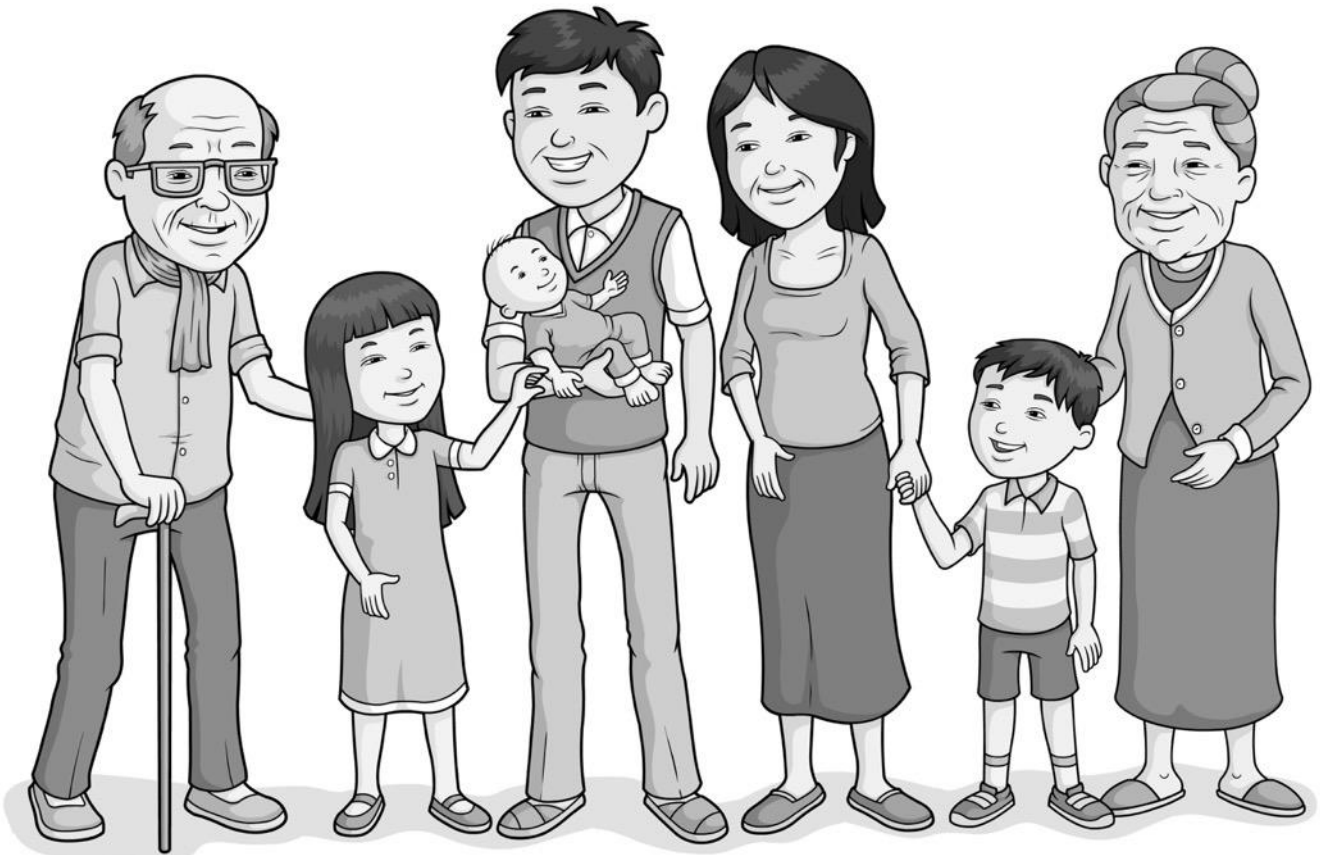


**TRUTH
CENTERED
TRANSFORMATION**

MODULE



MAKWATANO AMPULI BBUKU LYA SIKWIIYA

Chiiyo chakusanguna 1: Mikuli yaBalumi aBakayintu

Mukuli wa Balumi

Bala kuli 1 Ba-Korinto 13:4-8, Ba-Filipu 2:1-8 akuli Jowani 13:2-17 mpawo usandule mibuzyo itobela:

- 1 Awumwi munchali ooyu ulupandulula biyeni luyando lwa Leza?
 - 1 Ba-Korinto 13:4-8,
 - Ba-Filipu 2:1-8
 - Jowani 13:2-17
- 2 Timeus wakeelede kuchita biyeni (kuzwa mulwaano lwabalwa) kubanakwe, Leah mbuuli mbulituyiisya Bbayibbele?
- 3 Mulumi nga ulatondeezya biyeni luyando munzila eezi? Mutubunga twenu amuzwe aanzila zilikumi zikonzeka kuchitwa amulumi mukutondeezya luyando kubanakwe.
- 4 Ndeelili penzi lijanika kuti balumi teebazuzikizya mikuli yabo mbuuli mbulyaamba Bbayibbele?
- 5 Kaansinga mulumi ujata mukayintu wakwe mbuui mbulyaamba bbayibbele ubonaanga naali biyeni makwatano?

Mukuli wa Mukayintu

Bala kuli Matalikilo 2:18,20, Duteronomiyo 33:29, Ba-Efeso 5:22, 24, 33.

- 1 Nzeezili zimwi zintu Leah nzyakali kunoochita kuti abe mugwasizyi akulemeka Timeus?
- 2 Nzeezili zimwi nzila zyakutondeezya kuba 'mugwasizyi' wabunaleza akutondeezya kulibombya kwabunaleza akulemeka mulumi? Mutubunga amupe zitondeezyo zili kumi.
- 3 Alikunooba biyeni makwatanao kaansinga mukayintu walikuzitobelezwa eezi zintu?
- 4 Ngaali mapenzi aabawo kuti mukayintu taazichita zintu eezi zipandululwa aBbayibbele?

Chiiyo chakusanguna- 1: Malembe aatala aLuyando akuLemekana

Bantu biingi balazuminana, makwatano teensi mawuba pe. Chimwi chiindi kulakonzya kuyuma loko. Mukako weelede kuba muzolani wako wafwiifwi amugwasizyi wako kwiinda bantu boonse munyika. Pesi teensi mbukubede pe zimwi zyiindi zyiingi, chimwi chiindi tulalwana, twetelana machise. Nkaambo nzi kwiimpana nikuyondo zhitika oobu alimwi ngatulachita biyeni?

Leza wakatupa nsandulo mu Bbayibbele. Lumwi lwaano lulangene aamakwatano ndoolu lujanika kuli Ba-Efeso 5. Bana Kkilisito biingi baliizi minchali eeyi pesi tweelede kulanga lubo munchali wakumaniniza.

Kakuliboobo, awumwi wenu weelede kuyanda mukayintu wakwe mubuuli mbaliyanda we, amukayintu weelede kumulemeka mulumi wakwe.

Ba-Efeso 5:33

Tupedwe milawu myuuba yobile; omwe wabalumi omwe wabakayintu. Balumi AMUYANDE bakayintu benu. Bakayintu AMULEMEKE balumi benu. Nkaambo nzi noyeeya kuti eezi zilisiyene? Nkaambo nzi bakayintu nibeelede kulemeka akuti balumi beelede kuyanda? Nkaambo Leza ulitwizi, ulizi loko eeche nchituyanda. Ulizi kuti balumi bayanda kulemekwa abakayintu bayanda kuyandwa. Baalumi balayanda abalabo kuyandwa abanakazi balayanda kulemekwa, pesi baalumi babotezegwa loko akulemekwa mpawo banakazi aluyando.

Kubanakazi, eechi chilakonzya kuba chigambyo. Banakazi biingi bayeeya kuti baalumi biingi mbuuli mbabo banakazi, bayanda kuyandwa. Isimpe, ndyakuti njiisyo nyiingi zilanga biyo luyando. Kuyiisigwa kwabanakazi kuti balemekwa balumi babo kwakalubwa. Banakazi bayeeya kuti balumi babo bayanda kuyandwa kwiinda kulemekwa. Pesi teensi simpe pe eeli.

Naa twalangalanga tubona zitondeezyo zyiingi zyalumini bayanda kulemekwa abakayintu bayanda kuyandwa. Kuli basilumamba, mulimu uuzwide baalumi loko, kulemeka nchechintu chikoloondo loko. Baalumi bayanda kutanta muzyuuno kuchitila kuti balemekwa. Kutalemekwa tabakuyandi pe. Kutu *kkomanda* wako kotamuyandi, teensi chibi pe. *Makkomanda* tayanduuli kuyandwa, ayanda kulemekwa.

