kuta ebintu omubuteeka.
- Abafilipi 2:3-4 – Nitwetenga okutekateeka ahabandi ouira oku turi tweteateekaho.

Okwanjurira abandi

Oku Omwegyesa aratwaaze : *Shaba ekibiina kubagana ebibayega aha utwaza emihondano okuruga omunyiriri z’okubanza. Shaba ekindi kibiina kubagana aha nyiriri ezindi.*

OKUHAANA EBITEEKATEEKO OMU KIBIINA KY’ABANTU BOONA

Ruhanga atukozire tweena tutarikushushuna. Nk’oku twareeba omu 1Abakorinso, twine etalanta, obukugu n’amaani bitarikushushuna. Eki tikirikutuma omuntu omwe yakiira abandi. Twena turi nk’oku Ruhanga yatuhangire. Ruhanga taatukozire tweena turikushushuna. Akatukora abomutano. Omu murimo ogundi oguturakore, nituza kureeba emiringo emwe erikworeka oku Ruhanga yatuhangire turi abomutano. Ijuka ngu ahabwa buri muringo, tikirikumanyisa ngu omuntu omwe nakiira abandi, n’eky’okworeka omuringo ugu Ruhanga yatuhangiiremu.

OKUKORA NK’OMUNTU HAMWE N’OMUKUNDWA WE

Oku Omwegyesa aratwaaze: *Buri muntu naija wetenga orupapura **OMU KATABO K’OMWEGI** – Okwetegyerereza obutashushuna bwaitu. Ni kikuru muniga kushoborora gye oku omurimo ugu guratwazibwe. Nobaasa kugira abashaija aha rubaju rumwe n’abakari aharubaju orundi. Abantu baba batarikumanya kushoma, nginga baba batarikwetegyerereza ebihandirwe, nobaasa kushoma buri mutwe rero bo bahandikeho kikore nabo omurundi orw’okubanza.*

Nituza kuraba omu rupapura oru emirundi ebiri.

1. Omurundi orw’okubanza – Shoma buri mutwe kandi ohandiike na “X” eki ori kukunda.
 - Reka tukore hamwe eky’okubanza. Abantu – okayenzire kumara obwiire n’abantu nginga ori wenka ? Waba n’okunda kuba n’abantu, handiika “X” aharubaju rya buryo rw’omusitari, waba n’okunda byoona, handiika “X” haihi n’ahagati y’omusitari, waba n’okunda kuba wenka, handiika “X” aha rubaju rwa bumoshu ogw’omustari (yore aharubaaho)
 - Shoma orukarara gwona reer ohandiike eki orikukunda ahari buri mbera.
2. Omurundi rw’akabiri – Shima buri mutwe rero ohandiie ahu musitari n’enyuguta “O” eki oritekateeka ngu omukundwa nari omunyabuzare wa haihi naija uunda. Otakiganiraho n’omukundwa waawe.
3. Iwe n’omukundwa waawe mwamaza 1&2 mworekane ebimwandiika. Muganiire ahari buri kicweka hamwe n’ebibuzo ebiri enyuma y’omukatabo k’omwegi.

Lesson 2: Recognize Our Differences

1. For each topic mark on the line with an "X" where **your** preferences lie.
2. For each topic mark on the line with an "O" where your spouse or friend's preferences lie.

Sort it out immediately	Disagreements	Keep the peace
Spend	Money	Save
Spend time with others	People	Spend time alone
Make plans and stick to them	Planning	Be spontaneous
Arrive early	Punctuality	Arrive just in time or late
Go out	Relaxation	Stay home
Go to bed late	Sleeping	Get up early
Enthusiast	Sport	Uninterested
Formal	Clothes	Casual
Very tidy	Tidiness	Messy
Keep it on	T.V.	Throw it out

What other differences have created conflict in your relationship?

5

Waheza mwerekane ebimwahandika aharupapura kandi mubiganireho:

- Otwiire noyetegyerereza gye ebi mugyenzi waawe akunda? Haruho ekyakutangaaza?
- Okuwagarukamu nikushushana na mugyenzi waawe okuyagarukamu ahamitwe egi?
- Nimumiringo ki ei murikwikirizamu munonga?
- Nimumiringi ei murikukirayo okutashushana?
- Nibyakugambahi ki ebirikukirayo kuretaho okutikirizana omubushwere bwaanyu?
- Mugambe okumwakukora okumaraho obutaikirizana obu.
- Mukakoresa muta ebi buri omwe ainemu amaani okwombeka obushwere bwaanyu?

Kumwokuba mutakamazire obwiire buraingwa omubushwere, kirabisika ngu omubiingi timurikutebana. Omumwaanya gwokugyezaho okuhindura mugyenzi waawe, sherura ebi ainemu amaani kandi omushagikye omuri ebi ainemu obweremwa. Nginga nimubasa kuteekateeka ngu nimushushana munonga ahakuba timukajubwiine gye. Nimubasa kweteenga kugarukamu eki okukora ekyo mwayongyera kwemanya.

4. **Muhandike entebekanisa hamwe:** okumurakoreho ahari ebi mutarikushushanamu. Mutorone ebintu 2 ebirikubatanisa munonga kandi muhandike entebekanisa yaanyu okumurasingure omumbeeera ezi.

Ekyokureberaho 1 – Esente

Omukundwa waawe yaaba nakunda okushohoza kandi nokunda okubiika, mukore entebekanisa okumurashoze sente zimwe ezindi mukazibiika. Obundi mwikizana okushoho omuhendo oguragiriirwe kandi mugenzi waawe agire esente ezi arikugira ahanshaho buri wiki/okwezi okushohoza ahabintu ebimwikizineho hamwe

Ekyokureberaho 2 – Okuruhukaho

Obundi iwe nokunda okuruhukiraho omuuka, kandi mugenzi waawe nakunda kushohora kuza kwehamu, mwikizane aha muringo ugu mwena murikubasa kushemererwa. Nimubasa kwikizana kushohora hamwe rimwe omu wiki kandi mugiraho erindi eizooba rimwe ry’okuguma hamwe omuuka. Ninga mukizana ngu bumwe mugenzi waawe naija kushohora wenka, iwe osigare omuuka.

OKUGAAMBA EBYARUGA OMUKUGANIIRA

Oku Omwegyesa aratwaaze : Oshabe eka emwe ninga ibiri okubagana entebekanisa yabo emwe ahakutarikushushana kumwe okubaganiraho

Obutashushana ahagati yeitu kirabasa kurugamu enyoombo twaaba tutakikozireho bukiri kare.

Okumaraho Obutaikirizana

Obutoosha harabaho obutaikiriza omumaka, kwonka tushemereire kweega okubukoraho tukabumaraho omumuringo ogurikwombeka. Titushemereire kwikizana obutaikirizana kukura bukarugamu enyoombo. Tushemereire kwega kuzimaraho juba

Abafeeso 4:26 nirutigira ngu titushemereire kukiriza rikarenga tukiine ekiniga. Eki nikitwijusa okurahuka kukora ahabutaikirizana juba butamaraho ebiro. Eki nikirungi omubushwere bwaitu hamwe n’omubukwate obundi.

OKUHAANA EBITEEKATEEKO OMU BUBIINA BW’ABANTU BAKYE

Koresa **OMU KATABO K’OMWEGI**- Okumaraho Obutaikirizana. Mushome buri runyiriri. Muhandikye engyendererwaho enkuru omukumaraho obutaikirizana.

- Matayo 7:3-5 – Oreebe ngu wamanya enshobi zaawe, otarahukiriza okureebe enshobi zaabandi
- Matayo 18:15 – enshoonga mugiganireho mwenka, hataruho abandi, okukira munonga ahatari omumeisho gaabaana.
- Enfumu 15:1 – *Mugigambeho omubucurera, mwagira ekiniga mwigizeyo omumeisho.*
- Colossians 4:6 – yoreka enshoonga zaawe omubucurera, gutarimuringo oguri kuhutaaza nari okuhajana.
- Abafilipi 2:3 – ogyezeho okureeba omukishushani kyamugenzi waawe, obundi ahikire, niiwe ogwiire.
- Abafeeso 4:26 – Ahanyuma yokworeka orubaju rwaawe, rekyeraho, otaatera empaka ahabwokusiiinga, bumwe murabasa kusharamu kutaikirizana. Eki kyakorwa gye murabsa kuriinda obusiingye.
- Enfumu 19:11 – otashaasha ninga okahwa amaani. Ogire rukuundo nokukira obundi kugira ngu obusiingye bugume omuka yaanyu.

OKUGAAMBA EBYARUGA OMUKUGANIIRA

Oku Omwegyesa aratwaaze : Obubiina bukye bwaheza kujumbura engyendererwaho enkuru, shuba ozishujume kurugirira ahabihandikirwe aharuguru. Ebikuru obahandikye aha rubaaho

OKUHAANA EBITEEKATEEKO OMU BUBIINA BW'ABANTU BAKYE (wakunda)

Orikukoresa Enshonga Enkuru ezimuhereze kujumbura, mugunjeho emizaano ebiri—gumwe gurikworeka omuringo mubi gw'okukora ahabutarikushushana n'ogundi gurikworeka omuringo oguhikire. Mutorane embera ei abantu bakiraga kutashushaniriza enteekateeka. Nobasa kukoresa kimwe omubyokureberaho ebituhereze kugambaho.

Oku Omwegyesa aratwaaze : *Ogambire buri kibiina okworeka omuzaano gwaabo omumeisho g'ekibiina kyoona. Reero obuuzze ekibiina kyoona nibintu ki eburungi ebibareeba omumuzaano.*

OKUSHUBA KUSHUJUMA OMUKIBIINA KY'ABOONA

Omw'ishomo eri, twigire ou turikubaasa umanya obutairizana omu bukwate bwaitu. Okukora entebekanisa y'okutwazamu obutaikirizana bwaitu, kandi n'okumanya oku orikumaraho obutaikiizana.

- ✓ Ni engyendererwaho eha nkuru omu kumaraho emihondano eyi orikukiira kwebwa waba ori omu butaikirizana.
- ✓ Ni miring ki, erikubaasa kukuhwera kuguma noijua amaziima aga ogundi murundi wahiika omu butaikirizana? Ijuka engyendererwaho/amateeka aga tigari g'abantu bari omu bushwere kusha, okuzikozesa n'abakundwa baitu. Nitubaasa kukozeze engyendererwaho ezi omu bukwate bwaitu twaba twine emihondano.

Ijuka, engyendererwaho ezi tezibantu banyina maka bonka. Nitubasa kukoresa engyendererwaho ezo omukukwatanisa kweitu n'abandi bantu boona, twaatunga obutaikirizana

Oku Omwegyesa aratwaaze : *Muhendere muri kushaba ngu Ruhanga ayambe buri omwe okutaikirizana omumuringo Murungi, ogwa bwa Ruhanga kandi kugira obutaikirizana butazarukamu entaro hamwe n'empaka.*

Eishomo 3: Okuwakubaasa kukora aha buhuta

Enshonga Enkuru

1. Nitweetenga kumanya kandi tukakora aha miringo ei turi kuhutazahamu ahabw'okuba obuhuta nibubaasa kushenya amaka.
2. Okweteisa okwamazima ahari abo abaturikuhutaza nikwija kuhwera omu kwombeka onukwate.

Eby'okukoresa

Eby'okukoresa ebirikureebwa (ahamuheru gw'ishomo):

- a. Eksuhsani ky'eka (ekihandiiko kimwe buri kibiina – Ekicweirwemu

Omu Katabo K'omwegi:

- a. Okujumbura obuhuta (ekihandiiko kimwe buri muntu)
- b. Entambwe z'okushaba okusasirwa (ekihandiiko kimwe buri muntu)

Entambwe z'okusasira

Orukoba (oruriumara ahabwa buri ibiina okukozesa kuta ekishushani ky'eka hamwe)

Okweyijutsa hamwe n'okwanjura

OKUHAANA EBITEEKATEEKO OMU KIBIINA KY'ABANTU BOONA

Oku Omwegyesa aratwaaze : Buza ba memba yaba nibajjuka ekintu kyoona kuruga omw'ishomo ry'enyima.

- Ni nyendererwaho ziha ezi oyegire omu kubaaasa kuganiira n'okutwazamu obutashushana bwaitu.

Nagwa n'omubushwere burungi munonga, hariho obwiire obu omushaija nari omukazo nari boona barikuhutazana obumwe ohutaza ondijjo okyigyendereire nginga otakigyendereire

OMUKIBIINA KYOONA

Oku Omwegyesa aratwaaze : Omu **EBY'OKUKORESA EBIRIKUREEBWA**

Hereza buri kibiina, ekihandiiko kitanisibwemu eky'ekishushani ky'okureeba ekishushani ky'eka (Hakiri omubicweka 4-6) hamwe n'orukoba. Bashaba oupiima ekishushani hamwe. (Ekishushani nikishangwa enyima y'ekitabo ky'omushomesa)



Waba otiie orukoba, nikibaasa kukugumira okushaba kukwatanisa ekishushani ei okusasira nigwe "orukoba" omu bukwate, okukiira munga obushwere. Nikukwatanisa obucweka hamwe n'obu hauba hariho obuhuta nginga obukwate buhendeire.

Obuhuta nibusheenya obushwere. Nibutuma abantu batahikana kandi baremwa n'okushajikana.

Omw'ishomo eri, nituza kureeba oku wakugaruza buthya obushwere obwasisikaire ahabw'obuhuta.

Eky'okubanza – Jumbura /manya obuhuta

OKUHAANA EBITEEKATEEKO OMU KIBIINA KY'ABANTU BOONA

Oku Omwegyesa aratwaaze : Shoma **OMU KATABO K'OMWEGI**- Okujumbura Obuhuta - hamwe. Obahereze obwiire okweshujuma Buri ahanyuma yokushoma orunyiriri

Shoma Matayo 5:23-24.

- Okurigirira aha runyiriri oru, notekateka ngu niiuru kita okugarukanisa/okunhunduza obuhuta nari omuhondano.
- Orunyiriri oru nirumanyisa ki ngu “okugira eki barikufa naiwe?”
- Tushemereire kukora ki habaho okuhutazibwa omubushwere omumaka gaitu

Baibuli n’ekishoborora gye u tushemereire okugarukanisa obukwate. Ruhanga natekateeka ngu nikipuru muniga kuhika aha kutugambira ngu otsigeho okushaba kw’okuramya obanze ogyende ogarukane na mugenzi waawe.

Oku turikurahuka kugarukanisa bukwate bwaitu, nikwo n’obuhuta buri kuremwa kweyongyera kukura. Ahanyima y’emyezi mikye, obuhuta obwatandikire buri bukye bubaasa kweyongyera kurugamu ekizibu.

Orunyiriri oru nirutwijutsya ngu twakunyizya omuntu, kandi akatugirira ekiniga, tushemereire kugyenda tukashaba okusasirwa. Omurunyiriri orwakurataho, nitureeba ngu omuntu ku yakutunyizya nabwe ituba twine obujananzibwa bw’okugyenda kushaba okusasirwa.

OKWESHUJUMA IWE NK’OMUNTU

Twaza kutwara edakiika nkye tushabe Ruhanga omumubonano, atwereke yaba hariho emiringo ei tuhutaizemu abakundwa baitu nginga waba otashweirwe, tekateeka ahari munywani waawe nari omunyabuzare.

Tekateeka aha nshoga ezi haifo reero ohandiike ebitekateeko byaawe.

- Hariho eki oremirwe kukora ei oshemereire kuba nokora?
- Hariho eki okozire (nari oriyo nokora) eki otashemereire kukora?
- Oremirwe kukora ekintu eki orikumanya ngu omushaija nari omukazi waawe nayenda ngu omukorere?
- Hariho eki ogambire kyikahutaza mugenzi waawe?
- Oremirwe kworeka rukundo hamwe n’okugaruramu amaani?

OKUHAANA EBITEEKATEEKO OMU KIBIINA KY’ABANTU BOONA

Shoma Matayo 18:15.

Titurikwetenga kumanya emiringo ei tureteiremu abakundwa baitu bashasha kandi bahutazibwa omu bushwere bwaitu kyona, kureka nitwetenga okwetekateka kugambira abakundwa baitu twamara kubahutaza. Bumwe n’abumwe omukundwa waawe naba atagyendereire kukuhutazya konka nabwe ohutazibwa. Nibabaasa kutamanya eki bakora. Waba otagambire mugenzi waawe, obuhuta obwo nibubaasa kuretaho akabi omu bushwere. Mugenzi waawe tarimanya enshobe kandi taribaasa kumaraho akabi ako.

OKWESHUJUMA IWE NK’OMUNTU

Twara akaire otekateke aha miring eyi ohutazibwemu. Nikibaass kuba nginga kitaba ekintu eki mugenzi waawe arikumanya ngu nikipushasha/kikakuhutaza.

- Hariho emiringo eyi ohutazibwemu ahabw’omukundwa waawe?

OKUTA OMUNKOLA

Shaba kandi oyeheyo kutandiika kuganiira ebintu ebyo hamwe n’omukundwa waawe egi wiiki.

Tiheine n’omwe omuritwe ohikirire. Tweena twarahutaise abandi kandi twarahutazibwe. Omu kicweka ekirikurataho omu ishomo eri, nituza kweyongyera kwega oku tushemereire kugarukanisa obukwate bwaitu kuruga omu buhuta obwo. Egi wiiki, nitwetenga kwijuka ebintu ebi ywatekateekaho hati kandi tubiganiire n’abakundwa baitu – Okushaba okusasirwa hamwe n’okusasira kyaba nikyetagyisibwa.

Ekyakabiiri – Shaba okusasirwa wamara kuhutaza abandi

OKUHAANA EBITEEKATEEKO OMU KIBIINA KY’ABANTU BOONA

- Ni bintu ki bimwe ahabirikutuzibira twaba nitushaba abandi okutusasirwa
 - *Omwetunguro*
 - *Okushwara*
 - *Okubona obwiire*
 - *Obwoba.*

Shoma Luka 15:11-22

- Ni bizibu ki obu omutabani omuto yabugaine.
- Omtaba omuto akaba aine kukora ki okugaruraho akakwate n’ishe?
- Nitwega ki omu mugane ugu aha kushaba okusasirwa ?

Oku Omwegyesa aratwaaze : OMU KATABO K’OMWEGI– Entambwe z’okushaba okusasirwa. Handiika entambwe ezi aha rubaho nginga okore ebipande eby’okushoma ebya buri ntambwe. Reero oshabe ba nyekundire okushoma omu katabo k’omwegi.

Entambwe z’okushaba okusasirwa

Oshoborore buri ntambwe. Buri mwe yaheza kwetegyereza buri ntambwe, ohendere orikubakozesa emizano ey’okushaba okusasirwa.

Hariho entambwe 6 z’okushaba okusasirwa kugira ngu ogaruzeho obukwate waheza kuhutaza abandi.

1. Oyaturiire Ruhanga
2. Oyaturiire omuntu owu ohutaize hatariho rwekwaso yona.
3. Oshabe okusasirwa ahabw’ekyo ky’enyini ei okozire
4. Oshabe okusasirwa.
5. Ohindure emicwe yaawe.
6. Oikirize ebirazarwe/ebiraruge omu bikorwa byaawe.

Reeka tushoborore entambwe ezi ez’okushaba okusasirwa

Entambwe z’okushaba okusasirwa

1. **Oyaturiire Ruhanga** – Twahututaza bagyenzi baitu, nituba twagomera Ruhanga. Nitwetenga kuza omumaisho ga Ruhanga Tukamushaba okusasirwa ahabw’enshobe ezitukozire. Okwakiira okusasirwa kwa Ruhanga nikuza kutuhereza omutima mucureezi gw’okwatura n’okushaba okusasirwa aha ndiijo muntu.
2. **Oyaturiire omuntu ou ohutaize hatariho rwekazo yona.** Emirunfi emingi ku turikwatura, nituba nitwenda kushoborora ahabw’enki twakozire eki twakozire konka, eki nikibaasa kutuma omuntu yagumirwa okutusasira.

Eky’okureberaho 1

Okuta orubanja ahandijo – Nimanya ngu nkugambireho kubi omumaisho ga banywani baawe nyomwabazyo, onka tinakubaire ninkikora ntyo kuri otaratumire twakyererera eshaaha emwe.

Ekihihikire - Nahutaize ndi kukugambaho kubi omumaisho ga banywani baawe nyomwabazyo nanye tinankozire gye.

Eky'okureberaho 2.

Okuta orubanja ahandijo. Nimanya ngu nyigire kandi nakugambira kubi nyomwabazyo omukiyo konka wabeire oshemereire kwijuka ngu nyoko atwaire nanjuma munoga kandi nduhire n'emirimo yoona.

Ekihikire – Kikaba kiri okweyendeza n'obutafayo ahariinye okukugambira kubi n'okukujuma ekiro nya nyomwabazyo. Onsasire okukuhutaza.

