

LESSON 4: GROWING IN ALL AREAS

Do the activity

- What does a child need to grow between the ages of 0 and 18? Write each need on a small piece of paper. We will use these papers in the next activity.

Do the activity

Sorting the small pieces of paper into boxes of these four areas

Mental	Physical
Spiritual	Social

Questions:

1. What were the physical/material/social living conditions in which Jesus grew? (Did He go to university? Did He have electricity at His house? Did He have enough food? Could He read and write? Did He have loving parents?)
2. Did Jesus have the resources necessary to fulfill God's purpose for Him? Why or why not?
3. What amount of wealth is necessary to reach God's intentions?
4. Jesus grew in four areas. Can we help others grow in these areas? How?
5. Did Jesus' growth happen immediately, or was it a process over time?
6. If Jesus' development was a process of many years, how much time is needed for other people's development? How much time must we be prepared to invest in people's development?

Application to our own life

First, fill in this chart giving examples of how you can grow in each of these areas and encourage your family, church, and community to grow in these areas.

Remember to...

- Choose things that can be done in a week. If you choose something that is too large, it will be difficult to complete, and the result will be discouragement. Choose something small so you can have success and can choose another thing next week.
- Choose something you are not already doing.

Context	Areas of Jesus' Growth			
For Growth	Wisdom	Physical	Spiritual	Social
Self				
Family				
Church				
Community				

Examples of growing in four areas

Context	Areas of Jesus' Growth			
For Growth	Wisdom	Physical	Spiritual	Social
Self	Read a book or article about an area that I want to learn more about	Take a long walk	Take a half day retreat to spend time in prayer	Send an encouraging note to a friend
Family	Discuss applying two Proverbs with my family	Wash dishes after family meal	Lead my family in a daily devotion	Take spouse on a "date" (without the children)
Church	Do Monday devotions on applying Sunday's sermon	Repair the walkway in front of the church	Pray each day for pastor and elders of the church	Invite different church members to our home for coffee