Kulilimwi bbazu, walanga mabbuku amifanikisyo yabanakazi, ulajana kuti zitondeezyo ziliwo nzyakuti banakazi bayanda kuyandwa, kulitondeezya kabali babotu kuti bayandwe. Mwanakazi chintu nchayoowa loko nkuyeeya kuti bantu tabakoomuyanda pe. Teensi mbukubede pe kubaalumi, nchibayoowa loko bo nkuti balabula kulemekwa.

Naa katuyanda kusumpula makwatano eesu tweelede kubona kuti mulawu ooyu ulatobelezegwa kabotu. Baalumi amuyande banakazi benu, banakazi, amulemeke balumi benu.

Buyumuyumu Mukwambuuzyanina

Kuti eezi tuzichite tweelede kumvwisizya chimwi chibeela chikoloondo – kwambuuzyanina. Baalumi abanakazi babelesya nzila zyakwambuula zisiyene kuti batondeezye ziyandisyo zyabo zyakulemekwa/luyando. Chilikwaambwa amwanakazi chiindi chiingi teensi nchicho nchamvwa mwaalumi. Alimwi chilikwaambwa amwaalumi chilakonzeka kutamvika mbubo kumwanakazi.

Mwalizizi na? inzila banakazi njibambuula aayo mukuyanda kutondeezya balumi babo kuti bayanda kuyandwa, balumi ngababona kutalemekwa. Mpawo nzila njibasandula aayo balumi kuti babona kutalemekwa ipa kuti banakazi balimvwe kabatayandwi pe? Bamwi bantu baamba kuti eechi nchiimbo chakupenga – tuyanda kulemekwa akuyandwa pesi awumwi ulimvwa kazitali kuchitika pe.

Kupenga kubawo kuti twakkala katuchita chintu chomwe — lubo a lubo — kazyetelezya bubi bukozyenie. Tazibeleki pe! Tweelede kutola mweenya wakusandula nzila zyesu kuchitila kuti tujane mpindu zisiyene aawo balumi mpubatalimvwe kabalemekwa abankayintu kabayandwa.

Kuti tumvwisisisye oobotu atulange lwaano olu lutobela:

Kwalikubelekwa chamanguzu mumuunda kwamviki yoonse. Zuba alilalyo lyalikupya loko alimwi taakwe nikwalikwe aakulyookezezya pe. Van walikubotelwa kuti muchiindi chifwiifwi uyobona banakwe kumuunzi. Teensi waliwo pe kwamazuba kumi; nchiindi chilamfu loko kalikule ampuli yakwe. Naakalikuya bweenzya moota mumugwagwa wakali kuyeeya kuti banakwe balamukondelelwa abalabo mbuuli mbalimvwide.

Thuy wakali aamuunzi, wakali wakatala kulanga bana katakwe uumugwasya, alimwi moyo kumuchiside kuti bana bankuko tebalikuswiilila pe. Wakalikulangila kuboolo kwamulumi kumuunzi buzuba oobu. Wakamuuminide luwayile kamuyeezya kuti atalubi malili amwana. Taakwe nakakonzeyezye kuzwa pe nkaambo kwakali kuyumu kweenda abana batete. Wakalikweetanga ulafwambaana kusika, lino mwana wakali wasanguna kukataazya kale alimwi malili akali amana.

“Ndasika,” wakoopolola Van.

“Wazoosika kumamanino,” wakasandula Thuy “alikuli malili amwana.”

“Bamayo,” wakasandula Van “Ate ndaaluba, ndalezziingi loko zyakuyeeya sunu.”

“Nkaambo nzi nuwachita oobo!” Thuy wakaambwida mujulu, “Ulalya nyamaanzi mwana lino?”

“Taakwe chimbi na chiliwo? Takonzyi na kulya nzitutalye?”

“Yiipe, uyanda kuti achiswe? Uchili mutete. Chimwi chiindi ndiyeeya kuti uyanda beenzinyokwe kwiinda mpuli yako. Tolubi pe kuya kukunywa coffee ambabo.”

“Haa iwe, leka ndibweede ndikaayanduule neno.” wakazwa Van kaambwida mujulu. Lukondo loonse ndubakalangilide kuti balaba aalo babonana lwakamana, kwanjila bunyeme anchisyamoyo.

Nikuba kuti majwi aya alakozya kusiyana aamumaanda eesu pesi zili boobu zikkala kazichitika. Tweelede kulanga kunembo lyamajwi kuti tumvwisisisye ziyanda kwaambwa azilikuchitika. Nchitweelede kukkala katuyeeya mbukoloondo bwakupa **luyando kubanakazi**, mpawo **kulemeka baalumi**. Aawo mwanakazi nasanguna kunyema, nganchitondeezyo chakuti ulikulimvwa katayandwi. Baalumi nibanyema akuumuna chiindi chiingi balimvwa kabatakwe nibalemekwa pe.

Atulange lubo eezi zyachitika tutedi zyachitika muluyando akulemekana.

Van waluba malili amwana. Ndipenzi niini loko eeli. Alimwi talyeede pe kweta kulwana kupati. Van ulakonzya kubweeda kuchintoolo akawule malili. Baalumi bakkala kabatamvwisisisi pe kuti nkaambo nzi kantu kaniini oobo nikanga chaba chintu chipati. Van weelede kumvwisisisya kuti naaluba malili zyapa kuti Thuy abone kutayandwa. Wakumbila chintu chomwe biyo alimwi teensi waliwo kwamazuba miingi. Wakachilwa biyeni kuyeeya chintu chomwe biyo? Alakwe wamuluba na? chaamba kuti alakwe teensi mukoloondo pe kumulumi? Aboobo nchasandula abunyontoosi. “Wazichitilayi?” Van takubwene kuti banakwe balikulimvwa kabatayandidwe. Ubwene biyo bunyontoosi bwakwe akutamulemeka. Wabijilwa. Ulesimpe kuti waluba biya; teensi wachitila chaali pe. Nkaambo kakuti tali kumutondeezya kumuyanda, wambuula lubo “Taakwe notuyeeya pe, uyeeya biyo beenzinyokwe.” Lino watalika kuwaala majwi aachisa katukila bube bwakwe. Uyanda kumutondeezya nzala yakuyandwa njalaayo.

Kakuliboobo, Van alakwe wasandwida mukunyema wazwa weenda. Walimvwa kaatakwe naalemekwa akutukilwa nkwachitwa. Talikusyoma pe kuti wali kunoomwaambila majwi aliboobo. Nkaambo nzi namupa

**Aawo mwanakazi
nasanguna kunyema,
nganchitondeezyo chakuti
ulikulimvwa katayandwi.
Baalumi nibanyema
akuumuna chiindi chiingi
balimvwa kabatakwe
nibalemekwa pe.**

mulandu wakutayanda mpuli yakwe, we kali wakabeleka mviki yoonse kuti bajane chakulya mbuuli mpuli? Weenda chakufwambaana katanaamba majwi ngatazoolisole naakuti asangune kulwana. Banakazi tabazimvwisisisiyi pe kuti nkaambo nzi baalumi nibeenda kabatayandi kwambuula. Banakazi tabazisyomi pe kuti kwambuulisya takuli kukoloondo pe kulimbabo. Banakazi bo balakuyandisya kwambuula, kuti babisyania amwanakazi nyina balambuula mane likamane penzi. Pesi baalumi balazwa beenda. Aboobo, banakazi bayeeya kuti balumi babo tababayandi pe banakazi babo alimwi tabayandi kweezya kumana mapenzi. Mavwido aabo akutayandwa nga akomena. Nchibatamvwisisisiyi pe banakazi nchakuti baalumi nibanyema tabalisyomi pe kuti balambuula majwi mabi kusikaali. Aboobo ngabeenda kuchitila kukutabilila, nkaambo ulakuyanda!

Van wagamba biya kuti nkaambo nzi Thuy napa kuti malili libe penzi pati. Nchayeleda kuziba Van abamwi baalumi nchakuti penzi teensi malili pe, penzi ndyakuti Thuy walikuyanda kusyomezegwa luyando. Walikuyanda kuti akumbile lulekelelo pesi nkaambo kakumvwaanga watukilwa akutalemekwa wanyema we. Chisesya nchakuti, boonse balikulangila kuti babonane. Pesi mabambe aabo aakubotelwa anyonyooka alimwi balangila kuti mansiku aabo banonyemezyenie.

Baalumi abanakazi babona zintu munzila iisiyene. Kuti koli mwanakazi aawa wamufwida nsoni Thuy. Wali aang'anda alike kwakumi lyamazuba. Wakalikuyanda kugwasigwa. Kuti koli mwaalumi ayabo ulikufwida Van nsoni. Ulikatede, walikubeleka chamanguzu mviki yoonse, kabelekela kuti mpuli yakwe ijane chakulya! Waluba biyo! Takubwene na mwanakazi ooyu kuti walikubelekela nguwe abana!