Gyeragyeranisa eby'okureberaho ebi bibiri aharuguru. Ni muringo ugu orikubaasa kurahukirwa kusasira?

3. **Shaba okusasirwa/oyeere enshobe yaawe.** Gyezaho orebe ngu nogamba ky'inyinie eki orikushabira ousasirwa kandi oyorekye obusaasi omu mazima. Nobaasa kugamba oti. "Ninshasha munoga ahabw'ekinakozire nginga nimpurira kubi ahabw'omuringo ugu nakutwarizemu."
4. **Shaba okusasirwa** – Nitwetenga kumanya ngu nitwetenga okusasirwa. Nikibasiika ngu mugyenzi naba atetekatekyire kutusasira ahonaho, nahabw'ekyo nitutekwa kugumisiriza. Shaba ngu Ruhanga ahwere mugyenzi waaw akusasire. Tushemereire kubagyema kugamba ngu nakusasira ktarugire aha kukunda kwabo.
5. **Hindura emicwe yaawe.** Tikirikumara okwatura n'okushaba okusasirwa twaba tuteine entebekanisa y'okuhinduka kandi n'okumaririra tutashaba kukora enshobe niyo emwe. Ekicweka kimwe aha kugaruza ho obukwate n'okugyezaho kureeba ngu nokunda kandi oyetekatekire kuhindura emicw yaawe. Ogyezeho n'amaani kureeba ngu tiwashuba kukora enshobe ezo.
6. **Oikirize ebirazarukemu bikorwa byaawe.** Omuntu nabaasa kwetenga obiire kugira ngu akusasire. Oshemereire kugumisiriza n'okushaba Ruhanga okubahwera ngu bakusasiire. Obuhuta bumwe nibubaasa kushenya obwesigwa omu kakwate. Noyetenga twetegyereza ngu omukundwa waawe n'abaasa kuta kwesiga juba nk'oku babaire ni bakwesiga enyima ho. Eki n'ekizarukiire omu bikorwa byaawe. Okushaba okusasirwa ti eiteeka ngu ebintu byoona bihinduke bisya. Obumwe na bumwe oyine kuturaho n'ebizarukire omu bi okozeire. Nikitwara obwiire kugira ngu obuhuta bw'okozeire burugeho.

Omurimo rw'okukora na mugyenzi waawe.

Tekateeka aha mbera ya buriijo ei orikwetenga kushaba okusasirwa aha mukundwa waawe nginga omunyabuzare wa haihi. Muzane akaano karikworeka oku wakubaasa kushaba ousasirwa kari- kukorwa abantu batari bamwe.

Ekirikwebembers omwegyesa. Nobaasa kutabarutsya abo abarikwenda kukora akazaano baije omu maisho g'ekibiina bakore.

Okuhendera

Okuhendera

Abaefeso 4:31-32 nihagira ngu "Obushaarizi bwona n'ekiniga n'okuguubwa kubi nn'oruyombo n'okujumirana hamwe n'eihari ryona bihwe omuriimwe, Mukorerane gye, mugirirane embabazi kandi musaasirane nk'oku Ruhanga yabasaasiire omuri Kristo."

Omw'ishomo eri, tureebire aha bicweka bibiri by'okubanza omu kugaruzaho obukwate obusisikaire aha bw'obuhuta.

Entambwe 1: Ojumbure/omanye obuhuta obuteretsire hamwe n'obuhta obu turihwehuriramu. Ruhanga atuhaire obujananzibwa bw'okubakoraho bwoona.

Entambwe 2: Shaba okusasirwa (Garuka juba omu ntambwe 6)

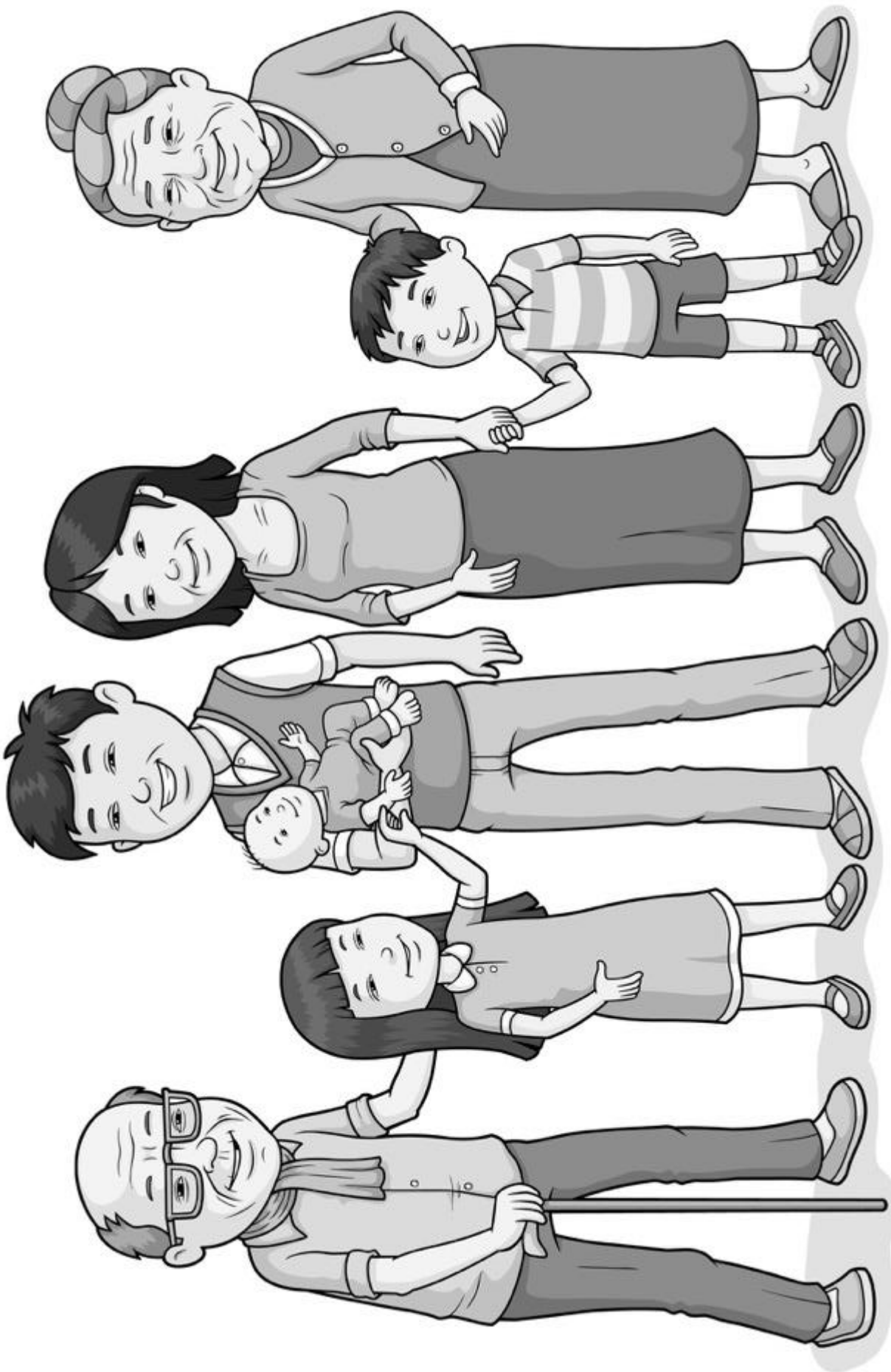
1. Oyatiriire Ruhanga
2. Oyaturiire omuntu owu ohutaize hatariho rwekwaso yooni.
3. Oshabe okusasirwa ahabw'ekyo ky'enyini ei okozire
4. Oshabe okusasirwa.
5. Ohindure emicwe yaawe.
6. Oikirize ebirazarwe/ebiraruge omu bikorwa byaawe.

Bwanyima nituza kureeba aha ntambwe z'okusasira hamwe n'okutandiika buthya.

Okuta omunkora

Shaba Ruhanga akworeke yaba hariho ekintu kyona omu bushwere bwaawe eki orikwetenga kushaba okusaasiirwa.

1. Kora entebekanisa y'obwiire obu oragambe n'omukundwa waawe. Wagamba n'omukundwa waawe, oshabe okusasirwa ahabw'obuhuta obu okozire. Gyezaho ouraba omu ntambwe ezi. Waba otashwirwe, nobaasa kukoze entambwe nizo zimwe oumaraho obuhuta omu bukwate bwoona obu orikuba asa kuba oyiine. Eky'okureeberaho nka abazeire, aborikuzarwa naabo, abanyabuzare nari abanywani.
2. Ronda obiire burungi bw'abantu kugamba. Ronda obiire obu mutaine ekirikubateganisa kandi n'abantu boona bataruhire.
3. Oshabe Ruhanga akuhereze omutima omucureezi kandi akuhereze n'ebigambo bihikire by'okugamba. Shaba Ruhanga atebekanise omukundwa waawe akuhurikize kandi akunde okukusaasiira.
4. Yeheyo ahari Mukama okukora eki, Hariho omuntu owu orikubaasa kushaba naawe kandi akakuurahirira okukora eki?



Eishomo 4: OKUSAASIIRA

Ebitekateeko bikuru

1. Nitusaasiira abandi ahabw'okusiima Ruhanga owatu saasiire
2. Okusaasiira nikigumizamu obutoosha okushemeza obuhuta omu bukwate bwaitu.

Ebikozeso

- Akatabo k'omwegi
 - a. Entambwe z'okusaasiira.

Okuganira omuby'enyima

OKUHAANA EBITEEKATEEKO OMU KIBIINA KY'ABANTU BOONA

- Ni bikorwa ki by'oubanza okuruga omu ishomo ry'enyima ebikwatsire aha kugaruzaho obukwate obusisikaire?
 - *Okujumbura obuhuta hamwe n'entambwe z'okushaba okusaasiirwa wahutaza abandi.*
- Entambwemukaaga (6) z'okushaba okusasirwa niziiha?
 1. *Oyaturiire Ruhanga*
 2. *Oyaturiire omuntu owu ohutaize hatariho rwekwaso yoono.*
 3. *Oshabe okusasirwa ahabw'ekyo ky'enyini ei okozire*
 4. *Oshabe okusasirwa.*
 5. *Ohindure emicwe yaawe.*
 6. *Oikirize ebirazarwe/ebiraruge omu bikorwa byaawe*

Osaasiire abantu abari kukuhutaza

OKUHAANA EBITEEKATEEKO OMU KIBIINA KY'ABANTU BOONA

Shoma enyiriri ezi haifo reero ote omu bugufu eki Baibuli erikugamba aha kusasiira.

- Luka 23:34. Yesu akasasiira kandi yayetegereza ku abandi batarikumanya eki barikukora.
- Matayo 18:21-22. Yesu akagambira Petero okusaasiira abandi emirundi 77 (obwiire bwoona)
- Aabakolosai 3:13 – Musasirane n'oku Mukama y'atusaasire.

Ruhanga atusaasiire byaingi. Naturagira okusaasirana. Bumwe na bumwe nikiguma okusaasira abandi baheza kutuhutaza.

- Kurabira omu by'orabiramu, ni bintu ki ebirukuzaruka omu butasaasira omu bushwere?
 - *Obusharizi – okubiika obuhuta*
 - *Okwesigana nikucweka*
 - *Obutamarwa omu bushwere hamwe n'obutagira obwesigwa*
 - *Eka kuza aha buhinza muriima – N'abaana nibahuriira batarinzirwe kandi batainiire.*

Okusaasiira ni kikuru okureeba ngu obushwew bwahama. Omu Baibuli, nituragirwa emirundi maingi kusaasira. Konka nitwetenga kubanza twayetegereza gye eki okusaasira kuri kandi n'eki kutari.

Oku Omwegyesa aratwaaze : Teera ebicweka bibiri aha rubaho kandi ohandikeeho - “Eki okusaasiira kutari” hamwe na – “Eki okusaasira kuri” omu bicweka bibiri ebyo. Handiika buri ky'okugarukamu kandi okyishoborore.

Okusasira Tikuri	Okusasira NI
<ol style="list-style-type: none"> 1. Oku orikwehurira 2. Okwikiriza obutari nganiza ninga okugumisiriza obuhuta ninga okujumwa. 3. Okugyema omuntu okuhinduka tutakabasasiire 4. Okwebwa 5. Okweshwaniriza ngu tikine shonga 	<ol style="list-style-type: none"> 1. Okusharamu oku orikukora 2. Okubugana enshobe ekozirwe, konka okashara mu okutagumya obuhuta ahari mugyenzi waawe 3. Okwesiga Ruhanga okukwata aha muntu kandi okasaasira na baba batakahindukire 4. Okureekurira abakundwa baitu Ruhanga twaba tuhutazibwe ninga twine ekiniga tutarikusherura okuhoora enzigu 5. Okwikiriza okufa kwa Yesu nk'ekyokushahurira ebibi byoona.

Okusaasiira tikuri

- **Oku orikwehurira** – Okusaasiira n'okusharamu oku turikukora. Titurikwetenga kutegyerereza okuhitsya obutarahuriire okusaasiira kureka nitusharamu okugira owu twasasira titurikwebuza tuti “Nimpurira nyine okusaasiira?” Kureka nitusharamu okusaasiira n'okureka okwesaasira n'ekytengo ky'okuhora enzigu.
- **Okugyema/okwenda ngu omuntu ahinduke otakamusaasiire.** Tukurikubaasa kugyema omuntu weena kuhinduka. Nitusaasira ahabw'ikuba Kristo yaherize kutusaasira kandi naturagiira okusaasiira abandi ahabw'ekiturikwenda aha bandi.
- **Okwikiriza obutari buringaniza.** Twasaasiira omuntu, titwiine kwikiriza ngu eki bakozire kikaba kihikire. Nitubaasa kureeba ngu ekibakozire kikaba kigwire konka nabwe nitwija kubasaasiira. Okigira ngu nitusaasiira omuntu, tikiri kumanyisa ngu nitubaikiriza ngu bagume nibatuhutza. Okusaasiira tikirikumanyisa ngu tugumisirize obuhuta ninga emicwe mibi y'okujumana.
- **Okwebwa.** Bumwe na bumwe twaba nitusaasiira, tuturikurahuka kwebwa obusaasi abutwabugaine. Nitwetenga kuguma nitusaasiira omuntu omumuringo nigwo gumwe twatandika kuhurira ekiniga.
- **Okweshwaniriza ngu tikiine nshonga.** Twasaasiira omuntu, nituba tutarikugira ngu ekibakozeire kikaba iteine nshonga ninga tikiratikwatsireho. Nituba nitugira ngu oyihireho omuringo ugu batuhuteizemu, nabwe nitwija kubasaasira. Nitwesiga Ruhanga oukoregana n'omuntu ogwo.

Okusaasiira ni

- **Okusharamu oku turi kukora.** Nk'olugarukamu okusaasiira kwa Ruhanga ahariitwe kandi n'okumworohera.
- **Okubagabugana enshobe eyakozeirwe.** Nitwetenga kumanya ngu omuntu akaturukera enshobe kandi ekyo kyatuhutaza, konka n'okusharamu okutagumya obuhuta.
- **Okwesiga Ruhanga okukorengana n'abandi.** Nitwera Ruhanga areeta okushinjibwa n'okweteisa n'obu omuntu yakuba atakahindukiire.
- **Okurekura omuntu omu mikono ya Ruhanga.** Twaba nitusaasiira, nitwerekura obugabe bwaitu bw'okuhora enzigu nari okugyema okuhunduka, ureka ntwikiriza Ruhanga okuhana n'okuhindura omuntu nk'ou arikwenda.
- **Okwakiira okufa wa Yesu nk'ekyokushashurira ebibi byoona.** Twaheza kusaasira omuntu tuturi kuguma nitumwijutsya eki akozeire hamwe n'okwenda kuguma nitumukozesa.

Okusaasiira nikubaasa kuguma okukira munga yaba omuntu atuhutaize buzima. Baibuli n'etwijutsya ngu nitusaasiira ahabw'okusiima eki Ruhanga atukoreire hatari kugira ngu omuntu “ashemereire” kusaasiirwa. Twasaasiira titurikugira ngu ekibakozeire kikaba kiteine nshonga, konka nitugira ngu twetekateekire kureka Ruhanga okusharamu okwarikwenda ngu tutwaze ebikorwa byaabo.

OKWESHUJUMA IWE NK'OMUNTU

- Ni bintu ki bisya ebi wayega aha kusaasiira
- Nobaasa ota kuta omunkora ebi oyegire omu bushwere bwaawe egi wiiki?

Entambwe z'okusaasiira

OKUHAANA EBITEEKATEEKO OMU KIBIINA KY'ABANTU BOONA

Oku Omwegyesa aratwaaze : Shoma the following story:

Adam na Hawa bakaba baruhire ahabw'okurenzira eizooba omu musiri okuruga barya aha muti ugu Ruhanga yabaragire uturya, bakarebeka barikuhajana obwiire bwaingi. Enyimaho, baaba batarukurebeka bariwitwa einiga ahabw'butashuuhana bwaabo konka ahanyima y'ewiki ibiri bagira obutairizana ahari buri kimwe. Adamu akaba nayenda okuruhuka aha muheru rw'eizooba konka Hawa arikwenda okutamburamu omu misiri. Adanu akaba nayenda ebijuma konka Hawa we arikwenda emboga. Hawa akaba nayenda abaana, konka Adamu akaba nakunda kubyama arikureeba enyonyozi, konka Hawa akaba nayenda kubyama aha mababi ahansi y'endaki. Adamu na Hawa boona bakahwa amaani kandi bagira okuhajana kuhang okwaendiire na Adamu akatambura akagyenda.

Adamu u yabeire nagyenda, yayetegyereza nggy yahutaza Hawa ahabw'ebigambo n'okumutsigaho akagyenda. Akahurira kubi konka yagiira ekiniga aha bwa Hawa okutamuhurikiza nari okugyezaho kwetegyereza eki yabeire nakunda yatekateeka ati "Aatuma yigirayo ahabw'okutamuhurikiza, mbwenu hati namanya oku arikwehurira." Adamu akahurira Ruhanga arikumushinja ahabw'entekateeka ye egwire kandi nawe akaba namanya ngu namazima. Akemerera, yashutama ahansi kandi yashaba.

Ruhanga, nimanya ngu naba ntari uunda nari okugirira Hawa embabazi. Ninyiiriza ngu nkaba ninyenda ngu ahurire obusaasi obu nanye nahurire kandi nkahurira nsingwire orubaja ahabw'embikorwa byangye. Nkaba ngwire kandi n'entekateeka yangye eaba eri mbi. Ruhanga naija kunsasiira kandi ampwere okusaasiira Hawa. Ninyesiga ngu noza kukwata aha mutiima rwa Hawa kandi tindahore enzigu ahabw'ebintu ebi yakozire biamutaza. Ruhanga nobaasa kumpwera okankiza obuhuta oobuhdikuhurira?

Tinye w'okumucwera orubanja. Ogu n'murimo rwaawe, Ruhanga. Nyamba okutagira engunngu nari obusharizi. Nyamba oumusaasira kandi oikize obuhuta obu tweena turikuhurira. Ruhanga, nyamba okuba omushaija owu orikwenda ngu mbe kandi tugire obushwere burungi. Weabare taata okunsaasira n'okuyamba kugira ngu nsasire Hawa kandi mukunde gye omubiro by'omumaisho."

Adamu yagarukayo kugamba na Hawa

Omugane ugu nigitwijutsya ngu ahabw'ekibi omunsi, turyagira ougumira kandi tubaasa kuhutaza abantu abu turikukunda. Adamu yatwereka entambwe z'okusaasira eziturikwetenga kurabamu omuntu yatuhutaza.

- Ni bintu ki bimwe ebi Adamu yakozire ugira Hawa ahabw'obuhuta obu yabaire nahurira?

Entambwe z'okusaasira

Ekirikwebembera omwegyesa – Kozesa akatabo g'omwegi – Entambwe z'okusaasira – Okugamba turikuraba omu ntambwe z'okusaasira. Wamara kuraba omu ntambwe ezi, yoreka oku Adamu omumugane yakozire nina atarakozire entambwe egi, Ohwere omu kushoborora eintu kyoona eki batarikwetegyereza gye.

Obuhuta obu warabiremu u burabe bwabeire buri bukye, nikibaasa onkwanguha okuraba omu entambwe ezi, Obuhuta ku burabe bwabeire buhango, nikibaasa okutwara akaire karingwa.

1. Oiririze ngu ekyakukoreirwe kikaba kitari ky'oburinganiza.
2. Oikirize einiga hamwe n'ekyetengo ky'okuhutaza omuntu.
3. Oshabe Ruhanga akuhwere oasaasire ondiiho muntu.
4. Osharamu okutahooa enzigu.
5. Reka ekyetengo ky'okuhutaza ondiiho muntu kigurugemu.
6. Omurimo ogw'okucwa orubanja ogurekyere Ruhanga.
7. Oshabe Ruhanga akwihemu obusharizi n'ekiniga.
8. Oshabe Ruhanga akutambire obusaasi hamwe na byoona ebyazarukire omu butari buringaniza omu magara gaawe.