Nkuuba kufwida nsoni muntu ngutu kozyania aawe nkaambo tulamumvwisisisiya. Banakazi balamvwisisisiya kuyeeya kwabanakazinyina. **Pesi naa kautyanda makwatano mantuloko alalukondo tweelede kumvwisisisiya kuti mbitukwetene aabo bayeeya biyeni.** Banakazi beelede kumvwisisisiya kuti kusolwa baalumi bakutola mbuuli kutalemekwa. Baalumi abalabo beelede kumvwisisisiya kuti mwanakazi avuzya kunyontooka ulikutondeezya kuti talikuyandwa pe.

Mbuuli mbumukubwene eechi ngachaba chiimbo chakupenga. Mwanakazi mpamvwa kutayandwa, uvuzya kunyontooka. Kuvuzya kwakwe kunyontooka kupa kuti mwaalumi alimvwe katalemekedwe pe mpawo amujate munzila iitakwe luyando.

Nsiswa iipa makwatano alalukondo nkuzisandula eezi. Tweelede kuteelele Leza mukuyuma amukuuba kwazyo. Amuyeeye munchali kuli Ba-Efeso 5:33. Baalumi mweelede kuyanda banakazi benu, banakazi amulemeke balumi benu. Ngomulawu wakapegwa a Leza.

- Bakayintu – amweezye kuyeeya kuti aawo nimuvuzya kunyontooka, baalumi balimvwa kabatalemekedwe pe. Libuzye mubuzyo waku “Eezi nzeyanda kwaamba naa kuchita, tazikooboneka mbuuli kutalemeka na?”
- Baalumi – amweezye kuyeeya kuti mwamvwa banakazi benu kabavuzya kunyontooka balimvwa kabatayandidwe pe. Kotana wambuula naa kuchita chimwi, libuzye mubuzyo wakuti, “Eezi nzeyanda kwamba naa kuchita, tazikooboneka mbuli kubula luyando na?”

Chiiyo chabili 2: Kuziba Kusiyaana Kwesu

1. Awumwi mutwe wamakani bikka mpa ya “X” aawo aalichiyandisyo **chako**.
2. Awumwi mutwe wamakani bikka mpa ya “O” aawo aalichiyandisyo **chamukako**.

Kumanwe mpawaawo	Kwiimpana _____	Akube Luumuno
libeleke	Mali _____	libambwe
Kukkala abazolani	Bantu _____	Kuba olikke
Ngazuzikizigwe mpawaawo	Mabambe _____	Kuchita mpuwayeeyela
Kufwambaana	Kujata chiindi _____	Kuchedwa
Kuyooyendeenda	Kulyookezya _____	Kukkala amuunzi
Kuchedwa koona	Koona _____	Kufuma kubuka
Ulayiyanda loko	Misobaano _____	Tiikunoneeziyi pe
Kuzwata china wofesi	Kuzwaaya _____	Kuzwaata biyo
Musanambi loko	Busanambi _____	Kweeta tombe
Ikkale kiyeebelwa	T.V. _____	Toiyiyandi loko pe

Nkookuli kumwi kusiyaana kweeta kwiimpana mubulidilano bwenu?

3. Mpawo nimwamaninsya amutondezyanie nizmwalembelena mpawo muzuwisyanie lubo:
- a. Wakonzya na kudombola ziyandwa amweenzinyokwe? Kulichakugambya na?
 - b. Iwe amukako naakutu wamumpuli yako mwaba ansandulo zyeendelana na kulizyoonse?
 - c. Ngaali masena ngimufwambaana kumvwanana?
 - d. Mpaali mpumusiyene loko?
 - e. Nguuli mutwe wamakani weetelezya kutamvwanana loko mulukwatano lwenu?
 - f. Amwaambuule aatala akuti niinzi nchimunga mulachita kuti mumane mapenzi aaya.
 - g. Ngamulabelesya biyeni kukonzya kwawumwi kuti musumpule lukwatano lwenu?

Kuti nimuchizwa kukwatana, zilakonzeka kujanika kuti kulizyiingi loko zimusiyene kulinzizyo. Kwiinda kuti usandule mweenzinyokwe, yanduula zintu nzyakonzya kuchita kabotu mpawo umugwasye kuli eezyo nzyatakonzyi.

4. **Amulembe mabambe kamuli antoomwe:** amulembe aansii nzila nzimunga muyootobelezya mukulanga awo mpumusiyene loko. Amusale zibili mpawo mulembe aansii kuti mulazichita biyeni kuti penzi limane.

Chitondezyo chakusanguna – imali

Naa mukako kayandisya kubelesya mali nyiingi weba koyandisya kubamba mali, amubambe kuti mulabelesya biyeni mali mpawo akuti imwi mulayibamba biyeni. Amwi mulakonzya kuzuminana kuti amweezi mweelede kubamba mali iiteede, mpawo mukako ulakonzya kujana chimwi chimpanzi chamali amviki/amweezi kuchitila kuti ayibelesye kuula ziyandikana kazyeeendelana akuzuminana kwenu.

Chitondezyo chabili – Kulyookezya

Naa kakuliti iweba uyandisya kulyookezya koli ang'anda mpawo mukako uyandisya kulyookezya kwakweendeenda mweelede kuzuminana kuti muchite chitamubotezye moonse. Mulakonzya kusala kuti limwi zuba mumviki mwaya kukweendeenda mpawo limwi zuba mwakkala aang'anda. Naakuti mulakonzya kuzuminana kuti uyanda zyakweendeenda weendeenda mpawo uyanda kukkala wakkala ang'anda kwiinda mukuzuminana kwenu.

Mabambe eesu:

1.

2.

Chiiyo chabili- 2: Kumana Kwiimpana

Bala awumwi munchali. Awumwi munchali, lemba chintu chipati chigwasya kumana kwiimpana.

Munchali	CHINTU CHIPATI
Mat 7:3-5	
Mat 18:15	
Tusimpi 15:1	
Ba-Kolose 4:6	
Ba-Filipu 2:3	
Ba-Efeso 4:26	
Tusimpi 19:11	

Chiiyo chatatu 3: Kubona Nchisyamoyo

“Aboobo, nakamuli kupa chipayizyo mpawawo wayeeya bachizi abanyaandumi bako bakakubisizya, siya chipayizyo chako kunembo lya chipedo. Sanguna wiinke mukamvwanane saansi; notakaboole uzope chipayizyo chako.” Matayo 5:23-24

KULILINGULA OMWINI

Kumbila Leza akutondeezye kuti mpaali mpuwakabisizya mweenzinyokwe (ooyo ngokwetene awe, naakuti kotakwetwe yeeya muzolani wako naba umwi wamumpuli yako). Yeeya aatala azeezi zitobela:

- Mpuchili na chimwi chintu nchuwakachilwa kuchita pesi nchoyelede kuchita?
- Mpuchili na chimwi chintu nchuwakachita (naakuti ncholi kuchita) pesi kotayeleda kuchichita?
- Kuli mpuwakakachilwa na kuchita chintu nchuwakezi kuti mukako ulayanda kuti uchichite?
- Kuli majwi achisa na nguwakaambide?
- Kuli mpuwakakachilwa na kutondeezya luyando abusungwaazi?

“Naa umwi wako wakubisizya, koya ukamutondeezye kubisya kwakwe, Kamuli babili.” Matayo 18:15

Kulilingula omwini

Kulinzila na nzuwakali wachitilwa machise amukako? Chilakonzeka kachili chintu chakuti mukako teensi wakakubona pe kuti wakuchisa.

Kuchita

Komba ulipede kuti musangune kwambuula aatala azeezi zintu amukako muliino mviki.

Chiiyo chatatu 3: Ntaamo zyakukumbila Lulekelelo

Ntaamo zyakukumbila lulekelelo aawo nitwamvwisya bamwi machise:

1. **Zumina kuli Leza** – nituchisa bamwi besu akuli Leza nga twabisya. Tweelede kuya kuli Leza twaakukumbila lulekelelo kuli nzitunooli twabisya. Kutambula lulekelelo lwa Leza kutupa kuba amoyo wakulibombya wakuti tukonzye kukumbila lulekelelo kumuntu.
2. **Zumina kulooyo nguwabisisya kaatakwe nopa njetelezyo zyakuti ufwidwe nsoni** – chiindi chiingi nituyanda kukumbila lulekelelo, tuyandisya kwaambuula zintu zyiingi kuti nkaambo nzi nitwakazichita. Chimwi chiindi eezi zipa kuti sikutulekelela ayaminwe.

Chitondezyo 1:

Kwaamba kwa Kusola: Ndizi kuti ndakakwaambwida kunembo lyabeenzinyokwe jilo, pesi teensi ndalikunochita oobo kaansinga tewakatuchedesya a wola lyomwe.

Kwaamba kabotu: Ndakakubisisya kukwaambwida kunembo lyabeenzinyokwe jilo; teendakeeelede kuchita oobo pe.

Chitondezyo 2:

Kwaamba kwa Kusola: Ndilizi kuti ndakakubisisya jilo mansiku mukukwaambwida bubi, pesi weelede kuziba kuti banyoko bakkede kabaambula bubi aatala andime mazuba woonse alimwi ndakatala amilimu yoonse.

Kwaamba kabotu: Ndakabisya ngambwiido njindakachita kulinduwe jilo golezya. Ndakumbila undilekelela kukweetelezya nchisyamoyo.

Langa zitondezyo zybile zilajulu. Ncheenchili chitondezyo nchonga cha nchisyamoyo njonga ulalekelela?

3. **Amba nzuwabisisya** – Baasimpe aatala achintu ncholikuyanda kulekelelwa. Ulakonzya kwaamba kuti “Ndilabweeme kapati anzindachita” naakuti “Ndalimvwa nkeli ndakakubisisya loko anzila njindakakujata aayo.”
4. **Kumbila lulekelelo** – tweelede kuziba kuti tulayanda kulekelelwa. Kulakonzeka kuti umwi wako tanaba muchiimo chakukulekelela mpawaawo weelede kuba aamoyo mulamfu. Komba kuti Leza agwasye mweenzinyokwe akonzye kukulekelela. Toyelede pe kumwaangila kuti aambe biyo kuti wakulekelela we katayandi.
5. **Sandula nchito zyako** – kuzumina akukumbila lulekelelo akulikike takuzulili pe kuti tetwabamba kuti tusandule nchito zyesu, naakuti katulibambila kwiindulula lubo bubi oobo. Limwi bbazu lyakuyakulula buliyidilano ndyakubona kuti waba achiyandisyo chakusandula nchito zyako. Weelede kweezya mpokonzezya kutayindulula chintu chibi eecho.
6. **Tambula zyeetelezegwa anchito zyako** – muntu ulakonzya kuyanda chiindi kuti azookulekelele. Weelede kuba aamoyo mulamfu ukumbile Leza kuti amugwasye akulekelele. Zimwi nchisyamoyo zipa kuti takuchibi kusyomana mulukwatano. Weelede kuzitambula kuti mukako ulakonzya kusweekelwa lusyomo ndwakali aalo kulinduwe. Eezi nduwe nunoli wazyetelezya. Kukumbila lulekelelo takwaambi kuti zyoonse zyasanduka mpawaawo. Chimwi chiindi weelede kujana bupona azintu nzonoli walyetelezya. Zitola chiindi kuti nchisyamoyo njunoli weetelezya imane.

Chiiyo chane- 4: Ntaamo Zyakulekelela

Kuti nchisyamoyo njwaakaswana kiili yakali niini, nkuuba kuti uzitobelezaye ntaamo eezi. Pesi kuti yakali mpati zilatola kayindi.

1. Zumina kuti nchuwakachitilwa chakali chibi
2. Zumina kuti ulinyemedede alimwi ulachiyandisyo chakubweedezya.
3. Kumbila Leza akugwasye kuti umulekelele muntu ooyo
4. Sala kuti tokobweedezya pe
5. Lekana amuzeezo wenkwichi
6. Pa bubetesi kuli Leza
7. Kumbila Leza agwisye bunyeme anchisyamoyo yoonse akubijilwa kuli muli nduwe
8. Kumbila Leza akusilike machise antoomwe azimwi zyoonse zyeetelezegwa achibi chachitika mubuumi bwako.

AMUZOLANI (Uutali mukako)

- Nzezili ntaamo zyakulekelela zikuyumina?
- Niinzi chinga chilakugwasya kuti zikuubile?

Kweezya Ntaamo zya Kulekelela

Ncheechili chimwi chintu chomwe nchoyanda kulekelela mukako?

Naa katakwe nchuwayeeya aatala amukako, yeeya naba umbi muntu wakakubisizye. Naa katakwe nchuwayeeya komba mumoyo wako kokombela aabo balimupenzi eeli.

Fwinya koli kuswiilizya akuyeya kulekelela mukako aawo ntaamo nizilimukubalwa.

Chiiyo chamusanu- 5: Milaka Musalnu ya Luyando

Milaka Musanu lisiyene

Bantu balisiyene alimwi tulanzila zisiyene zyakutambula luyando. Naa watondeezya luyando munzila iitali iipa kuti mukako amvwe luyando, nga kwabaanga ulikwambuula mulaka ngwatamvwi aboobo takoolumvwa pe luyando. Ulakonzya kuti ulikwambuula, pesi talikukumvwa pe. Naa koyanda kwambuula amukako wambuula mulaka wakwe. Mbukubede amuluyando, tweeleda kwiiya mulaka waluyando wawumwi kuchitila kuti tutondeezye luyando munzila njibamvwisisiya.

Kuli milaka ili musanu isiyene yaluyando. Milaka. Bala awumwi mpawo uyanduule zila zyobile kusika kulizine nzyonga ulabelesya muli lwako lukwatano.

1. **Kubelekelana** – bamwi bantu balimvwa kabayandwa kuti abachitilwaimwi milimu. Zilakonzeka kazili zintu ziniini mbuuli kuyiila mung’anda, kusazya zilongo nanka kumwa sokwe aanze.
2. **Majwi aachisyomezyo** – bamwi bantu balimvwa kabayandidwe kuti bamwa majwi azwa kuluumwi. Kulakonzeka kakuli kulumbayiza mbuuli kuti, “Ujika kabotu loko” naakuti “Susu lyako ndibbotu” naakuti “Ulimukayintu wachoonzyo”. Amwi nga kulaba kulumba kuti, “Ndalumba akujika chilalilo”, naakuti “Ndalumba akubeleleka mpuli chamanguzu”.
3. **Zipo** – bamwi bantu balimvwa kabayandwa kuti bapegwa zipo. Zipo tazyeelede kuba zamuulo wajulu. Alakonzya kuba maluba ngwachela munzila koya kung’anda/kumuunzi naakuti kapeto nkwailembela mweenzinyokwe.
4. **Kwaampampana** – bamwi bantu balimvwa kabayandwa kwiinda mukwaampaampwa naa kujataatwa. Eezi zilabikilizya kujatana maboko nimuyabweenda, kumbungatilana, kujataata susu azimwi.
5. **Kutola chiindi chakuba antoomwe** – bamwi bantu balimvwa kabayandwa kuti twatola chiindi chakuba antoomwe. Eezi teensa kwaamba kuti tuli mung’anda yomwe aumwi kalikuchita zintu zyakwe. Nkwaamba kuti nkupana chiindi katuli kuswiilizyana buzwide. Chimwiindi tulakonzya kweendenda buniini katuyabwiizya.

Ulakonzya kubbona kuti mukako uyandisya loko umwi mulaka waluyando kwiinda umwi. Awumwi muntu ulaanzayanda. Eezya kuyanduula akubona kuti njili nzila iiyandisigwa amukako mpawo kolikumuchitila njiyo.

Chiiyo chamusanu akamwi -6: Banakazi abaSimbi

Bala awuwi munchali muyoome mpawo mutondeezye kuzuminana na kukazyania aawo, akuti nkamboonzi?

Mulumbe	Ulazumina naa kukazyania aazyo nkaambo nzi?
"Basimbi mutolo kumpuli."	
" Banakazi tabeelede pe kuba aabulongobusena mumazina aabo naakuti kukona lukono."	
"Mwanakazi utakuswiilili uleelede kuumwa."	
" Banakazi beelede kuboneka biyo peepe kumvigwa."	

Ntootuli twaambyo tujanika mutunsiyansiya twenu tutondeezya zilangilwa zisiyene kubanakazi akubaalumi? Mulazuminana antuto na?

Bala kuli Matalikilo 1:27-28.

Munchali ooyu ututondeezya kuti boonse banakazi abaalumi bakalengwa muchiimo cha Leza.

Lemba aansi zintu zitondeezya kuti banakazi abasimbi bakalengwa muchiimo cha Leza.

Niinzi chichitika kuti mwanakazi taatobela ziyandikana mutunsiyansiya?

Basimpuli yakwe balachita biyeni? (mulumi, bazyali, aabo kwakwetwe)?

Chiiyo chamusanu akamwi-6: Nzila atunsiyansiya twa Jesu

Sunu tuyanda kulanga nzila banakazi njibakali kulangwa aayo muchiiindi cha Jesu akuti we Jesu walikubajata biyeni banakazi. Mutubunga twenu tuniini muyome aatala amubuzyo ulakkwa lyabili.

Tunsiyansiya twa Jesu:

Milawu yaba Juda ayama Roma teeyakali kulemeka banakazi pe. Banakazi bakali kulangwa mbuuli balaansi (bakalimunsi lyabaalumi tebakali bakoloondo pe) mukweezyanisigwa abaalumi.