Na mugenzi waawe (Atari omukundwa waawe)

- Ni ntambwe ki ez'okusaasira eziri kukugumira munoga?
- Ni ki ekyakukuhwera okutuma ezi ntambwe zakwanguhira?
- Nikintu ki kimwe ekyorikweteenga okusasira omukundwa waawe?

Waba otarikubaasa kutekateeka ekintu kyoona ahamukundwa waawe, reero otekateeka aha muntu weena owakutwariize kubi, kandi waba nabwe otakabaasa kutekateeka aha muntu, reero oshabe mpora orikushabira abantu abarikweraba omu kintu eki.

Okweyijutsa

Oku Omwegyesa aratwaaze : *Shoma buri ntambwe munoga obwe abeegi bahuumiize amaisho gaabo. Orinde nk'edakiika emwe ahanyima y'okushoma buri ntambwe kugira ngu abeegi batunge obwiire bw'okutekateeka ahari buri ntambwe. Waheza kushoma entambwe zoona munaana, oshabiire ekibiina kugira ngu Ruhanga otware obusaasi obwarugire omu butari buringaniza (enshobe) baheza kusaasira.*

Humiza amaisho gaawe, ohurikize kandi otekateeka aha kusaasira omukundwa waawe obwe buri ntambwe eriyo n'eshomwa.

Mutandiike ogundi murundi mwena hamwe

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Shoma buri runyiriri kandi oreebe ekintu eiuru omuri buri runyiriri;

- 1 Abakorinso 13:4-5 Rukundo terikwegamira ekintu kyoona kandi terikubiika orukarara rw'ebibi ebikoirwe.
- Yakobo 5:16 Mwatuure ebibi byaanyu, mushabirane kandi mugirirane embabazi.
- Abafilipi 3:13 Oyebe eby'enyima, okununirire eby'omumaisho.

Twaheza kuaba omu rugyendo rw'oujumbura obuhuta, okweteisa hamwe n'okusaasira, tushemereire okuba nitukunda outandiika busya. Kigumire okuraba omu rugyendo oru, nahabw'ekyo nitwetenga okuhumurizna hamwe n'okushabirana. Reero, omumwanya gw'okwijuka ebyabeireho enyima, tushemerire kuta omutima ahaby'omumaisho

- Ni mirundi engahi ey'orikwetenga kuboneza enju yaawe?

Nk'oku orikuboneza enju, nitwetenga kuboneza obuhuta oburi omu bushwere hamwe n'obukwate bwaitu obutoosha. Twaba tutaboneize obuhuta obutoosha, obwo nibukanya andi bushaisha obukwate bwaitu. Oyambe obushwere bwaawe okuguma bwaine amaani orikugyezaho kurabira omu rugyendo oru obutoosha.

Okuhendera

Oku Omwegyesa aratwaaze : Garuka omu kusaasira eki uri kandi n'eki kutari hamwe n'entambwe z'okugaruzaho obukwate obusisikaire. Obuuze ebindi bibuuzo.

Omu mashomo abiri ag'enyima, tukagamba aha miring ena y'okugaruzaho obukwate obusisikaire. Nomanya eki biri?

1. Ojumbure obuhuta.
2. Oshabe okusaasirwa wahutaza abandi.
3. Osaasire abantu abri kukuhutaza.
4. Mutandiike busya hamwe.

Twaheza kukora ebintu ebi, nitwetenga kureeba omumaisho tutari kuta omutima ahaby'enyima. Nitwetenga kugyezaho kureeba ngu twaraba omurugyendo oru obutoosha twaheza kuhutazana. Nitwetenga kwegamira Ruhanga okutuhwera omu rugyendo oru.

Okushaba omu kibiina kiye ninga aha bakundeine (Eki nikibasika kukorwa hamwe n'abashweirine)

Omu kibiina ninga n'omukundwa waawe, mushabirane. Mushabe Ruhanga abahwere okusaasira abandi omu muringo ogu yabasaasire. Oshabe Ruhanga okukiiza obukwate bwaawe okurabira omukuta omunkora okusaasira.

Eishomo 5: Okuhamya obushwere bwaawe

Enshonga Enkuru

1. Okworeka abakundwa baitu rukundo, nitwetenga umaya emiringo e barikuhurira bakunzirwe munoga.
2. Omushaija n’omukazi we bashaba hamwe, nibata Ruhanga ahagati y’obushere bwaabo.
3. Nitwetenga kuta abakundwa baitu omumwanya rw’okubanza aha bandi ahabw’okuba omu bushere, babiri nibahinduka omwe.

Eby’okukoresa

Omu Katabo K’omwegi:

- a. Endimi eitano za Rukundo

Okwanjura

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- Omwiruki nakora ki yaba nayenda kugira amaani kandi akaaana kurungi? (eby’okureberaho, nayegyezamu, airiza ebiri kuremera, akora n’amaani).

Eki nikyo kimwe nikikora, n’omubushwere bwaitu. Onushwere n’ekiconco kirungi kuruga ahari Ruhanga, kandi abashaija n’abakazi baba bahamiire omu buhwere nibabaasa kuora ebintu by’amaani okuherea n’okuha Ruhanga eitinisira. Konka, kugira ngu eki kibeho, obushere bwaitu nibwetenga kuhaama kandi bwaine amagara marungi. Outuma obushwere bwahama kandi okaburinda buhamire umara obwiire bwoona nikitwara okukora n’amaani.

Omu shomo eri, nituza kureeba aha miring etari emwe eyakubaasa kuhamya obushwere bwaawe.

Emiringo eshatu ey’okuhamya obushwere bwaawe

1. Yoreka Rukundo yaawe
2. Mushabe hamwe
3. Ta omukundwa waawe omumaisho g’abandi

Oku Omwegyesa aratwaaze: Handiika emiringo eshatu ey’okuhamya onushwere bwaawe aharubaho.

Yoreka rukundo yaawe

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Bury’omwe nayenda kuhurira akunzirwe. Wayega oku orayoreke rukundo yaawe aha mukundwa waawe, nikijja kuhamya obushwere bwaawe.

Oku Omwegyesa aratwaaze: Gamaba omugane ogu ahaifo.

Caleb na Tamar batwiire omubushwere kumara emyaka mushaaju. Batakagire omu bushwere, bakamara obwiire bwaingi bari hamwe. Caleb akakagambira Tamar obutoosha oku aboneire kandi na Tamar akaba agambira abanywani be oku Caleb ari omuntu oyine embabazi kandi aboneire. Ku bamazire kuza omu bushwere, Tamar yayenda ngu ashemze omushaija we, nahabwekyo yaguma n’aboneza enju kandi nateeka eby’okurya buri zooba. Caleb akaba nayenda kuba omushaija murungi, nahabw’ekyo yaguma nakora obwiire buringwa kugira ngu agabirire Tamar kandi agyezehe kureeba ngu aine ekyoona eki arikwetenga. Ahanyima y’emyaka, bagira abaana Kandi n’emeirimi yaaba maingi. Caleb kuyabaire ataha omuka naruga aha murimo, akaba aba auhire arikwenda kuhumuraho.

Obumwe na bumwe akaba naz aha kanisa ninga okuhwera abazeire be. Tamar yahurira nafferwa obwiire obu babaire barikutunga hamwe batakagire omu bushwere. Nahanyima y'outunga abaana bana, akaba nahurira ari wenka. Yaba Caleb ninga Tamar tiheine owabeire ashemereirwe omu bushere bwaabo, konka bakateekateeka ngu n'ekyaburujokutagira rukundo nka eyi babaeire beine okubanza.

Esande emwe, omuriisa akaba nagamba aha bushwere omu kanisa. Yagamba oku kiri kikuru okworeka okusiima na rukundo aha mukundwa waawe. Yagira ngu hariho emiringo etaano eyi abashaija n'abakazi barikubaasa kokoreramu eki. Okugaburirana, okugambrana ebintu birungi, okuherezana obuconco bukya, okumutwaho, okumara obwiire barikutekyerezanaho. Akahiga bury'omwe okugyezaho kukora ebintu ebi omu kwezi kuri kwija aha bakundwa baabo reero bareebe ekirarugemu.

Caleb na Tamar baikiriza ngu nibenda kukora eki omuriisa ybegyesa. Batandiika kugyezaho emicwe misya. Eizooba rimwe Caleb yaretera Tamar ebimuri omuka kuruga omukatare. Tamar yayiima Caleb ahabw'okukpra n'amaani okureberera eka. Caleb yatandiika kuhwera Tamar omu kureberera ebintu by'omunju buri mwabazyo. Tamar yatandiika kuramutsya Caleb yagaruka omuka buri mwabazyo n'oumunywegyea hamwe n'okumubumbatira. Ahanyima y'okwezi kumwe barikugyezaho emiringo misya y'okworeka rukundo n'okusiima, Caleb na Tamar bakashuba bashemerererwa omubushwere bwaabo. Rukundo yaabo ekagaruka busya kandi bahurira orikushwa ngu niho bagiire omu bushwere.

- N'enki ekibayegyeire aha kanisa aha miring etaano y'okworeka Rukundo?
- Ni mu miring eki, egi Cleb na Tamar bayorekiremu rukundo hagati yaabo

OKUHAANA EBITEEKATEEKO OMU BUBIINA BW'ABANTU BAKYE

Ekihama ky'okurida rukundo yaawe ehurire omu bushwere bwaawe n'okwega kworeka rukundo omu muringo ogu omukundwa waawe arahurire akunzirwe. Omu kitabo kya Gary Chapman ekirikwetwa 'Endimi eitano za rukundo' ;nashoborora emiringo etaano eyi abantu barikukira kuhurira bakuzirwemu

Oku Omwegyesa aratwaaze : Shoma **OMU KATABO K'OMWEGI** Endimi itaano za rukundo –okwetegyeza endimi eitaano za rukundo ezitarikushushwana reero otekateke aha miringo ebiri –ena ei orikubaasa kukoreramu eki omu bushwere bwaawe.

Endimi eitaano za rukundo ezitarikushushwana

Abantu tibarikushushwana kandi baine n'emiringo etarikushushana ey'okwakiira rukundo . Twayoreka rukundo omu muringo gutarikushushwana nugu abakundwa baitu barikuhurira bakunzirwe, obwo nikirebeeka nkabarikubagambira orurimi orundi kandi babaasa kuhurira bankuzirwe. Nitubaasa kuba nitugamba konka bo batarikwetegyeresa . Twaba nitwenda kugamba n'abakundwa baitu nitwetenga kugamba orurimi rwaabo. Nikyokimwe na rukondo orw'ondiijo muntu kugira ngu tubaase okuboreka rukundo omu muringo ogu barikubasa kwetegyeza gye .

Hariho endimi eitaano za rukundo ezitarikushushwana . Shoma buri emwe reero otekateke bibiri kuhitsya ahari bina ebi orikubaasa kukoreramu eki omu bushwere bwaawe.

1. **Okuherezana** - Abantu bamwe nibahurira bakunzurwe twabakorera ebintu . Ebi nibibaasa kuba biri ebintu bikya nka , okubonesa enju , okwozya ebyombo , okubagara omwata
2. **Ebigambo ebirikworeka okusiima.** Abantu bamwe nibahurira bakunzibwe twabagambira ebigambo birungi –Nibibaasa kuba ebigambo by'okubagambaho nka 'noteeka gye ' ninga oine' eishokye rirungi ' ninga ori maama w'amaani''. Nibibaasa kuba ebigambo by'okusiima nka "webare kuteeka kyakiiri " webare kukora n'amaani okugambira eka"

3. **Ebiconco** – Abantu bamwe nibahurira baakunzirwe twabahereza ebiconco . Ebiconco tibiri kwetegwa kuba nibigura ahaiguru nginga ebirikutwara esente . Nibibaasa kuba byanguhi nk'ekimuri eki ocweire aha muhanda orikutaaha nginga ekyevugo eki ohandikiire.
4. **Okukwata aha mubiri gwe** . Abantu bamwe nibahurira bakunzirwe okurabira omu ubakwataho. Eki kirimu byoona nka okukwatana omungaro, okubumbatira nari okuhereza eishoye ry'ogwo mugyenzi waawe.
5. **Okumara obwiire burungi hamwe**. Abantu bamwe nibahurira bakunzirwe kutui kumara obwiire bw'omutano naabo. Eki tikirikumanyisa ngu turi omukishengye kimwe turikukora ebintu ebitari kushwana. Nikimanyisa ngu nituherezana okuhukirizana. Omu maka gaitu agarimu emirimo maingi, nikibaasa kumanyisa ngu mutambbure hamwe kandi mubagane ebyabaho omwi zooba.

Nobaasa kushanga ngu omukkundwa waawe nagarukamu gye omuringo gumwe rwa ruundo okukiira eyindi. Buri muntu aine eki arikukunda ogyezeho kujumbura ni muringo rwa rukundo ugu omukundwa waawe arikukirayo kukunda reero okore baingi omumuringo ogwo.

Okagaruka hamwe

Eky'okwebembera omwegyesa: *Shaba buri kibiina okubagana ebintu ebirikubasika kukora oworeka rukundo ahabwa buri bigambo bitano bya rukundo.*

Twaba nitwenda obushwere burimu okushemererwa mitutekwa kugyeaho kureeba gnu abakundwa baitu baturirira bakunzirwe. N'obu omukundwa waawe yakuba Atari kutamu amaani, twatandiika uboreka rukundo omu muringo eyi barikwenda, nibaija okukusiima. Nabo nibatandiika kukura munoga omu kutukunda n'okutusiira.

Bahurira batakunzirwe nibaba abantu bagumire kukura naabo kandi batikurahukirwa okutugirira ekiniga.

OKWESHUJUMA IWE NK'OMUNTU nginga na Mugyenzi waawe

Twaba nitwenda kwoeka abakundwa baitu rukundo omu miring eyi barakireyo kukunda, obwo nitwetenga kujumbura ni miring ki ogw'okworeka rukundo, oguri kumanyisa kihango kandi okore baingi ebikwateirine n'ekyo.

- Tekateeka aha mukundwa waawe n'eki arikukirayo kukunda nginga kusiima?
- Ni miring ki misya eyi orikubaasa kutandikiraho eyi orikukunda waawe?
- Mwetekatekeho. Ni miring ki ey'okworeka rukundo eyi orikukunda? Ni bintu ki ebi omukundwa waawe arikukora bikatuma wahurira okunzirwe munoga?

Kyaba nikiguma okumanya eki omukundwa waawe arikukunda, nobaasa kugira ekiwakora kumara okwezi kumwe, torana emwe omu ndimi eitano za rukundo reero otandiike kworeka rukundo omu muringo ogwo. N'enki ekyarugamu? Haba hatariho emoiduka yoon, gyezaho orundi rurimi. Ogume nogyezaho okwezi aha kundi kuhitsya obu orarebeho empinduka okuruga aha mukundwa waawe. Ekyo kyaba kitakozire ogyezeho okubabuza.

Mushabe Hamwe

OKUHAANA EBITEEKATEEKO OMU KIBIINA KY'ABANTU BOONA

Shoma omuburizi 4:12 “ Omurunga gw'enyabushatu tigucweka juba”

Ekindi ki korwa kikuru omu kwobembeka obushwere buhamiire ni – okushaba hamwe kuturi kushaba hamwe nituta Ruhanga ahagati y'obushwere bwaitu. Ruhanga taragyendereire ngu abashaija nari abakazi baitu babugabugane ebyetengo byaitu byoona. Twategyereza ngu omushaija nari omukai akwetegyereze gye buzima kandi abugane ebyetengo byaawe byoona, obwo nituremwa kandi tuhutazana. Tukahangwa okuba omukakwate na Ruhanga we wenka niwe arikubaasa kubugabugana eby'etengo byaitu byoona.

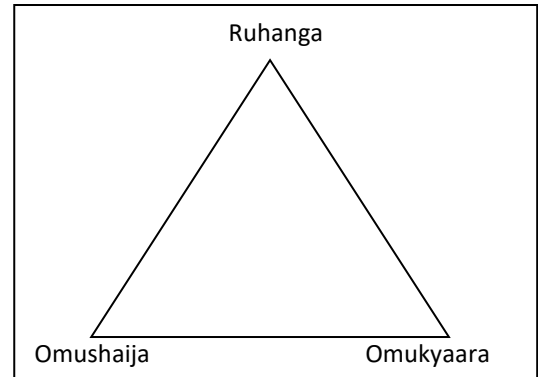
Eky'okwebembera omwegyesa. Teera ekishushani eki aha rubaho nginga aha kipapura kihango. Obushwere bushemereire kushusha buti.

Oku Omwegyesa aratwaaze: Teera eki ekishushani aha rubaaho.

Obushwere bushemereire kurebeka buti:

- Omushaija n'akwatanisibwa na Ruhanga
- Omukazi n'akwatanisibwa na Ruhanga
- Omushaija n'omukazi nibakwatanisibwa hamwe

Omuringogumwe mukuru okugira ngu Ruhanga abe ahagati y'obushwere n'okutwara obwire kugamba hamwe naawe kandi nabwe nk'a buryomwe okwe okushaba hamwe nikwija kuhwera omushaija n'omukazi okuhamba obushwere bwaabo.



Nikihwera okureebeka ngu obushwere oburimu okushemererwa bwagumaho amagara goona . Twaba nitushaba , nitubaasa kusherura okukunda kwa Ruhanga omu bizibu ebi turikuba nitubugana hamwe n'omukusharamu oku turikuba nitwetega kukora. Okushaba nikutuhwera tweena , okureeba n'okwegamira Ruhanga.

Hanu hariho ebintu bimwe ebirikubahwera kushaba hamwe

- Mutorane obwiire /eshaaha z'okushaba hamwe kandi mubuhamireho . Ekyokureberaho ,mwimuke omukasheshe nari omukishengye.
- Mushabe burizooba . Nikikirayo okugyezaho okushaba edakiika eitano burizooba okukira okumara ekicweka ky'eshaaha emwe omurundi gumwe omukwezi.
- Tandika n'okusiiama Ruhanga ahabwa mugenzi waawe , obushwere bwanyu eka n'ebindi
- Okozese obwire obu okuhabira ebyetengo bya mugenzi waawe bitari eby'etengo by'ensi yona.
- Muhurikizane mwaba muri kushaba .
- Gyezaho orebe ngu ori kushaba Ruhanga . Otakozesa okushaba kwawe okugyezaho okuhindura mugenzi waawe.

Ote omukundwa waawe omumaisho g'abandi

OKUHAANA EBITEEKATEEKO OMU KIBIINA KY'ABANTU BOONA

Oku Omwegyesa aratwaaze : Shoma nginga otebye omugane ugu.

Caleb na Tamar bakaba bariyo nibeega okworana rukundo omu miring mirungi. Konka kimwe bagiraho ekiniga kingi. Okuhajana oku kukatandika ku yamugambiire ngu nayenda kumara ebiro bina atarimu agire kutayayira abanyabuzaare. Tamar yashoborora ku omwana waabo owemyezi ena arwiire kandi ku atarikubaasa n'okugwejyegyerwa. Akaba yagambiire Caleb ngu nayenda ngu amuhwere omuka ahabw'okureberera abandi baana hamwe n'okuhinga. Yamugarakamu ngu omwe omu banyabuzaare be akaba nashasha kandi arikumwetenga mbwenu akaba ayine kugyenda akamuhwera.

Caleb yagaruka omuka omukiire. Yagura ngu yagamba n'abanywani aha mbera egyo. Nabo baikiriza ngu aze kutayayira abanyabuzaare. Nahabw'enkyo, akaba naza kugyenda omukasheshe. Tamar kuyabeire ashutami nyekiro arikwontsya omwana, yaikiriza ngu akaba nayetenga ngu areberere abanyabuzaare. Konka yahuririra yagiramu eihari – Ahabw'enki atabaasa kureeba ngu naawe nayetenga kurebererwa omu muringo nigwo gumwe? N'oha oraze kumuhwera?

- N'enki eyabeireho omumugano ugu?
- Ebintu ebi nibikiira kubaho omukyanga eki?
- Ekizibu kikaba kiri kiha?
- Notekateteeka ngu ekyabeire kigweire n'enki? Ahabw'enki?
- Caleb akaba ashemereire kuora ki kugira ngu ate omukazi we omumaisho nari-okubanza?

Omushaija n'omukazi batakagire omubushwere bury'omwe akaba aine eka eyi arikurugamu ey'abazeire be. Omushaija n'omukazi bamara kutasyana, nibatandiika eka ensya.

Omuri Mako 10:6-9 – Yesu najuriza orunyiriri oruri omu kutandiika, nikyo omushaija atsigiraho ishe na nyina, babiri bahinduka omubiri gumwe kandi ashubira agira ati “ N'ahabwekyo, Ruhanga ateraine, hatarigira owabataanisa.” Eki nikitwegyesa omugasho gw'okukwatanisa kw'obushwere obu obusya. Omushaija nahindura ebintu biuru aha ka ye enkuru abita ah'aka ye ensya. Najunanizibwa okubanza yareberera omukazi hamwe n'abaana. Eki tikirikumanyisa ngu turekyeraho okutiina abazeire baitu n'okureberera abanyabuzaare.