- **Banakazi bakalikujatwa mbuuli zilongo.** Tebakali kulyiiminina pe. Bakalikunga kuti katali munsi lyawisi weelede kali munsi lyamulumi wakwe. Baalumi bachi Juda bakali kukasigwa biya kwambuula abanakazi boonse mumugwagwa. Bubewo bwabo taakwe nibwakali kulembwa aansi pe nansya munchito mpati.
- **Banakazi bakali kufwiinsigwa amukukomba Leza wabo.** Bakali kuzumizigwa biyo kuya “Kulubuwa lwabanakazi” kuchikombelo. Tebakalikuzumizigwa pe kubala Jwi Iya Leza na kujatikizya mubweendezezi bwakukomba muchikombelo.
- **Banakazi bakali kusiigwa kunze kutwaambo twakwiya.** Nkaambo lwiiyo lwakalikuchitilwa muzikolo zyama sinagogu, aboobo basimbi tebakali kuzumizigwa pe kunjila.

Banakazi tebakalikwe zyeelelo pe mumulawu. Tebakalikuzumizigwa kuba aabulongo/busena, kukona, naa kukaka mulumi. Banakazi tebakali kuzumizigwa pe kupa bukamboni kunkuta yamilawu biyo baalumi mbibakali kubambwiida.

Mulizyoonse, mutunsiyansiya twamuchiindi cha Jesu, banakazi bakalikulangwa mbuuli batasyomekede, battayiide, batakwe busongo alimwi myuuya yabo kili munsi lyayabaalumi.

Nzila zya Jesu

Nzila zya Jesu kubanakazi zyakalisiyene loko azeezyo zyamutunsiyansiya twakwe. Wakalikulemeka banakazi abaalumi munzila zyeelene mubulemu. Banakazi bamuchiindi chakwe taakwe nibakalina mubona mwaalumi uuli mbuuli Jesu.

- **Jesu wakalikulemeka loko banakazi.** Wakalikwambuula abanakazi aantanganana. Jesu wakambuula amwanakazi mu Samaria wakali mumasi alimwi kali “sizibi” (Jowani 4:7). Wakambuula aaluzyalo, simpe amoyo mubotu kumwanakazi wakajanika kali kwaamuka (Jowani 8:1-11).
- **Jesu wakali kukambawuka kubanakazi alimwi awumwi wakali kumutola mbuuli muntu.** Jesu wakalikusikila banakazi abalabo mbuuli bantu bazwide beelede kuponesegwa akufutulwa mbuuli baalumi. Wakawuleka mulawu wakapedwe kuli Mozesi wakuti tokoyoguma wachikayintu uulikusamba (uulikumulonga) (Mako 5:25-34). Wakasilika mwanakazi wakatali kweenda kwamyaaka kumi lilamusanu ayitatu nkaambo kamuuya mubi alimwi wakamwiita kuti “mwana wa Abrahamu” (Luka 13:10-17). Wakasilika mwana musimbi wamwanakazi waku Kkenani (Matayo 15:22-28).
- **Wakayiisa banakazi.** Wakalikuswiilila mibuzyo anjoomo zyabo mubulemu. Jesu wakapa zipo zyamuyya zikoloondo kuli boonse baalumi abanakazi. Jesu wakayiisa Maria, mukulana wa Marita (Luke 10:38-42). Banakazi bakaba bakusanguna kubona Mwami wakali wabuka kubafu, mpawo bakaambilwa kuti majwi mabotu aaya bakaambile basikwiya bakwe (John 20:1-18). Banakazi biingi bakalikweenda a Jesu alimwi bakalikugwasizya mubukambawusi bwakwe (Luka 8:1-3) aawo naakali kuyiisa basikwiya bakwe amakamu aabantu.





Mibuzyo ya Njoomo:

1. Nga mulayipandulula biyeni nzila yalikuja twa aayo banakazi kutunsiyansiya twa Jesu?
2. We Jesu, banakazi wakabajata bukozyenie naa busiyene atunsiyansiya twakwe?
3. Kuli kukozyania kuliwo na akuja twa kwabanakazi kutunsiyansiya twenu akutunsiyansiya twa Jesu?
4. Kuli kusiyana kuliwo na aatala anzila Jesu mbalikujta banakazi akuja twa nkubalikuchitwa kutunsiyansiya twakwe?
5. Muyeeya kuti banakazi bakali kulimvwa biyeni Jesu naakali kubajata oobu?
6. Nzeezili zimwi zitondeezyo zichitwa munsondo zyesu zisumpula tunsiyansiya kwiinda nzila zya Jesu?

Chiiyo chamusanu akamwi -6: Cheengele

Chesu

Amwambuule antoomwe aatala ayimwi nzila mpawo muzuzikizye chaati eeli amapenzi ngimubona kaachitika mucheengele chenu aakutajatwa kabotu kwabanakazi abasimbi mpawo mubikke mizeezo omwe kana yobile yanzila zimunga mulachita kuti mupe bulemu kubanakazi abasimbi.

Nzila	Kutajwatwa kabotu mucheengele chesu	Niinzi nchitunga tulachita (1-2 mizeezo kulimwi ayimwi nzila)
 Mpuli		
 Nsondo		
 Chikolo		
 Cheengele		

- Nzeezili zintu zibili nzonga ulachita amuunzi wako kuti ulemeke banako abana bako basimbi?
- Nzeezili zintu zibili nzonga ulachita mucheengele chako kuti ulemeke banako abana bako basimbi?

Amwaabane mizeezo yazintu nzimuli kuyeeya kuchita. Amukombe antoomwe mukumbile Leza mugwasye kuchita zintu eezi.

Chiiyo chamusanu atubili 7: Kugwasya Bana Kukomena

“Lulamika mwana munzila njayeleda kweenda aayo, azookomena takozooyiluba pe”.

Tusimpi 22:6

Kukomena Mumuuya:

“Eeyi njemilawu njemupa sunu mumyoyo yanu. Amwiyiisye kubana benu. Amwambuule aatala anjiyo nimukkede amuunzi animuyabweenda munzila, nimuyakoona animubuka,” Duteronomiyo 6:6-7

1. **Kukomba kwampuli akubala Bbayibbele** – amutole chindi abuzuba chakubala Bbayibbele akwaanina bana twaano twamu Bbayibbele. Bagwasye bana bako kuti batumvwisisisye twaano ootu. Niwamana kubala lwano, babubzye mibuzyo ilimbuuli eeyi–
 - Niinzi nchitunga tulayiya aatala aLeza mulwaano oolu?
 - Niinzi nchitunga tulayiya aatala ambutweelede kulijata?
2. **Kukomba abana besu** – tweelede kubikka kumbali chindi nchitweelede kukomba antoomwe abana besu. Sala chindi nonga tojisinkini pe. Bona kuti uli aabana bako muli eecho chindi kolikuswiilila bunyontoosi bwabo akubagwasya kukomba. Nibachili baniini balakonzya kukwaambila zyakukombela alimwi welede kukomba kakombyo kafwiifwi. Nibayabukomena balayiya kunoolikombela. Bagwasye kubona kusandula kwa Leza nkombyo zyabo.
3. **Kuba aamweenya wakuba aamwi** – amwaambule aatala aLeza chindi choonse nimuli aamwi. Amubayiisye aatala a Leza. Nimwazwa aanze mwabona misamu, ulakonzya kulumba Leza akumupa misamu igwasya kuti mube aamaanda aakukkala, nkuni, kulya, antoomwe akupa kuti busena bwesu bubote. Ambuula aatala akuti nyika njiya Leza alimwi swe twakapegwa mulimu wakwiilanga kabotu. Kkala koyanduula nzila zyakuti bana bako babone Leza.
 - Kuli zeezi, nzeezili nzokkala kochita kale?
 - Nzeezili nzoyanda kuyungizya kuchita muli lyajuunza?

Kukomena muboongo

“Swiilila, mwanaangu, kumalayilile aawuso alimwi utaleki njiisyo zyabanyoko.” Tusimpi 1:8

1. **Yiisya mwana woonse uuchili muniini amuunzi.**
Eezya kubapandulwida zintu nibachili baniini akuyanda kuziba. Bayiisye ma ABC, myeelwe, mibala yazintu antoomwe azibumbwa azimwi. Kubana baniini chita kuti ubape mibuzyo njibanga balasala naa kazitakwe penzi. Ulakonzya kuti, “Uyanda kuzwaata chibaki chituba naakuti chisalala sunu?” Tola chiindi chakuti usandule mibuzyo yabo!
2. **Bana bakeelela kuya kuchikolo amubatole kuchikolo.**
Chimwi chindi tweele kulipeda kutola bana kuchikolo, echi nchiimwi chimpanzi chikoloondo chakuba muziyali. Kwiinda mulwiiyo, tulikupa bana besu myeenya mipati mubuumi bwajuunza. Twatweezi pe mabambe Leza ngalaawo aatala abana besu, pesi tweelede kubona kuti balamweenya wakulisalila nzibayanda. Leza ulakonzya kusala mwana wako kuti alete busandu bupati mucheengele chenu. Chiindi chiingi bayanda lwiiyo akululamikwa kuti bachite oobo. Kulipeda kwako kulakonzya kupa kuti mwana akonze naa kuya ku Yunivesiti akuzoogwasizya mpuli yenu juunza. Aatala akusumpula bulyidilano aLeza, lwiiyo nchintu chigwasya kuti bana bakkale kabasumpuka mubuumi bwabo. Bona kuti bana bako bazijana zybile.

Kukomena Kabotu Mubulyidilano Abamwi

“Utabi aabutangazu; utaponeni kuyanda kubotezya bamwi. Libombye, koyeeya kuti bamwi bali mbubo kwiinda nduwe.” Ba-Filipo 2:3.

1. Yiisya bana mbayanda Leza kuti balidilane biyeni abamwi.

Amubale amwumwi munchali. Niinzi nchitwiiya kuzwa kuminchali eeyi chikoloondo mukuyiisya bana besu?

- Ba-Filipu 2:3
- Ba-Kolose 3:13, 15
- Matayo 5:44
- 1 Ba-Korinto 13:4-5.
- Matayo 7:12 –

Bbayibbele litugwasya kumvwisisya bukoloondo bwakukkala kabotu abamwi, muluumuno, muluyando, mukuba aamoyo mulamfu akulekelela mbuuli mbutuyanda kuchitilwa aswebo. Kuleelede kukkala katwaambuula aatala azeezi bana besu kabachili baniini kuchitila kuti mukukomena kwabo kaba yobusanduka mubulidilano.

2. Ba chitondeezyo. Bana bayiiya bulidilano kwiinda mukubona zichitwa abamwi, kampaŋila bazyali babo. Nzila njolidilana aayo abamwi lubbe nchitondeezyo chipati kubana bako.

Langa mbolidilana abamwi akuti Leza uyanda kuti ulidilane biyeni ambabo kuzwa kuli nzitwiiya kuzwa mu Bbayibbele.

- Nzeezili nzila nzoli chitondeezyo chibotu kubana bako?
- Muliili nzila njopeekezya kuba chitondeezyo chilimbubo?

3. Gwasya bana bako kulwana aamapenzi mubulidilano bwabo naa abuka.

Zyiindi zyiingi, bana tabakwaambili pe mapenzi ngiyaba swaana kulibamwi bantu, pesi balaokonzya kusanguna kulijata ayimbi nzila. Ulakonzya kubona kuti bayingizya mukunyema, bavuzya kulwana, naa kuvuzya kuumuna, akutaswena kubantu. Eezi nzitondeezyo zyakuti balakonzya kabali kuswaanana amapenzi abamwi bantu. Bana bayanda lugwasyo akusungwaazigwa kwaambula aatala amapenzi ngibaswaanana aawo akwiiya nzila yakujata bamwi muchiindi nibali aanchisyamoyo naa kutajata kabotu abamwi. Bape mweenya wakwaambuula atala azyachitika, kuti bamvwide biyeni akuti niinzi nchinbachita aatala anzizyo. Njoomo iiliboobu itondeezya mwana ulabulidilano bubotu buli aaluyando, moyo mulamfu aluumuno. Eezi nzikoloondo kabachili baniini kuchitila kuti bakusyome kuti ulabagwasya mulizitazoochitike juunza.

- Nzeezili zimwi nzila nzonga ulagwasya aazyoy mwana wako kuti ayiye kulanga bamwi kabotu munzila ya luyando amoyo mulamfu?

Bulidilano bwesu abamwi mbukoloondo loko. Kutangala nchintu nchitukkala katuchita mbuli bantu benyama pesi tazimubotezyi pe Leza. Tuyanda kuyiisya bana besu kuti kabayeeya kabotu aatala abamwi bana akubajata kabotu mbuuli mbubayanda kujatwa abalabo. Tubayiisya kuti beelede kuchita biyeni muziindi zyakulwana. Eezi zintu ziyanda kuyiisigwa aakubumbwa mubana besu.

Kukomena Chiimo

- Nzeezili zimwi nzila nzitunga tula gwasya kuti bana besu bakomene muchiimo?

Zyoonse eezi zintu zigwasya bana besu kuti bana besu bakomene kabotu muchiimo alimwi kabali aabulondozi bubotu. Chimwi chintu chikoloondo nchitweelede kuchitila bana besu kuti bakmene mubulondozi nkubona kuti bana balajana chakulya chiyaka mubili abuzuba. Kuti bongo bwabo bubeleke kabotu tweelede kubona kuti balya chakulya chilazimpanzi zyelede.

Mulawu wa 1+3:

- Chomwe chiimvwilidi nsima naakuti kumwi kulya kuligwa lubbe. Tweelede kulya nsima abuzuba naakuti kumwi kulimbuli mupunga kubikka aamwi azimwi zili muzibunga zitatu eezi:
- Eezi zibunga zitatu zilimusi nkuumwi kulya kwazimpanzi zitatu nzimunga muleeza kuzibikkiliza lubbe aatala ansima:
 - Chibunga 1 – Chimpanzi chiyaka mubili, mbuuli mayi, malili, nyangu, baswi, anyama.
 - Chibunga 2 – michelo azisyu.
 - Chibunga 3 – Mafuta (tayeleda kuvulisa pe).

KULILINGULA OMWINI

- Nzeezili nzolukuchita kale kugwasya bana bako kuti bakomene?
- Mpaali mpoyanda kulangisisya loko?
- Njili mizeezo mipya njuwajana kuzwa muchiiyo eechi njonga ulabelesya mukugwasya bana bako kuti bakomene?

Chiiyo chamusanu atutatu 8: Kugwasya Bana kuti Balijate Kabotu

“Nsimuyandi pe mwana mutete! Mubi loko!”

“Muyiisi wangu mufubafuba!”

“Wanduum! Nsikoosobana aawe lubo pe!”

Njili iinga ilaba nsandulo izibilikide yamuzyali kumwana ulamyaaka musanu awu watii:

Kulinzila nyingi nzitusandula aazyo aawo mwana naatalijata kabotu. Chindi chiingi tatuyeeyi pe kuti bobana bali kulimvwa biyeni saansi. Aboobo, taakwe pe nitweezya kuti tubagwasye tumvwisisisye mavwido aabo. Pesi nga twachita biyo chimwi chazeezi zitobela.

- **Kukaka:** ‘Aamu iwe. Tembukubede pe. Tolikwaambisya pe.’
- **Nsandulo njoyeya kuti nimbotu:** ‘Taakwe mbonga ulazichita – leka kunyontooka,’ ‘Uzi biya kuti weelede kuya kuchikolo we! Kuti koyanda mulimu mubotu weelede kuya kuchikolo biya.’
- **Kupa busongo:** ‘Weelede kubeleka chamanguzu kuti bazolani bako bakkale kabaliwo.’ ‘Koyiia kuuma ayebo.’
- **Kubeteka:** ‘Nchibi loko chintu nchwawamba eechi.’ ‘Kuli nzuwamuchita kale.’
- **Mibuzyo:** ‘Wachitaanzi?’ ‘Nkaambo nzi nowamba zintu zibi zili boobo?’
- **Kweezya kutabilila umwi:** ‘Nee muntuloko.’ ‘Ndasyoma teensi walikuyanda kukuchisa.’

Kulilingula omwini:

uyeeya kyti nsandulo yako nga ilatweni kumwana kuli chimwi achimwi chitondeezyo?

Uyeeya kuti nga ulaba aansandulo zyeendelana azezyo zyambuulwa?

Chiiyo chamusanu atutatu 8: Nzila Zyakuswiilila

Kuswiilila Kabotu

Kuswiilila kabotu mwana kumugwasya kuti akonzye kweendelezya mamvwido aakwe kabotu kwiinda kulijata munzila mbi. Kubagwasya kwiiya nzila zyakumana mapenzi antoomwe kubapa busongo mbubayanda mbuuli muntu uyabukomena. Zipa kuti balimvwe mbubombubo akwiiya kulijata kabotu. Nchintu chipati loko mukukomezya bana.

Aawo nitweezya kusungwaazya mwana kuti tanyemi, mpawo mpanga wanyema loko. Bana balaswaana mamvwido miingi alimwi balalisalila zyakuchita kuti twabaswiilila kabotu akutobelezya nzila eezi.