Shoma 1 Timiseo 5:8.

Ahabw'okuba omubushwere abantu babiri nibahindua omwe, nitwetenga okwebembeza abakundwa baitu okukiira abandi, konka titushemereire kwehuza abanyabuzaare b'omushaija hamwe n'abomukazi. Akakwate k'omushaija n'omukazi n'obujanizibwa bw'amaani obu Ruhanga atuheireze. N'ahabwekyo eki nikimanyisa ngu tushemereire okwega kwebembeza abakundwa baitu okubanza, konka otarrikwehuza abanyabuzaare b'omushaija hamwe n'ab'omukazi.

- Omu mugane, nimiringo eki emwe eyi Caleb yateire abandi omu maisho g'omukazi we?
 - Akaza kutayayira banywani be omumwanya rw'okuguma n'omukazi we.
 - Aikiriza banywani be okumushariramu yaba ashemereire kugenda nari kutagyenda omumwanya gw'okusharamu kurugirira aha by'etengo by'omukazi we.
 - Akasohora yagyenda n'abanywani be omumwanya gw'okuguma omuka kandi akahwera omwana.
- N'eby'okureberaho biha ebindi eby'emiringo eyi turikutuma abandi baba bakuru oukira bakundwa baitu?
- Caleb akaba nabaasa ata okwebembeza omukazi we kandi akushubira akoreka okufayo aha banyabuzaare be?

Hariho emyanya maingi eyi turikwetenga kuha abakundwa baitu omwanya w'okubanza omu magara gaitu. Erizooba nituza kureeba aha myanya ebiri kusha.

1. **Obwiire/Eshaaha.** Eki tikirikumanyisa ngu tufe kumara obwiire bwingi naabo, Kureka, baaba nibetenga okuhwerwa, tubabanze okukira abandi.
2. **Okusharamu.** Twaba turi omubushwere, nituora okusharamu kwaitu turi n'abakundwa baitu nginga turikuteekateka aha bigambo ebi baagambiire. Okusharamu okukwatsire aha mushaija n'omukazi tikushereire kuta amaani maingi omu kusharamu okukira ondiiho omukazi ekitinisa omu kusharamu kweye kwoona.
Ogu n'omuringo gurikukorwa omuri “mworoberane omu kutiina Kristo.” Nkoku Abaefeso 5:21 erikugira okusharamu kurungi nikukorwa kurungi hamwe n'okushaba hamwe kw'omushaija n'omukazi.

Eky'okwebembeza omwegyesa. Oyambe ekibiina kwetegyezeza gye omugasho gw'okutanisa bo bonka hamwe n'obujanizibwa bwaabo okuruga aha bazeire baabo okuza aha bakundwa baabo hamwe n'eka ensya. Bahwere okureeba omugasho gw'okutandiika eka ensya hamwe n'okuta mugenzi waawe omumaisho g'abandi bantu omu kiika kyanyu. Reero hamwe, omushaija n'omukazi bagumizemu okuha ekitinisa amaka

gaabo goona. Okushoborora enshoga eki, tikirikumanyisa ngu n’okwehuza amaka gaitu, kureka okwega okuta omumaisho abakundwa baitu. Nobaasa kwetenga kushoborora eki, orikuhereza emiringo eyi turikubaasa kutaamu abakundwa baitu omu maisho KANDI tutarikwehuza amaka gaitu/ abanyabuzaare.

- Okwetegyereza oku – nikubaasa kuhindura uta omuringo ogu omushaija n’omukazi yakubaasa kuta omukundwa we omumaisho g’abandi?
 - Nibaasa kukora eka nsya eyi barahereze omwanya rw’okubanza n’ekitiisa oubanza.
 - Reero bareberere kandi bahurikize obuhabuzi okuruga omumaka gombi

OKWESHUJUMA IWE NK’OMUNTU

Twaara obwiire otekateke aha ky’okureberaho kimwe omu magara gaawe omu myanya yoona eki orikubaasa kukora gye omu kuta omukundwa waawe omumaisho g’abandi. Reero, ahari buri ky’okureberaho, shaba Ruhanga hamwe n’omukundwa waawe okuusaasira. Oshabe Ruhanga akuhwere okuhinduka kandi n’okwijuka ngu obujunaanizibwa bw’okubanza obu yakuheire n’obw’omukundwa waawe

- **Obwiire** – Hariho obwiire obu okozire banywani baawe hamwe n’abandi abomugasho munoga oukiira omukundwa waawe?
- **Okusharamu** – Hariho okusharamu okuwakozeire otabandize wagyendera ebitekateeko ninga okuhurira kw’omuundwa waawe?

Okuhendera

OKUHAANA EBITEEKATEEKO OMU KIBIINA KY’ABANTU BOONA

Eirizooba twareeba aha miring eshaatu okutwakubaasa kuhamya obushwere bwaitu.

1. Yoreka rukundo yaawe
2. Okushaba hamwe
3. Okuta omukundwa waawe omumaisho g; abandi

Gyezaho otandiike okuta ebintu ebi omunkora, kugira ngu obushwere bwaawe nabwo bubaase kuhama.

Eishomo 6: Abakazi n'ab'omugasho

Enshonga Enkuru

1. Abashaija n'abakazi boona baine omugasho guri kwigana ahabw'okuba bahangiirwe omu kishushani kya Ruhanga kandi bacungwirwe omuri Kristo.
2. Tushemereire kuta omugasho hamwe n'okutwaza abakazi nk'oku Yesu yakozire, nobu kirabe kirikutanukiira kimwe n'entwaza zaitu.

Eby'okukoresa

Omu Katabo K'omwegi:

- a. Abakazi n'abaishiki
- b. Entwaza n'emihanda ya Yesu
- c. Ekyanga kyaitu

Obukaadi bwa kinyatsi n'obwa kinekye.

Amaizi n'ekyokurya eby'okugabura omu murimo gw'okukora omu kibiina ekihango.

Okwanjura

OKUKORERA HAMWE OMUKIBIINA KYOONA

Oku Omwegyesa aratwaaze : ogabe obukaddi bwa kinyatsi n'obwa kinekye omu kibiina. Gyezaho orebe ngu abakazi bamwe nibaija kuba omu kibiina kya kinekye kandi n'abashaija bamwe nibaija kuba omu kibiina kya kinyatsi. Oherze omuntu omwe omu kibiina kya kinyatsi ogabe obukaddi bwa kinyatsi n'obwa inekye omu kibiina. Gyezaho orebe ngu abakazi bamwe nibaija kuba omu kibiina kya kinekye kandi n'abashaija bamwe nibaija kuba omu kibiina kya kinyatsi. Oherze omuntu omwe omu kibiina kya kinyatsi eby'okukozesa – kureberaho hamwe n'engyenerwaho z'ekibiina kya kinyatsi. – kureberaho hamwe n'engyenerwaho z'ekibiina kya kinyatsi. **EBY'OKUKORESA EBIRIKUREEBWA**

“Oze enyima y'ekibina oyemerere kureeba, ohurikize kandi okutatire eishomo, kona otagamba. Eishomo ritakatandikire, ohereze amaizi hamwe nekyokurya aha kibiina ekindi. Nyabura otagira ekiwanywa nari kurya okuhitsya eky'okukora kyahwa.”

Errizooba twaza kukora ebintu omu muringo ogwaineho omutaano. Buri muntu atunge akakaadi – aka kinekye nai aka kinyatsi.

Boona abaine kaadi ya kinyatsi nibaaza kuza enyima y'ekibiina reero bashome engyedererwaho nk'ekibiina. Abaine kaadi ya kinekye bagume aho ahabw'ekiganirp ekirikukurataho.

OKUHAANA EBITEEKATEEKO OMU BUBIINA BW'ABANTU BAKYE (OMU KATABO K'OMWEGI– Abakazi hamwe n'abaishiki)

Shoma buri kihandiiko reero muganiire yaaba noikirizana nginga otarikwikirizana nakyo kandi ahabw'enki.

1. “Abaishiki n'omugugu aha maka gaabo”
2. “Abakazi tibashemereire kugira ebibanja nginga okutunga obuhunguzi”
3. Tikyine nshonga okuteera omukazi otarikworoba
4. Abakazi bashemereire kureebwa kandi batarikuhurirwa.

Ni bigambo ki omuntwaza yaanyu ebirikworeka ebintu ebitarikushushana ebirikushabwaw abashaija n'abakazi? Noikirizana nabyo?

Ekyokwebembera omwegyesa- Orikugyezaho kutekateeka aha ky'okureberaho omu ntwaza yaanyu kandi n'oubagaruzamu amaani okutekateeka aha by'okureberaho ebingi.

OKUBAGANA N'EKIBIINA KYOONA

Oku Omwegyesa aratwaaze: Oshabe buri kibiina okubagana obumanyiso obu bahandiika. Reero orabe omuri buri kihandiiko kandi obuze buri kibiina yaba nibaikirizana nginga batarikwiirizana n'eki handiiko kandi babagane enshonga ahabw'enki.

OKUHAANA EBITEEKATEEKO OMU KIBIINA KY'ABANTU BOONA

Shoma Okutandika 1:27-28.

Orunyiriri oru nirutworeka ngu abashaija n'abakazi boona bahangiirwe omu kishishani nya Ruhanga. Kora orukarara rw'obumanyiso oburikereka omuringo rw'abakazi n'abaishaiki barikutworeka ekishushani kya Ruhanga.

Omu kitabo 1 tukeega ngu Ruhanga akahanga abashaija n'abakazi omu kishushani kye. Eky'obusaasi, entwaza zaitu n'ebiturikwetenga tibirikubugana omuhendo ugu Ruhanga yaheire abakazi barikuhangirwa omu kishushani kye.

- Nihabaho ki omuai yaaba atakuratiire amateeka n'ebirikumushaba ahabwa entwaza
- Ebeka ye abatarikushushana baakitarata bata (omushaija we, abazeire, n'abaramu be)

OMURIMO OMU BUGUFU/KUHENDERA

Oku Omwegyesa aratwaaze : oshabe ekibiina kya kinyatsi okwegaita n'ekibiina kya kinekye. Ohendera orikubuuza ebibuuza buri kibiina, bwanyima oihemu eby'ouhendera omu kibiina kurugirira aha bumanyirivi.

Omu dakiika 15-20 enyima, ekibiina kya kinyatsi kyashabirwe kukuratira engyederewaho eziri kubazibira okwenyigira omu kuganiira omu kibiina kikyeye hamwe n'ekihango.

Ekibiina kya kinyatsi

- Kyaba nikihurirwa kitya imwe okutaikiribwa omu kiganiiro hamwe n'okutaikirizibwa kugamba?
- Mwaba nimwenda okwenyigiramu n'okuhereza ebitekateko byaanyu?
- Mwashabirwe okureeta amaizi n'ebury'okurya kandi imwe mutabitunga. Mwahurira muta okugaburira ab'ekibiina kya kinekye haza imwe mutaryeho?

Ekibiina kya kinekye

- Mwakihurira muta okutaikiriza bamwe omu kibiina kuza omukibiina kikyeye hamwe n'omukigaaniro?
- Mwayetegyereza ngu ekibiina ekindi tikiyitunga amaizi n'eky'okurya/ Ekyo nimukitekateekaho ki?
- Mwahurira mutarigye? Ahabwenki nginga ahabw'enki mutakihirira?

Bury'omwe

- N'enki ekitagyenga gye?
- Ni migisha ki eyitwateerwa ahabw'obutaikiriza ekibiina ya kinyatsi omu murimo?

Omw'ishomo eri, nituza kugamba oku turi kuteekateeka aha baazi n'abaishiki. Nituzakushaba tureebe emiringo eyi turiubatawazamu etarikworeka ngu nitunatamu omuhendo.

AMAZIMA AGAKWATSIRE AHA BAKAZI

OKUHAANA EBITEEKATEEKO OMU KIBIINA KY'ABANTU BOONA

Ruhanga akahanga abashaija n'abakazi boona baine omugasho n'omuhendo. Boona nibajwekyera Ruhanga omunsi. Ruhanga akagambiira boona okuzaara bakaijuza ensi n'okugitegyeka hamwe batwataniise.

Shoma okutandiika 3:6.

Adamu na Hawa bakashisha barikugomera Ruhanga kandi babonabona ahabw'ekyazarukire omu kibi kyabo. Akakwate kaabo karungi kakashenyuka.

- N'enki ekyahindukiye omu kakwate ka Adamu na Hawa ahanyima y'oushisha barikugomera Ruhanga?
 - *Bakegyekyererana orubanja*
 - *Omukazi akaba nayenda ngu ategyeye omushaija konka omushaija akaba ategyeka omukazi.*
 - *Entekateeka ya Ruhanga ey'okukwatanisa hamwe n'obumwe ekashenywa.*
- Ekibi hamwe n'okusisikara ebiriomunsi bikahiindura bita omuringo ugu abantu barikureeba mu abakazi omu ntwaza yaitu?

Shoma Abagalatia 3:26-29.

- Ni baha abrikwetwa abaana ba Ruhanga okurabira omur Kristo Yesu (Boona abaine okwikiriza)
- Orunyiriri oru nirugamba ngu ttihariho omu yudaya nari omuyamahanga. Omuhuuku nari owobusingye, omushaija nari omukazi? Eki nikimanyisa ki? (Twena twine emigisha erikwigana okuba abaana ba Ruhanga)

Okurabiira omuri Kristo, abashaija n'abakazi boona nibabaasa okuba abaana ba Ruhanga abahunguzi b'amagara agatahwaho, kandi boona bagaruzibwe omukakwate na Ruhanga.

Shoma Ebyakozirwe 2:17-18,21 hamwe na 1 Petero 4 :10-11.

- Orunyiriri oru nirugamba ki aha kiryabaho omwoyo orikwera kwarishukwa aha bantu boona?
- Nikikitangaaza ngu abaishiki n'abakazi naabo nibabarirwa omu kwakiira ebiconco by'okuburira.
- Bury'omwe yakozesa ebiconco ebi Ruhang amuheire, nihabaho ki?
- Hakabeireho ki, kuri abaishiki n'abakazi batara kozeise ebiconco bi Ruhanga yabaheire

Ruhanga naherza ebiconco abashaija n'abakazi okukuzesibwa okwobweka obukama bwa Ruhanga kandi n'okumureetera ekitinisa.

- Nobaasa ota kuhera omukazi waawe kukoresa ebiconco ebi Ruhanga amuheire?
- Nobaasa ota kuhwera muhara waawe okukuza n'okukoreza ebionco ebi Ruhanga amuheire?
- Nobaasa ota kugaruramu amaani abakazi omu kanisa zaanyu n'omukyanga kyaanyu okukozesa ebiconco ebi Ruhanga abaheire.

Entwaza omubwiire bwa Yesu hamwe n'okuyatwarize abakazi

OKUHAANA EBITEEKATEEKO OMU BUBIINA BW'ABANTU BAKYE

Eirizooba nitwenda kureeba omuringo ugu abakazi babeire nibatwazibwamu omu bwiire bwa Yesu hamwe n'oku Yesu yabatwarizemu abakazi.

Shoma **AKATABO K'ABEEGI** –Entwaza ya Yesu n'emiringo omu bubiina bukye reero muganiire aha bibuuzo ebiri aharupapura orundi.

Entwaaza omubwiire bwa Yesu:

Ebiragiro hamwe n'emitarize ya bayudaaya hamwe naabaroma ekaba terikureeba mugasho omubakazi. Abakazi bakaba nibareebwa nk'ekyahansi aha bashaija.

- **Abakazi bakaba nibareebwa nkobutungi.** Bakaba batarikwemaririra. Bakaba nibabarwa omumaka gaabeishebo nginga agabaibabo. Abayudaaya bakaba batarikwikirizibwa n'okugamba naabakazi omurwaatu nk'omunkuuto. Naahamikoro abakazi bakaba batarikubarwa.

- **Abakazi bakaba nibakugirwa n’omukuramya Ruhanga.** Bakaba nibaikirizibwa okutarenga ahambuga yaabakazi omu hekaaru. Bakaba nibakugirwa n’okutunga ekigambo kya Ruhanga butunu nari okuhika ahari Ruhanga omukuramya.
- **Abakazi bakaaba tibarikwegyesibwa.** Ahakuba obwegyese bukaba nibutungwa omusinagoogi, abaishiki bakaba batarikwikirizibwa kwenyigiramu.
- **Abakaba bakaba betaine bugabe omubiragi.** Bakaba batarikwikirizibwa kutuunga eitaka, batakahungura nari okushenda b’ibabo. Bakaba batakabasa kuherezayo bwamushainja omu iramuriro shana habaho omushaija orikubuhamya.

Omubwijwiire, omumitwarize yaabantu omubwiire bwa Yesu, abakazi bakaba batarikwesigwa, barikutwarwamu nkaabarikwetegyeza kukye kandi batari b’omwoyo ekirikumara.

Oku Yesu yaatwarize:

Enyegyesa ya Yesu ekaba eri eyomutaano neentwaza yaabayudaaya naabarooma. Abashaija naabakazi akabatwaaza omukitiinisa ekirikushusha. Abakazi omubwiire bwa Yesu bakaba batakaribegaho mushaija nka Yesu.

- **Yesu akaba naatwaza abakazi omumuringo gw’ekitiinisa.** Akagamba naabakazi omurwaatu. Yesu akagamba n’omusamariakazi owabaire ari omunyamahanga kandi omunyabibi (Yoh 4:7). Akagamba omurwaatu n’omukazi owabaire akwatsirwe omukikorwa ky’obushambani (Yoh 8:1-11). Yesu akatandika okukora eby’okutangaza ahabw’okuhabwa nyina (Yoh 2:1-11).
- **Yesu akaba nahereza okubugabugana ebyetaago byaabakazi.** Omubuhereza bwa Yesu akaba nabugabugana ebyetaago byaabakazi nk’oku yabaire abugabugana ebya bashaija. Akehuza ebiragi ebya Musa ebyabaire birikugira ngu tokabasa kukwata aha mukazi omumicwe yaaabakazi (Mako 5:25-34). Akakiza omukazi owabaire azingazingirwe omwoyo wa daimoni okumara emyaka 18 yaamweta “Muhara wa Aburahamu”. (Luka 13:10-17). Akahwera omu kananikazi (Matayo 15:22-28).
- **Yesu Akegyesa Abakazi.** Akaba naayakiira ebibuuzo byaabo nkabikuru. Yesu akegyesa ennono zaamazima ge abashaija naabakazi omuburinganiza. Akegyesa Mariamu, murumuna wa Mariza (Luka 10: 38-42). Abakazi nibo baabandize okureeba Yesu azokire kandi baragirwe okutwaza aga amakuru marungi omubeegi (Yoh 20:1-18). Abakazi baingi bakaba bagyenda na Yesu barikushagika obuhereza bwe (Luka 8:1-3) obu yabaire nayegeya entumwa nenkuyaanja yaabantuwds.

Okuhaana ebiteekateeko (OMU KATABO K’OMWEGI– Entwaaza omubwiire bwa Yesu n’oku yaatwarize):

1. Nooshoborora ota oku abakazi babaire batwazibwa omubwiire bwa Yesu?
2. Oku Yesu yaatwarize abakazi kukaba nikushushana neetwaaza y’obu obwiire ninga kukaba kutanireho?
3. Haruho oku entwaaza yaanyu okumurikutwaaza abakazi omumicwe yaanyu okukurikushushana n’oku entwaaza y’obwiire bwa Yesu okubabaire barikutwaaza abakazi?
4. Nimiringo ki ei Yesu yaatwarizemu abakazi okutarikushushana n’oku obu bwiire babaire batwazamu abakazi?
5. Notekyereza abakazi bakahurira bata obu Yesu yabatwarize atyo?

OKUHAANA EBITEKATEEKO HAMWE

Oku Omwegyesa aratwaaze : Oreebe omu bibuuzo aharuguru reero oshabe buri kibiina kubagana ebibayihamu eby’okugarukamu ebibuuzo..

Nka abakristaayo, nitwetenga kuuratira eky’okureberaho kya Yesu okukira entwaza zaitu. Yesu niiwe ky’okureberaho kyaitu.

Nitubaasa kutaho empiduka

OKUHAANA EBITEEKATEEKO OMU KIBIINA KY'ABANTU BOONA

Yesu aakora omiringo gutanukaine n'entwaza yaabo, kandi naitwe nitubaasa kukoraho omutaano omu ntwa za yaitu.

Shoma omugane ugu ogwamazima (Amaziina gahindwirwe)

Sojib akaba atakateekakahoga aha bashaija n'abakazi okuhangwa Ruhanga baine omugasho gurikwingana. Akaba buzima atakateekatekahoga aha mukazi we. Bakaba baine entansya nkye kandi batarikubaasa kugura eby'okurya ebirikumara. Buri kiri, bari ahari kyakiro, ebintu nibyo bimwe ebyabaire bibaho.