Nzila zyonu Swiilila aku Vwiila Mamvwido aaMwana

Kuti tuswiilile kabotu kubana besu, tweelede kuchita zintu zitatu eezi:

- Swiilila bongo bwako kabuli antoomwe** [*chitondeezyo kuzwa kumusobaano: Ndeende wakatula aansii papatwambo lyakwe*]
 - Kulamuubila mwana kuti wachita zintu zitondeezya kuti uyanda kumuswiilila. Mbuuli, kubikka aansii pepa lyako akuchengunuka kuti umulange, kuzwa munjikilo kuti uzomuswiilila wakkala aansii.
 - Nkulemu kuti bana balyeendelezezye mamvwido malemu abalikke. Naa katakwe sikubagwasya alallema loko mavwido aayo mpawo balasanguna kulijata bubi.
- Ziba mamvwido aabo:** [*Chitondeezyo kuzwa kumusobaano: “Amu”, “Mmm”, “ndamvwisisisya”*]
 - Belesya majwi aalimbuuli kuti ‘Amuu’, ‘Mmm’ naakuti ‘nee ndkumvwisisisya’, ‘lyii’.
 - Chiimwi chindi, gunaguna, mulangisisye akumenso kwako kutondeezye kuti ulikumuswiilila.
 - Utachiti kuti alimvwe bubi nkaambo kamamvwido aakwe. Bana, tweelede kutambula mamvudo aabo akubagwasya kuti babeleke mamvwido aayo munzila iitabapi kulijata bubi.
- Bagwasye kumvwisisisya mamvwido aabo:** [*chitondeezyo kuzwa kumusobaano: “Ndabona zyakupa bweeme”*]
 - Bagwasye akubelesya majwi aamamvwido kuchitila kuti ubone kuchita kwakwe.
 - Bana tabayondo konzya pe kwaamba mbubalimvwa. Pesi kuti wabachitila eezi, balimvwa kutambulika akuti ulikumumvwisisisya. Ngabalimvwa kabotu akuselezya bunyeme bwabo. Utayoowi kuti koli wachita zitali nzizyo, mwana wako ulakwaambila nzyamvwide akuti teensii wamu mvwisisisya.

Nzeezili zimwi zitondeezyo “zyamamvwido” bana ngibanga baba aawo?

Chiiyo chamusanu atune- 9: Kwambuula kululeme

Minchali yamu Bbayibbele

- Ba-Kolose 3:21 a Ba-Efeso 6:4

Bbayibbele litwaambila kuti tatweelede pe kuchita kuti bana besu balimvwe kabasulwidwe, kudyamizigwa akuyoowa.

- Tusimpi 12:18

Ooyu munchali utuyeezya kuti tweeleda kuchenjela kuti tatubelesyi majwi aachisa mwana pesi tubelesye aayo majwi apa kupa kumwana.

Majwi Aachisa

Majwi aachisa nzezyo zintu nzitwaambila kuchisya moyo wamuntu. Simpe, ndyakuti eezi zintu zilaambwa mukweezya kuti mwana asanduke, pesi kumamanino zilamuchisa. Kwiinda kusanduka, mwana usyoma nzyamvwa, watyompwa moyo mpawo waleka kweezya kuba muntuloko.

Majwi aachisa loko akonzya kunjila muzibeela zitobela:

- **Majwi awambuulwa muntu kanyemedede**

Chindi chiingi nga tatulikwaambisya pe (mbuuli kuti, “kaansinga tewakazyedwe biya”).

- **Mazina ngitunanika bana**

Kuti mwana wachita chintu chitatubotezyi ngatwaamba zintu zibi kumwana peepe kunchito (mbuuli kuti, “nduwe dulentule,” naakuti “ulimubwa”).

- **Kukozyania**

Nkuuba kweezya kukozyanisya mwana abamwi mbazyalwa aabo (mbuuli kuti, kaansinga ulimbuli ndaba,” naakuti “ooyu tali mbuuli mukulana wakwe pe”).

- **Kwaamba lyajuunza**

Zimwi zyiindi tukkala katubaambila zizochitika muchiindi chiza (mbuuli kuti, “Tokozowujana pe mulimu,” naakuti “Ulimbuuli wuso muniini mbotazobe mbuboobo”).

- **Kwaambula bubi kulibamwi**

Chimwi chindi twambuula bubi aatala abana besu kulibamwi bantu mwana kamvwide (mbuuli kuti, “Mwana wangu wakawa lubo kumisunko yakwe. Taakwe nayezya nee,” naakuti “Baa mwanangu ooyu. Tamvwi pe!”).

Chindi chiingi majwi aachisa ayeta eezyo nzitutayandi kuti zichitike kubana besu. Mbuuli kui, tuyanda kubona bana besu kababeleka chamanguzu, pesi kukkala kabamvwa majwi aaya kubabweedezya musule, kubapa kuti basyome kuti taakwe nchibezi aboobo taakwe nibachiyanda akweezya koonse pe. Majwi mabi apa kuti bana tabakomeni munzila Leza njayanda pe.

Nzila zya Kwambuula Kululeme

1. **Pandulwida mwana simpe akufwambaana kuti waambide litali simpe.** Nansya kakuli kuti nzuwamba teensi waluiyandide kuzyaamba, eezi zipa kuti takubi kutamvwisisyana kwachiindi chilamfu.
2. **Kumbila lulekelelo kuti koli waambide zibi konyemede mpawo wambuule kabotu. Eezi zipa mwana wako** chitondeezyo chakukumbila lulekelelo nchanga ulayiya kulinduwe. Zilamupa lubo mweenya wakuti alakwe akumbile lulekelelo naa kakuliti wabisya nuwazo mwaambila majwi mabi. Bana balakulemeka loko awo nokumbila lulekelelo kuti wabisya alimwi balajana busungwaazi bwakukuchitila kabotu.
3. **Pandulula nchito iikubijila kwiinda kunanika mwana mazina mabi.** Amba kuti, “Echiya chintu nchuwachita chali chabufuba fuba!” kwiinda kuti “Ulichifubafuba!”
4. **Leka kukozyania bana bako.** Kukozyania kupa kuuti bana tabaliyandi alimwi banokkala kabanyemede. Alimwi zipa kuti bana bako tabanomvwanani kabotu.
5. **Aawo mwana wako nakumvwide ambuula ziluleme biyo aatala anguwe.**
6. **Utazibisi mwana wako kulibamwi bantu nkaambo kachibi nchachita.**

Kupa Majwi Aakusungwaazya

Kwiinda kubelesya majwi mabi kubana besu, tweeleda kuyanduula majwi abasungwaazya.

Tola maminisi musanu uyeeze zintu zilimusanu nzyonga ulamba kukusungwaazya bana bako. Weelede ube anchoonzyo kuti zikuubile. Kuli aabo batakwe bana, yeeya majwi ngonga ulaambila bana bamwi mboswaanana aabo mubukkale naa bana banzubo zyako.

Chitondeezyo, “Ilandibotezya nzila njondigwasya aayo kujika noboola kuzwa kuchikolo. Kulabotezya kuti katuli aamwi alimwi zipa kuti mulimu wangu wuube” aaya majwi alatambulika kwiinda biyo kuti “Ulimwana loko.”

Chiiyo chakumi-10: Kulaya Bana

Bala Tusimpi 29:17 a 13:24.

Kupana Maanu muku Laya Mwana

Kulaya chaamba kululamika bana kuti bayiiye kuchita zintu munzila yabunaleza. Tachaambi kupa zisubulo akulikke pe. Kuli nzila nyiingi zyakulaya bana. Kulaya nkubotu naa kwachitwa muluyando amunzila yeelede iitapiluki piluki.

Tulaya bana besu nkaambo tulabayanda alimwi tuyanda kuti bapone buumi bubotu bwabuna leza, bakonzye kusala zintu zibotu antoomwe akupona aabamwi kabotu. Chimwi chiindi nzila nzitubelesya kulaya bana tazibeleki kabotu pe nkaambo zipa kuti bana bapanduke, banyeme, babe amyoyo miyumu, bweeme, kuyoowa akutakkalinkana. Nchikoloondo kumvwisisisya kuti niinzi nchitunga tulachita kuchitila kuti kulaya kwesu kuzwidilile kuchitila kugwasya bana besu bakomene kabotu mubulidilano kulibamwi a Leza.