Sojib akaba ashutama aha meeza wenka reero eby'okurya byoona ebi arikwenda ku yabeire aheza aimuka, omukazi we aya ebyabaire bitsigaraho. Eizooba rimwe Sojib akaza omu omu kutendekwa kuri aha bikuru ebya Baibuli ebiwatsire aha bushwere. Yagaruka omuka yasharamu okuora ekintu ekirikworeka ngu nata omuhendo omu mukazi we. Ahari yakiri, yashaba omukazi kushutama nawe aha meza. Yawata omuzeeri ugu omukazi yabeire atekire, yagubaganisamu ebicweka bibiri, ekicweka ekimwe kyaba ekyeye ekindi kyaba eky'omukazi hamwe n'emboga yakora atyo. Omukazi kyamutangaza! Buri kiro, Sojib yaguma nakora ekyo kintu. Akaba ashutama n'omukazi babagana byoona omu buringaniza. Eki ku kyagumizemu, yashanga akakwate keye n'omukazi kayeyongyeireho kubonera. Baeyongyera kukwatanisa, reero n'abandi omukyanga batandiika kukuratiira eky'okureberaho ky'aabo kirungi eky'obushwere bw'amagara marungi.

- Ni kikorwa ki eky burizooba ki Sojib yashaziremu kuhindura kworeka ngu nata omuhendo omu mukazi we?
- Omukazi we akagarukamu ata empinduka egi?
- Empinguka egi ekakwata eta ahabandi (omukazi we, abandi omukyanga ekyo?)

Entwaza nyingi erizooba tizirikureeba abakazi n'abaishiki omu muringo ugu Ruhanga arikwenda.

Entwaza z'emigyenzo yaitu ehamire kandi abantu baingi nibatekateeka ngu nizikirizibwa konka, okubonabonesa omuntu weena ohangirwe omu kishushani kya Ruhanga kigwire.

Ni kinyizya Ruhanga kandi tusjemereire okushaba Ruhanga okutuhwera kuhindura emitwarize yaitu.

Nitwetenga kurreba aha migyenzo yaitu hamwe n'ebikorwa reero tukeega ebitahiire kuruga aha nkora ya Ruhanga. Nitwija kukozeza **OMU KATABO K'OMWEGI** – Ekyanga kyaitu- okutekateeka aha myanya emwe omu kyanga kyaitu.

Oku Omwegyesa aratwaaze : Otakatandiikire okuganiira omu kibiina ekikye, orabe omu bicweka biina ebiri aha rukarara (Chart). Obuuze ebibuzo kandi ohereze eby'okureberaho ahaifo buri kicweka oubahera kutekateeka aha by'okureberaho ebi barikumanya.





- **Omuuka** – Ni miringo ki eyi abakazi barikutwazibwamu etari nk'eyabashaija hamwe n'aboojo omuka? Ni iringo ki eyi barikutwazibwamu kubi?
 - Eky'okureberaho – Omwegyesa ku yabureize ekibiina kya bashaho 20 kandi abaikiriza, yaba abateireho bakazi baabo, 18 baimutsya emikono yaabo kworeka ngu barabateireho. Omwegyesa reero yabuza- Nibangahi omuriimwe abarikwikiriza ngu tiyine nshonga okutera omukazi waawe yaba haine eki yakora ekirikureeta ekishwara aha ka- boona bakaimutsya emikono yaabo.
- **Eishoero.** Ni miringo ki eyi abaishiki baikutwazibwamu etari nk'eyaboojo? Ni migisha ki eyi bataine haza eyi abaojo baine?
 - Ey'okureberaho – Amashomero gaamwe tigarikwikiriza abaishiki kugira amashom gaamwe agu batwara nk'okuba omushaho mukuru, omuvugi w'enyonyi nginga omwombeki.

- **Ekanisa** – Ni miring ki eyi abakazi n’abaishiki barikutwazibwamu okutarikushushana nk’oku abashaija n’aboojo barikutwazibwamu omu kanisa. Ni bintu ki ebi batarikwikirizibwa kukora ahabw’okuba abakazi?
 - Eky’okureberaho –2/3 aha baikiriza n’abakazi, Ni habaho ki bba baitikirizibwe n’okugarugwamu amaani okuzesa ebiconco byaabo?
- **Ekyanga** – Ni miring ki eyi abakazi n’abaishiki barikuutwarizibwamu etarikushushana nk’eyabashaija hamwe n’aboojo omu kyanga kyanyu?
 - Eky’okureberaho – Omu eihanga rimwe erya Africa eririmu orutaro, haihi kimwe kyakabiri ky’abakazi bakahambwa, n’obu eihanga ririkumanywa nk’ery’abakurasi ba Kristo. Omu eihanga erindi erya Asia, buri dakiika munaana nihabura omwishiki arikuguzibwa omu buhuku.

Abashaija n’abakazi boona n’abomugasho muhango Ruhanga nayenda ngu tutwazegye boona turikubaha ekitinisa kandi turikubatamu omugasho. Nitwetenga kureeba abashaija n’abakazi boona bari kukora gye.

OKUHAANA EBITEEKATEEKO OMU BUBIINA BW’ABANTU BAKYE

Koresa **OMU KATABO K’OMWEGI**– Ekyanga kyaitu. Mugambe hamwe ahari buri kicweka kandi mwijjuze omu kipande eki ebizibu ebi murikureeba omu kyanga kyanyu oku abakazi n’abaishiki barikutwarizibwa kandi ohandiike ebiteekateeko 1-2 ahari buri kicweka eki wakubaasa kukora okutwaza abakazi n’abaishiki n’ekitinisa hamwe n’omugasho.

Ekiweka	Okutwazibwa kubi & obutari buringaniza	Ekiturikubasa kukora (Ebitekyerezo 1-2)
 Omuuka	<i>Hereza ekyokureberaho omukyaanga kyaanyu, ebiconco byomutaano nibihebwa omwaana w’oboojo yazarwa, aboojo nibo barabanza kurya kandi baine omugisha gw’okutuunga obwegyese</i>	<i>Okujaguza okurashushana yaaba omwaana owazaarwa n’omwoojo nari n’omwishiki. Abaana boona okutwazibwa okurashushana – okurya, obwegyese, obuhunguzi, etc.</i>
 Ekanisa		
 Eishomero		
 Ekyanga		

- a. Ni bintu ki bibiri ebi orikubaasa kukora omu muringo gw'omutaano omuka yaawe okuha ekitinisa omukazi waawe n'abahara baawe?
- b. Ni bintu ki bibiri ebi orikubaaa kukora omu muringo gw'omutaano omu kyanga kyaanyu okuha abakazi n'abaishiki ekitinisa.

Bagana na mugenzi waawe eki washaramu kukora. Mushabirane kandi mushabe Ruhanga okubahwera okukora ebintu ebyo.

EKIBIINA OKUGARUKA HAMWE

Oku Omwegyesa aratwaaze : *Reeba ebibiina kureebeka ngu babasa kutekateka aha by'okureberaho ebirikurebwa omubyanga byaabo aha mringo etari emwe eyi abakazi n'abaishiki bakutwazibwamu kurungi. Hereza ebibina obwiire oburikumara okukora aha kipande eki. Boona baheza, shaba banyekundiire okubagana ekitekateko kimwe ahari buri kicweka – Eka, Ekanisa, Eishomero hamwe n'ekyanga. Gyezaho oreebe ngu babasa kutekateka aha miring y'omutano eyokuhereza ekitinisa abajaza n'abaishiki. Bagaruzemu amaani okushaba Ruhanga obwengye hamwe n'ebitekateko bye.*

Tweena tuhangirwe omu kishushani kya Ruhanga – abashaija n'abakazi.

Ruhanga Natukunda munoga, nikyo yatuhereire omwana we okutufeera kugira ngu abashaija n'abakazi tube abaane be. Tihariho abantu abaheiguru ninga abahansi omu bukama bwa Ruhanga. Akahanga buri omwe kandi aine ebigyendererwa/emirimo y'omutaano ahari abashaija n'abakazi.

Nitubaasa kuteetaho omutaano omu kutendeka abandi omu muringo ogu turikitwazamu abakazi n'abaishiki nka Yesu. Eki nikijja kuhereza Ruhanga ekitinisa kandi kihwere abandi okureeba ngu abakazi n'ab'omugasho. Nitubaasa kutandiikama n'ebintu bikye okuhwera abantu kureeba ngu abakazi n'abomugasho. Nitwenda ngu abakazi n'abashaija batureho omu muringo ogu Ruhanga arikwenda.

OKWESHUJUMA IWE NK'OMUNTU ninga N'OMUKUNDWA WAAWE

Ruhanga n'ahabwa ekitinisa kwatkorwa ebi twegire. N'enki eki orikusharamu kukra ahabw'ebyoyegire?

- N'ebintu biiha bibiri ebi orikubaasa kuora omuka yaawe okuhereza ekitinisa omukazi waawe hamwe n'abahara baawe?
- N'ebintu biiha bibiri ebi orikubaasa kukora omumuringo gw'omutano omukyanga kyaawe okuhereza abakazi n'abaishiki ekitinisa.

Mugabane hamwe ebi murikusharamu kukora. Mushabe Ruhanga okubahwera okubikora.

Engyendererwaho z'ekibiina kya kinyatsi

*Oze enyima y'ekibiina oyemerere,
kureebe ohurikize andi oteho
omutima ahaishomo konka
otagamba.*

*Eishomo ritakatandikire, ohereze
amaizi hamwe n'eky'okurya kyanguhi
ahari ba memba b'ekibiina.*

*Nyabura we, otatwara maize nari
eky'okurya ahabwaawe okuhitsya
ahu eishomo/omurimo
rirahwere/gurahwere.*

Eishomo 7: Obujunanizibwa bw’omuzeire

Ebitekateeko ebikuru

1. Abaana n’ebiconco kuruga ahari Ruhanga.
2. Abazeire baine obujananizibwa bw; okugabirira ebyetengo by’abaana baa, kandi hamwe n’okubembera baba ni bakura omumagara g’omwoyo, ebitekateeko(obwengye) omukakwate n’abandi hamwe n’omumubiri.

Ebikozeso.

Omu Akatabo K’omwegi

- a. Okuhwera abaana kukura (Buri omwe atunge akatabo

Okwanjura

OKUHAANA EBITEEKATEEKO OMU KIBIINA KY’ABANTU BOONA

Ahabw’abo abari abazeire:

- Amagara gaawe gahindukire gata kuruga noba omuzeire? Ni mpinduka ki ezi wabeire oyetekatekyire? Ni mpinduka ki ezi wabaire otetekatekyire?
- Oka shoborora ota omurimo gwawe nk’omuzeire?
- Ni buhabuzi ki obu abanyabuzare bakuheire obukwatsire aha kworora abaana (Ni burungi ninga nibubi)

Kigumire okuba omuzeire. Tihariho ekitabo ky’okugyenderaho kumanya eky’okukora. Nitwenda ngu abaana baitu bashemererwe, bagire emicwe mirungi, bakure gye nabo babase kureberera amaka gaabo kandi bagire omugasho omukyanga hamwe n’okuba abakristayo bahamire. Konka eki nitukikora tuta?

Eky’obusaasi, tihariho eby’okuragarukamu byorobi. Erizooba nituza kutandiika kureeba aha murimo gw’omuzeire okuhwera abana kukura omumwoyo n’omu bwengye. Buzima, buri muntu mukuru weena nayeshanga aine obujananizibwa bw’okureberera n’okukuza abaana. Reero omu mashomo agandi ashatu agarikukurataho, nituza kwega emyoga y’okwebembera abaana baitu n’okubahwera okugira emicwe mirungi.

Obujunanizibwa bw’omuzeire

OKUHAANA EBITEEKATEEKO OMU KIBIINA KY’ABANTU BOONA

Eky’okwebembera omwegyesa: Abantu baingi nibajja kutekateeka ahabw’etengo by’omubiri. Bagaruremu amaani okutekateeka aha byetengo ebindi eby’omwana. Obajjutsye Luka 2:52 hamwe n’emiringo ena eyi Yesu yakuziremu – Omushemerero, omukawate n’abantu omu kakwate na Ruhanga hamwe n’omu bwengye.

- Ni byetengo ki bimwe ebi omwana aine
- Noha oine obujananizibwa bw’okubugabugana ebyetengo ebyo?

Omurimo gw’omuzeire orw’okugabiriira abaana be n’obujananizibwa buhango obu turihurira obutoosha tutarikubaasa kukora.

Okuganiira omu bubiina bukye

Eky’okwebembera omushomesa – Handiika enyiriri eitano aha rubaho aha mapapura buri kibiina omu bibiina byanyu, mureebe ahanyiriri ezi ahaifo.

Enyiriri ezi nizigamba ki aha murimo gw’omuzeire.

- Enfumu 22:6 – Turi ab’okuhabura abaana baitu
- Abaefeso 6:4 Turi ab’okutendeka abaana baitu.

- Ekyebiragiro 6:6-7 – *Turi abokukuza abaana baitu omuby’omwoyo.*
- Enfumu 1:8 – *Turi ab’okukuza abaana baitu omu bwengye*
- Enfumu 1:8 – *Turi ab’okubugabugana eby’etengo by’abaana baitu eby’omubiri.*

Okugaruka Okugambiira hamwe

Oku Omwegyesa aratwaaze : *Buuza buri kibiina eki buri runyiriri rurikugamba aha murimo gw’omuzeire kandi ohamisirize ebicweka ebikuru ebigambirweho aharugaru omu nyuguta mpango.*

Nk’abazeire, tuhairwe obujananibwa bw’okutendeka n’okuhabura abaana baitu. Ruhanga atuheire obujananizibw bw’okubakuz bakurugamu abashaija n’abakazi ba Ruhanga ab’amaani. Obujananizibwa obu buhairwe bombi – omushaija n’omukazi okukuza abaana baabo. N’obu ekiika ekihango kirikubaasa kuhwera, abazeire nibo baine obujananizibwa bw’okubanza.

Baibuli netugambira ngu obujananizibwa obu nibukuru munoga. Paul arikuhereza Timiseo engyendererwaho z’okukuratiira aha kutorana n’oha ashemereire kuba omwebembezi omu kanisa kimwe aha birikwetengwa n’okugira abaana b’emicwe mirungi (1 Tim 3:4-5)

Nk’abazeire, nitwetenga kubugabugane ebyetengo by’omubiri n’eby’obwengye ebya baana baitu. Etari ekanisa, baine obujananizibwa bw’okubanza okwegyesa abaana baabo Baibuli. Nk’oku Yesu yakuzire omu bicweka biina eby’amagara ge (Luka 2:52), nitwenda okuhwera abaana baitu okukura omu bicweka nibyo bimwe. (Omumwoyo, omubwengye, omukyemerero/omumubiri hamwe n’omukakwate n’abandi.?)

Growing Spiritually

OKUHAANA EBITEEKATEEKO OMU KIBIINA KY’ABANTU BOONA

- Ni bintu ki bimwe eby’orikukora okuhwera abaana baawe okukura omumagara g’omwoyo?
- Notekateeka ngu kyiine mugasho ki okuhwera abaana kukura omu magara g’omwoyo?
- Ni kugumirwa ki oku turikubugana twaba nituhwera abaana baitu okukura omu magara g’omwoyo?
- Tukasingura tuta. Okugumirwa oku?
- Ni miring endiyo eyakubaasa kukozeibwa okuhwera abaana baitu okukura omumagara g’omwoyo?

Oku Omwegyesa aratwaaze : *Koresa **OMU KATABO K’OMWEGI**- Okuhwera abaana okukura oshabe ba nyekundire okushoma byoona ebihandikirwe ahabwa buri kicweka. Noiija kuba n’okozesa akatabo niko kamwe n’orupapura nigwo rumwe ahabw’amashomo ana agariukurataho. Ohereze abeegi obwiire bw’okushwijuma emiringo y’okubarabase kuta omunkora omuka gaabo ahabwa buri kicweka.*

Shoma Ekyebiragiro 6:6-7.

Emiringo eshatu y’okuhwera omwana okukura omu magara g’omwoyo.

1. Okushoma Baibuli nari Okweherera nk’eka

Gyezaho okutwaraho obwiire buri izooba hamwe n’okugambira abaana baawe emigane ya baibuli. Obegyesa kwetegyereza egyo emigane. Mwaheza okushoma ekicweka nari omugane, obabuuze ebibuzo nka:

- Eki kyahandikirwe nikitwegyesa ki ahari Ruhanga?
- Nikitwegyesa ki okutushemereire kutwaaza?

2. Okushaba hamwe n’abaana

Tushemereire kugiraho obwiire bw’okushaba n’abaana baitu. Oronde obwiire obw’orikuba oteine emirimo eindi. Oreebe ngu obu obwire wabumara naabaana baawe orikubahirikiza hamwe n’okushaba nabo. Baaba bakiri bato munonga nibabasa kugambira eby’okushabira reero okabashabira omubugufu. Baakura nabo nibabasa kutandika kushaba. Obahwere kwetegyereza oku Ruhanga yaabagarukamu.

3. Okutwaara obwiire n'abaana baitu

Obwiire bwoona ogaambe ahari Ruhanga waaba orinabaana baawe. Obegyese hari Ruhanga.

Mwashohora aheru wareebe omuti noobasa kugira ekiwagamba nk'oku Ruhanga araturukunda munoonga kugira ngu akatuha emiti erikutuhereza ekicuucu, enku, ebijuma hamwe n'okuboneza obuhangwa.

- Obagambire oku ensi yoona n'eya Ruhanga kando okutuwhairwe obujunanzibwabw'okugireberera.
- Obutoosha osherure oku orikubasa kuyamba abaana okureeba Ruhanga.

Okukura omubiteekateeko/Obwengye

OKUHAANA EBITEEKATEEKO OMU KIBIINA KY'ABANTU BOONA

- Ni miringo eki emwe eyi twakubaasa kuhweramu abaana baitu okukura omubwengye?
 - *Baba bakiri bata, nitwetenga kubegyeseza omuka. Bamara kukura, nitwetenga kubatwara omw'ishomo kugira ngu babase kwenga baingi.*
 - *Abaana bato baine ebibuuzo byaingi. Ogyezeho kugarukamu byaingi nk'oku orikubaasa*
- Ni buzibu ki bimwe ebi turikubugana twaba nitugyezaho kuhwera abaana baitu okukura omu bw'engye?
- Tukabaasa tuta okusingura ebizibu ebi?

Kimwe aha bujunanzibwa bwaitu n'okuhwera abaana baitu kukura omu bwengye. Twareeba ahari Luka 2:52 – nitureeba ngu Yesu akakura omu bwengye. Nitwe nitwenda ngu abanna baitu omu bwengye.

Ok'omwegyesa aratwaaze: *Shaba ba nyekundiire okushoma amakuru goona agakwatsire ahari buri kicweka.*

1. Ogyegese obwereere omuuka

Ogyezeho okubashoborera ebibuuzo byaabo. Obe niwe wabagyese za ABC n'okubara 1,2, eraangi, n'ebindi nk'ebi. Obaikize okwetoanira omubintu ebyanguhi. Nka, “noyenda kujwara esaati erikutukura nari eya bururu erizooba?” obahereze obwiire okugarukamu ebibuuzo byaabo!

2. Abaana abahikize emyaka ey'okuza ahishomero obohereze aheishomero

Nitweteenga okugira ebitwayefereza kugira ngu abaana baitu baze kweega, kandi nabwe n'obujunanzibwa bukuru ahamuzeire. Okurabira omubwegyesa nituhereza abaana baitu emigisha y'omumeisho. Titukamanya entebekanisa ezi Ruhanga ainire abaana baitu, kwonka tushemereire kureeba baine omugisha gw'okujumbura ekibarikubasa kukora. Ruhanga nabaasa kutorana omwaana waawe okugira empinduka eiyaresho omukyaanga nari ihanga ryaawe. Haza naaba nayeteenga obwegyesa kugira ngu abase kukora eki Ruhanga amwetsire kukora. Okweshasha kwaawe hati nikubasa n'okuhwera omwaana waawe okuza omumashomero gaiguru reero akahwera eka yaawe omubwiire bw'omumeisho. Oyihereho akakwate kw'omwaana waawe na Ruhanga, obwegyesa n'ekindi kishumuruza okuhwera omwaana okugira amagara marungi. Byombi (amagara g'omwoyo n'obwegyesa) oreebe ngu wabihereza omwaana waawe.

- Ebi bintu bibiri, oriyo nibikoraho ota obwahati?
- Niki omuri ebi bibiri ekirikukizayo kukugumira?

Okukura omukugira akakwate n'abandi abantu

OKUHAANA EBITEEKATEEKO OMU KIBIINA KY'ABANTU BOONA

Nitweteenga okuhwera abaana baitu okukura omukugira obukwate okukwatanisa naabandi abantu.