1. Weelede kubona kuti bana balaziba kuti ulabayanda nansya aawo nobalaya.

- Toyelede pe kupa mwana wako chisubulo aawo nonyemede loko. Kutu wachita oobo ziyiisya biyo mwana kuti awume bamwi kanyemede. Kutu wanyema ezya kuselezya kunyema kwako saansi mpawo kkazika mwana aansi kuyoosika chiindi koli weelela kuti wambuule aawe.
- Muyezye kuti chipa kuti apegwe chisubulo nkumuyiisya nzila yakuluijata kabotu. Pandulula kuti ooyu mukuli wako mbuuli muzyali alimwi ulamuyanda, nchomulaya.
- Wamana kulaya mwana wako, nchikoloondo kuti utondezye luyando lwako luzwide kulinguwe. Ulakonzya kwaamba majwi asungwaazyana mwana aali mbuuli kuti “Ndilasyoma kuti uzoosala kuchita nchintu cheelede muchiindi chiboola”. Luyando lusungwaazyana munzila ilimbubo kwiinda kuyoowa. Eezi alubo zipa kuti mwana alimwe katabililikide naaziba kuti uchiyandwa.

2. Kulaya kwako akuzuzikizigwe

- Mwana ulayilwa mpawaawo katanaluba. Kutu wazomulaya mulichimwi chiindi nzyakabisya kazili zyayinda chiindi ulaluba kuti niinzi loko nchalayilwa. Banoyoowa kuti amwi ulabona babisye aboobo banokkala kabayoowa kuchita zintu.
- Kutu kakatuchita kulaya kwesu mbuli bazyali muzyiindi zyelede zipa kuti bana besu bayiiye zibi azibotu. Balalimvwa kabali aabutabilizi nkaambo balizi kuti bazyali babo bakkala kababalangide alimwi balabayanda.

3. Chita kuti mwana amvwisisisye kuti eechi nchaachita nchibi.

- Buzya kumwana kuti ulizi na kutu eecho nchaachita nchibi. Kutu katezi, mupandulwide bubi bwacho alimwi kolizinzide.
- LEKA kusubula mwana kempatila kumunabba kotakwe nwamwaambila kuti wabisyayi.

4. Pandulula nzyolangila kuti muntu kategwa ulaabuntu.

- Chimwi chiindi bana nga tabazi pe kutu ncheechili chibotu. Pandulwida bana antanganana ziyandikana.
- Chita kuti mwana amvwisisisye nzoyanda azoochite muli lyajuunza.

5. Kulaya kwako kweelede kusiyana kazyeeendelana amusela wamwana.

- Bana baniini (2-10) balakonzeka kusubulwa akubalangisisya, kunabba, naa kubakkazika aabbazu kali aalikke mane chisike chiindi cheendelana asela lyamwana.

- Bana bapati (11-18) banyanze zimwi nzibazibila kubelesya akuti beelede kuziba kumana mapenzi ayetelezegwa anchito zyabo mbi.

6. Kuyuma kwachisubulo kweelede kwendelana abupati bakubisya.

- Kuti kutalijata kwachita munzila mpati, chisubulo cheelede kukomena achilacho. Naa chibi kachili chiniini, chisubulo achuube achilacho.
- Toyelede pe kumunyanzya nchintu chakwe na kumukasya nzyayandisya kwachiindi chilamfu loko we kali wasanguna mpawaawo kubisya. Kulimbubo kumunyanzya biyo kwazuba lyomwe, pesi kubisya kwayinkila kunembo yungizya mazuba.

7. Tobela akulaya

- Kuchita nzowamba kulakonzeka kuyuma muleecho chiindi, pesi kulagwasya alimwi kupa kuti ulemekwe akusyomwa. Kutondeezya kuti ulakonzya kuchita akuzyuzikizya nzowamba.
- Kuyoosezya kusubula mwana nkaambo kakubisya kwakwe pesi kaatakwe nomusubula kupa kuti atamvwisisyo alimwi webu utazwidilili mukulaya kwako.

8. Aawo aakonzeka. Belesya chisubulo cheendelana loko akubisya kwachitwa.

- Mpalamo yakulaya ooku njakuti mwana weelede kuziba kuti mapenzi ayetelezegwa anchito zyakwe nguwe weelede kwamana.
- Chitoondeezyo, naa Sarah kayandisya kugwasya banyina kujika, pesi wambwida bubi munyandumi wakwe walukuyanda kugwasya alakwe, banyina balakonzya kwaambila Sara kuti abalabo tabakomugwasya pe, ulajika alike mmene azumine kuti munyandumi wakwe agwasizye alakwe. Naakuti Peter wawuma tebuli mpawo maanzi atikila mpawo, banyina balamwaambila kuti alibukuse.

NJOOMO MUTUBUNGA TUNIINI

1. Ngaali maanu aaya ngolikubelesya kale kubana bako?
2. Ngaali maanu aaya ngwakatayeede kuti alakonzya kubeleka naakuti watalika sunu kwaamvwa?
3. Ambubale lubo lwaano lwa Seth kumanjililo achiiyo eechi. Amulange zyoonse zyakachitika mulange kuti wisa Sethe ngaali maanu ngakali kunoobelesya kuti alaye mwana wakwe munzila iilikabotu.

Seth wakali abachizi abanyaandumi balimusanu awumwi kabali bapati kuli nguwe. Limwi zuba bachizi bakwe bakali kumusoka alimwi taakachili kuyanda pe. Wakanyema wabatila mungoma wamaanzi. Mungoma ooyu wakakuuma bachizi bakwe babili mpawo bakasanguna kulila. Bachizi bayisi bakabona zyakachitika mpawo bakayita wisi. Wisi wakasika chakufwambaana mpawo wakasanguna kwaambwida Seth. Bantu boonse bakayoowa. Abasimabambanwa bakalikwebela bakayoowa. Wakawuma Seth abbanti tune kusika kumusanu alimwi kalikumwaambila kuti tazoyiindululi nkaambo uzokachilwa kweenda kali wawumwa. Seth wakabanyemena loko bachizi bakwe. Juunza umwi wabachizi wakasanguna lubo kumusoka mpawo boonse bakaseka. Seth wakamupwaya lubayi. Awa wisi alakwe wakasekela kumwi aabamwi.

KULILINGULA OMWINI

1. Niinzi chinga chachitwa abana bako chipa kuti unyeme loko? Nzeezili nzonga wachita kuti uselezye kunyema kwako kotanatalika kubapa zisubulo?
2. Niinzi nchonga ulachita kutondeezya bana bako kuti ulikubalaya nkaambo ulabayanda?
3. Ncheechili chintu chipya nchonga uzoochita mukulaya bana bako muchiindi chiboola?

Zimwi Nzila Zyakulaya Bana

Chimwi chiindi kuliluleme kunabba mwana muniini (myaaka 2-10). Kunabba kulisiyene akuuma biya kwakulyatila mwana. Aawo noyanda kunabba mwana, linda usike achiindi chakuti kwamana kunyema, mupandulwide kuti umunabbilayi mpawaawo umunabbe. Leka kunabba mwana kunembo lyabamwi. Eezi zilakonzya kumupa bweeme mpawo akkale kabijilidwe. Wazwa kumunabba, mumbungatile umutondeezye kuti ulamuyanda. Kunabba ooku **kuchitika muluyando** kuchitila kusandula buntu bwamwana muli lyajuunza. Takweelede kuchisa mwana naakuti kweetelezegwa aakunyema. Kuti wayibelesya kabotu eeyi nzila ilakonzya kukugwasya loko mukuchita kuti mwana kakuswiilila atabi amizeezo mibi alimwi kazi kuti ulamutabilila choonse chiindi. Kuti konabba mwana lubbe ulaba mpelenge alimwi ulapanduka.

Kulaya mwana wako TAKWAAMBI biyo kumuuma. Chisubulo chijatika TEENSI njiyo ayilikke pe nzila yakulaya mwana. Nzeezi zimwi nzila zikonzya kukugwasya alimwi zizwidilila kabotu kukulaya bana:

- ☐ Pa mwana **mulimu** uumugwasya nkaambo kachibi nchachita
- ☐ Tondeezya **kukaka kwako kusimide** (kotakwe nosola mwana)
- ☐ **Munyanzye nzyazibide kusaania**
- ☐ Tondezya mwana kuti **nchachita weelede limane biyeni penzi lyankuko**
- ☐ **Mugwisye mwana kuzwa kulibamwi mupe** - “chiindi alike”
- ☐ **Mupe mweenya wakusala** - kulijata kabotu naa kupegwa chisubulo/kukasigwa chimwi
- ☐ Chita kuti **amvwe machise achintu** nchaachita.

Njoomo Mukabunga Kaniini

1. Yeeya zimwi zyiindi bana bako nibanga bachata zibi loko kumuunzi naa katalijata kabotu.
2. Kobelesya mizeezo njitwalikuzuwa belesya imwi nzila iitali chisubulo chijatika. Mubambile musobaano kamubelesya mizeezo mipya.
3. Amuchitile bamwi musobaano ooyu. Amubuzye kuli balikweebelea kuti nzeezili zimwi nzila zyaulaya zyabelesegwa mumusobaano ooyu.