- Ni by'okureberaho biina eby'okukwate obu abaana baine n'abandi bantu?
 - *Obu orikuzarwa naabo*
 - *Abanywani (batahi baawe, omukanisa, omwishomero)*

- *Abantu bakuru (abanyabuzaare, abagyesa, abebembeza b'ekyaro)*
- Notekateeka ngu ahabw'enki kiri ouhwera abaana baitu okukora omukakwate n'abandi – okugira obukwate burungi n'abandi?
- Nikigashi omwana waawe yagira obukwate burungi n'abandi?
- Ni bizibu ki ebi abaana barikukira kugira n'abandi bantu?

OKUHAANA EBITEEKATEEKO OMU BUBIINA BW'ABANTU BAKYE

Eka n'omwanya ahu abaana barikwegyera outwatanisa n'abandi. Nahabwekyo, abazeire nibatekwa okumara obwiire n'abaana okuboreka emyoga mirungi y'okukwatanisa n'abandi. Kozesa **AKATABO K'OMWEGI** – Okuhwera abaana okukura – Mushome aha miring eshatu y'okuhwera abaana baitu okukura omu kakwate n'abandi.

Okuratiire engyendererwaho omu **katabo k'omwegi**

1. Oyegyese abaana oku Ruhanga naayenda ngu bagire akakwate n'abaandi abantu.

Mushome buri runyiriri. Nenki ekiturikweega omuburi runyiriri kiri kikuru okwegyese abaana baitu?

- Abafilipi 2:3 – *Don't be selfish, value others more than yourself.*
- Colossians 3:13, 15 – *Forgive others when they hurt you, make peace with others and always be thankful.*
- Matayo 5:44 – *Love your enemies and pray for people who persecute you.*
- 1 Abakorinso 13:4-5 – *Love is patient and kind. Love does not boast and is not proud. It is not easily angered and it does not keep a record of wrongs.*
- Matayo 7:12 – *Only do things to others that you would want them to do to you.*

Baibuli nituhwera okwetegyereza obukuru oburi omukugira obusingye naabandi bantu, turikukunda buri omwe, okugira obugumisiriza, embabazi, okusasira hamwe n'okutwaaza abandi nk'okuturikwenda ngu batwaaze. Nitweteenga eki okukigyesa abaana bakiri bato nabaaba nibakura obukwate bwaabo burahinduka.

2. Obe eky'okureberaho. Abaana nibeega obukugu omukukwatanisa naabandi okurabira omukureeba abandi okukira munonga abazaire baabo. Omuringo oku orikukwatanisa naabandi nekyokureberaho kyaburizooba ahabaana baawe.

Oteekateeke ahamuringo oku orikukwatanisa naabandi hamwe n'oku Ruhanga akayenzire ngu otwaaze okurugirira okuturikweega omu baibuli.

- Nimiringo ki ei orikutekyereza ngu ori okokureberaho kirungi ahabaana baawe?
- Nimiringo ki ei orikweteenga ngu Ruhanga okuhweremu okuba eky'okureberaho kirungi?

3. Oyambe abaana baawe okubokubasa kutwaaza bahigwa omubukwate bwaabo naabandi abantu.

Keingi abaana tibarakugambire bagira ebizibu omukukwatanisa naabandi abantu, kwonka nibabasa kuhindikaho omumitwarize yaabo. Noobasa kureeba bayeyongyera okugira ekiniga, obusharizi, okuhunama hamwe nokuguma baribenka. Obu nibubasa kuba obumanyiso ngu bariyo nibagira ebizibu naabandi abantu. Abaana nibeteenga obushagiki omukugamba ahashonga ezi hamwe n'okubokubasa kweega kutwaaza gye abandi bantu naabaaba bahutaziibwe, batungiire, ninga barikutwazibwa kubi abandi bantu. Reeka babagane ekyabaho, okubarikwehurira omumagara gaabo, hamwe n'okubatwaaza. Okuganiira nk'oku n'omwaana nekyokureberaho kyakakwate ka rukundo, okwakiira omuntu omumbeera ei arimu hamwe n'embabazi. Kandi nikirungi munonga omumyaka y'omwaana akiri muto kugira bakwesigye n'okubahwera omumbeera ezitari zimwe.

- Nimiringo ki ei orikubasa kuhweramu abaana baawe okweega kuteekateeka kurungi ahabandi hamwe n'okutwaaza abandi na rukundo nembabazi?

OKUGAMBIRA BOONA HAMWE

Oku Omwegyesa aratwaaze : Obuuzze ebibiia eki buri runyiriri rurikugamba aha kwegyesa, n'okukuza obukwate urungi ohamisirize ebitekateeko bikuru.

Okuturikukwatanisa naabandi nikikuru. Okweyendeeza nikyo buri muntu arikwanguhirwa kukora kwonka tikikashemeza Ruhanga. Nitwenda okwegyesa abaana baitu kugira ngu batekyereze gye ahabandi, kandi baabatwaze gye n'okukira bo okubarikweenda batwazibwemu. Eiteka eryo rishemereire kugyesibwa omubigambo n'omubikorwa.

Okukura Omumubiri/ekyemerero

OKUHAANA EBITEEKATEEKO OMU KIBIINA KY'ABANTU BOONA

- Nimiringo ki ei turikubasa kuhweramu abaana baitu kukura gye omumagara gaabo g'omubiri?
 - Eby'okurya baine ekirisa
 - Okubyama
 - Obutaho, ebijwara n'ebindi
 - Entwaza nungi z'amagara (Okunaaba engaro, okukozesa ekihoroni, okweringa endwara)
 - Ebisasayizi (emirimo hamwe n'okuzaana)

Ebyo byoona nibiyaamba abaana baitu kugira amagara marungi g'omubiri. Kimwe ekikuru ekitushemereire kukora nokubasira abaana baitu okukura baine amagara marungi obwo barikutuunga ebyokurya baine ebiriisa byoona buri eizooba. Okugira ngu obwongo bwaabo bukure gye, tushemereire kureeba ngu nibarya ebyokurya birimu ebiriisa byoona.

Oku Omwegyesa aratwaaze : Ku wayegyesaze eishomo rikwetine n'ebyamagara, nobaasa kugarukamu eiteeka rya 1+3 nginga oyanjura ekitekateeko ky'ebyokurya by'emiringo eshatu reero oshoborore ngu nibajja kweega bayingi omu kutendekwa aha bikwatirine n'amagara. Eki nikishobororwa gye omukitabo k'ebya amagara.

Akatabok'ebyamagara nikagamba aha kukozesa eiteeka rya 1+3 okutwijutsya oku tusemereire kugabirira eby'okurya by'ekirisa bur'izooba omuka yaitu.

Nk'ekyokwijuka – Eiteeka rya 1+3 niriha?

Hariho eby'okurya by'emiringo eshatu ebi tukayenzire kutaho ahaby'okurya byaitu burizooba.

- Emwe n'omukyeri nari ekyokurya ekindi ekiri omuruganda rw'omukyeri (akahunga, oburo, ebitakuri, ekitooky, n'ebindi). Nitweteenga okurya omukyeeri nari ekindi omukika ekyo reero tukagaitaho ekindi okuruga omubika by'eby'okurya.
- Ishatu n'ebindi bika by'ebyokurya ebitushemereire kwongyeraho buri eizooba:
 - Ekika kya 1 – Ebirikwombeka omubiri nka – amahuri, amate, ebihimba, ebyenyanja n'enyama.
 - Ekika kya 2 – Ebijuma hamwe n'emboga (bijwiire endinda mubiri n'ebiriisa).
 - Ekika kya 3 – Buto hamwe n'ebishaju (nibyetaagwa omubukye)

Muganiire

- Ni buzibu ki bumwe obu abantu omukyanga kyanyu barikubugana omu kugabirira eby'okurya ebiine ekirisa?
- Nitubaasa tuta kusingura obuzibu obu?

Abaana abataine eby'okurya by'emiringo yoona babaasa kugira endwara nk'okunyangarara, okutakura/okuguna hamwe n'endwara ezirikukwata aha mirebikyere yaabo, emitwarize hamwe n'obwengye bwaabo omu zindi nyingi.

Okuhendera

OKUHAANA EBITEEKATEEKO OMU KIBIINA KY'ABANTU BOONA

Omurimo gw'omuzaire n'okwebembera/okuhabura okugabira eby'etengo byaabo kandi n'okubahwera okukura omu kakwate na Ruhanga, omu bwengye, omukakwate n'abandi hamwe n'omukyemerero (omubiri)

Twaraho edakiika nkye, otekateke aha baana baawe (waba obaine) hamwe nk'oku orikubahwera ukura omu bicweka biina ebi. Hariho emyanya yoona eyi orikutekateeka ngu oshemereire kutaho omutima munoga? Oshabe Ruhanga akubasise okwebembera abaana baawe, okubagabirira n'okubahwera kukura omu bicweka byoona eby'amagara.

OKWESHUJUMA IWE NK'OMUNTU

- Nibiki ebo oriyo nookora okugira ngu abaana baawe bakure gye?
- Nibiki ebi orikwettenga kweyongyera kutamu amaani?
- Nibintu ki ebisya ebiwayega omuishomo eri ebiraija kuyamba kuhwera abaana baawe kukura?

Eishomo 8: Okuhwera abaana bakatwaaza gye

Ebitekyerezo ebikuru

1. Abaana nibetaaga okuhwerwa ngu bashoborore gye okubarikwehurira reero babase kwemanyira eky'okukora ahabizibu neebibuuzo byaabo.
2. Okuhurikiza gye kutari kubagarukamu kubi nikihweera abaana okwemanyira okubakugarukamu ekyokukora aha bizibu byaabo.

Eby'okukoresa

Eby'okukoresa ebirikureebwa (Ahamuheru gw'eri eisomo):

- a. Okuhurikiza gye aha mizaana y'okweta omukishushani ky'omwaana (kopi 2 ahabwabarikuza kugizaana)

Omu Katabo K'omwegi:

- b. Emiringo y'okugarukamu abaana
- c. Engyendererwaho z'okuhurikiza

Okwanjura

OKUHAANA EBITEEKATEEKO OMU KIBIINA KY'ABANTU BOONA

- Warahikireho ahabwiire bw'okuhwama amaani reero okihamu okutwaaza kubi kandi ahamuheru wakyefuuzza?

Keingi twagira enaku ahabw'ekintu nitukora ebintu ebiturikwefuuzza. Eki nikiretwa okweshanga tuteekatekire embera egi. Naabaaana nikwe bari. Keingi tibakabasa kutugambira okubarikuhurira omumagara gaabo, ahabwokuba nibaba bategyereize. Omukutamanya ekyokukora ekihikire, nibetwaaaza ninga bagamba kubi. Mbweni tushemereire kubayamba kwetegyereza okubarikubasa kushoborora embeera zaabo.

Enfumu 22:6 negira "Manyiiza omwana omuhanda ogu ashemereire kutoora; Kandi n'obu arikura, tarigurugamu."

- Notekyereza eki nikimanyisa ki?

Eki nikimanyisa ngu twatwaaraho obwiire okuhwera abaana baitu okumanya okubashemereire kutwaaza. Eki nitukikora okubahwera okwetegyereza embeera ezibarimu n'okubashemereire kutwazamu. Obwe nibaija kukura kandi babase kutwaaza nkabantu bakuru. Kandi nobubarikura nibaija kutwaaza omumuringo ogushemereire abantu abakuzire.

Emiringo y'okugarukamu abaana

Oku Omwegyesa aratwaaze : Obahereze obwire okugarukamu ekibuuzo omumuringo gwabutoosha.

Orikukoresa **OMU KATABO K'OMWEGI**– Emiringo y'okugarukamu abaana – okworeka okuabazeire bakira kutwaaza, kandi bateeketeke neindi entwaaza.

- Nimuringo ki ogwabutoosha ogu omuzaire w'omwaana wemyaaka etaano yagaamba ebi aharuguru arikukira kumugarukamu?
 - Akaana akazeirwe ninkaanga! Nikashusha kubi!
 - Omushomesa wangye nomushema!
 - Yanteire entomi! Tindishubira kuzaana nawe ogundi murundi!

Haruho emiringo etari emwe y'okugarukamu omwaana yakora nginga yagamba kubi. Keingi titukateekateeka ahamyehurire y'omwaana omumagara ge. Nituhendera tutahwereire ugu omwaana kwetegyereza. Nitukora kimwe ahari ebyo aheifo:

- **Okwanga:** 'Iwe. Tikibi munonga batyo.' 'ekyorikugamba torikukimanyisa.'
- **Oku orikutekyereza:** 'tiharuko ekyorikubasa kukora ahari ekyo – rekyeraho okwetomboita.' 'otaba mushema! Nomanyisa notekwa kuza aheishomero.' 'waaba noyenda omurimo omurungi notekwa kuza aheishomero.'
- **Obuhabuzi:** 'oshemereire kukora munonga kureeba ngu waguma nabanywani baawe kitari ekyo noija kuguma wenka.' 'oshemereire kwega kwerwanaho.'
- **Okucwa orubanja:** 'Kuwaagamba ekintu kibi munonga!' 'oshemereire kuba nawe babandize kumurahura.'
- **Ebibuuzo:** 'Waakozire ki?' 'ahabwaki noogamba ekintu kibi nk'eki?'
- **Okuhorereza ondijo muntu:** 'nanka n'omwishiki aine micwe mirungi.' 'nimpamya yabaire atakigyendereire.'

Kuturikugarukamu tutsyo titukahwera omwaana kweega entwaaza ennubgi. Nobwe omwaana naashasha, ashwaare, asiingwe orubanja kandi agire ekiniga. Kwonka twabahurikiza gye turabasa kubahwera baketegyereza embeera zaabo kandi baketwaaza gye.

OKWESHUJUMA IWE NK'OMUNTU

- Noteekateeka ngu omuby'okureberaho ebi aharuguru, okatwaaza ota omwaana ahaburi kimwe? Noteekateeka ngu okaatwarize okurikushushana nk'okutwayega omu ishomo eri?

Okuhurikiza gye

OKUHAANA EBITEEKATEEKO OMU KIBIINA KY'ABANTU BOONA

Shoma Abafeeso 6:4.

- Nimiringo ei baishe baabaana barabatwazamu kubaretera kuhwa amaani, kugira ekiniga n'obusharizi?

Okuhurikiza gye omwaana nikimuhwera okushujuma gye okubarikuhurira omumwaanya gw'okugumiza akatwaaza kubi. Nikihwera omwaana okweega okumanya ek'okukora hamwe n'okugira emyoga erimuhwere n'omumyaka yabukuru. Nikimuhwera okuhurira gye hamwe n'ikwega emicwe mirungi. Okuhurikiza gye nigumwe emyoga mikuru omukworora abaana.

EKYOKUKORA NKA EKIBIINA KYOONA - OMUZAANO

Oku Omwegyesa aratwaaze : Ogambire abantu babiri omukibiina okuzaana ogwo muzaano. Obahereze kopi 2 zomuzaano ugu okuruga omu **EBY'OKUKORESA EBIRIKUREEBWA**— Omuzaano Okuhurikiza abaana n'obwegyendesereza. Ogambire abaraguzaane kwetebekanisa gye kandi kare kugira ngu bagire obumanzi omukyebarikukora.

Ishe ashutami ariyo nashoma amahurire.

Omutabani natahamu arikwiruka naagira, "Tindishubira kuzaana nawe. Nimwaanga!"

Ishe naata ahansi orupapura rw'amahurire, agambira Omutabani ati, "nindeeba oine ekiniga kiingi munonga."

Omutabani agarukamu, "Tashemereire kugira omunywaani weena!"

Ishe nagarukamu, "Oh?"

Omutabani nagarukamu, "Nazaana gye munonga. Naateeba gola ebiri. Ahamuheru omuzaano kwagwaba guri duro, nahusha gola."

Ishe naagira, "Mmmm."

Omutabani agira, “Reero bwanyima Mika yagira omumeisho gabury’omwe ngu ninye naatuma batusiinga. Nanye namujuma reero nashohora ...”

Ishe naagira, “Yakushwaza munonga.”

Omutabani naagarukamu aikaikiine hati, “nimazima kyaaba kiri kibi munonga. Kwonka kuri tinamugirira ekyo kiniga kyoona. Nimunywaani wangye munonga.”

Ishe naagira, “Naakwetegyereza.”

Omutabani naagira, “Ningira kkangarukyezo ndeebe yaaba Mika ekiriyo. Nintekateeka yaaba nayenda ngu tusiinge.”

Ishe Namweenyaho.

OKUHAANA EBITEEKATEEKO OMU KIBIINA KY’ABANTU BOONA

- Omukutandika omutabani akaba nahurira ata?
- Bikahinduka bita?
- Nibintu bimwe ebi Ishe yakozire okuhwera Omutabani kwetegyereza embeera ezi yabaire arimu?
 - *Akata orupapura rwamahurire ahansi yahamya ameisho aha mutabani*
 - *Akamuhurikiza tiyamucwa omukirimi*
 - *Akaakira okuyabaire arikuhurira (nka, “Oh,” “Mmmm.”)*
 - *Akahwera Omutabani okwetegyereza obusasi nekiniga ebi yabaire aine (nka., “Nindeeba oine ekiniga kiingi” “Yakushwaza munonga.”)*
- Nenki ekyakutangaaza ahamuheru?

Twagyezaho okugambira omwaana ngu ayehihemu okutekyereza kubi, nayeyongyera kuhurira kubi. Abaana nibabasa kweshujuma bonka kandi babone okwegarukamu bonka. Itwe ekyeitu nokubahurikiza gye tukatwaaza nka ugu omushajja okuyatwarize.

Engyendeererwaho z’okuhurikiza hamwe n’okugarukamu abaana omumbeera zaabo

OKUHAANA EBITEEKATEEKO OMU KIBIINA KY’ABANTU BOONA

Shoma omugane ugu:

Chun akaba natekyereza ngu nikirungi omutabani owabaire ari omumyaka y’omumushogoyo okwenyigira munonga omu zapuroguramu zaahakanisa. Keingi akaba namwohereza omunterane z’eminyeto. Kwonka omutsigazi bikaba bitarikumushemeza. Akaba aine enshoni kitarikumushemeza kuza mubandi ariwenka. Rimwe ahakaba haruho oruterane ruhango rw’eminyeto omururembo, Chun nabwe yayehuza omutabani nabwe yamwoherezayo. Omutabane yazayo, ateine owaramanyayo, yaagira obusasi bwingi munonga. Ezi embeera akaba azehanganiire obwiire buraingwo, kuyagarukire yaayanga n’okushuba kugaamba n’ishe.

Omubwiire obu, Chun yaza omukweega kwa TCT ahari Obushwere hamwe n’amaka. Yayega aha kushaba okusasirwa. Takatekatekire ahakweteisiza omutabani. Omutwaaza yaabo abantu bakaba nibaikiriza ngu abazaeire hamwe naabantu bakuru obutosha nibaba bahikire. Kwonka Chun aketegyereza kuyagwisize kubi omutabani, yagyenda yamushaba okusasirwa. Omutabani akaba amazire esande nyingiho atarikugamba nawe. Kwonka okuruga obwe, ekiniga kye kikatandika okukyendera. Yatandika kugamba n’ishe ogundi murundi, kandi akakwate kaabo kakeyongyera kukira.

- Ahabwaaki Chun akaba nayeenda ngu omutabani aguma naza omunterane z’eminyeto?
- Ahamwaaki omutabani akaba tarikwenda kuguma naaza omuri ezo enterane?
- Hakabaho ki oku Chun yayangire kuhurikiza omutabani n’okuteekateeka aha mbeera ze?
- Chun kuyayetegyereze ngu tarahurikiize gye omutabani, akakora ki? Eki kakahindura kita embeera?

Engyendererwaho omukuhurikiza

Okuhurikiza gye

Oku Omwegyesa aratwaaze : oshoma **OMU KATABO K'OMWEGI**– engyendererwaho omukuhurikiza. Garukamu ebibuuzo.

Okuhurikiza n'obwegyendesereza nikiwera omwaana okumanya okuyakutwaaza omumbeera ezarikubugabugana omumuringo gw'okutwaaza kubi. Nibeega omwooga gw'okutwazamu bagire ebizibu nari ebibuuzo. Nibeega okwehurira gye kandi bagira n'emicwe mirungi. Okuhurikiza n'obwegyendesereza nigumwe aha bukugu omukukuza abaana kurungi.

Twagyezaho okugyema omwaana ngu acwe omucwe mubi nitutuma yagubwa kubi. Abaana barabase kwemera embeera zitari zimwe kandi bazisingura twayehayo okubahurikiza n'obwegyendesereza turikuta omunkola engyendererwaho ezi:

Engyendeerwaho z'okuhurikiza hamwe n'okugarukamu abaana omumbeera zaabo

Okuhurikiza gye abaana baitu nitweteenga okukora ebintu bishatu:

1. Ohurikize obateireho omutima:

- Nikyanguhira omwaana yareeba ngu ekyarikugaamba okiteireho omutima. Eky'okureberaho, okuta ebipapura byaawe ahansi okamutaho amaisho. Okuruga ahari ebiwaaba orikukora yaaba omukiyungwa reero okashutama nawe.
- Nikigumira abaana okusingura embeera egumire bonka. Habura owabahwera egyo embeera neyeyongyera okuguma ekirikuzarukamu emicwe mibi.

2. Oyetegereze okubarikwehurira:

- Okoreso ebigambo nka: 'Oh' ninga 'Mmm' ninga 'Wow' ninga 'eego' ninga 'naakwetegereza'
- Okorese obubonero butarimo ebigambo – okwikirisa omutwe, okumutaho amaisho, okuorikurebeka ahameisho
- Otatuma baturira kubi omukwehurira kwaabo. Nitweteenga okubakiira nk'okubari omukwehurira kwaabo kandi tukabahwera okuzisingura batahendeire omumicwe mibi.

3. Obahwere okwetegereza okubarikwehurira omumagara gaabo:

- Obahwere okwetegereza okubarikwehurira omumagara gaabo orikukoresa ebigambo nka, "nintekyereza okahurira waashwaara".
- Kengi abaana tibakabasa kugambira okubarikwehurira omumagara gaabo. Wakibakorera nibamanya ngu n'obetegereza nk'okubari. Nibahumurizibwa kandi bacureere. Nawakihusya, otererakirira. Omwaana waawe naija kugambira yaaba tiwakyetegereza.

Nibyokureberaho biha ebirikworeka abaana "okubarikwehurira omumagara gaabo"

- | | |
|-----------------|---------------|
| ○ Obusaasi | ekiniga |
| ○ Okuhwa amaani | Okurebyana |
| ○ Okuhutaara | Okutangaara |
| ○ Okushwaara | Okushemererwa |

Muhaane ebiteekateeko:

- Nimiringo oku Chun akahurikiize gye omutabani?
- Eki kakahindwiire kita embeera

OMUBUBIINA BUKYE (bw'abantu 2-3)

Mugunjeho emizaano.

1. Omugw'okubanza, mworekya ekirikukirayo kubaho omubantu abumutwiremu, omwaana yagubwa kubi abazaire nibatwaaza bata?
2. Omumuzaano gwakabiri mworeke engyendererIn the second role play, show the listening skills and principles that you learned today. You can use some of the situations mentioned before or think of another common situation.

Oku Omwegyesa aratwaaze : Obubiina bukye obuhereze edakika 10 okutebeka emizaano yaabo, reero oshabe abo baeteetateekire okworeka ekibiina kyoona omumeisho. Buri ahanyuma yomuzaano, obuuze ekibiina kyona engyendererwaho ennungi ezayorekwa omumuzaano. Yaaba haruho engyendererwaho ezitayorekwa, reeba haruho omuntu wena orikubasa kuzoreka omukazaano kajubajuba.

Okuhendera

OKUHAANA EBITEEKATEEKO OMU KIBIINA KY'ABANTU BOONA

Okuhwera abaana baitu kutwaza gye, hamwe n'okubahwera okubaratwaze omukwehurira kwaabo (nk'ekiniga). Tureteenga okubahurikiza gye, kandi okuhurikiza nitweteenga okukora ebintu bishatu:

1. Okuhurikiza tubatireho omutima
2. Okwetegyereza okubarikwehurira
3. Okubahwera okwetegyereza okubarikwehurira

OKUTA OMUNKOLA IWE NK'OMUNTU

Tekyereza okuwata omunkola ishomo eri naabaana baawe nari abaana nari abaana abu orikukira kubugana nkabamurirwana ewiki egi.

Omuzaano: Okuhurikiza abaana gye

Ishe ashutami ariyo nashoma amahurire.

Omutabani natahamu arikwiruka naagira, “Tindishubira kuzaana nawe. Nimwaanga!”

Ishe naata ahansi orupapura rw’amahurire, agambira Omutabani ati, “nindeeba oine ekiniga kiingi munonga.”

Omutabani agarukamu, “Tashemereire kugira omunywaani weena!”
Ishe nagarukamu, “Oh?”

Omutabani nagarukamu, “Nazaana gye munonga. Naateeba gola ebiri. Ahamuheru omuzaano kwagwaba guri duro, nahusha gola.”
Ishe naagira, “Mmmm.”

Omutabani agira, “Reero bwanyima Mika yagira omumeisho gabury’omwe ngu ninye naatuma batusiinga. Nanye namujuma reero nashohora ...”

Ishe naagira, “Yakushwaza munonga.”

Omutabani naagarukamu aikaikiine hati, “nimazima kyaaba kiri kibi munonga. Kwonka kuri tinamugirira ekyo kiniga kyoona. Nimunywaani wangye munonga.”

Ishe naagira, “Naakwetegyereza.”

Omutabani naagira, “Ningira kkangarukyeyo ndeebe yaaba Mika ekiriyo. Nintekateeka yaaba nayenda ngu tusiinge.”

Ishe Namweenyaho.

Eishomo 9: The Importance Of Our Words

Enshonga enkuru

1. Ebigambo byaitu biine amaani okwombeka ninga okuhenda emitima y'abaana baitu.
2. Ebigambo ebirikwombeka nibihwera abaana okuhinduka eki Ruhanga yabahangiire ngu babe.

Eby'okukoresa

Omu Katabo K'omwegi: Okuhurizingana okurungi

Okwanjura

OKUHAANA EBITEEKATEEKO OMU KIBIINA KY'ABANTU BOONA

Baibuli neegamba munonga ahabigambo ebaturikugaamba hamwe n'enkoresa y'orurimi. Orunyiriri oru aheifo rworekyereire b'ishe b'abaana ahakuba nibo mitwe y'eka kwonka nibegyesa bur'omwe orikureberera abaana bato.

Shoma Abakolosai 3:21.

- Nimicwe eha n'ebikorwa nkabiha ebikutuma abaana bahahaara emitima (r 21)?
- Nimicwe ninga bikorwa biha ebirikutuma abaana bagira obushariizi bakahwa amaani?

Omuringo gumwe okuturikutuma abaana baitu bahahaza emitima n'okutabahurikiza gye, nk'okutwagambire omu eishomo erihingwireho. Ogundi muring n'okuturikoresa ebigambo ebirukuruga omukanwa kaitu. Omu eishomo eri, nitwija kushujuma okutrikukoresa ebigambo byaitu okwombeka ninga okuhutaaza abaana baitu.

Shoma Enfumu 12:18.

Omu runyiriri oru nitwijwisibwa ngu ebigambo nibibasa kucumita nka rurar ninga birete okukizibwa.

- Nibigambo bya muringo ki ebiribasa kucumita nka rurara?
 - *"Iwe kishema we"*
 - *"Toine mugasho"*
- Nibigambo bya muringo ki ebirikubaasa kuretaho okukizibwa?
 - *"Oine etalanta baasi"*
 - *"Ninkuunda oku orikwetwaaza munyanyako n'embabazi"*
- Oine eki orikwijuka ekyakugambirweho nk'omwaana —ekiriku hutaaza nari kirikukiza? Obundi kikagambwa abazeire baawe, bene sho, omwegyesa, ninga ondiyo omuntu weena.
- Kikakoraki ahamagara gaawe?

Oku Omwegyesa aratwaaze : Obahereze obwiire oburamara kuteekateeka aha maani agari omubigambo. Obahwere kureeba ngu ebigambo ebyabagambirweho bakiri bato bakyabijuka nahati. Ebigambo bikagira amaani omumagara gaabo kandi nahati bikiine amaani. Mushabeho omubugufu ahabwaabo abakijuka ebigambo ebyakozire kubi omumagara gaabo.

Kkatushabe Ruhanga okutukiza obubi bw'ebigambo bibi ebyatugambirweho, kandi tusingisire abo abaabigambire. Kandi tushabe Ruhanga okutwijusya ebigambo Birungi ebyatugambirweho okukira munonga ebi Ruhanga arikutugambaho.

Hurtful Words

OKUHAANA EBITEEKATEEKO OMU KIBIINA KY'ABANTU BOONA

Oku Omwegyesa aratwaaze : Koresa **A KATABO K'OMWEGI**— Okuhurizingana kurungi — okuraba omu ishomo eri omukicweka ekisigaireyo.

Okuhurizingana Kurungi

Ebigambo ebrahutaaza nibantu ebiturkugamba haza bikahutaaza omuntu. Keingi nituba tutagiyendereire ngu tuhutaaze ogu omuntu. Omumazima nituba tugiendereire okwombeka ogu omwaana. Omumwaanya gw'okuhinduka ogu omwaana nayikiriza ekiwamugambaho, ahwa amaani kandi arekyeraho n'okugyezaho.

Ebigambo ebingi ebrahutaaza nink'omuribyo:

- **Ebigambo eby'orikugamba omukiniga n'okuremwa.**
Keingi nituba tutarikumanyisa ekitwagaamba. Eky'okureberaho. "n'obwe kuri tindakuziire!"
- **Obupaande obuturikubaamba ahabaana**
Omwaana yakora ekitutarikweenda, nitugaamba ahamwaana omumwaanya gw'okugamba ahamucwe mubi. Ekyokureberaho – "ory'omushema" ninga "ori luza"
- **Okugyerageranisa**
Kyanguhi okugyerageranisa omwaana naabanyanya nari bakurube. "kuri notwaaza nkamukuru waawe" ninga "taine bwengye nk'obu munyaanya aine"
- **Okuragura**
Bumwe nitubagambira ebiribabaho. Eky'okureberaho, "Toritunga murimo." nari "orinka shonto. Kandi naiwe oribankawe"
- **Okubagambira ebirikugarura enyima**
Bumwe tugaamba kubi ahabaana baitu haza batuhuriire. Sometimes we talk negatively about our Omwaanaren to others when they can hear us. "omutabani wangye yashubire yaagwe ebizaamu. Takufayo." Ninga "omuhara wangye nikw'ari. n'omushazi!"

Keingi ebigambo ebirikhutaaza nibizarukamu ekitutarikwenda. Eky'okureberaho nitwenda okureeba abaana baitu barikora munoonga kwonka kubarikuhurira ebigambo ebi nibituma baremwa okugyezaho okukora munoonga. Ebigambo ebirikhutaaza nibibasa kutuma abaana baremwa kuhika ahari ekyo eki Ruhanga yaabahangire ngu bahikeho..

OKWESHUJUMA IWE NK'OMUNTU or WITH A PARTNER

Tekyereza ahabibuzo ebi bibiri reero oshabe omukaceceko Ruhanga okukuhwera kweega emiringo eboneire okugamba naabaana baawe.

- Nibigambo ki ebirikhutaaza ebyorikugambira abaana baawe?
- Nobigambira omumbeera ziha?

Okuhurizingana Okurungi

OKUHAANA EBITEEKATEEKO OMU KIBIINA KY'ABANTU BOONA

Nikibasika itwe okuhurizingana gye naabaana baitu.

Shoma Enfumu 15:1.

"Okugarukamu gye kwikaikanisa ekiniga; Kwonka ekigambo ekirikusaasa kiimutsya ekiniga.."

Oku Omwegyesa aratwaaze : Ogambire abantu bamwe beekundiire okushoma enshoonga eziri **OMU KATABO K'OMWEGI** ahamutwe 'Okuhurizingana kurungi.' Ogambire boona okuhurikiza gye kandi bakatekyereza okubarikubasa okuta ebi omunkola omumaka gaabo. Reeka bagambe ebitekyerezo byaaboahaburi nshonga.

Engyendererwaho omukurizingana kurungi okurikwombeka

1. **Shobororera abaana amazima go g'enyini jubajuba yaaba wagaamba ekintu gatari mazima.** Nawaba otakigyendereire. Eki nikizibira okutetegyerezana.
2. **Oshabe okusasirwa kandi omugambire gye amazima hati.** Eki nikimuhereza eky'okureberaho ky'okushaba okusasirwa kyayetengyesa. Nangwa nabaasa n'okweega okushaba okusasirwa ahabw'ekyo ekiyashobya. Abaana nibaija kukuha ekitinisa washaba okusasirwa kandi nibaija n'okwenda kukushemeza.
 - Ijuka omugane gwa Chun n'omutabane weye omu ishomo rya 8? (mugushome ogundi murundi kyayetengyesa). Omuntwaaza zaabo bakaba nibaikiriza ki ahakweteisisa baana?
 - Kandishi omuntwaaza zaanyu omukyaanga ninga omuuka?
3. **Oshoborore omucwe ogurikukunyiiza omumwanya gw'okuta ekipande ahamwaana.** ogire "ekiwakora kyaba kiri eky'obushema munonga!" nikirungi kandi tikikashasha nk'okugira, "Ory'omushema!"
4. **Otarishushanirizana abaana baawe.** Okugyerageranisana abaana nikituma abaana bayeyaanga. Nibabasa n'okwangana batakwatanisa gye.
5. **Obutoosha ogume n'ogamba ebintu birungi kusha ebirabasa kwombeka yaaba akuhuriire.**
6. **Otakayanjura omwaana waawe orikukoresa ebirikumuraanga kubi.**

OMUBUBIINA BUKYE BWAABANTU 2-3

Mutorane emwe ahangyendererwaho ezo aharuguru, reero mugunjeho akazaano okworeka okumurikubasa kuta engyendererwaho egyo omumaka ganyu.

***Oku Omwegyesa aratwaaze :** Ohereze obubiina obwo edakika okutebekanisa emizaano yaabo reero abarikubasa kuzanira ekibiina kyoona bazaane. Buri ahanyuma yaakazaano obuze ekibiina kyona okugaamba engyendererwaho eyayorekwa omumuzaano.*

Ebigambo Ebirikugaruramu Amaani

OKWESHUJUMA IWE NK'OMUNTU

***Oku omwegyesa araatwaaze:** Okorese ekicweka 'Okugaamba ebigambo ebirikugaruzamu amaani' **OMU KATABO K'OMWEGI.** Obagambire okucumita omukiito kandi buri omwe agire obwiire oburamara okuteekateeka ahabintu ebibarikukuunda ahaabaana baabo kandi baaba nibaabaasa babihandikye.*

Okugamba Ebigambo ebirikugaruramu amaani

Omumwaanya gw'okoresa ebigambo ebirahutaaza tushemereire kukoresa ebigambo ebirombeka abaana baitu.

Teekateeka ebintu bitaano ebi orikubaasa kugaamba okugaruramu amaani buri omwe omubaana baawe. Ogambe ebirikubasa kureebwa butunu:

Ahabwaabo abataine baana, tekyereza ahakugaruzamu amaani abandi baana borikumanya ninga abandi bantu nkabanyabuzaare.

Eky'okureberaho: "ninsiima munonga omuringo ogurikumpweera omukiyungwe haza obwe waheza kuruga aha ishomo. Nikirungi munonga okumara obwe bwiire naiwe kandi obwe orikunyanguhizaho." (obwe nooba wagaamba gye okukira kugaamba kusha "ori omwishiki murungi")

MUGAMBE BABIRI BABIRI (Kyaaba nikibasika n'omukazi/omushaija waawe)

Mubagane ebintu ebi muriyo nimukora gye naabaaana baanyu. Nibigambo ebi okoresiize ebirikubasa kuba bihereze kuhutaaza abaana baawe? Bagane oku otebekanisiize okugaruzamu abaana baawe ninga abaana aburamanya amaani.

Okuhendera

OKUHAANA EBITEEKATEEKO OMU KIBIINA KY'ABANTU BOONA

Ebigambo byaitu nibibasa okukoresibwa okugaruramu abaana baitu amaani ninga okubahutaaza. Nitubasa kuba tutagyendereire okubahutaaza, kwonka ebigambo byaitu ebirikhutaaza nibibasa kubaremesa okuhinduka eki Ruhanga arikweenda ngu bahindukye. Nitubasa kweega okukoresa ebigambo ebirikhwombeka. Nitweeteenga okwemanyiza okugamba ebigambo ebirikhwombeka omubaana baitu. Baibuli netwegyesa ngu nikuru okukoresa orurimi rwaitu ahabw' okwombeka.

Ogyezeho okujumbura emihanda ei orikubasa kwombekyeramu abaana baawe omu wiki egi erikwija. Oyerinde okukoresa ebigambo ebirikhutaaza, kandi kyakbaho, orahukye kushaba okusasirwa ahonaaho oshoborore ekiwaaba ogyendereire

Eishomo 10: Okuhana omuri Rukundo kandi Okurikukora

Enshonga Enkuru

1. Okuhana nikimanyisa okworeka hamwe n'okuhabura abaana kugira ngu beege okutwaaza omumuringo gw'okutiina Ruhanga. Tikirikumanyisa kufubira kyonka
2. Okufubira abaana na za kibooko TIGWE muringo gwonka ninga ogurikukora gye omukukuza abaana.

Eby'okukoresa

Eby'okukoresa ebirikureebwa

- a. Empapura zibandikirweho emizaano omukuhana abaana

Omu Katabo K'omwegi

- b. Okuhana abaana

Okwanjura

OKUHAANA EBITEEKATEEKO OMU KIBIINA KY'ABANTU BOONA

Shoma Enfumu 29:17 hamwe na 13:24.

- Ezi enyiriri nizatwegyesa ki aha kuhana abaana?
- Nikikuru kita okureeba ngu nituhana abaana abaitu?
- Twaaba natukunda abaana baitu tushemereire kubahana?
- Okuhana okuhikire kushemereire ninga nikubi aha abaaana baitu?
- Twagamba aha kuhana, nimiringo ki ei tukiraga kukoresa omukuhana abaana baitu?

Shoma Emigane egi:

Seezi akaba aine banyanya nabakurube mukaaga. Eizooba rimwe bakurube nabanyanya bakaba nibamurahura kandi bamuganyiza. Yaagira ekiniga munonga yabarekyera e jaaga y'amaizi. Ejaaga yateera babiri ahari banyanya batandika kurira. Nyineto waabo kuyakirebire yaagambira ishebo. Ishebo akarahuka kwijja yagambira kubi Seezi. Abantu boona bakangarara naabatahi bakajja kureeba ekyabaho. Yaateera Seezi eminyaaфу etaano kandi yamugira ngu atarishubira ninga aryamuteera ez'okumuzibira n'okubasa kutambura. Seezi yaatungurira munonga banyanya. Eizooba eryakuratiyeho omwe ahabanyanya akatandika kurahura Seezi. Bur'omwe yasheka. Seezi yaamutera oruhi. Ishe kuyakirebire akafa kweshekyera naabandi boona.

Dina akaba naakunda okuteera ebishushani munonga. Emirimo y'omuka akaba takundaga kugikora. Nyina buri zooba akaba namwijusya okukora emirimo. Erizooba nyina yamugira ati yaaba ataherize kukora emirimo tarikizibwe okutera ebishushani e wiki yooni. Kuyaruga aha eishomoro yahika ati omuuka yataandika okutera ebishushani. Tiyaakunda kukora emirimo ei nyina yamugambire kukora. Ahanyuma yakyakiro, nyina yaamubuza yaaba yakozire emirimo y'omuuka. Dina yayijuka okuyayebirwe okugikora. Nyina yamubuza yaaba najjuka ekiyamugambire omukasheshe, kandi yaaba najjuka ekiyamuraganiise. Dina Byoona akaba nabijuka. Nyina yamugambira okureta ebipapura bye ebiyabaire atereho ebishushani. Yamugira ngu ku arakore emirimo y'omuuka e wiki yooni ebipapura bye aryabitunga e wiki erikwijja. Kwonka buri izooba Dina ryarayebwe okukora emirimo niryajja kwegaitaho ahari wiki eyomumeisho.

- Nimugane ki ogurikukirayo okushusha n'okubirikutwazibwa omukyaanga kyaanyu?
- Nimutaano oguri ahagati yaabo abazeire babiri omukuhana abaana baabo?
 - *Ishe wa Seezi akamutera omurundi gumweogundi yayeshekyera kandi nyina wa Dina yamuzibira okutera ebishushani.*

- Toranaho omugane ogurikutworeka ekyokureberaho kirungi omukuhana abaana kandi oshoborore.
 - *Nyina wa Dina akaba namuhana omuri Rukundo, akahamya ngu Dina naayetegyereza enshobe ye, hamwe nekibirikumanyisa kandi akagumizamu nokuhana*

Omu ishomo eri nitwenda kureeba okutukworeka abaana baitu omuhanda gw'okutiina Ruhanga okurabira omukubahana. Nitwija kureeba emiringo eind y'okuyamba abaana baitu kukwatanisa naitwe omukubahana kugira ngu tutabisa enkoni ngu turikubahana. Twakoresa emihanda egi hamwe neindi ei turayege, titurayetengye kubatera za kibooko obutoosha.

Eby'okukuhwera omukuhana abaana kurungi

OKUHAANA EBITEEKATEEKO OMU KIBIINA KY'ABANTU BOONA

Oku Omwegyesa aratwaaze: Okorese bamwe omubeegi okushoma 'Okuhana okurikukora' omu **KATABO**
K'OMWEGI

Okuhana nikimanyisa okwebemba hamwe nokuhabura abaana kugira ngu beege okugyendera omumihanda gya Ruhanga. Okuhana tikirikumanyisa okuha ebifubiro kusha. Hariho emiringo miingi ei okuhanamu abaana. Okuhana nikuba kurungi kwakorwa omuri rukundo kandi omumuringo gw'okugumizamu.

Nituhana abaana baitu ahakuba nitubakuunda kandi nitweenda ngu beegye akugyendera omumihanda y'okutiina Ruhanga, bakore okusharamu kurungi kandi batwaaze gye abandi abantu. Bumwe nabumwe okuturikuhana abaana niguba gutaboneire ahakuba nigutuma abaana bagoma, bagira obushariizi, emitima egangaire, okushwaara, hamwe n'okutiina batarikwekakasa. Nikuru munonga okwetegyereza ekiturikubaasa kukora kugira ngu omukuhana kwaitu kubasise abaana kukura kuhika aharugyero ruhikire omukakwate kaabo na Ruhanga.

Eby'okukuhwera omukuhana abaana kurungi:

1. Okuhamya ngu abaana nibamanya ngu nitubakuunda natwaaba nitubahana.

- Otarifubira omwaana waawe waaba oine ekiniga. Eki nikyegyesa omwaana okurwaaana ninga okugambira ahaiguru yagira ekiniga. Wahurira oine ekiniga ogyezeho obanze wahikaikana, reero bwanyima oshutamisa omwaana waawe orikwetebebanisa.
- Oreebe ngu wamwiyusya ekigyendererwa ky'okumufubira okukiri okumuhwera okwettwara gye n'okugira emicwe mirungi. Kandi oshoborore ngu obu n'obujunanzibwa bwaawe nk'omuzaire, kandi ahakuba n'omukuunda nikyo kirikutuma wamufubira.
- Ahanyuma y'okufubira omwaana, nikukru munonga okumworeka ngu n'omukunda nk'okwaari kweena. Noobasa nokumgambira ebigambo birikumugaruzamu amaani nka, "ninyikiriza noobasa kusharamu gye omu bwiire bw'omumaisho". Rukundo nigaruramu amaani okukira okutiniisa. Eki nikyamba omwaana kwekakasa kumanya akyakundwa.

2. Obe orikugumizamu (otarikuremuura) omukuhana kwaawe.

- Twaikiriza abaana kushobya erizooba tukabareka kandi tukabafubira obundi, abaana nibaija kubuzabuzibwa okutamanya ekyabarikubasa kukora nekyabatarikwikirizibwa kukora. Nibaija kutiina ngu obundi bakashobya batakiyendereire
- Kwonka twaaba tutarikuremuura abaana nibaija kwetegyereza ekibi n'ekirungi. Nibaza kuhurira barinzirwe gye ahakuba nibamanya ngu abazaire baabo babateireho amaisho obwiire bwoona kandi nibabakunda.

3. Oreebe ngu omwaana nayetegyereza eki yashobya.

- Buuza omwaana yaaba naamanya eki yashobya. Yaaba tibarikukimanya, obashoborore gye.
- OTARIHANA okukira okukoresa omunyafu otakagambire nabo ekibashobya.

4. Shoborora oku orikwenda ahindureho omumitwarize ye.

- Bumwenabumwe abaana tibakamanyanya ekibashemereire kuba nibakora nginga okutakora. Oborekye gye ahubashereire kuba nibahendera.
 - Kandi obamanyise gye eki orikweenda bakore nomubwiire bw'omu maisho
- 5. Omuringo gw'okuhana nginga ekifubiro gushemereire kurugirira aha myaka y'omwaana.**
- Abaana bato abaine emyaka (2-10) nibabasa kuhanwa n'erisho rikazire, omunyafu, nginga okubashutamisa omumwanya gumwe nk'omunshonda okumara akairekurugirira ahamyaka yaabo.
 - Abakuzire nk'emyaka (11-18) nibetegyereza okufubirwa omumuringo gw'okugira obugabe obuwaabaka kandi hamwe n'okureeba ngu bamanya obujunanzibwa bwaabo omumbera egyo
- 6. Obuhango bw'ekifubiro bushemereire kwingana obuhango bw'enshobi eyakorwa.**
- Enshobi yaaba erimpango, n'ekifubiro kishemereire kuba kiringaniriire. Enshobi yaaba erinkyey, nanekifubire nikwo kishemereire kuba kiringaniriire.
 - Nikiba tikiboneire omwaana kumwihaho obugabe bw'ekintu nanka okumara okweezi kandi obu enshobi yagikozire omurundi gumwe kusha. Nikiba kihikire okumuzibira ekintu kyarikukunda okumara eizooba rimwe reero yaagimizamu nashobya niwe ogumizamu noyengyeramu ekifubiro.
- 7. Ogumizemu otarikuremuura n'okuhana**
- Okukora ekyorikugamba bumwe nikiba kigumire, kwonka nikikora munonga kandi omwaana nakuha ekitiniisa n'obwesigwa. Nikimworeka nofayo munonga okugira ekiwakoraho.
 - Okutisiriza omwaana ngu noija kumufubira kwonka otagumizemu kumufubira nikibuzabuzabura omwaana.
- 8. Kyaaba nikibasika okorese okuhana okurikushushaniriza n'enshobi ei omwaana yaakora.**
- Ekigyendererwa k'ekifubiro nk'eki nokuhwera omwaana agire obujunanzibwa ahanshobi yeye.
 - Eky'okureberaho, Sarah yaaba naakunda okuhwera nyina omukuteeka, kwonka yaagambira kubi munyanya owaba nayenda kukwatanisa nabo omukuteeka. Nyinabo naabasa kuha Sarah ekifubiro okutamwikiriza kuteeka nawe okuhisya obu arikikunde ngu bateekye namunyaanya. Nginga Petero ku yokuteera emeeza amaizi gaakatikaho, nyina amuragiira kugisimuura..

OKUHAANA EBITEEKATEEKO OMU BUBIINA BW'ABANTU BAKYE

- Omuri ebi aharuguru nibiha ebiwarakoreseho omubaana baawe?
- Omuri ebi nibiha ebi otakteekateekagaho nari kuhurira?
- Mushube mushome omugane gwa Seezi omu kwanjura. Mushujume burintambwe kandi mugambe ahari ekyo eki ishe Seezi arikubasa kukora omumuringo ogundi omumbeera egi.

Okweshujuma lwe Nk'omuntu

- Nibintu ki ebi abaana baawe barikukora ebirukukwihaho waaya? Nibintu ki ebi orikubasa kukora kugira ngu ohikikane otakabafubiire?
- Nenki okirikubase kukora okworeka abaana baawe ngu n'obahana ahakuba n'obakunda?
- Nikintu kimwe ekyorakore waaba n'ohana abaana baawe okuruga hati?

Emiringo Eindi eyo Kuhana Abaana Kutari Kubateera enkonzi

OKUHAANA EBITEEKATEEKO OMU KIBIINA KY'ABANTU BOONA

- Nimiringo eindi ei orikubasa kuhanamu abaana baawe otarikukoresa kibooko?

Emiringo Eindi eyo Kuhana Abaana

*Oku Omwegyesa aratwaaze: Orabe omu Emiringo Eindi eyo kuhana Abaana **OMU KATABO K'OMWEGI**. Shoborora n'ebyo okureberaho buri muringo.*

Bumwe kihikiri okukoresa akanyafu ahamwaana omuto (ow'emyaka 2-10). Okukoresa akanyafu kiine omutaano n'okuratuura nari okusanuura omwaana. Otakateire omwaana obanze wikikana ekiniga. Omwaana

omutwaare omumwaanya ogundi, nk'omukishengye, omushoborere ahabwanki orikuza kumuteera. Otamuterera omumesisho gaabandi baana. Nikimushwaaza kandi kimuretere n'obushariizi. Ahanyuma omworekye rukundo kandi omuhamye okaramukuunda. Omunyaafu nigukiresibwa ahabwokuhana kandi **ahabwa rukuundo** okuhindura omwaana kugira ngu agire emicwe mirungi. Tikushemeire kuhutaaza omwaana nginga ahabw'ekiniga. Okuhaana kwatwazibwagye nikubaasa kutuma omwaana yahinduka kandi yarugamu omuntu w'omugasho. Waguma noteera omwaana obutoosha kirabasa okurugamu okugaangaaza omutima.

Okuhana omwaana tikirikumanyisa kumuteera kusha. Okufubira tigwo muringo gwonka ogwokuhana. Aheifo haruho eindi miringo erikubasa kukora gye n'okukira ahakutera:

1. Omwaana muhereze **omurimo gwiine omugasho** omumwaanya gw'ekibi ekiyashobya
Okukira munonga abaana baaba bakiri bato, noobasa kubaiha ahamucwe omubi orikuborekyerera omucwe murungi nk'okuyamba omukukora eki arikukunda kukora. Kandi nikiba kihikire okumanyisa omwaana okumanya ngu ogu omucwe nimubi.
2. Oyorekye **okutasiima munoonga** (Otarikumujuma nginga kumugira ngu nibusha)
Ekyokureberaho, okutera omwaana ekisoyi nikibasa okukumumanyisa okuwayaanga eki yakora. Ohamisirize aha mucwe, otakakoresa ebigambo by'obukare, nka "tinkanshemererwa oku, (shoborora omucwe)"
 - Nibintu ki ebi otarikwenda ngu omwaana waawe kukora? (oyegyezemu okubigamba)
 - *Okuteera abaandi baana - "Tinkakikuunda watera abandi abaana"*
 - *Okukoresa orurimi rubi - "tinkakikuunda wagamba kubi"*
3. **Gira ebiwaamwiima nginga kumuzibira kukora**
Ekyokureberaho, nkukumwiima ebyokuzanisa, nginga okumuzibira okureeba TV okumaraha obwiire obupimirwe. Ijuka obwo bwiire bushemereire kurugirira aha buremeezi bwenshobi hamwe nemyaka yoomwana.
 - Nibintu ki ebi abaana bakuunda kukora ahamyaaka 2-5, 6-11 hamwe na 12-18?
 - *2-5 – okuzaana nebyokuzanisa naabandi baana, neebindi.*
 - *6-11 – okuzaanira aheeru naabandi baana, okureeba TV, okushoma, neebindi.*
 - *12-18 – Okwehamu naabandi, okugaamba ahasimu, okureeba za firimu, neebindi.*
4. Yoreka omwaana **okwarikubasa kugira obujunanzibwa ahabw'ekiyakora**
Ekyokureberaho, omuntu yahutazibwa (nayaaba atakigyendereire), omwaana omugambire okutereza ekiyashisha. Eki nikigyesa omwaana okumaraho ekizibu ekibainehe obujunanzibwa. Ekyokureberaho, Adamu ateera ahansi omurumuna omumusiri. Ishebo omugambira okwimushyaho omurumuna, areebe yaaba yamuhutaaza kandi omushabe okusasirwa.
 - Nibintu ki ebi abaana bakora ebi barikubasa kuboneza?
 - *Okwata eby'okurya nari amaizi*
 - *Okuzambaguzi enju*
 - *Okuhenda ebintu*
 - *Okuhutaaza ondiyo muntu*
5. **Omwaana omushoroore** omubandi baana – "Okumara obwiire"
Ekyokureberaho, noobasa kuta omwaana omuntebe, nigna omukishengye wenka kugira ngu atekyereze ahari ekyo ekibi eki yakora. Nikimuyaamba okucurera nokugira obweirizi. Bwanyuma ogambe nawe orikumushoborera ekibi ekiyakora, ahabwaaki kigwiire kandi nebindi ebi yakukoze omumwaanya gw'eki kibi. Eki nikorwa nokwingana emyaka y'omwana. Omwaana aine emyaka 6 nashutama omukoona wenka okumara edakiika 6.
 - Omwaana w'emyaka 6 nashutamizibwa omukoona edakiika zingahi? Edakika 6

- **Omwaana w'emyaka 10 ashemereire kuzibirwa okuzaana nabagyenzi be okumara edakika zingahi? Edakika 10**

6. **Omuhe okutorana** - omucwe oguhikire nginga ekirarugyemu / okuzibirwa
Oku nokuhereza omwana okutorana ahagati y'ekirungi hamwe nebirikuzaruka omukutorana okubi. Bishemererire kushobororwa butunu kitari kifubiro kureka omwaana arabasa kukitiina. Omwaana yaaba tarenda kukuuba ameino nobaasa kumagambira okutorana ahagati yokukuuba ameino nginga okumara eizoba ryoono atariire swiiti. Eki nikikora ahamaaaka yoono.
7. Ikiriza omwaana **okuraba omubusaasi oburikuruga omucwe ugu**.
Omwaana yaaba tarikureberera gye ebintu bye, taramare nabyo obwiire buraingwa. Nginga omwaana okuferwa ekyokuzanisa kye ekya arikukunda munonga habwokutakireberera gye. Ebi nibyegyesa omwaana obujunanzibwa, okukira munonga omubaana bakuziremu. Nikiba tikiboneire kyaaba nikita omwana omukagwe, nginga omwaana yaaba takufayo.

OKUKORERA HAMWE OMUKIBIINA KYOONA

Oku Omwegyesa aratwaaze : osharemu buri muzaano omu **EBY'OKUKORESA EBIRIKUREEBWA**— Emiringo eindi ei okuhanamu abaana — ohereze omuzaano gumwe buri kibiina. Obahereze edakika 5 zonka oktebekanisa. Ahanyuma yaburimuzaano muhane ebitekateeko ahabibuuzo ebyo aheefo.

- Ogu omuzaano gwayoka uringo guha ogw'okuhana?
- Omuringo ugu guboneire ahabaana byemyaka engahi?
- Nibintu ki ebi omuzaano ugu gwayegyesa ahakuhana abaana?

□ **Omuzaano 1 – Omwaana muhereze omurimo gwiine omugasho omumwaanya gw'ekibi ekiyashobya**

Omwaana ariyo naateratera esihani ahansi arikushaba ebyokurya

Nyina namugira: “Rekyeraho orwo rwaari. Nobwe gyenda oreete amaizi tuteekye.”

Omuzaano 2 – Oyorekya okutasiima munoonga (Otarikumujuma nginga kumugira ngu nibusha

Omwaana nayiha obufudikizo aha bucumu arikubunaganaga.

Nyina namugira: “ogu tigwo muringo gwokutwazamu obucumu bwa munyanyako. Watiiza ekintu oshemereire kukireberera gye. Garuzaho obufundikizo ogaruze obucumu omu bokisi yaabo.”

Omuzaano 3 – Yoreka omwaana okwarikubasa kugira obujunanzibwa ahabw'ekiyakora

Omwaana nayata ekintu atakigyendererire omuduukaryabandi.

Nyina namugira nobucurezi: “tooratoora ebyo bicwanyagurika, reero tugyende oshabe mukama w'eduuka okusasirwa. Reero nshashurire ekiwayeta.”

□ **Omuzaano 4 – Omuhe okutorana - omucwe oguhikire nginga ekirarugyemu / okuzibirwa**

Nyina ariyo nayetebekanisa okuza omukatare.

Omwaana amushaba: “Ma, ngyende niiwe?”

Nyina: “obwahwiire oketwaaza kubi obuwarira orikwenda akamotoka omubyokuzanisa. Ija tugyende kwonka osharemu. Otwaaze gye nginga oyerize ogundi murundi tindigyaenda niiwe. Wayetegyereza?”

Omwaana ashuba arira ahabwakamotoka bahika ahaduuka y'ebiyokuzanisa barikuza omukatare. **Nyina** ahunama bataaha.

Eizooba eryakuratireho **Nyina** ayetebekanisa okuza omukatare

Omwaana airuka kumushanga amubuza: “Nyije tugyende hawe omukatare?”

Nyina: “Ingaha—nyomwaazo watoreine okuguma omuuka omwaanya gw'okutwaaza gye. Wayetwarize kubi nyomwazo nahabwekyo erizooba notekwa kutsigara omuuka na mukaaka. Nobasa kukuratira erindi eizoba wagira emicwe emirungi.”

OKUKORERA OMUBUBIINA BUKYE NINGA BURI OMWE NA MUGYENZI WE

1. Tekyereza ahambeera obu abaana baawe omuuka obubakira okukugyemera ninga okutwaaza kubi.
2. Torana embeera emwe otekyereze ahamuringo ogundi omumwanya gw'okukoresa omunyaafu.
Mutebeka omuzaano ogurikukoresa ogwo omuringo
3. Ogwo omuzaano muguzanire ekibiina kyoona.

Oku Omwegyesa aratwaaze : Obuuzze ekibiina kyoona okushoborora omuringo gw'okuhana ogwakoresibwa omumazaano.

Okweshujuma

OKUHAANA EBITEEKATEEKO OMU KIBIINA KY'ABANTU BOONA

Oku Omwegyesa aratwaaze : Otwareho obwiire okureeba ebitekyerezo omu ishomo eri ebi abeegi barikwijuka kandi n'okubarikutebeka kubikoresa. Oreebe ebikuru ebi orikweteenga kushuba kubagarukiramu. Mwaheza mutwareho obwiire murikushaba Ruhanga okuhwera abeegi okwebembera abaana baabo hamwe n'okuta eisho eri omunkola Eishomo.

Omu sande ezihingwiire nkyeho twegire engyendererwaho na n'emiringo etari emwe.

- Nimiringo ki ninga engyenderwaho ezokuhana abaana ezi orikwijuka?
- Nibiha eebikizireyo kukuyamba iwe?
- Nibiha eby'orikweenda kweyongyera kuguma n'okora? Kandi nibiha eby'orikwenda kutaguizamu n'okora?
- Nimpiduka ziha ezi orikubasa kureeba omubaana baawe wakoresa eby'oyegire omu ishomo eri?
- Nibiha ebirakuyambe okwegamira Ruhanga omukukoresa eby'oyegire hamwe nokutaho empinduka enuungi omubaana baawe?

Twahana abaana baitu nituba turikubebembera hamwe nokubahabura okuturaho omumagara g'obwa Ruhanga. Ekirikugyemesereza okuhana abaana omumuringo gw'obwa Ruhanga ni Rukundo. Okuhana okutwazibwa gye nitutekwa kugira obwengye omumuringo oguturikutwazamu omukuhana abaana baitu kugira batagira obusharizi bakatwaanga. Abaana abarikutwaaza omumuringo gw'okutiina Ruhanga nibaba bari omugisha ahari Ruhanga, ekyanga kyaabo hamwe n'amaka gaabo

Emiringo Eindi eyo Kuhana Abaana

Omuzaaano 1 – Omwaana muhereze omurimo gwiine omugasho omumwaanya gw’ekibi ekiyashobya

Omwaana ariyo naatera esiyaani ahansi nashaba ebyokurya
Nyina naamwetalls: “rekyeraho orwo orwaari. Nobwe gyenda oreeta amaizi tutebekanise eby’okurya.”

Omuzaaano 2 – Oyorekye okutasiima munoonga (Otarikumujuma ninga kumugira ngu nibusha)

Omwaana ariyo nahiha obufundikizo aha bucumu arikubunaga nk’okuyabona.
Nyina naamugira: “Ogwo tigwo muringo gwokutwazamu obucumu bwamunyanako. Wayetiiza ekintu ninkuteekateekaho okukirinda gye. Garuzaho obwo obufundikizo obutte omubokisi ahonaho.”

Omuzaaano 3 – Yoreka omwaana okwarikubasa kugira obujunanizibwa ahabw’ekiyakora

Omwaana omuduuka naagira ekiyayata atakigyendereire.
Nyina naamugira: “toratora ebyatagurika, tuze owa mukama w’eduuka omushabe okusasirwa. Ninyija kukushashura”

Omuzaaano 4 – Omuhe okutorana - omucwe oguhikire ninga ekirarugyemu / okuzibirwa

Nyina wamwaana naatebekanisa Shomay okuza omukatare.
Omwaana naabuza: “Maama! Nanye ngyende?”
Nyina agarukamu: “Obwahwere oketwaaza kubi, warira ahabwakamotoka ahaduuka yebyokuzanisa. Turabasa kugyendana kwonka osharemu. Oyetwaaze gye, otarira ninga ogundi murundi torishubira kugyenda nanye. Wahurira?”
Omwaana narira baheza kuhika ahaduuka yebyokuzanisa. Nyina nahunama.

Eizooba eryakuratireho Nyina naatebekanisa Shomay okuza omukatare
Omwaana naamugira: “Maama nanye nyije tugyendane?”
Nyina namugarukamu: “ingaha, nyemwebazyo wabaire oine okutorana okutwaaza gye otaririra akamotoka ninga okuguma omuuka. Watwarize kubi nyemwebazyo, oratekwa kuguma omuuka erizooba namukaaka. Noobasa kugyenda nanye erindi eizooba.”